

United States

Health Department Website: hhs.gov

Summary

Highlights

Mortality

40% ▲

from 97.2 to 136.4 deaths per 100,000 women ages 20-44 between 2019 and 2021.

Early Childhood Education Enrollment

18% ▼

from 48.9% to 40.2% of children ages 3-4 between 2019 and 2021.

Frequent Mental Distress

16% ▲

from 18.1% to 21.0% of women ages 18-44 between 2018-2019 and 2020-2021.

Injury Deaths

11% ▲

from 15.7 to 17.4 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

High Health Status

10% ▲

from 53.8% to 59.0% of women ages 18-44 between 2018-2019 and 2020-2021.

Teen Births

10% ▼

from 15.4 to 13.9 births per 1,000 females ages 15-19 between 2020 and 2021.

Measures

Women

		U.S. Value
Social & Economic Factors*		
Community and Family Safety	Firearm Deaths [†]	5.6
	Injury Deaths	48.1
	Intimate Partner Violence Before Pregnancy [†]	2.6%
Economic Resources	Concentrated Disadvantage	25.9%
	Food Insecurity	10.4%
	Gender Pay Gap [†]	81.5%
	Poverty	15.5%
	Unemployment	5.2%
Education	College Graduate	36.8%
Social Support and Engagement	Infant Child Care Cost [†]	11.7%
	Residential Segregation – Black/White	—
	Voter Participation	60.7%

Children

		U.S. Value
Social & Economic Factors*		
Community and Family Safety	Child Victimization [†]	8.1
	Firearm Deaths [†]	5.3
	Injury Deaths	17.4
Economic Resources	Children in Poverty	16.9%
	Children in Poverty Racial Disparity	3.0
	High-Speed Internet	95.3%
	Students Experiencing Homelessness	2.2%
	WIC Coverage	48.3%
Education	Early Childhood Education	40.2%
	Fourth Grade Reading Proficiency	32.1%
	High School Completion	89.4%
Social Support and Engagement	Adverse Childhood Experiences	14.0%
	Foster Care Instability	15.2%
	Neighborhood Amenities	35.5%
	Reading, Singing or Storytelling	57.2%

Physical Environment*

Air and Water Quality	Air Pollution	7.8
	Drinking Water Violations	0.8%
	Household Smoke	13.8%
	Water Fluoridation	72.7%
Climate and Health	Climate Change Policies	—
	Transportation Energy Use [†]	8.2
Housing and Transportation	Drive Alone to Work	66.0%
	Housing Cost Burden (households with children) [†]	31.2%
	Housing With Lead Risk	16.9%
	Severe Housing Problems	17.0%

Measures

		U.S. Value
Women		
Clinical Care*		
Access to Care	Adequate Prenatal Care	74.7%
	Avoided Care Due to Cost	14.6%
	Maternity Care Desert†	3.1
	Uninsured	11.8%
	Women's Health Providers	46.0
Preventive Clinical Services	Cervical Cancer Screening	77.1%
	Dental Visit	65.5%
	Flu Vaccination	38.9%
	Postpartum Visit†	90.9%
	Well-Woman Visit	70.5%
Quality of Care	Breastfeeding Initiation†	83.7%
	Dedicated Health Care Provider	79.2%
	Low-Risk Cesarean Delivery	26.3%
	Maternity Practices Score	81
Behaviors*		
Nutrition and Physical Activity	Exercise	21.5%
	Fruit and Vegetable Consumption	9.8%
	Physical Inactivity	21.1%
Sexual Health	Chlamydia	1,563.1
	High-Risk HIV Behaviors	9.6%
	Unintended Pregnancy†	25.5%
Sleep Health	Insufficient Sleep	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	8.8%
	Smoking	12.1%
	Smoking During Pregnancy	4.6%
Health Outcomes*		
Behavioral Health	Drug Deaths†	25.7
	Excessive Drinking	18.8%
	Frequent Mental Distress	21.0%
	Illicit Drug Use	10.8%
	Postpartum Depression†	12.7%
Mortality	Maternal Mortality†	22.4
	Mortality Rate	136.4
Physical Health	Depression†	27.4%
	Frequent Physical Distress	7.1%
	High Blood Pressure	10.8%
	High Health Status†	59.0%
	Multiple Chronic Conditions	4.2%
	Obesity	31.5%
	Severe Maternal Morbidity†	88.3

