

Rhode Island

	2016 Value	Rank	No 1 State
Behaviors			
Smoking (% of adults aged 65+)	7.2	6	4.5
Excessive Drinking (% of adults aged 65+)	7.2	35	2.9
Obesity (% of adults aged 65+)	26.1	13	14.1
Underweight (% of adults aged 65+ in fair or better health)	1.9	42	0.7
Physical Inactivity (% of adults aged 65+ in fair or better health)	33.4	36	22.7
Dental Visit (% of adults aged 65+)	70.4	14	78.1
Pain Management (% of adults aged 65+ with joint pain)	43.8	34	53.2
Behaviors Total	0.061	13	
Community & Environment			
Poverty (% of adults aged 65+)	9.7	36	4.3
Volunteerism (% of adults aged 65+)	18.9	46	46.3
Nursing Home Quality (% of 4- & 5-star beds)	46.2	24	62.9
Community & Environment—Macro Total	-0.027	38	
Home-Delivered Meals (% of adults aged 65+ in poverty)	14.7	39	101.3
Food Insecurity (% of adults aged 60+)	12.6	16	8.3
Community Support (dollars per adult aged 65+ in poverty)	\$376	46	\$6,701
Community & Environment—Micro Total	0.006	27	
Community & Environment Total	-0.021	33	
Policy			
Low-Care Nursing Home Residents (% of residents)	12.6	30	4.1
SNAP Reach (% of adults aged 60+ in poverty)	105.7	5	124.4
Prescription Drug Coverage (% of adults aged 65+)	86.0	10	88.0
Geriatrician Shortfall (% of needed geriatricians)	53.3	10	25.8
Policy Total	0.101	7	
Clinical Care			
Dedicated Health Care Provider (% of adults aged 65+)	96.6	3	96.9
Flu Vaccine (% of adults aged 65+)	62.3	22	70.7
Health Screenings (% of adults aged 65 to 74)	91.0	2	92.3
Recommended Hospital Care (% of hospitalized patients aged 65+)	96.2	48	98.7
Diabetes Management (% of Medicare beneficiaries aged 65 to 75)	83.0	10	86.2
Home Health Care (number of workers per 1,000 adults aged 75+)	93.5	28	278.8
Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries)	54.0	30	24.4
Hospital Readmissions (% of hospitalized patients aged 65+)	14.9	28	12.4
Hospice Care (% of decedents aged 65+)	56.7	12	65.5
Hospital Deaths (% of decedents aged 65+)	18.8	12	15.3
Clinical Care Total	0.044	13	
All Determinants	0.184	13	
Outcomes			
ICU Use (% of decedents aged 65+)	8.1	13	4.4
Falls (% of adults aged 65+)	26.8	10	20.6
Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries)	5.0	3	3.1
Health Status, Excellent or Very Good (% of adults aged 65+)	43.6	20	50.7
Able-bodied (% of adults aged 65+)	63.7	30	69.6
Premature Death (deaths per 100,000 adults aged 65 to 74)	1,668	18	1,394
Teeth Extractions (% of adults aged 65+)	13.8	18	6.4
Frequent Mental Distress (% of adults aged 65+)	6.2	14	4.7
All Outcomes	0.158	11	
Overall	0.341	11	
Supplemental Measures			
Education (% of adults aged 65+)	25.4	25	34.0
Overuse—Mammography (% women aged 75+)	26.2	32	18.6
Overuse—PSA Test (% men aged 75+)	18.2	22	11.5
Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+)	40.1	39	22.0
Cognition (% of adults aged 65+)	7.9	14	6.3
Depression (% of adults aged 65+)	17.3	42	8.2
Suicide (deaths per 100,000 adults aged 65+)	9.6	3	7.6
Senior Population Growth			
Projected Increase 2016 to 2030		42.9	49.5

Overall Rank: 11



Change: ▲ 3
Determinants Rank: 13
Outcomes Rank: 11

Strengths:

- High percentage of health screenings
- Low hip fracture rate
- High SNAP enrollment

Challenges:

- Limited availability of home-delivered meals
- Low volunteerism
- Low community support expenditures

Highlights:

- In the past year, food insecurity decreased 22% from 16.2% to 12.6% of adults aged 60+.
- In the past year, low-care nursing home residents decreased 30% from 18.0% to 12.6% of residents.
- In the past year, hospital deaths decreased 11% from 21.2% to 18.8% of decedents aged 65+.
- In the past 2 years, ICU use in last 6 months of life decreased 28% from 11.3% to 8.1% of decedents aged 65+.
- In the past 3 years, obesity increased 18% from 22.2% to 26.1% of adults aged 65+.

Ranking:

Rhode Island ranks 11th in *America's Health Rankings® Senior Report*; it was 14th last year. In the 2015 *America's Health Rankings®* (all ages), the state ranks 14th.

State Health Department Website:
www.health.state.ri.us