

New Jersey

Overall Rank: 19



Women Rank: 15
Infant Rank: 30
Children Rank: 17

Strengths:

- Low prevalence of lifetime intimate partner violence in women
- Low infant mortality rate
- Low prevalence of adverse childhood experiences

Challenges:

- High maternal mortality rate
- High percentage of low-risk cesarean deliveries
- Low percentage of children with adequate health insurance

Ranking:

New Jersey ranks 19th for women and children's health. The state ranks 11th for general population health and 16th for senior health.

Highlights:

- While New Jersey ranks 19th overall, it ranks 41st in policy and 43rd in clinical care categories, and 50th in infant clinical care and 45th in policies affecting children.
- It ranks in the top 10 in three smoking measures — smoking among women, smoking during pregnancy, and household smoke.
- New Jersey ranks 2nd in cervical cancer screening and 3rd in well-woman visits, but ranks 43rd in flu vaccination among women aged 18 to 44.
- It ranks in the top five for the children's measures child mortality, teen suicide, teen births, adolescent well-visits, adverse childhood experiences, high school graduation, and overweight or obese youth.
- In New Jersey only 14.7% of the population receives community fluoridated water (49th).

State Health Department Website:

www.state.nj.us/health

Summary

	Star Rating	NJ Rank	Least Healthy Score	◆ State Score	❖ US Score	Most Healthy Score
Behaviors						
Women	★★★★★	10
Infants	★★★★★	8
Children	★★★★★	2
Total	★★★★★	2
Community & Environment						
Women	★★★★★	2
Infants	★★★★★	3
Children	★★★	21
Total	★★★★★	3
Policy						
Women	★★★	29
Infants	★★★	28
Children	★	45
Total	★	41
Clinical Care						
Women	★★★★	12
Infants	★	50
Children	★★★	30
Total	★	43
Outcomes						
Women	★★	33
Infants	★★★★	15
Children	★★★★★	5
Total	★★★★	16
Overall						
Women	★★★★	15
Infants	★★★	30
Children	★★★★	17
Total	★★★★	19

Women

	Star Rating	NJ Value	NJ Rank	No 1 State
Behaviors				
Chlamydia (cases per 100,000 females aged 15–44)	★★★★★	1,216.6	7	842.7
Excessive Drinking (% of women aged 18–44)	★★★	18.8	28	10.7
Obesity (% of women aged 18–44)	★★★★	22.3	11	18.5
Physical Inactivity (% of women aged 18–44)	★	25.0	42	14.0
Smoking (% of women aged 18–44)	★★★★★	13.5	3	8.2
Community & Environment				
Concentrated Disadvantage (% of households)	★★★★	9.7	19	2.6
Food Insecurity (% of households)	★★★★★	11.7	10	8.4
Intimate Partner Violence — Lifetime (% of women)	★★★★★	26.2	2	25.3
Intimate Partner Violence — Pregnancy (% of women with a recent live birth)	*	2.2	*	1.3
Policy				
Postpartum Visit (% of women with a recent live birth)	*	88.8	*	93.8
Publicly-Funded Women's Health Services (% of need met)	★★	25	32	61
Uninsured Women (% of women aged 18–44)	★★★	15.7	26	3.6
Clinical Care				
Cervical Cancer Screening (% of women aged 18–44)	★★★★★	94.6	2	95.4
Dedicated Health Care Provider (% of women aged 18–44)	★★★★	77.4	16	86.9
Dental Visit (% of women aged 18–44)	★★★★	71.3	12	77.2
Flu Vaccine (% of women aged 18–44)	★	30.2	43	49.0
Well-Woman Visit (% of women aged 18–44)	★★★★★	74.1	3	75.4
Outcomes				
Diabetes (% of women aged 18–44)	★★★★★	2.4	10	1.9
Drug Deaths (deaths per 100,000 females aged 15–44)	★★★★	11.6	17	4.2
Maternal Mortality (deaths per 100,000 births)	★	37.3	47	5.8
Postpartum Depression (% of women with a recent live birth)	*	9.7	*	7.2
Unintended Pregnancy (% of all pregnancies)	★★	53	32	36