		U.S. Value
Children		
Clinical Care*		
Access to Care	ADD/ADHD Treatment	2.8%
	Pediatricians	109.3
	Uninsured	5.4%
Preventive Clinical Services	Childhood Immunizations	70.0%
	HPV Vaccination	61.7%
	Preventive Dental Care	75.1%
	Well-Child Visit	76.7%
Quality of Care	Adequate Insurance	68.2%
	Developmental Screening	34.8%
	Medical Home	46.0%
Behaviors*		
Nutrition and Physical Activity	Breastfed	24.9%
	Food Sufficiency	71.9%
	Physical Activity	20.5%
	Soda Consumption – Youth†	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	89.8%
	Teen Births	13.9
Sleep Health	Adequate Sleep	66.6%
	Sleep Position†	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	18.0%
	Tobacco Use	4.0%
Health Outcomes*		
Behavioral Health	Alcohol Use – Youth	9.2%
	Anxiety	9.2%
	Depression	4.2%
	Flourishing	66.6%
	Illicit Drug Use – Youth	8.4%
	Teen Suicide†	10.6
Mortality	Child Mortality	27.4
	Infant Mortality	5.5
	Neonatal Mortality†	3.6
Physical Health	Asthma	6.9%
	High Health Status†	90.2%
	Low Birth Weight	8.5%
	Low Birth Weight Racial Disparity	2.1
	Neonatal Abstinence Syndrome†	6.2
	Overweight or Obesity – Youth	33.5%

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Ranks are calculated for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

Summary

Strengths

- Low prevalence of excessive drinking among women
- Low prevalence of unemployment among women
- Low percentage of uninsured children

Challenges

- High infant mortality rate
- High mortality rate among women ages 20-44
- High percentage of children in poverty

Highlights

Teen Births

44% ▼

from 41.0 to 22.9 births per 1,000 females ages 15-19 between 2011 and 2021.

Cigarette Smoking

27% ▼

from 23.1% to 16.9% of women ages 18-44 between 2016-2017 and 2020-2021.

Injury Deaths

25% ▲

from 20.8 to 26.0 deaths per 100,000 children ages 1-19 between 2013-2015 and 2019-2021.

