

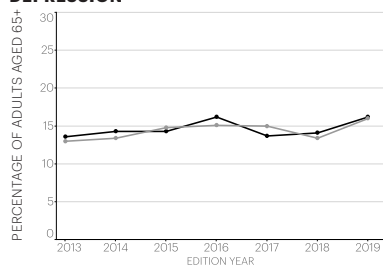
# New Hampshire

	Rating	2019 Value	2019 Rank	No. 1 State
<b>Behaviors</b>				
Arthritis Management (% of adults aged 65+ with arthritis)	+++++	56.4	6	60.0
Dental Visit (% of adults aged 65+)	+++++	74.4	6	77.9
Excessive Drinking (% of adults aged 65+)	++	8.7	40	3.4
Obesity (% of adults aged 65+)	+++	29.0	23	19.8
Physical Inactivity (% of adults aged 65+ in fair or better health)	+++++	26.3	7	20.0
Smoking (% of adults aged 65+)	+++++	6.7	4	5.1
<b>Behaviors Total*</b>	+++++	0.147	6	0.274
<b>Community &amp; Environment</b>				
Nursing Home Quality (% of four- & five-star beds)	++++	54.2	19	67.9
Poverty (% of adults aged 65+)	+++++	5.8	1	5.8
Volunteerism (% of adults aged 65+)	+++	32.3	22	44.6
<b>Community &amp; Environment—Macro Total*</b>	+++++	0.114	4	0.166
Community Support (dollars per adult aged 60+ in poverty)	+++++	\$1,591	4	\$3,048
Food Insecurity (% of adults aged 60+)	+++	13.6	27	5.8
Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	+++++	37.5	1	37.5
<b>Community &amp; Environment—Micro Total*</b>	+++++	0.127	6	0.156
<b>Community &amp; Environment Total*</b>	+++++	0.241	2	0.246
<b>Policy</b>				
Geriatrician Shortfall (% of geriatricians needed)	+++++	54.8	10	22.7
Health Care Associated Infection (HAI) Policies (% of policies in place)	+++	50.0	23	83.3
Low-care Nursing Home Residents (% of residents)	++	14.1	36	3.8
Prescription Drug Coverage (% of Medicare enrollees aged 65+)	+	79	48	89
SNAP Reach (participants per 100 adults aged 60+ in poverty)	+	49.4	43	100.0
<b>Policy Total*</b>	++	-0.088	38	0.191
<b>Clinical Care</b>				
Dedicated Health Care Provider (% of adults aged 65+)	+++++	95.4	10	97.2
Diabetes Management (% of Medicare enrollees aged 65 to 75)	+++	79.1	22	84.8
Flu Vaccine (% of adults aged 65+)	+++	61.9	22	68.5
Health Screenings (% of seniors with recommended screenings)	+++++	77.2	11	80.0
Home Health Care Workers (number of workers per 1,000 adults aged 75+)	+++	96.4	29	263.9
Hospice Care (% of Medicare decedents aged 65+)	++	50.6	36	67.1
Hospital Deaths (% of Medicare decedents aged 65+)	+++	20.5	27	14.1
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)	++++	14.3	19	12.2
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	+++	47.1	22	23.3
<b>Clinical Care Total*</b>	++++	0.026	14	0.095
<b>All Determinants*</b>	+++++	0.326	6	0.512
<b>Outcomes</b>				
Able-bodied (% of adults aged 65+)	++++	67.6	13	71.2
Early Death (deaths per 100,000 adults aged 65 to 74)	+++++	1,579	10	1,415
Falls (% of adults aged 65+)	++++	29.3	20	24.8
Frequent Mental Distress (% of adults aged 65+)	+++++	6.1	6	4.8
High Health Status (% of adults aged 65+)	+++++	51.9	1	51.9
Hip Fractures (hospitalizations per 1,000 Medicare enrollees)	++++	5.2	13	3.2
ICU Use (% of Medicare decedents aged 65+)	++++	7.6	12	4.6
Teeth Extractions (% of adults aged 65+)	++++	12.4	13	5.6
<b>All Outcomes*</b>	+++++	0.226	4	0.288
<b>OVERALL*</b>	+++++	0.552	6	0.778

RATING	
Symbol	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

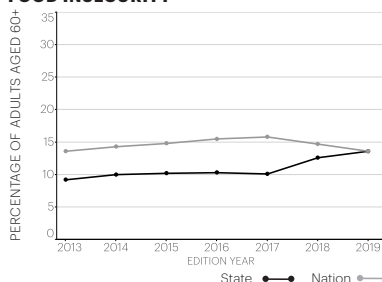
\* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value.

## DEPRESSION



Supplemental measure, see website for data

## FOOD INSECURITY



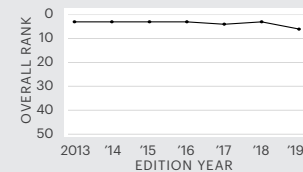
## OVERALL RANK:

# 6

Change: ▼ 3

Determinants Rank: **6**

Outcomes Rank: **4**



## Strengths:

- Low percentage of seniors living in poverty
- High percentage of home-delivered meals
- High prevalence of high health status

## Challenges:

- Low SNAP enrollment
- High prevalence of excessive drinking
- High percentage of low-care nursing home residents

## Highlights:

- In the past three years, excessive drinking increased 23% from 7.1% to 8.7% of adults aged 65+
- In the past four years, four- or five-star rated nursing home beds decreased 15% from 64.0% to 54.2% of certified nursing home beds
- In the past six years, low-care nursing home residents increased 14% from 12.3% to 14.1% of residents
- In the past year, community support decreased 29% from \$2,231 to \$1,591 per adult aged 60+ in poverty
- In the past six years, hospice care use increased 64% from 30.9% to 50.6% of Medicare decedents aged 65+
- In the past five years, high health status increased 9% from 47.7% to 51.9% of adults aged 65+

## Ranking:

New Hampshire is sixth this year; it was third in 2018. The state ranks sixth for general population health and second for the health of women and children.

## State Health Department Website:

[dhhs.nh.gov](http://dhhs.nh.gov)