

Pennsylvania

State Health Department Website: health.pa.gov

Overall Rank:

25

Summary

Strengths:

- Low percentage of household food insecurity
- Low percentage of adults who avoided care due to cost
- High prevalence of having a dedicated health care provider

Challenges:

- High Black/white residential segregation
- High prevalence of insufficient sleep
- High levels of air pollution

Highlights:

NON-MEDICAL DRUG USE

▲55%

from 10.6% to 16.4% of adults between 2021 and 2022.

SUICIDE

▼15%

from 15.5 to 13.1 deaths per 100,000 population between 2017 and 2020.

OBESITY

▲11%

from 30.0% to 33.3% of adults between 2015 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	10	3.6
	Public Health Funding (dollars per person)	++	40	\$83
	Violent Crime (offenses per 100,000 population)	+++	27	390
Economic Resources	Economic Hardship Index (index from 1-100)	++++	19	48
	Food Insecurity (% of households)	++++	14	9.2%
	Income Inequality (80/20 ratio)	++	36	4.90
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	11	34.0%
	High School Graduation (% of students)	+++	25	86.5%
	High School Graduation Racial Disparity (percentage point difference)**	+++	30	15.6
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	10	12.4%
	High-speed Internet (% of households)	++	35	91.4%
	Residential Segregation — Black/White (index from 0-100)	+	43	73
	Volunteerism (% ages 16+)	++++	16	36.8%
	Voter Participation (% of U.S. citizens ages 18+)	++++	16	62.4%
PHYSICAL ENVIRONMENT*				
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.7
	Drinking Water Violations (% of community water systems)	++	34	0.5%
	Risk-screening Environmental Indicator Score (unitless score)	+	45	15,195,382
	Water Fluoridation (% of population served)	+	41	55.7%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	17	66.8%
	Housing With Lead Risk (% of housing stock)	+	47	28.1%
	Severe Housing Problems (% of occupied housing units)	+++	25	14.2%
CLINICAL CARE*				
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	6	6.7%
	Providers (per 100,000 population)			
	Dental Care	+++	24	58.8
	Mental Health	++	31	259.5
	Primary Care	++++	13	302.8
	Uninsured (% of population)	++++	12	5.5%
Preventive Clinical Services	Colorectal Cancer Screening (% ages 50-75)	+++++	6	77.5%
	Dental Visit (% ages 18+)	++++	15	68.1%
	Immunizations			
	Childhood Immunizations (% by age 24 months)	+++++	6	77.4%
	Flu Vaccination (% ages 18+)	++++	12	50.0%
Quality of Care	HPV Vaccination (% ages 13-17)	++++	11	68.7%
	Dedicated Health Care Provider (% ages 18+)	+++++	7	89.3%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	31	2,947
BEHAVIORS*				
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	29	21.8%
	Fruit and Vegetable Consumption (% ages 18+)	++++	20	7.8%
Sexual Health	Physical Inactivity (% ages 18+)	+++	30	24.3%
	Chlamydia (new cases per 100,000 population)	++++	14	408.3
	High-risk HIV Behaviors (% ages 18+)	++++	18	5.4%
	Teen Births (births per 1,000 females ages 15-19)	++++	16	12.6
Sleep Health	Insufficient Sleep (% ages 18+)	+	43	35.5%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	12	6.1%
	Smoking (% ages 18+)	+++	24	14.4%
HEALTH OUTCOMES*				
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	43	41.0
	Excessive Drinking (% ages 18+)	+++	26	17.5%
	Frequent Mental Distress (% ages 18+)	++++	16	14.0%
	Non-medical Drug Use (% ages 18+)	++	32	16.4%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	25	8,655
	Premature Death Racial Disparity (ratio)**	+++	27	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	32	11.7%
	Low Birthweight (% of live births)	+++	27	8.3%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1
	Multiple Chronic Conditions (% ages 18+)	++	34	10.8%
	Obesity (% ages 18+)	+++	21	33.3%
OVERALL*		+++	25	0.069

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

*** Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50