

Mississippi

Metric	2016 Value	2016 Rank	2016 No 1 State	2015 Value	2015 Rank	2014 Value	2014 Rank
Overall	-0.648	48	0.627	-0.817	49	-0.900	50

Strengths

Low prevalence of excessive drinking

High flu vaccination coverage

Low prevalence of activity-limiting joint pain

Challenges

Low community support expenditures

Low percentage of health screenings

High premature death rate



Behaviors

Smoking (% of adults aged 65+)	10.5	39	4.5	12.9	49	9.6	32
Excessive Drinking (% of adults aged 65+)	3.2	2	2.9	-	-	-	-
Obesity (% of adults 65+)	28.8	32	14.1	28.2	32	29.0	43
Underweight (% of adults aged 65+ in fair or better health)	1.0	3	0.7	1.7	30	1.8	39
Physical Inactivity (% of adults aged 65+ in fair or better health)	38.3	47	22.7	45.3	50	33.8	46
Dental Visit (% of adults aged 65+)	54.0	49	78.1	50.3	49	50.3	49
Pain Management (% of adults aged 65+ with arthritis)	52.5	2	53.2	52.5	2	46.6	47
Behaviors Total*	0.006	22	0.205	-2.736	44	-0.181	48

Community & Environment

Poverty (% of adults aged 65+)	13.2	49	4.3	14.3	50	13.5	50
Volunteerism (% of adults aged 65+)	23.3	33	46.3	25.3	28	24.9	27
Nursing Home Quality (% of beds rated 4- or 5-stars)	35.4	40	62.9	38.4	33	46.7	30
Community & Environment--Macro Total*	-0.111	47	0.138	-0.089	45	-0.089	44
Home-Delivered Meals (participants as a % of adults aged 65+ in poverty)	18.1	31	101.3	19.2	31	-	-
Food Insecurity (% of adults aged 60+)	24.3	48	8.3	22.7	48	20.5	49
Community Support (dollars per adults aged 65+ in poverty)	\$261	50	\$6,701	\$295	50	\$318	49
Community & Environment--Micro Total*	-0.085	50	0.192	-0.085	49	-0.098	50
Community & Environment Total*	-0.196	49	0.290	-0.174	48	-0.171	48

Policy

Low-Care Nursing Home Residents (% of residents)	13.4	35	4.1	16.3	40	16.3	40
Prescription Drug Coverage (% of adults aged 65+)	84.0	31	88.0	86.4	26	86.4	26
Geriatrician Shortfall (% of required geriatricians)	86.0	47	25.8	86.0	47	86.5	48
SNAP Reach (participants as a % of adults aged 60+ in poverty)	65.2	25	124.4	63.1	32	-	-
Policy Total*	-0.087	42	0.204	-0.105	44	-0.123	46

Clinical Care

Dedicated Health Care Provider (% of adults aged 65+)	91.3	43	96.9	93.9	29	92.8	40
Flu Vaccine (% of adults aged 65+)	66.6	10	70.7	62.9	24	62.4	18
Health Screenings (% of adults aged 65 to 74)	78.5	50	92.3	82.2	44	82.2	44
Recommended Hospital Care (% of hospitalized patients aged 65+)	95.5	50	98.7	95.0	49	97.2	49
Diabetes Management (% of Medicare beneficiaries aged 65 to 75)	77.1	35	86.2	75.6	38	74.1	45
Home Health Care (number of workers per 1,000 adults age 75+)	83.7	31	278.8	68.7	40	60.2	40
Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries)	73.6	48	24.4	78.5	47	85.8	47
Hospital Readmissions (% of hospitalized patients aged 65+)	15.5	43	12.4	15.9	41	16.4	41
Hospice Care (% of decedents aged 65+)	48.9	30	65.5	49.4	27	42.7	36
Hospital Deaths (% of decedents aged 65+)	24.0	42	15.3	25.4	43	30.2	48
Clinical Care Total	-0.125	50	0.102	-0.105	49	-0.142	50

All Determinants*

	-0.401	49	0.428	-0.508	49	-0.617	50
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Outcomes

ICU Use (% of decedents aged 65+)	11.7	24	4.4	12.2	24	11.2	21
Falls (% of adults aged 65+)	28.0	19	20.6	29.7	31	29.7	31
Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries)	7.3	45	3.1	7.6	45	8.4	42
Health Status (% of adults aged 65+ with very good or excellent health)	33.8	47	50.7	28.4	50	29.0	50
Able-bodied (% of adults aged 65+)	55.5	50	69.6	54.9	50	54.8	50
Premature Death (deaths per 100,000 adults aged 65 to 74)	2442.3	50	1393.9	2444.3	50	2558.0	50
Teeth Extractions (% of adults aged 65+)	22.5	48	6.4	25.0	48	25.0	48
Frequent Mental Distress (% of adults aged 65+)	7.4	33	4.7	-	-	-	-
All Outcomes*	-0.25	44	0.31	-0.31	47	-0.28	47

Supplemental Measures

Education (% of adults aged 65+)	19.1	45	34.0	17.2	45	16.6	44
Clinical Overuse--Mammography 75+	21.4	5	18.6	-	-	-	-
Clinical Overuse--PSA Test 75+	20.1	37	11.5	-	-	-	-
Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+)	38.0	33	22.0	37.3	28	33.8	25
Cognition (% of adults aged 65+)	13.2	50	6.3	13.2	50	13.5	50
Depression (% of adults aged 65+)	17.2	40	8.2	16.4	36	13.9	24
Suicide (deaths per 100,000 adults aged 65+)	15.2	20	7.6	16.6	26	17.2	36