Women's Health Providers

12% ▼

from 31.2 to 27.5 per 100,000 females ages 15 and older between September 2021 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		44	-0.544	
Community and Family Safety	Firearm Deaths†	42	11.1	5.6
	Injury Deaths	37	61.0	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.5%	2.6%
Economic Resources	Concentrated Disadvantage	41	30.1%	25.9%
	Food Insecurity	44	13.1%	10.4%
	Gender Pay Gap†	46	75.5%	81.5%
	Poverty	46	20.6%	15.5%
	Unemployment	8	3.5%	5.2%
Education	College Graduate	43	29.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	2	8.1%	11.7%
	Residential Segregation – Black/White	12	58	—
	Voter Participation	47	53.5%	60.7%
Physical Environment*		41	-0.249	
Air and Water Quality	Air Pollution	28	7.8	7.8
	Drinking Water Violations	30	0.3%	0.8%
	Household Smoke	42	18.7%	13.8%
	Water Fluoridation	23	77.7%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	40	11.0	8.2
Housing and Transportation	Drive Alone to Work	49	79.5%	66.0%
	Housing Cost Burden (households with children)†	24	27.1%	31.2%
	Housing With Lead Risk	13	11.1%	16.9%
	Severe Housing Problems	13	13.2%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		44	-0.762	
Community and Family Safety	Child Victimization†	31	10.6	8.1
	Firearm Deaths†	42	9.5	5.3
	Injury Deaths	43	26.0	17.4
Economic Resources	Children in Poverty	46	22.2%	16.9%
	Children in Poverty Racial Disparity	31	3.6	3.0
	High-Speed Internet	48	92.9%	95.3%
	Students Experiencing Homelessness	12	1.3%	2.2%
	WIC Coverage	19	48.8%	48.3%
Education	Early Childhood Education	31	37.7%	40.2%
	Fourth Grade Reading Proficiency	41	28.3%	32.1%
	High School Completion	44	87.9%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	39	17.9%	14.0%
	Foster Care Instability	46	21.8%	15.2%
	Neighborhood Amenities	46	18.6%	35.5%
	Reading, Singing or Storytelling	38	55.0%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		45	-0.590	
Clinical Care*				
Access to Care	Adequate Prenatal Care	37	74.3%	74.7%
	Avoided Care Due to Cost	43	17.6%	14.6%
	Maternity Care Desert†	41	8.4	3.1
	Uninsured	44	15.9%	11.8%
	Women's Health Providers	50	27.5	46.0
Preventive Clinical Services	Cervical Cancer Screening	3	81.7%	77.1%
	Dental Visit	43	62.7%	65.5%
	Flu Vaccination	46	32.2%	38.9%
	Postpartum Visit†	—	92.2%	90.9%
	Well-Woman Visit	30	71.7%	70.5%
Quality of Care	Breastfeeding Initiation†	44	72.8%	83.7%
	Dedicated Health Care Provider	33	79.2%	79.2%
	Low-Risk Cesarean Delivery	47	29.7%	26.3%
	Maternity Practices Score	46	73	81
Behaviors*				
Nutrition and Physical Activity		48	-1.115	
Nutrition and Physical Activity	Exercise	46	16.9%	21.5%
	Fruit and Vegetable Consumption	47	5.7%	9.8%
	Physical Inactivity	47	25.5%	21.1%
Sexual Health	Chlamydia	40	1,884.7	1,563.1
	High-Risk HIV Behaviors	35	10.5%	9.6%
	Unintended Pregnancy†	—	37.3%	25.5%
Sleep Health	Insufficient Sleep	48	40.8%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	38	10.5%	8.8%
	Smoking	34	16.9%	12.1%
	Smoking During Pregnancy	28	6.1%	4.6%
Health Outcomes*				
Behavioral Health		46	-1.105	
Behavioral Health	Drug Deaths†	24	25.5	25.7
	Excessive Drinking	4	15.0%	18.8%
	Frequent Mental Distress	47	26.6%	21.0%
	Illicit Drug Use	40	12.3%	10.8%
	Postpartum Depression†	—	18.7%	12.7%
Mortality	Maternal Mortality†	45	41.9	22.4
	Mortality Rate	45	212.3	136.4
Physical Health	Depression†	28	31.9%	27.4%
	Frequent Physical Distress	35	8.3%	7.1%
	High Blood Pressure	44	16.2%	10.8%
	High Health Status†	44	55.3%	59.0%
	Multiple Chronic Conditions	39	5.6%	4.2%
	Obesity	49	41.6%	31.5%
	Severe Maternal Morbidity†	—	—	88.3
Overall — Women*		47	-0.739	

