Tennessee

OVERALL RANK: 44
Change: ▼ 2

Strengths:
- High percentage of high school graduation
- Low prevalence of excessive drinking
- High Tdap immunization coverage among adolescents

Challenges:
- High prevalence of smoking
- High violent crime rate
- High prevalence of frequent physical distress

Highlights:
- In the past year, excessive drinking increased 10% from 14.3% to 15.7% of adults
- In the past 10 years, drug deaths increased 58% from 15.4 to 24.3 deaths per 100,000 population
- Since 2003, air pollution decreased 50% from 14.9 to 7.4 micrograms of fine particles per cubic meter
- In the past two years, mental health providers increased 11% from 138.2 to 153.0 per 100,000 population
- In the past year, frequent mental distress increased 17% from 13.7% to 16.0% of adults
- Since 2012, diabetes increased 23% from 11.2% to 13.8% of adults

Senior Report Rank: 43
Health of Women and Children Report Rank: 41

State Health Department Website: tn.gov/health

State Health Department Website:

Over the years, Tennessee has seen significant changes in several health indicators. Here are some key highlights:

- **Behaviors**
  - Drug Deaths (deaths per 100,000 population): 24.3 (38th) in 2019, showing a reduction compared to past years.
  - Excessive Drinking (% of adults): 15.7 (8th) in 2019, indicating a lower prevalence.
  - High School Graduation (% of students): 89.8 (9th) in 2019, reflecting good educational outcomes.
  - Obesity (% of adults): 34.4 (38th) in 2019, with a slight decrease.
  - Physical Inactivity (% of adults): 30.9 (47th) in 2019, showing a reduction.
  - Smoking (% of adults): 20.7 (46th) in 2019, indicating a drop.

- **Community & Environment**
  - Air Pollution (micrograms of fine particles per cubic meter): 7.4 (25th) in 2019, showing an improvement.
  - Infectious Disease (mean z score of chlamydia, pertussis and Salmonella): -0.277 (16th) in 2019, with a decrease.
  - Infectious Diseases—Adolescents (mean z score of HPV, meningococcal and Tdap): -0.129 (41st) in 2019, indicating a lower prevalence.

- **Policy**
  - Immunizations—Adolescents (mean z score of HPV, meningococcal and Tdap): 4.4 (1863rd) in 2019, showing a reduction.
  - Immunizations—Children (percent of children ages 19–35 months): 79.3 (23rd) in 2019, with an improvement.
  - Public Health Funding (dollars per person): 0.037 (21st) in 2019, indicating a slight increase.

- **Clinical Care**
  - Dentists (number per 100,000 population): 49.5 (39th) in 2019, with a slight increase.
  - Low Birthweight (% of live births): 9.2 (41st) in 2019, showing a slight decrease.
  - Mental Health Providers (number per 100,000 population): 153.0 (45th) in 2019, indicating an increase.

- **Outcomes**
  - Cancer Deaths (deaths per 100,000 population): 217.2 (45th) in 2019, with a slight decrease.
  - Cardiovascular Deaths (deaths per 100,000 population): 313.6 (45th) in 2019, indicating a slight increase.
  - Disparity in Health Status (% difference by high school education): 26.0 (23rd) in 2019, with a decrease.
  - Infant Mortality (deaths per 1,000 live births): 74.3 (43rd) in 2019, showing an increase.

For more detailed information and to access full report tables, visit www.AmericasHealthRankings.org.