NA= not available

* Negative value denotes below US average; positive value denotes above US average

Middle-Aged Cohort Health Estimates

Obesity (% of adults aged 50-74)	30.7	37.4	21.8
Diabetes (% of adults aged 50-74)	11.0	20.4	85.5
Smoking (% of adults aged 50-74)	46.2	24.6	-46.8
Health Status (% of adults aged 50-74 with very good or excellent health)	37.7	32.3	-14.3

1999 Prevalence (%)

2014 Prevalence (%)

Change (%)**

**Percent change in prevalence from 1999 to 2014

Senior Projected Population Growth 2016 to 2030

Projected Total Population Growth - Seniors 65 and older

State (%)

US (%)

43.8

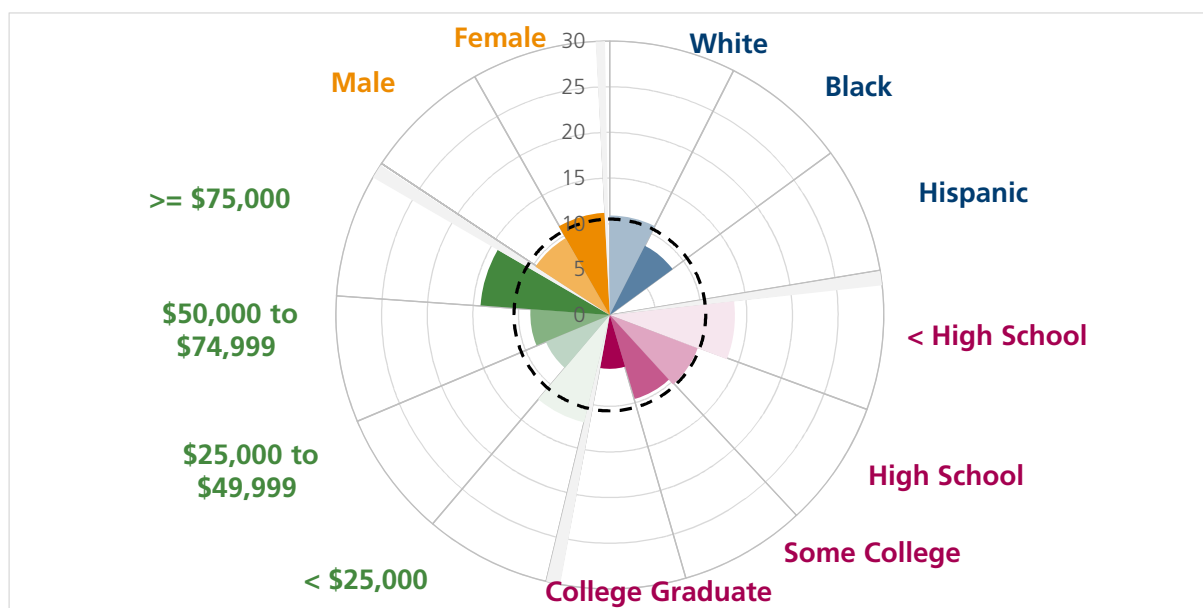
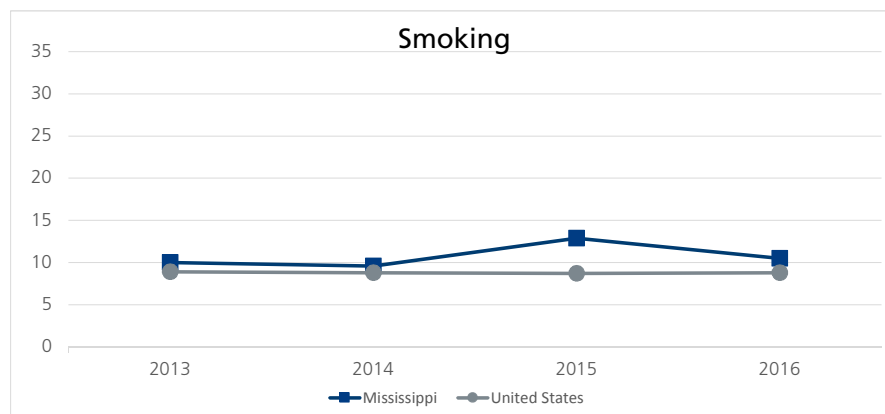
49.5

Smoking

Mississippi

Edition	MS	US
2013	10.0	8.9
2014	9.6	8.8
2015	12.9	8.7
2016	10.5	8.8

Percentage of adults aged 65 and older who are self-reported smokers (smoked at least 100 cigarettes in their lifetime and currently smoke every day or some days)