		State Rank	State Value	U.S. Value
Children		23	0.236	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	11	3.9%	2.8%
	Pediatricians	38	82.2	109.3
	Uninsured	17	4.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	26	70.5%	70.0%
	HPV Vaccination	25	62.5%	61.7%
	Preventive Dental Care	34	74.3%	75.1%
	Well-Child Visit	28	76.6%	76.7%
Quality of Care	Adequate Insurance	2	75.4%	68.2%
	Developmental Screening	36	32.2%	34.8%
	Medical Home	30	48.0%	46.0%
Behaviors*				
Nutrition and Physical Activity		48	-0.910	
Nutrition and Physical Activity	Breastfed	45	21.0%	24.9%
	Food Sufficiency	41	67.3%	71.9%
	Physical Activity	20	23.8%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	91.7%	89.8%
	Teen Births	46	22.9	13.9
Sleep Health	Adequate Sleep	49	55.0%	66.6%
	Sleep Position†	—	76.8%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	19	17.5%	18.0%
	Tobacco Use	35	5.3%	4.0%
Health Outcomes*				
Behavioral Health		38	-0.300	
Behavioral Health	Alcohol Use – Youth	7	8.2%	9.2%
	Anxiety	7	7.8%	9.2%
	Depression	2	2.6%	4.2%
	Flourishing	7	68.5%	66.6%
	Illicit Drug Use – Youth	10	7.0%	8.4%
	Teen Suicide†	15	10.6	10.6
	Mortality	Child Mortality	46	41.0
	Infant Mortality	48	7.4	5.5
	Neonatal Mortality†	31	4.0	3.6
Physical Health	Asthma	42	8.5%	6.9%
	High Health Status†	25	91.1%	90.2%
	Low Birth Weight	47	10.4%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	—	—	6.2
	Overweight or Obesity – Youth	43	37.0%	33.5%
Overall — Children*		44	-0.465	
Overall — Women and Children*		45	-0.624	

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† Additional measure.

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Summary

Strengths

- Low prevalence of frequent mental distress among women
- Low percentage of low birth weight infants
- Low percentage of women in poverty

Challenges

- High injury death rate among children
- High injury death rate among women
- Low childhood immunization rate

Highlights

Drug Deaths

76% ▲

from 19.1 to 33.7 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Cigarette Smoking During Pregnancy

43% ▼

from 13.3% to 7.6% of women with a live birth between 2014 and 2021.

Low-Risk Cesarean Delivery

19% ▲

from 16.7% to 19.9% of singleton, term, vertex, first births between 2018 and 2021.

