

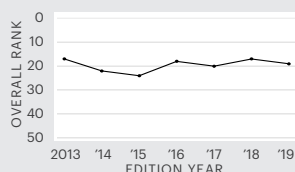
Pennsylvania

OVERALL RANK:

19



Change: ▼ 2

Determinants Rank: **15**Outcomes Rank: **34**

Strengths:

- High prevalence of seniors with a dedicated provider
- High prevalence of arthritis management
- High community support expenditures

Challenges:

- High prevalence of obesity
- High percentage of ICU use
- Low prevalence of high health status

Highlights:

- In the past year, excessive drinking decreased 17% from 8.1% to 6.7% of adults aged 65+
- In the past year, poverty increased 9% from 7.8% to 8.5% of adults aged 65+
- In the past three years, food insecurity increased 40% from 11.8% to 16.5% of adults aged 60+
- In the past three years, flu vaccination coverage increased 6% from 59.6% to 63.2% of adults aged 65+
- In the past six years, early deaths decreased 4% from 1,933 to 1,847 deaths per 100,000 adults aged 65-74
- In the past year, frequent mental distress increased 37% from 5.9% to 8.1% of adults aged 65+

Ranking:

Pennsylvania is 19th this year; it was 17th in 2018. The state ranks 28th for general population health and 23rd for the health of women and children.

State Health Department Website:

health.pa.gov

	Rating	2019 Value	2019 Rank	No. 1 State
Behaviors				
Arthritis Management (% of adults aged 65+ with arthritis)	+++++	58.6	3	60.0
Dental Visit (% of adults aged 65+)	+++	66.0	30	77.9
Excessive Drinking (% of adults aged 65+)	++++	6.7	19	3.4
Obesity (% of adults aged 65+)	+	32.4	42	19.8
Physical Inactivity (% of adults aged 65+ in fair or better health)	+++	31.4	30	20.0
Smoking (% of adults aged 65+)	+++	9.6	29	5.1
Behaviors Total*	+++	0.007	22	0.274

Community & Environment				
Nursing Home Quality (% of four- & five-star beds)	++	44.8	35	67.9
Poverty (% of adults aged 65+)	+++	8.5	23	5.8
Volunteerism (% of adults aged 65+)	++++	32.8	19	44.6
Community & Environment—Macro Total*	+++	0.034	26	0.166
Community Support (dollars per adult aged 60+ in poverty)	+++++	\$1,155	7	\$3,048
Food Insecurity (% of adults aged 60+)	++	16.5	37	5.8
Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	++	7.4	34	37.5
Community & Environment—Micro Total*	+++	0.002	24	0.156
Community & Environment Total*	+++	0.036	28	0.246

Policy				
Geriatrician Shortfall (% of geriatricians needed)	+++++	49.4	6	22.7
Health Care Associated Infection (HAI) Policies (% of policies in place)	+++++	75.0	8	83.3
Low-care Nursing Home Residents (% of residents)	+++++	7.8	10	3.8
Prescription Drug Coverage (% of Medicare enrollees aged 65+)	+++++	87	8	89
SNAP Reach (participants per 100 adults aged 60+ in poverty)	+++++	100.0	1	100.0
Policy Total*	+++++	0.129	2	0.191

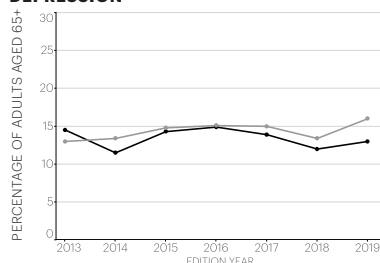
Clinical Care				
Dedicated Health Care Provider (% of adults aged 65+)	+++++	96.7	2	97.2
Diabetes Management (% of Medicare enrollees aged 65 to 75)	++++	81.1	13	84.8
Flu Vaccine (% of adults aged 65+)	++++	63.2	16	68.5
Health Screenings (% of seniors with recommended screenings)	++++	73.8	19	80.0
Home Health Care Workers (number of workers per 1,000 adults aged 75+)	++++	145.1	13	263.9
Hospice Care (% of Medicare decedents aged 65+)	++	52.7	31	67.1
Hospital Deaths (% of Medicare decedents aged 65+)	++++	18.7	16	14.1
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)	+++	14.6	27	12.2
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	++	51.7	33	23.3
Clinical Care Total*	++++	0.051	11	0.095

All Determinants* +++ 0.222 15 0.512

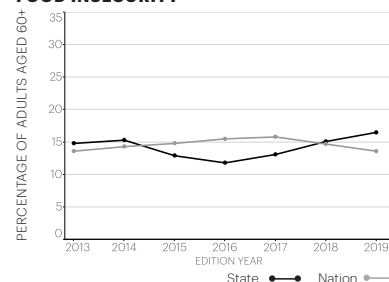
Outcomes				
Able-bodied (% of adults aged 65+)	+++	65.8	21	71.2
Early Death (deaths per 100,000 adults aged 65 to 74)	++	1,847	32	1,415
Falls (% of adults aged 65+)	++++	28.5	14	24.8
Frequent Mental Distress (% of adults aged 65+)	++	8.1	33	4.8
High Health Status (% of adults aged 65+)	++	38.2	39	51.9
Hip Fractures (hospitalizations per 1,000 Medicare enrollees)	+++	5.4	24	3.2
ICU Use (% of Medicare decedents aged 65+)	++	15.4	40	4.6
Teeth Extractions (% of adults aged 65+)	++	16.7	34	5.6
All Outcomes*	++	-0.028	34	0.288
OVERALL*	++++	0.194	19	0.778

* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value.

DEPRESSION



FOOD INSECURITY



Supplemental measure, see website for data