Minnesota

2016 RANK: 4
NO CHANGE FROM 2015

HEALTHIEST STATES
1. HAWAII
2. MASSACHUSETTS
3. CONNECTICUT
4. MINNESOTA
5. VERMONT

SMOKING

16.2%
OR ABOUT 1 IN 6 ADULTS IN MINNESOTA SMOKING COMPARED WITH 17.5% NATIONALLY.

OBESITY

26.1%
OR ABOUT 1 IN 4 ADULTS IN MINNESOTA ARE OBESE COMPARED WITH 29.8% NATIONALLY.

LACK OF HEALTH INSURANCE

5.2%
OR ABOUT 1 IN 19 PEOPLE IN MINNESOTA LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

DRUG DEATHS

9.3
DRUG DEATHS PER 100,000 POPULATION IN MINNESOTA COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

CARDIOVASCULAR DEATHS

188.2
CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN MINNESOTA COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

PREMATURE DEATH

5,369
YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN MINNESOTA COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

MODEL OF HEALTH

Behaviors + Community & Environment + Policy + Clinical Care = Health Outcomes