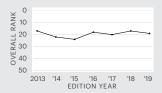
# Pennsylvania

OVERALL RANK:

Change: **▼2**Determinants Rank: **15**Outcomes Rank: **34** 



#### **Strengths:**

- High prevalence of seniors with a dedicated provider
- High prevalence of arthritis management
- · High community support expenditures

#### **Challenges:**

- High prevalence of obesity
- High percentage of ICU use
- Low prevalence of high health status

## **Highlights:**

- In the past year, excessive drinking decreased 17% from 8.1% to 6.7% of adults aged 65+
- In the past year, poverty increased 9% from 7.8% to 8.5% of adults aged 65+
- In the past three years, food insecurity increased 40% from 11.8% to 16.5% of adults aged 60+
- In the past three years, flu vaccination coverage increased 6% from 59.6% to 63.2% of adults aged 65+
- In the past six years, early deaths decreased 4% from 1,933 to 1,847 deaths per 100,000 adults aged 65-74
- In the past year, frequent mental distress increased 37% from 5.9% to 8.1% of adults aged 65+

## Ranking:

Pennsylvania is 19th this year; it was 17th in 2018. The state ranks 28th for general population health and 23rd for the health of women and children.

## **State Health Department Website:**

health.pa.gov

Arthritis Management (% of adults aged 65+) with arthritis   Dental Visit (% of adults aged 65+)   ++++   58.6   3   60.0		Rating	2019 Value	2019 Rank	No. 1 State
Dental Visit (% of adults aged 65+)					
Excessive Drinking (% of adults aged 65+)   ++++	0 (	+++++			1
Physical Inactivity (% of adults aged 65+)   + 32.4   42   32   20.0   20.0   3.0	· · · · · · · · · · · · · · · · · · ·				1
Physical lnactivity (% of adults aged 65+ in fair or better health)	9 1				1
Community & Environment   Nursing Home Quality (% of four- & five-star beds)   +++	, ,				
Community & Environment					1
Nursing Home Quality (% of four- & five-star beds)					1
Nursing Home Quality (% of four- & five-star beds)	Benaviors lotai	+++	0.007	22	0.274
Nursing Home Quality (% of four- & five-star beds)	Community & Environment				
Poverty (% of adults aged 65+)	<u> </u>	++	44.8	35	67.9
Community & Environment—Macro Total	Poverty (% of adults aged 65+)	+++	8.5	23	5.8
Community Support (dollars per adult aged 60+ in poverty)   Food Insecurity (% of adults aged 60+)   Food Insecurity	Volunteerism (% of adults aged 65+)	++++	32.8	19	44.6
Food Insecurity (% of adults aged 60+)	Community & Environment—Macro Total*	+++	0.034	26	0.166
Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	Community Support (dollars per adult aged 60+ in poverty)	+++++	\$1,155	7	\$3,048
Community & Environment—Micro Total*	Food Insecurity (% of adults aged 60+)	++	16.5	37	5.8
Community & Environment Total	Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	++	7.4	34	37.5
Realth Care Associated Infection (HAI) Policies (% of policies in place)   +++++ 49.4 6   22.7	Community & Environment—Micro Total*	+++	0.002	24	0.156
Health Care Associated Infection (HAI) Policies (% of policies in place)   ++++ 49.4 6   22.7	Community & Environment Total*	+++	0.036	28	0.246
Health Care Associated Infection (HAI) Policies (% of policies in place)   +++++ 49.4 6   22.7	Policy				
Health Care Associated Infection (HAI) Policies (% of policies in place)   Low-care Nursing Home Residents (% of residents)   Hip Fractures (hospitalizations per 1,000 Medicare enrollees aged 65+)   SNAP Reach (participants per 100 adults aged 60+ in poverty   Policy Total*   Hip Fractures (% of Medicare decedents aged 65+)   Hip Fractures (hospitalizations per 1,000 Medicare enrollees)   Hip Fractures (hospitalizations per 100,000 Medicare enrollees)   Hip Fractures (hospitalizations (% of adults aged 65+)   Hip Fractures (hospitalizations per 1,000 Medicare enrollees)   Hip Fractures (hospitalizations per 1,000 Medica		+++++	19.1	6	22.7
Low-care Nursing Home Residents (% of residents)	· •				1
Prescription Drug Coverage (% of Medicare enrollees aged 65+)   SNAP Reach (participants per 100 adults aged 60+ in poverty)   Policy Total*   100.0   1   100.0	. , , , , , , , , , , , , , , , , , , ,				1
SNAP Reach (participants per 100 adults aged 60+ in poverty)	· · · · · · · · · · · · · · · · · · ·				1
Dedicated Health Care Provider (% of adults aged 65+)					1
Dedicated Health Care Provider (% of adults aged 65+)	4 1 1 37				0.191
Dedicated Health Care Provider (% of adults aged 65+)	Clinical Cave				
Diabetes Management (% of Medicare enrollees aged 65 to 75)			067	2	072
