Maryland

Overall Rank: 18
Change: ▲ 1

Strengths:
- Low prevalence of excessive drinking
- Low percentage of children in poverty
- Low prevalence of frequent mental distress

Challenges:
- High drug death rate
- High violent crime rate
- Large difference in health status by high school education

Highlights:
- Since 2012, excessive drinking decreased 26% from 19.6% to 14.6% of adults
- Since 2012, smoking decreased 35% from 19.1% to 12.5% of adults
- In the past year, chlamydia increased 8% from 510.4 to 552.1 cases per 100,000 population
- In the past two years, mental health providers increased 17% from 219.3 to 257.4 per 100,000 population
- In the past year, diabetes increased 15% from 10.4% to 12.0% of adults
- Since 1990, infant mortality decreased 44% from 11.6 to 6.5 deaths per 1,000 live births

Senior Report Rank: 12
Health of Women and Children Report Rank: 12
State Health Department Website: health.maryland.gov

For source details and methodology visit www.AmericasHealthRankings.org.