MS

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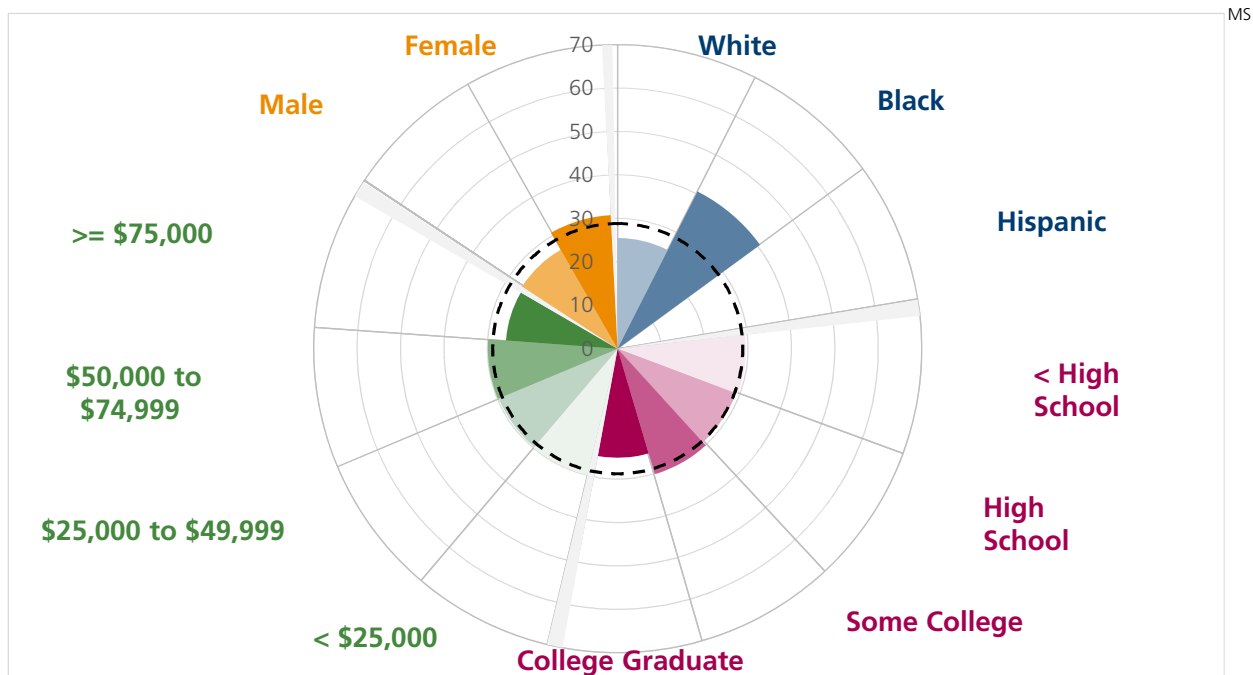
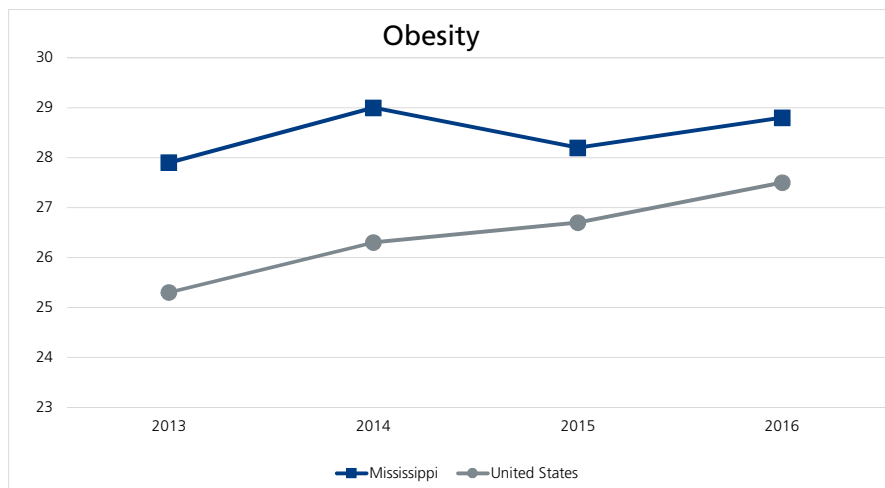
Prevalence of Smoking 2016 (% of adults 65+)

Group	Value	95% CI	Min	Max	Group	Value	95% CI	Min	Max
Non-Hispanic White	10.9	8.4 - 13.4	4.0	12.6	Less Than \$25,000	12.1	8.7 - 15.5	8.5	19.2
Non-Hispanic Black	8.5	5.0 - 12.0	8.5	24.8	\$25,000 to \$49,999	7.6	4.3 - 10.9	4.0	16.3
Hispanic	NA	NA	0.4	14.3	\$50,000 to \$74,999	8.7	2.3 - 15.1	2.6	11.2
Less Than High School	13.7	8.3 - 19.0	6.3	24.1	\$75,000 or More	14.2	5.1 - 23.4	2.0	14.2
High School Graduate	10.3	7.2 - 13.5	6.4	17.0	Male	9.7	6.4 - 12.9	5.0	13.5
Some College	10.9	8.4 - 13.4	4.0	12.6	Female	11.2	8.4 - 13.9	3.4	12.7
College Graduate	NA	NA	0.4	14.3					
Urban	14.8	7.7 - 21.9	1.8	14.8					
Suburban	7.7	3.9 - 11.6	3.8	14.0					
Rural	9.2	6.7 - 11.6	3.9	15.1					

NA= not available

Edition	MS	US
2013	27.9	25.3
2014	29.0	26.3
2015	28.2	26.7
2016	28.8	27.5

Percentage of adults aged 65 and older estimated to be obese (body mass index [BMI] of 30.0 or higher) based on self-reported height and weight