Infants

	Star Rating	NJ Value	NJ Rank	No 1 State
Behaviors				
Alcohol During Pregnancy (% of pregnant women aged 18–44)	★★★	10.2	28	2.2
Breastfed (% of infants exclusive at 6 months)	★★★★	22.3	14	29.6
Sleep Position (% of women who usually place infant on their back)	*	69.9	*	88.8
Smoking During Pregnancy (% of pregnant women aged 18–44)	★★★★★	6.2	8	1.4
Community & Environment				
Household Smoke (% of children aged 0–17)	★★★★★	20.3	8	12.4
Infant Child Care Cost (% of median income)	★★★★	10.3	15	6.9
Policy				
Baby-Friendly Facility (% of live births)	★★★	6.0	23	36.0
Home Health Visit (% of children aged 0–3)	★★	9.4	40	30.6
mPINC (Maternity Practices in Infant and Nutrition Care survey score)	★★★★	78	17	91
Clinical Care				
Low-Risk Cesarean Delivery (% of singleton, term, vertex, first births)	★	31.6	50	17.0
Prenatal Care Before 3rd Trimester (% of live births)	*	NA	*	97.8
Well-Baby Check (% of babies)	★	86.4	50	96.8
Outcomes				
Infant Mortality (deaths in infants aged <1 year per 1,000 live births)	★★★★★	4.5	3	4.2
Low Birthweight (% of live births)	★★★	8.1	27	5.9
Neonatal Mortality (deaths in infants aged 0–27 days per 1,000 live births)	★★★★★	3.1	4	2.8
Preterm Birth (% of live births)	★★★	9.6	28	7.7

Children

	Star Rating	NJ Value	NJ Rank	No 1 State
Behaviors				
Drug Dependence or Abuse (% of children aged 12–17)	★★★	5.1	24	4.1
High School Graduation (% of students)	★★★★★	88.6	3	90.5
Overweight or Obese (% of children aged 10–17)	★★★★★	24.7	4	22.1
Tobacco Use (% of children aged 12–17)	★★★★	7.2	14	5.0
Community & Environment				
Adverse Childhood Experiences (% of children aged 0–17 with 2+ experiences)	★★★★★	16.3	1	16.3
Neighborhood Amenities (% of children aged 0–17)	★★★★	59.6	13	69.6
Protective Home Environment (Ages 0–5) (% of children aged 0–5)	★★	38.6	31	62.7
Protective Home Environment (Ages 6–17) (% of children aged 6–17)	★★	20.4	37	38.5
Supportive Neighborhoods (% of children aged 0–17)	★★★	77.0	26	89.2
Policy				
Adequate Health Insurance (% of insured children aged 0–17)	★	73.5	47	81.9
Children with Health Insurance (% of children aged 0–17)	★★★★	96.5	14	99.0
Homeless Family Households (number per 10,000 households)	★★★	6.1	26	2.1
Water Fluoridation (% of population served)	★	14.7	49	99.9
Clinical Care				
Adolescent Well-Visit (% of children aged 12–17)	★★★★★	93.3	1	93.3
Developmental Screening (% children aged 10 months–5 years)	★★	25.0	39	58.0
Immunizations — Adolescents (combined average z score)	★★★★★	0.5	10	1.3
• HPV Female (% of females aged 13–17)	★★	34.5	38	54.0
• HPV Male (% of males aged 13–17)	★★★	21.2	26	42.9
• MCV4 (% of children aged 13–17)	★★★★★	94.9	2	95.2
• Tdap (% of children aged 13–17)	★★★★	90.1	17	94.8
Immunizations — Children (% of children aged 19–35 months)	★★	67.2	40	84.7
Medical Home for Special Care Child (% of children with special care needs)	★	38.3	44	50.7
Outcomes				
Child Mortality (deaths per 100,000 children aged 1–18)	★★★★★	15.9	4	13.9
Missed School Days (% of children aged 6–17 missing 11+ days)	★★	7.4	38	3.6
Teen Births (births per 1,000 females aged 15–19 years)	★★★★★	13.1	4	10.6
Teen Suicide (deaths per 100,000 adolescents aged 15–19)	★★★★★	5.0	1	5.0

* Measure not included in ranking calculation due to missing data in several states

NA = Data unavailable

Star Rating	
Stars	Rank
★★★★★	1–10
★★★★	11–20
★★★	21–30
★★	31–40
★	41–50