Flu Vaccine (% of adults aged 65+) ++++ 63.2 16 68.5  Health Screenings (% of seniors with recommended screenings) ++++ 73.8 19 80.0  Home Health Care Workers (number of workers per 1,000 adults aged 75+) ++++ 145.1 13 263.9  Hospice Care (% of Medicare decedents aged 65+) +++ 52.7 31 67.1  Hospital Deaths (% of Medicare decedents aged 65+) ++++ 18.7 16 14.1  Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+) ++++ 14.6 27 12.2  Preventable Hospitalizations (discharges per 1,000 Medicare enrollees) ++ 51.7 33 23.3  **Clinical Care Total*** ++++ 0.222 15 0.512  **Outcomes**  Able-bodied (% of adults aged 65+) +++ 65.8 21 71.2  Early Death (deaths per 100,000 adults aged 65+) +++ 1,847 32 1.415  Falls (% of adults aged 65+) +++ 28.5 14 24.8  Frequent Mental Distress (% of adults aged 65+) +++ 31.7  Hip Fractures (hospitalizations per 1,000 Medicare enrollees) +++ 5.4 24 3.2  **Symbol**   Hip Fractures (hospitalizations per 1,000 Medicare decedents aged 65+) ++ 15.4 40 4.6  **Symbol**   Hip Fractures (hospitalizations per 1,000 Medicare decedents aged 65+) ++ 15.4 40 4.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 15.4 40 4.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 15.4 40 4.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 15.4 40 4.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 15.4 40 4.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip Fractures (hospitalizations (% of adults aged 65+) ++ 16.7 34 5.6  **Symbol**   Hip F					1
Health Screenings (% of seniors with recommended screenings)	9 (				1
Home Health Care Workers (number of workers per 1,000 adults aged 75+)	,				
Hospice Care (% of Medicare decedents aged 65+)	9 1				1
Hospital Deaths (% of Medicare decedents aged 65+)	· · · · · · · · · · · · · · · · · · ·				1
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)					1
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)					1
Clinical Care Total*					1
Able-bodied (% of adults aged 65+) +++ 65.8 21 71.2  Early Death (deaths per 100,000 adults aged 65 to 74) ++ 1,847 32 1,415  Falls (% of adults aged 65+) +++ 28.5 14 24.8  Frequent Mental Distress (% of adults aged 65+) ++ 8.1 33 4.8  High Health Status (% of adults aged 65+) ++ 38.2 39 51.9  Hip Fractures (hospitalizations per 1,000 Medicare enrollees) +++ 5.4 24 3.2  Symbol ++++ 11-20   ICU Use (% of Medicare decedents aged 65+) ++ 15.4 40 4.6  Frequent Mental Distress (% of adults aged 65+) ++ 15.4 40 4.6  All Outcomes* ++ -0.028 34 0.288	, , , , , , , , , , , , , , , , , , , ,				1
Able-bodied (% of adults aged 65+)  Early Death (deaths per 100,000 adults aged 65+)  Falls (% of adults aged 65+)  Frequent Mental Distress (% of adults aged 65+)  High Health Status (% of adults aged 65+)  Hip Fractures (hospitalizations per 1,000 Medicare enrollees)    Author					
Able-bodied (% of adults aged 65+)  Early Death (deaths per 100,000 adults aged 65 to 74) Falls (% of adults aged 65+) Frequent Mental Distress (% of adults aged 65+) High Health Status (% of adults aged 65+) Hip Fractures (hospitalizations per 1,000 Medicare enrollees)    August	All Determinants*	++++	0.222	15	0.512
Able-bodied (% of adults aged 65+)  Early Death (deaths per 100,000 adults aged 65 to 74) Falls (% of adults aged 65+) Frequent Mental Distress (% of adults aged 65+) High Health Status (% of adults aged 65+) Hip Fractures (hospitalizations per 1,000 Medicare enrollees)    August	Outcomes				
Early Death (deaths per 100,000 adults aged 65 to 74)	ALL 1 11 100 ( 1 1 11 1 105 )	+++	65.8	21	71.2
Falls (% of adults aged 65+) ++++ 28.5 14 24.8  Frequent Mental Distress (% of adults aged 65+) +++ 8.1 33 4.8  High Health Status (% of adults aged 65+) ++ 38.2 39 51.9  Hip Fractures (hospitalizations per 1,000 Medicare enrollees) +++ 5.4 24 3.2  Symbol ++++ 1-20					1
Frequent Mental Distress (% of adults aged 65+)	Falls (% of adults aged 65+)	++++			24.8
High Health Status (% of adults aged 65+)   ++   38.2   39   51.9	Frequent Mental Distress (% of adults aged 65+)	++			4.8
Symbol Rank +++++ 1-10 ++++ 11-20 ++++ 21-30 +++ 31-40         ICU Use (% of Medicare decedents aged 65+)         ++         15.4 40 4.6         4.6           Teeth Extractions (% of adults aged 65+)         ++         16.7 34 5.6         5.6           All Outcomes*         ++         -0.028 34 0.288	High Health Status (% of adults aged 65+)	++			51.9
+++++ 1-10 ++++ 11-20 +++ 21-30 ++ 31-40  Teeth Extractions (% of adults aged 65+) ++ 16.7 34 5.6 All Outcomes* ++ -0.028 34 0.288		+++	5.4	24	3.2
++++ 11-20 +++ 21-30 ++ 31-40 Teeth Extractions (% of adults aged 65+) ++ 16.7 34 5.6 All Outcomes* ++ -0.028 34 0.288	Symbol Rank 1-10 ICU Use (% of Medicare decedents aged 65+)	++	15.4	40	4.6
++ 31-40 All Outcomes* ++ -0.028 34   0.288	++++ 11-20 Teeth Extractions (% of adults aged 65+)	++	16.7	34	1
<b>OVERALL*</b> ++++ 0.194 19 0.778	++ 31-40 All Outcomes*	++	-0.028	34	0.288
	+ 4I-5U OVERALL*	++++	0.194	19	0.778

<sup>\*</sup> Value indicates z score. Negative scores are below U.S. value: positive scores are above U.S. value.

