New Mexico

2016 Rank: 38
-1 Change from 2015

Determinants Rank: 41
Outcomes Rank: 31

Healthiest States
1 2 3 4 5
Hawaii Massachusetts Connecticut Minnesota Vermont

Smoking
17.5% OR ABOUT 1 IN 6 ADULTS IN NEW MEXICO SMOKE COMPARED WITH 17.5% NATIONALLY.

Obesity
28.8% OR ABOUT 2 IN 7 ADULTS IN NEW MEXICO ARE OBSESE COMPARED WITH 29.8% NATIONALLY.

Lack of Health Insurance
12.7% OR ABOUT 1 IN 8 PEOPLE IN NEW MEXICO LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

Drug Deaths
24.7 DRUG DEATHS PER 100,000 POPULATION IN NEW MEXICO COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

Cardiovascular Deaths
217.5 CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN NEW MEXICO COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

Premature Death
8,887 YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN NEW MEXICO COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

Model of Health

Behaviors + Community & Environment + Policy + Clinical Care = Health Outcomes

2016 America's Health Rankings Annual Report
www.americashealthrankings.org