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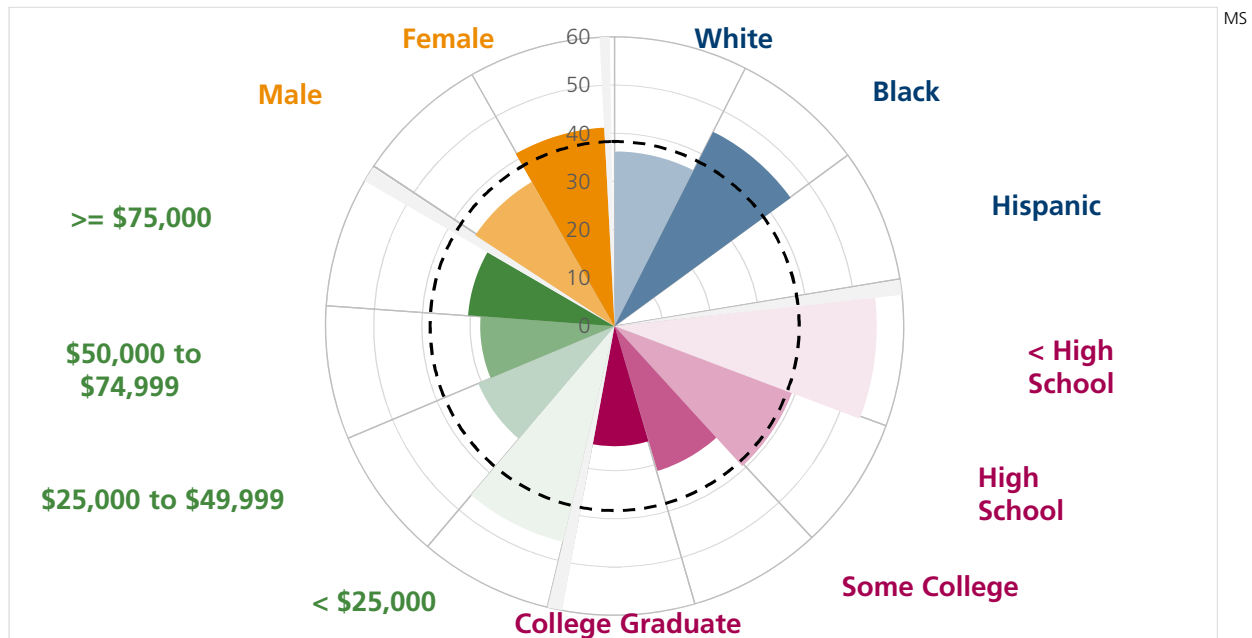
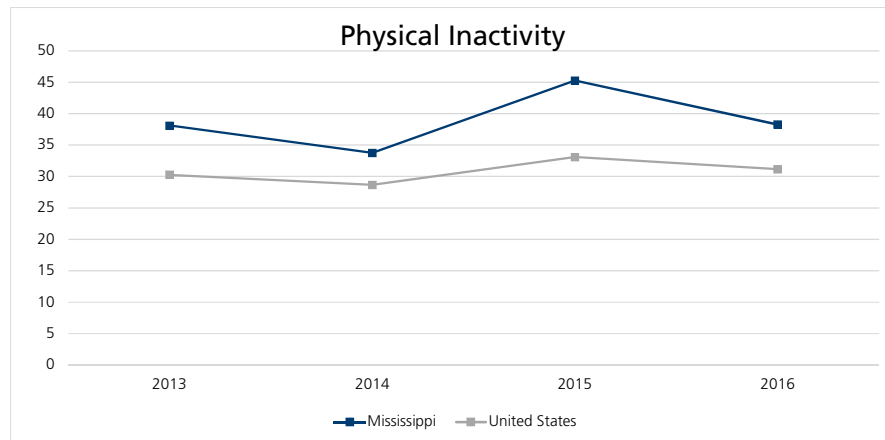
Prevalence of Obesity 2016 (% of adults 65+)

Group	Value	95% CI	Min	Max	Group	Value	95% CI	Min	Max
Non-Hispanic White	25.5	22.3 - 28.7	17.7	31.9	Less Than \$25,000	29.9	25.2 - 34.7	15.3	38.0
Non-Hispanic Black	40.6	33.8 - 47.5	24.8	68.0	\$25,000 to \$49,999	29.7	23.8 - 35.7	11.7	35.3
Hispanic	NA	NA	20.8	45.6	\$50,000 to \$74,999	29.9	21.1 - 38.7	16.9	35.9
					\$75,000 or More	25.8	17.0 - 34.6	13.8	33.7
Less Than High School	29.5	22.4 - 36.7	9.7	43.9	Male	26.3	21.7 - 30.9	14.7	35.9
High School Graduate	29.1	24.2 - 34.0	18.1	34.5	Female	30.8	27.1 - 34.5	13.6	33.8
Some College	30.1	24.5 - 35.7	13.4	34.1					
College Graduate	25.1	19.8 - 30.4	13.2	29.8					
Urban	27.2	18.9 - 35.5	12.2	33.2					
Suburban	25.2	18.4 - 32.0	20.2	35.0					
Rural	31.7	27.9 - 35.4	11.6	36.5					

NA= not available

Edition	% of adults 65+	
	MS	US
2013	38.1	30.3
2014	33.8	28.7
2015	45.3	33.1
2016	38.3	31.2

