

2015 EDITION

Massachusetts

RANK: 3

No Change
from
2014

2014 Rank: 3
No Change

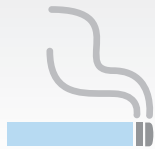
TOP FIVE HEALTHIEST STATES:

1. Hawaii
2. Vermont
3. Massachusetts
4. Minnesota
5. New Hampshire



Smoking

14.7%



of people in **Massachusetts** smoke
compared with 18.1% nationally

Healthy People 2020 Goal: 12.0% of adults

Drug Deaths

13.7



deaths per 100,000 people in **Massachusetts**
from drug overdose compared with 13.5 deaths
per 100,000 nationally

Healthy People 2020 Goal: 11.3 deaths per 100,000

Physical Inactivity

20.1% or about

1 in 5



adults in **Massachusetts** are
physically inactive compared
with 22.6% nationally

Infant Mortality

4.2



deaths per 1,000 live births in **Massachusetts**
compared with 6.0 deaths per 1,000 nationally

Healthy People 2020 Goal: 6.0 infant deaths per
1,000 live births

Obesity/Diabetes

23.3%

of adults in **Massachusetts**
are obese



9.7%

of adults in **Massachusetts** have diabetes

Nationally, 29.6% of adults are obese,
and 10.0% have diabetes.

Immunizations—Children

75.4%



of children in **Massachusetts** received
vaccinations compared with 71.6% nationally

Healthy People 2020 Goal: 80.0% of children