

# Montana

**RANK: 23** 

Declined from 2014

2014 Rank: 22 Declined: 1 2015 EDITION

TOP FIVE HEALTHIEST STATES:

- 1. Hawaii
- 2. Vermont
- 3. Massachusetts
- 4. Minnesota
- 5. New Hampshire



#### **Smoking**

19.9%



of people in **Montana** smoke compared with 18.1% nationally

Healthy People 2020 Goal: 12.0% of adults

### **Drug Deaths**

13.4



deaths per 100,000 people in **Montana** from drug overdose compared with 13.5 deaths per 100,000 nationally

Healthy People 2020 Goal: 11.3 deaths per 100,000

# **Physical Inactivity**

19.6% or about

1 in 5



adults in **Montana** are physically inactive compared with 22.6% nationally

# **Infant Mortality**

5.8



deaths per 1,000 live births in **Montana** compared with 6.0 deaths per 1,000 nationally

Healthy People 2020 Goal: 6.0 infant deaths per 1,000 live births

# **Obesity/Diabetes**

26.4%

of adults in **Montana** are obese



8.8%

of adults in Montana have diabetes

Nationally, 29.6% of adults are obese, and 10.0% have diabetes.

# Immunizations—Children

67.1%



of children in **Montana** received vaccinations compared with 71.6% nationally

Healthy People 2020 Goal: 80.0% of children