Percentage of adults aged 65 and older with fair or better health status who self-report doing no physical activity or exercise other than their regular job in the last 30 days



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Prevalence of Physical Inactivity 2016 (% of adults 65+)

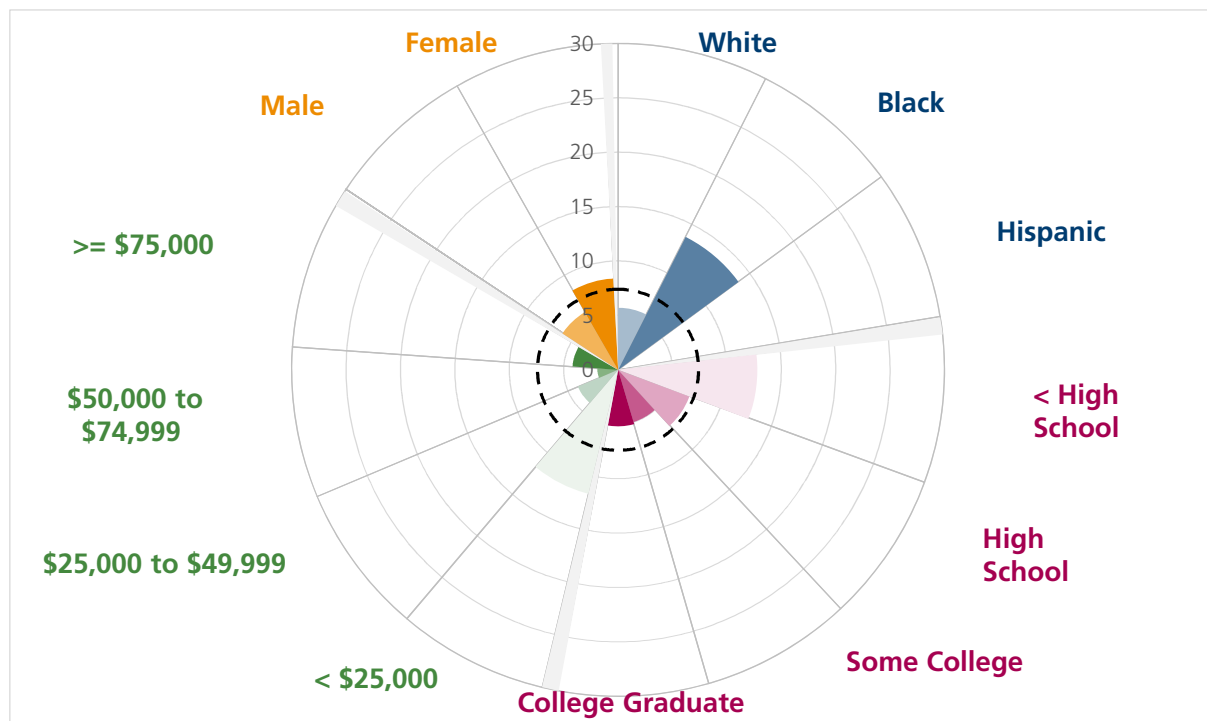
Group	Value	95% CI	Min	Max	Group	Value	95% CI	Min	Max
Non-Hispanic White	36.2	32.6 - 39.7	21.1	41.5	Less Than \$25,000	46.0	40.5 - 51.4	33.8	50.7
Non-Hispanic Black	45.2	38.2 - 52.2	25.2	46.4	\$25,000 to \$49,999	30.7	24.5 - 37.0	20.4	38.8
Hispanic	NA	NA	24.2	52.5	\$50,000 to \$74,999	27.9	19.5 - 36.3	12.7	35.8
					\$75,000 or More	30.5	21.1 - 40.0	9.3	30.5
Less Than High School	54.4	46.7 - 62.0	31.1	55.4	Male	34.5	29.1 - 40.0	18.1	39.1
High School Graduate	39.3	34.2 - 44.4	29.0	47.6	Female	41.2	37.4 - 45.0	25.3	43.5
Some College	31.3	25.8 - 36.7	20.4	36.2					
College Graduate	24.9	19.9 - 29.9	10.8	24.9					
Urban	33.8	24.4 - 43.2	22.3	39.0					
Suburban	30.9	24.1 - 37.7	21.0	43.8					
Rural	40.4	36.5 - 44.3	21.7	45.3					

NA= not available

	% of adults 65+	
Edition	MS	US
2016	7.4	7.4

Edition 2016 - Percentage of adults aged 65 and older who self-report their mental health was not good 14 or more days during the past 30 days

MS



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Prevalence of Frequent Mental Distress 2016 (% of adults 65+)

Group	Value	95% CI	Min	Max	Group	Value	95% CI	Min	Max
Non-Hispanic White	5.7	3.8 - 7.6	3.6	9.8	Less Than \$25,000	11.7	7.9 - 15.6	5.8	13.7
Non-Hispanic Black	13.7	8.3 - 19.2	1.7	30.0	\$25,000 to \$49,999	4.0	1.9 - 6.1	2.7	10.2
Hispanic	NA	NA	4.3	16.4	\$50,000 to \$74,999	1.9	-0.3 - 4.1	1.2	9.1
Less Than High School	12.8	6.6 - 18.9	4.3	21.9	\$75,000 or More	4.2	0.8 - 7.6	1.5	10.3
High School Graduate	7.0	4.4 - 9.5	5.0	10.7	Male	6.1	3.0 - 9.3	3.7	9.2
Some College	5.0	2.6 - 7.4	3.6	11.2	Female	8.4	6.1 - 10.7	4.7	11.5
College Graduate	5.2	2.5 - 7.8	2.2	9.1					
Urban	4.1	0.8 - 7.5	3.5	11.1					
Suburban	4.4	1.7 - 7.0	3.4	10.2					
Rural	7.3	5.1 - 9.6	3.1	11.7					

