

Louisiana

RANK: 50

TOP FIVE HEALTHIEST STATES:

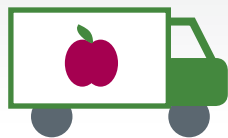
1. Massachusetts
2. Vermont
3. New Hampshire
4. Minnesota
5. Hawaii



Home-Delivered Meals

25.5% or about

1 in 4



seniors in **Louisiana** living in poverty are served a home-delivered meal compared with 19.1% nationally.

Volunteerism

16.4% or about

1 in 6



seniors in **Louisiana** volunteered through or for an organization in the past 12 months compared with 26.4% nationally.

Dental Visit

57.2% or about

4 in 7



seniors in **Louisiana** visited the dentist or dental clinic within the past year compared with 65.7% nationally.

Dedicated Health Care Provider

95.0%

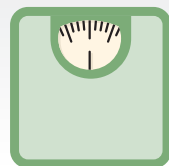
of seniors in **Louisiana** have a dedicated health care provider compared with 94.3% nationally.



Obesity

32.0% or about

1 in 3



seniors in **Louisiana** are obese compared with 27.5% nationally.

Frequent Mental Distress

8.5% or about

1 in 12



seniors in **Louisiana** report their mental health was not good 14 or more days during the past 30 days compared with 7.4% nationally.