

South Carolina



Overall Rank: 34

Change: ▲ 2

Determinants Rank: 27

Outcomes Rank: 40

Strengths:

- Low percentage of low-care nursing home residents
- High hospice care use
- High percentage of diabetes management

Challenges:

- High prevalence of food insecurity
- High prevalence of frequent mental distress
- Low percentage of dental visits

Highlights:

- In the past year, low-care nursing home residents decreased 9% from 5.7% to 5.2% of residents.
- In the past year, poverty decreased 9% from 10.2% to 9.3% of adults aged 65+.
- In the past 2 years, hip fractures decreased 20% from 8.3 to 6.6 hospitalizations per 1,000 Medicare beneficiaries.
- In the past 3 years, preventable hospitalizations decreased 19% from 61.2 to 49.8 discharges per 1,000 Medicare beneficiaries.
- In the past 3 years, hospice care use increased 64% from 35.6% to 58.3% of decedents aged 65+.

Ranking:

South Carolina ranks 34th in *America's Health Rankings® Senior Report*; it was 36th last year. In the 2015 *America's Health Rankings®* (all ages), the state ranks 42nd.

State Health Department Website:

www.scdhec.gov

	Value	2016 Rank	No 1 State
Behaviors			
Smoking (% of adults aged 65+)	8.7	24	4.5
Excessive Drinking (% of adults aged 65+)	5.7	17	2.9
Obesity (% of adults aged 65+)	27.1	19	14.1
Underweight (% of adults aged 65+ in fair or better health)	1.8	39	0.7
Physical Inactivity (% of adults aged 65+ in fair or better health)	29.8	19	22.7
Dental Visit (% of adults aged 65+)	60.8	39	78.1
Pain Management (% of adults aged 65+ with joint pain)	46.1	20	53.2
Behaviors Total	-0.017	30	

Community & Environment			
Poverty (% of adults aged 65+)	9.3	31	4.3
Volunteerism (% of adults aged 65+)	25.5	26	46.3
Nursing Home Quality (% of 4- & 5-star beds)	41.5	33	62.9
Community & Environment—Macro Total	-0.005	31	
Home-Delivered Meals (% of adults aged 65+ in poverty)	14.7	39	101.3
Food Insecurity (% of adults aged 60+)	18.8	44	8.3
Community Support (dollars per adult aged 65+ in poverty)	\$339	47	\$6,701
Community & Environment—Micro Total	-0.050	45	
Community & Environment Total	-0.055	39	

Policy			
Low-Care Nursing Home Residents (% of residents)	5.2	4	4.1
SNAP Reach (% of adults aged 60+ in poverty)	65.3	24	124.4
Prescription Drug Coverage (% of adults aged 65+)	85.0	20	88.0
Geriatrician Shortfall (% of needed geriatricians)	71.2	28	25.8
Policy Total	0.036	16	

Clinical Care			
Dedicated Health Care Provider (% of adults aged 65+)	94.6	29	96.9
Flu Vaccine (% of adults aged 65+)	63.6	18	70.7
Health Screenings (% of adults aged 65 to 74)	87.0	20	92.3
Recommended Hospital Care (% of hospitalized patients aged 65+)	98.2	5	98.7
Diabetes Management (% of Medicare beneficiaries aged 65 to 75)	82.2	16	86.2
Home Health Care (number of workers per 1,000 adults aged 75+)	78.7	38	278.8
Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries)	49.8	20	24.4
Hospital Readmissions (% of hospitalized patients aged 65+)	14.7	24	12.4
Hospice Care (% of decedents aged 65+)	58.3	8	65.5
Hospital Deaths (% of decedents aged 65+)	20.7	24	15.3
Clinical Care Total	0.053	11	
All Determinants	0.017	27	

Outcomes			
ICU Use (% of decedents aged 65+)	14.3	36	4.4
Falls (% of adults aged 65+)	29.2	28	20.6
Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries)	6.6	37	3.1
Health Status, Excellent or Very Good (% of adults aged 65+)	38.2	39	50.7
Able-bodied (% of adults aged 65+)	62.7	36	69.6
Premature Death (deaths per 100,000 adults aged 65 to 74)	2,007	38	1,394
Teeth Extractions (% of adults aged 65+)	18.1	38	6.4
Frequent Mental Distress (% of adults aged 65+)	8.3	39	4.7
All Outcomes	-0.130	40	
Overall	-0.113	34	

	2016 Value	Rank	No 1 State
Supplemental Measures			
Education (% of adults aged 65+)	23.9	28	34.0
Overuse—Mammography (% women aged 75+)	27.6	43	18.6
Overuse—PSA Test (% men aged 75+)	20.9	42	11.5
Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+)	36.6	26	22.0
Cognition (% of adults aged 65+)	10.2	38	6.3
Depression (% of adults aged 65+)	17.3	42	8.2
Suicide (deaths per 100,000 adults aged 65+)	17.7	29	7.6

Senior Population Growth	State	US
Projected Increase 2016 to 2030	53.5	49.5