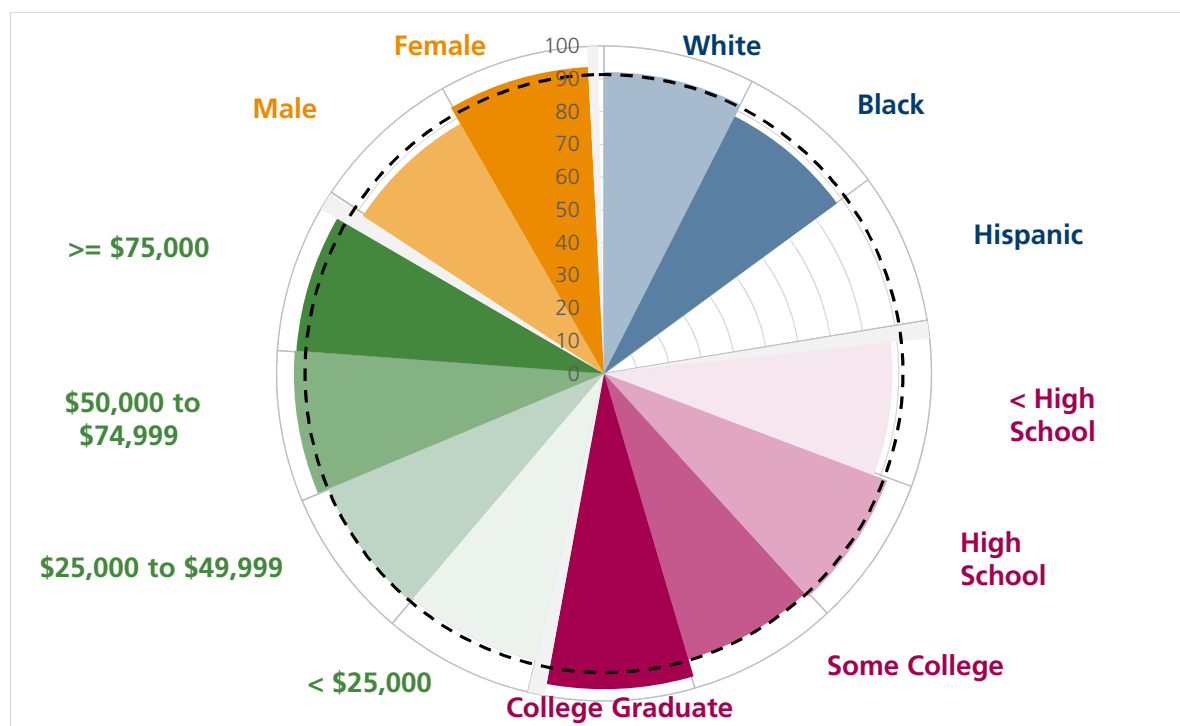
NA= not available

Edition
2016

% of adults 65+
MS 91.3
US 94.3

Edition 2016 - Percentage of adults aged 65 and older who self-report having a personal doctor or health care provider

MS



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Dedicated Health Care Provider 2016 (% of adults aged 65+)

