# Missouri

**2016 Rank:** 37  
**Change from 2015:** -1

**Determinants Rank:** 34  
**Outcomes Rank:** 39

## Healthiest States

<table>
<thead>
<tr>
<th>Rank</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Hawaii</td>
</tr>
<tr>
<td>2</td>
<td>Massachusetts</td>
</tr>
<tr>
<td>3</td>
<td>Connecticut</td>
</tr>
<tr>
<td>4</td>
<td>Minnesota</td>
</tr>
<tr>
<td>5</td>
<td>Vermont</td>
</tr>
</tbody>
</table>

## SMOKING

- **22.3%**  
  - Or about 2 in 9 adults in Missouri smoke compared with 17.5% nationally.

## OBESITY

- **32.4%**  
  - Or about 1 in 3 adults in Missouri are obese compared with 29.8% nationally.

## LACK OF HEALTH INSURANCE

- **10.8%**  
  - Or about 1 in 9 people in Missouri lack health insurance compared with 10.6% nationally.

## DRUG DEATHS

- **17.0**  
  - Drug deaths per 100,000 population in Missouri compared with 14.0 per 100,000 population nationally.

## CARDIOVASCULAR DEATHS

- **283.6**  
  - Cardiovascular deaths per 100,000 population in Missouri compared with 251.7 per 100,000 population nationally.

## PREMATURE DEATH

- **8,239**  
  - Years of life lost before age 75 per 100,000 population in Missouri compared with 7,054 per 100,000 population nationally.

## Model of Health

<table>
<thead>
<tr>
<th>Behaviors</th>
<th>Community &amp; Environment</th>
<th>Policy</th>
<th>Clinical Care</th>
<th>Health Outcomes</th>
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</thead>
<tbody>
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<td>+</td>
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[www.americashealthrankings.org](http://www.americashealthrankings.org)