New Hampshire

2016 Rank: 6
-1 Change from 2015

Determinants Rank: 5
Outcomes Rank: 9

Smoking

15.9%
Or about 1 in 6 adults in New Hampshire smoke compared with 17.5% nationally.

Obesity

26.3%
Or about 1 in 4 adults in New Hampshire are obese compared with 29.8% nationally.

Lack of Health Insurance

7.8%
Or about 1 in 13 people in New Hampshire lack health insurance compared with 10.6% nationally.

Drug Deaths

17.9
Drug deaths per 100,000 population in New Hampshire compared with 14.0 per 100,000 population nationally.

Cardiovascular Deaths

213.9
Cardiovascular deaths per 100,000 population in New Hampshire compared with 251.7 per 100,000 population nationally.

Premature Death

6,277
Years of life lost before age 75 per 100,000 population in New Hampshire compared with 7,054 per 100,000 population nationally.

Healthiest States

1. Hawaii
2. Massachusetts
3. Connecticut
4. Minnesota
5. Vermont

Model of Health

Behaviors + Community & Environment + Policy + Clinical Care = Health Outcomes