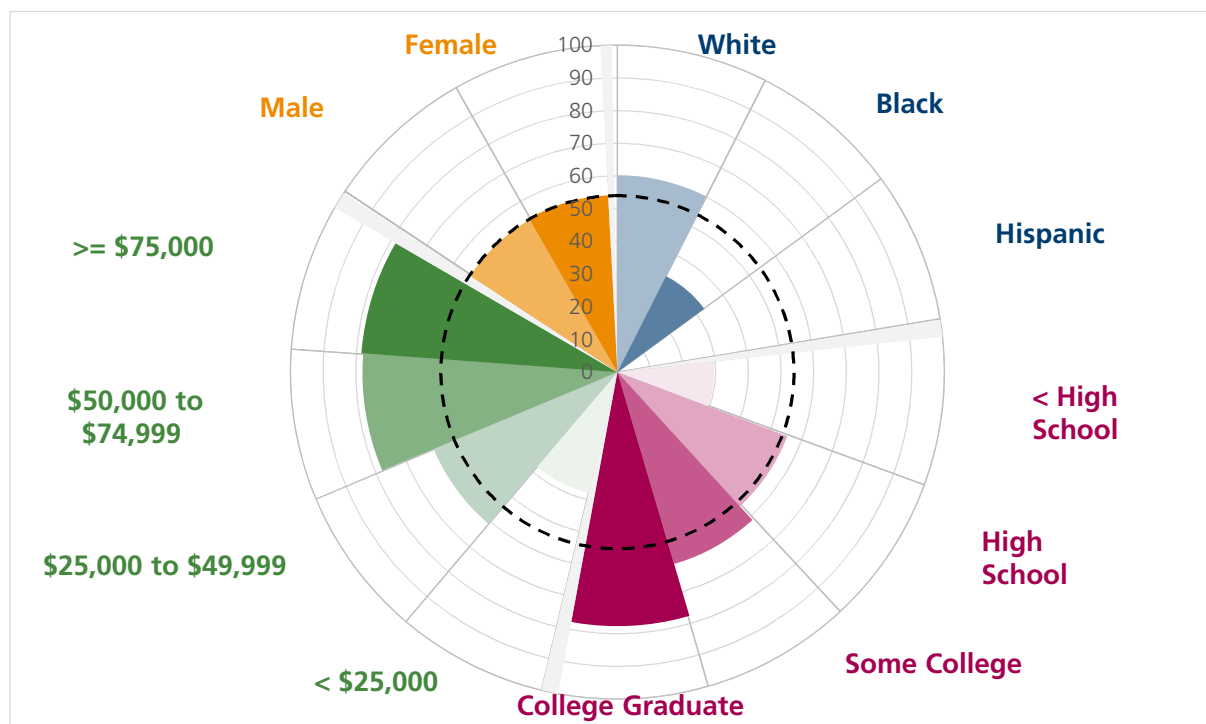
Group	Value	85% CI	Best	Worse					
Non-Hispanic White	92.1	89.8 - 94.4	87.4	97.6	Less Than \$25,000	90.1	86.0 - 94.1	82.1	96.5
Non-Hispanic Black	88.1	82.6 - 93.6	82.9	97.7	\$25,000 to \$49,999	91.3	87.4 - 95.3	77.6	97.9
Hispanic	NA	NA	78.9	97.1	\$50,000 to \$74,999	94.7	89.8 - 99.6	86.2	99.4
					\$75,000 or More	94.2	88.7 - 99.8	88.4	99.1
Less Than High School	88.1	82.1 - 94.1	75.7	96.3	Male	88.0	84.0 - 92.1	83.8	97.0
High School Graduate	92.4	89.7 - 95.2	86.8	97.6	Female	93.7	91.7 - 95.8	87.3	97.9
Some College	91.0	87.1 - 94.9	87.4	98.1					
College Graduate	96.4	93.6 - 99.2	89.0	98.9					
Urban	90.4	81.9 - 98.8	89.4	100.0					
Suburban	91.2	86.6 - 95.8	84.1	98.2					
Rural	94.4	92.8 - 96.0	83.4	99.2					

NA= not available

Edition 2016
 % of adults 65+
 MS 54.0
 US 65.7

Edition 2016 - Percentage of adults aged 65 and older who self-report visiting the dentist or dental clinic within the past year for any reason

MS



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Dental Visit 2016 (% of adults aged 65+)

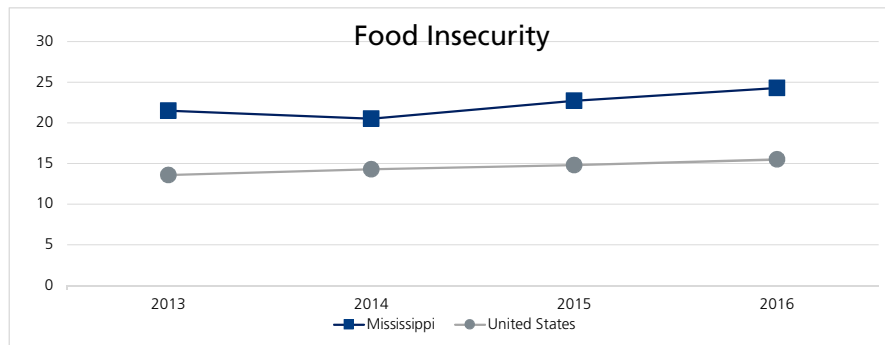
Group	Value	95% CI	Min	Max	Group	Value	95% CI	Min	Max
Non-Hispanic White	60.2	56.5 - 63.9	49.9	79.9	Less Than \$25,000	38.0	32.7 - 43.2	31.6	58.7
Non-Hispanic Black	32.9	26.8 - 39.0	32.9	68.9	\$25,000 to \$49,999	60.9	54.3 - 67.5	57.2	79.1
Hispanic	NA	NA	39.0	88.2	\$50,000 to \$74,999	78.0	70.2 - 85.7	64.1	87.4
					\$75,000 or More	78.5	69.3 - 87.6	73.2	94.6
Less Than High School	29.6	22.2 - 37.0	22.4	61.0	Male	53.8	48.2 - 59.4	47.1	75.2
High School Graduate	55.5	50.2 - 60.8	47.0	70.8	Female	54.2	50.3 - 58.1	49.9	80.4
Some College	61.2	55.2 - 67.2	60.4	81.8					
College Graduate	77.7	72.7 - 82.8	77.7	90.9					
Urban	55.2	45.5 - 64.9	55.2	81.9					
Suburban	65.2	57.8 - 72.6	49.2	79.5					
Rural	52.1	48.1 - 56.0	43.7	76.5					

