Texas

OVERALL RANK: 34
Change: ▲ 3

Strengths:
• High percentage of high school graduation
• Low prevalence of smoking
• Low drug death rate

Challenges:
• High percentage of uninsured population
• Low rate of mental health providers
• High prevalence of diabetes

Highlights:
• Since 2012, obesity increased 14% from 30.4% to 34.8% of adults
• Since 2007, drug deaths increased 24% from 8.3 to 10.3 deaths per 100,000 population, and has decreased 51% since peaking in 1993
• In the past two years, mental health providers increased 14% from 98.3 to 111.8 per 100,000 population, and has decreased 51% since peaking in 1993
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Senior Report Rank: 40
Health of Women and Children Report Rank: 43

State Health Department Website: dshs.texas.gov

* Value indicates z score: Negative scores are below U.S. value; positive scores are above U.S. value. Years reflect edition year, not data source year. For measure definitions, including data sources and years, see Table 9.

For source details and methodology visit www.AmericasHealthRankings.org