## Maine

**Overall Rank:** 16

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Annual Report Rank: 16  
Senior Report Rank: 8

### Strengths:
- High prevalence of women with a dedicated health care provider
- High prevalence of well-baby visits
- Low teen birth rate

### Challenges:
- High prevalence of excessive drinking among women
- High prevalence of tobacco use during pregnancy
- High prevalence of tobacco use among adolescents

### State Health Department Website:
maine.gov/dhhs

### Highlights:
- In the past year, tobacco use during pregnancy decreased 16% from 15.6% to 13.1% of live births
- In the past year, the percentage of infants exclusively breastfed for six months increased 29% from 26.5% to 34.1%
- In the past year, HPV immunization among males ages 13-17 increased 18% from 48.2% to 57.0%
- In the past three years, smoking among women ages 18-44 decreased 20% from 25.6% to 20.4%
- In the past three years, teen births decreased 21% from 16.5 to 13.1 births per 1,000 females ages 15-19
- In the past three years, drug deaths increased 102% from 12.1 to 24.5 deaths per 100,000 females ages 15-44

### Summary

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## Health Indicators

### WOMEN

#### Behaviors

- **Chlamydia (cases per 100,000 ages 15–44)**: 1,186.1 / 5 / 906.1
- **Excessive Drinking (% ages 18–44)**: 24.4 / 47 / 12.2
- **Obesity (% ages 18–44)**: 23.7 / 10 / 18.5
- **Physical Inactivity (% ages 18–44)**: 16.0 / 6 / 12.4
- **Smoking (% ages 18–44)**: 20.4 / 36 / 7.4

#### Community & Environment

- **Concentrated Disadvantage (% of households)**: 7.2 / 5 / 2.5
- **Food Insecurity (% of households)**: 14.4 / 41 / 7.4
- **Intimate Partner Violence—Lifetime (% ages 18+)**: 39.3 / 34 / 27.8
- **Intimate Partner Violence—Pregnancy (% with a recent live birth)**: 1.8 / 0.8

#### Policy

- **Postpartur Visit (% with a recent live birth)**: 93.7 / 95.1
- **Uninsured (% ages 19–44)**: 12.0 / 30 / 3.3

#### Clinical Care

- **Cervical Cancer Screening (% ages 21–44)**: 81.2 / 21 / 85.8
- **Dental Visit (% ages 18–44)**: 64.6 / 39 / 78.9
- **HIV Vaccination (% ages 18–44)**: 36.0 / 23 / 48.7
- **Well-Woman Visit (% ages 18–44)**: 67.9 / 20 / 78.5

#### Outcomes

- **Diabetes (% ages 18–44)**: 2.4 / 10 / 1.7
- **Drug Deaths (deaths per 100,000 ages 15–44)**: 24.5 / 44 / 5.3
- **Maternal Mortality (deaths per 100,000 live births)**: 23.8 / 20 / 12.4
- **Postpartum Depression (% with a recent live birth)**: 13.4 / 7.4
- **Unintended Pregnancy (% with a recent live birth)**: 23.8 / 19.8

### CHILDREN

#### Behaviors

- **High School Graduation (% of students)**: 86.9 / 19 / 91.0
- **Overweight or Obesity (% ages 10–17)**: 28.8 / 20 / 21.9
- **Substance Use Disorder (% ages 12–17)**: 4.7 / 37 / 3.2
- **Tobacco Use (% ages 12–17)**: 7.9 / 44 / 3.4

#### Community & Environment

- **Adverse Childhood Experiences (% ages 0–17)**: 22.5 / 30 / 14.8
- **Neighborhood Amenities (% ages 0–17)**: 3.2 / 32 / 59.2
- **Protective Family Routines and Habits (% ages 0–17)**: 20.2 / 2 / 21.9
- **Supportive Neighborhoods (% ages 0–17)**: 59.0 / 19 / 71.0

#### Policy

- **Adequate Health Insurance (% of insured ages 0–17)**: 71.9 / 36 / 82.9
- **Children With Health Insurance (% ages 0–17)**: 95.7 / 18 / 98.4
- **Homeless Family Households (number per 10,000)**: 10.3 / 44 / 1.4
- **Water Fluoridation (% served)**: 79.3 / 21 / 99.9

#### Clinical Care

- **Adolescent Well-Visit (% ages 12–17)**: 89.4 / 2 / 90.9
- **Developmental Screening (% of children assessed ages 9 months–5 years)**: 35.7 / 20 / 60.0
- **Immunizations—Adolescents (mean z score)**: 0.018 / 26 / 1.518
- **HPV Female (% ages 13–17)**: 61.5 / 11 / 76.8
- **HPV Male (% ages 13–17)**: 57.0 / 4 / 78.4
- **Meningococcal (% ages 13–17)**: 83.9 / 27 / 95.3
- **Tdap (% ages 13–17)**: 85.1 / 42 / 96.2
- **Immunizations—Children (% ages 19–35 months)**: 72.7 / 17 / 82.1
- **Medical Home for Child With Special Health Care Needs (% ages 0–17)**: 47.8 / 15 / 57.0

#### Outcomes

- **Child Mortality (deaths per 100,000 ages 1–19)**: 22.9 / 13 / 16.3
- **Missed School Days (% ages 6–17)**: 4.5 / 41 / 1.8
- **Teen Births (births per 1,000 ages 15–19)**: 13.1 / 81
- **Teen Suicide (deaths per 100,000 ages 15–19)**: 13.3 / 30 / 4.9

### INFANTS

#### Behaviors

- **Breastfed (% of infants)**: 34.1 / 5 / 42.1
- **Drinking Before Pregnancy (% with a recent live birth)**: 70.9 / 25.8
- **Sleep Position (% with a recent live birth)**: 89.2 / 975
- **Tobacco Use During Pregnancy (% of live births)**: 13.1 / 41 / 1.4

#### Community & Environment

- **Household Smoke (% ages 0–17)**: 16.7 / 27 / 71
- **Infant Child Care Cost (% of married couple’s median income)**: 11.2 / 14 / 73

#### Policy

- **Baby-Friendly Facility (% of live births)**: 18.4 / 28 / 88.1
- **mPINC (Maternity Practices in Infant Nutrition Care survey score)**: 84 / 9 / 96

#### Clinical Care

- **Low-Risk Cesarean Delivery (% of singleton, term, vertex, first births)**: 23.8 / 18 / 17.7
- **Prenatal Care Before Third Trimester (% of live births)**: 96.4 / 4 / 98.3
- **Well-Baby Check (% ages 0–2)**: 90.6 / 2 / 90.7

#### Outcomes

- **Infant Mortality (deaths per 1,000 live births)**: 6.2 / 29 / 3.9
- **Low Birthweight (% of live births)**: 7.1 / 12 / 6.2
- **Neonatal Mortality (deaths per 1,000 live births)**: 4.5 / 39 / 2.6
- **Preterm Birth (% of live births)**: 8.7 / 6 / 7.5

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* Measure not included in ranking calculation due to missing data in several states

NA = Data unavailable

To explore supplemental measures, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org)