

Kansas

Overall Rank: 32

Change: ▼ 8

Determinants Rank: 35

Outcomes Rank: 29

Strengths:

- High volunteerism
- Low prevalence of frequent mental distress
- Low prevalence of excessive drinking

Challenges:

- Low percentage of diabetes management
- High percentage of low-care nursing home residents
- High prevalence of smoking

Highlights:

- In the past year, obesity increased 11% from 25.9% to 28.7% of adults aged 65+.
- In the past year, food insecurity increased 16% from 13.4% to 15.6% of adults aged 60+.
- In the past 2 years, flu vaccination coverage decreased 9% from 66.7% to 60.8% of adults aged 65+.
- In the past 2 years, physical inactivity increased 17% from 28.2% to 33.1% of adults aged 65+ in fair or better health.
- In the past 2 years, preventable hospitalizations decreased 16% from 64.5 to 54.5 discharges per 1,000 Medicare beneficiaries.

Ranking:

Kansas ranks 32nd in *America's Health Rankings® Senior Report*; it was 24th last year. In the 2015 *America's Health Rankings®* (all ages), the state ranks 26th.

State Health Department Website:

www.kdheks.gov

	Value	2016 Rank	No 1 State
Behaviors			
Smoking (% of adults aged 65+)	9.9	36	4.5
Excessive Drinking (% of adults aged 65+)	4.9	9	2.9
Obesity (% of adults aged 65+)	28.7	31	14.1
Underweight (% of adults aged 65+ in fair or better health)	1.8	39	0.7
Physical Inactivity (% of adults aged 65+ in fair or better health)	33.1	35	22.7
Dental Visit (% of adults aged 65+)	66.7	22	78.1
Pain Management (% of adults aged 65+ with joint pain)	43.8	34	53.2
Behaviors Total	-0.050	35	

Community & Environment			
Poverty (% of adults aged 65+)	7.9	15	4.3
Volunteerism (% of adults aged 65+)	37.3	4	46.3
Nursing Home Quality (% of 4- & 5-star beds)	41.2	34	62.9
Community & Environment—Macro Total	0.080	14	
Home-Delivered Meals (% of adults aged 65+ in poverty)	35.1	12	101.3
Food Insecurity (% of adults aged 60+)	15.6	34	8.3
Community Support (dollars per adult aged 65+ in poverty)	\$686	21	\$6,701
Community & Environment—Micro Total	0.021	22	
Community & Environment Total	0.101	16	

Policy			
Low-Care Nursing Home Residents (% of residents)	20.1	48	4.1
SNAP Reach (% of adults aged 60+ in poverty)	47.4	40	124.4
Prescription Drug Coverage (% of adults aged 65+)	84.0	34	88.0
Geriatrician Shortfall (% of needed geriatricians)	74.4	33	25.8
Policy Total	-0.141	47	

Clinical Care			
Dedicated Health Care Provider (% of adults aged 65+)	95.1	16	96.9
Flu Vaccine (% of adults aged 65+)	60.8	26	70.7
Health Screenings (% of adults aged 65 to 74)	84.4	33	92.3
Recommended Hospital Care (% of hospitalized patients aged 65+)	97.6	22	98.7
Diabetes Management (% of Medicare beneficiaries aged 65 to 75)	75.6	40	86.2
Home Health Care (number of workers per 1,000 adults aged 75+)	119.2	15	278.8
Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries)	54.5	31	24.4
Hospital Readmissions (% of hospitalized patients aged 65+)	14.7	24	12.4
Hospice Care (% of decedents aged 65+)	52.0	22	65.5
Hospital Deaths (% of decedents aged 65+)	21.2	27	15.3
Clinical Care Total	-0.003	29	
All Determinants	-0.093	35	

Outcomes			
ICU Use (% of decedents aged 65+)	10.6	21	4.4
Falls (% of adults aged 65+)	30.5	36	20.6
Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries)	6.3	35	3.1
Health Status, Excellent or Very Good (% of adults aged 65+)	41.2	27	50.7
Able-bodied (% of adults aged 65+)	64.2	27	69.6
Premature Death (deaths per 100,000 adults aged 65 to 74)	1,913	34	1,394
Teeth Extractions (% of adults aged 65+)	16.4	30	6.4
Frequent Mental Distress (% of adults aged 65+)	5.1	5	4.7
All Outcomes	0.025	29	
Overall	-0.069	32	

	2016 Value	Rank	No 1 State
Supplemental Measures			
Education (% of adults aged 65+)	26.0	20	34.0
Overuse—Mammography (% women aged 75+)	27.9	45	18.6
Overuse—PSA Test (% men aged 75+)	20.1	37	11.5
Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+)	34.2	22	22.0
Cognition (% of adults aged 65+)	7.7	11	6.3
Depression (% of adults aged 65+)	13.9	12	8.2
Suicide (deaths per 100,000 adults aged 65+)	17.9	30	7.6

Senior Population Growth	State	US
Projected Increase 2016 to 2030	40.3	49.5