NA= not available

Food Insecurity

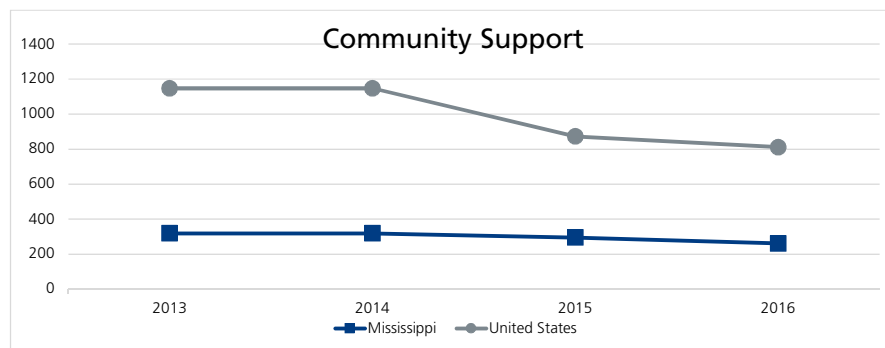
	% of adults 60+	
Edition	MS	US
2013	21.5	13.6
2014	20.5	14.3
2015	22.7	14.8
2016	24.3	15.5

Percentage of adults aged 60 and older who face the threat of hunger in the last 12 months

**Community Support**

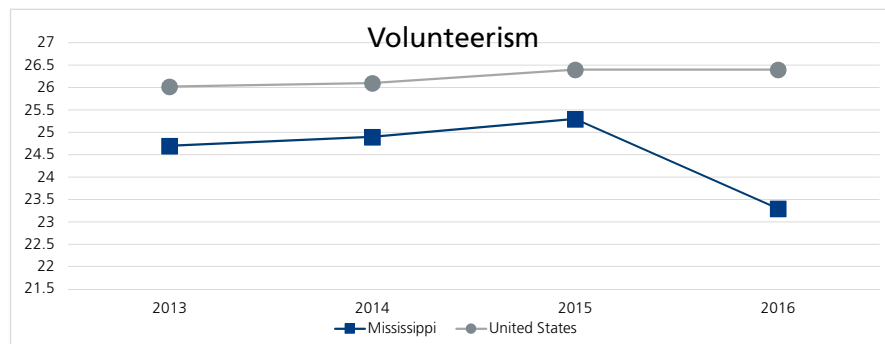
	dollars per adults aged 65+ in poverty	
Edition	MS	US
2013	\$318	\$1,147
2014	\$318	\$1,147
2015	\$295	\$873
2016	\$261	\$811

Total expenditures captured by the Administration on Aging per adult aged 65 and older living in poverty

**Volunteerism**

	% of adults 65+	
Edition	MS	US
2013	24.7	26.0
2014	24.9	26.1
2015	25.3	26.4
2016	23.3	26.4

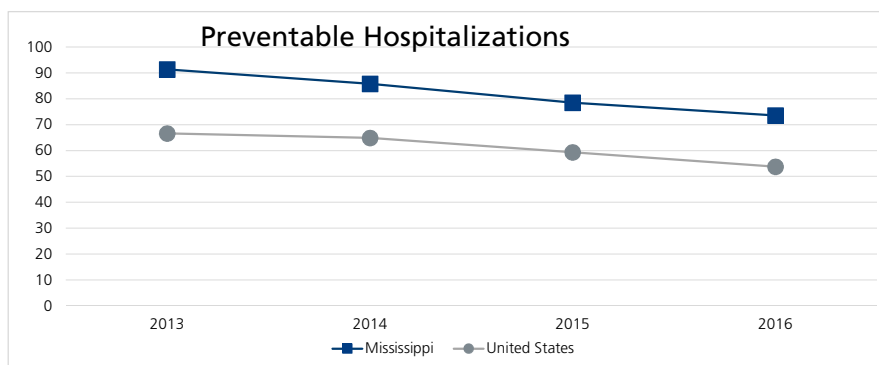
Percentage of adults aged 65 and older who report volunteering through or for an organization in the past 12 months



Preventable Hospitalizations

	discharges per 1000 Medicare beneficiaries	
Edition	MS	US
2013	91.3	66.6
2014	85.8	64.9
2015	78.5	59.3
2016	73.6	53.8

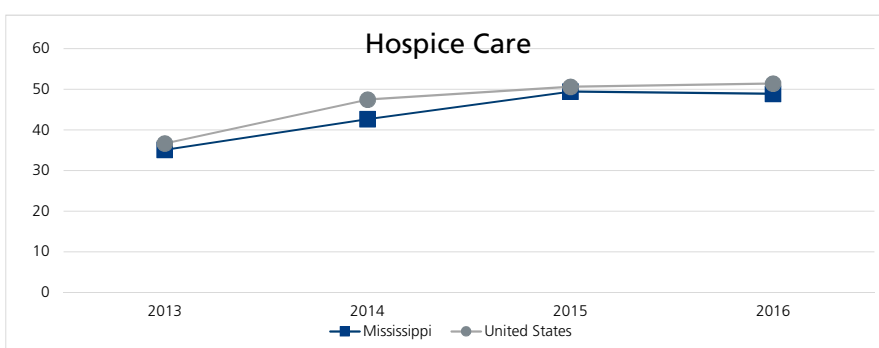
Number of discharges for ambulatory care-sensitive conditions per 1,000 Medicare beneficiaries



Hospice Care

	% of adults 65+	
Edition	MS	US
2013	35.1	36.7
2014	42.7	47.5
2015	49.4	50.6
2016	48.9	51.4

Percentage of decedents aged 65 and older who were enrolled in hospice during the last 6 months of life after diagnosis of condition with high probability of death



Hospital Deaths

	% of adults 65+	
Edition	MS	US
2013	36.9	30.1
2014	30.2	25.0
2015	25.4	22.8
2016	24.0	21.5

Percentage of decedents aged 65 and older who died in a hospital