Pediatricians

8% ▲

from 86.6 to 93.7 per 100,000 children ages 0-21 between September 2021 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		26	0.054	
Community and Family Safety	Firearm Deaths†	46	13.9	5.6
	Injury Deaths	49	88.0	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	18	17.6%	25.9%
	Food Insecurity	16	9.5%	10.4%
	Gender Pay Gap†	10	83.9%	81.5%
	Poverty	3	11.4%	15.5%
	Unemployment	45	6.1%	5.2%
Education	College Graduate	34	33.2%	36.8%
Social Support and Engagement	Infant Child Care Cost†	11	10.3%	11.7%
	Residential Segregation – Black/White	9	57	—
	Voter Participation	26	60.3%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		32	-0.156	
Community and Family Safety	Child Victimization†	45	15.2	8.1
	Firearm Deaths†	44	11.3	5.3
	Injury Deaths	50	32.9	17.4
Economic Resources	Children in Poverty	8	12.4%	16.9%
	Children in Poverty Racial Disparity	33	3.7	3.0
	High-Speed Internet	23	95.9%	95.3%
	Students Experiencing Homelessness	34	2.0%	2.2%
	WIC Coverage	26	46.3%	48.3%
Education	Early Childhood Education	33	37.2%	40.2%
	Fourth Grade Reading Proficiency	47	24.4%	32.1%
	High School Completion	8	93.3%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	33	16.9%	14.0%
	Foster Care Instability	42	20.4%	15.2%
	Neighborhood Amenities	36	28.2%	35.5%
	Reading, Singing or Storytelling	7	65.0%	57.2%
Physical Environment*		47	-0.471	
Air and Water Quality	Air Pollution	15	7.0	7.8
	Drinking Water Violations	47	4.8%	0.8%
	Household Smoke	31	15.8%	13.8%
	Water Fluoridation	44	42.1%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	50	25.9	8.2
Housing and Transportation	Drive Alone to Work	13	64.6%	66.0%
	Housing Cost Burden (households with children)†	25	27.6%	31.2%
	Housing With Lead Risk	3	7.1%	16.9%
	Severe Housing Problems	47	20.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		39	-0.196	
Clinical Care*				
Access to Care	Adequate Prenatal Care	48	66.6%	74.7%
	Avoided Care Due to Cost	24	13.6%	14.6%
	Maternity Care Desert†	36	6.8	3.1
	Uninsured	42	15.0%	11.8%
	Women's Health Providers	1	103.8	46.0
Preventive Clinical Services	Cervical Cancer Screening	50	67.9%	77.1%
	Dental Visit	37	64.5%	65.5%
	Flu Vaccination	34	37.7%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	48	63.9%	70.5%
Quality of Care	Breastfeeding Initiation†	4	90.8%	83.7%
	Dedicated Health Care Provider	43	74.7%	79.2%
	Low-Risk Cesarean Delivery	4	19.9%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*				
		26	-0.074	
Nutrition and Physical Activity	Exercise	41	18.3%	21.5%
	Fruit and Vegetable Consumption	12	10.8%	9.8%
	Physical Inactivity	18	19.4%	21.1%
Sexual Health	Chlamydia	48	2,465.4	1,563.1
	High-Risk HIV Behaviors	1	6.2%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	1	25.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	8	7.6%	8.8%
	Smoking	42	18.7%	12.1%
	Smoking During Pregnancy	34	7.6%	4.6%
Health Outcomes*				
		18	-0.027	
Behavioral Health	Drug Deaths†	35	33.7	25.7
	Excessive Drinking	31	19.7%	18.8%
	Frequent Mental Distress	4	17.4%	21.0%
	Illicit Drug Use	27	11.2%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	22	22.4	22.4
	Mortality Rate	47	221.7	136.4
Physical Health	Depression†	16	27.3%	27.4%
	Frequent Physical Distress	26	7.6%	7.1%
	High Blood Pressure	25	10.2%	10.8%
	High Health Status†	34	58.2%	59.0%
	Multiple Chronic Conditions	4	3.0%	4.2%
	Obesity	14	29.1%	31.5%
	Severe Maternal Morbidity†	26	83.6	88.3
Overall — Women*		33	-0.135	

		State Rank	State Value	U.S. Value
Children		45	-0.526	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	45	1.7%	2.8%
	Pediatricians	30	93.7	109.3
	Uninsured	45	7.9%	5.4%
Preventive Clinical Services	Childhood Immunizations	50	61.8%	70.0%
	HPV Vaccination	43	56.2%	61.7%
	Preventive Dental Care	30	75.2%	75.1%
	Well-Child Visit	38	74.4%	76.7%
Quality of Care	Adequate Insurance	32	67.0%	68.2%
	Developmental Screening	14	42.0%	34.8%
	Medical Home	36	46.7%	46.0%
Behaviors*				
		21	0.305	
Nutrition and Physical Activity	Breastfed	8	30.9%	24.9%
	Food Sufficiency	23	72.8%	71.9%
	Physical Activity	5	26.9%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	39	17.5	13.9
Sleep Health	Adequate Sleep	6	73.0%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	44	6.6%	4.0%
Health Outcomes*				
		18	0.043	
Behavioral Health	Alcohol Use – Youth	12	8.7%	9.2%
	Anxiety	6	7.7%	9.2%
	Depression	25	4.4%	4.2%
	Flourishing	22	66.9%	66.6%
	Illicit Drug Use – Youth	37	9.8%	8.4%
	Teen Suicide†	47	41.3	10.6
Mortality	Child Mortality	49	45.6	27.4
	Infant Mortality	16	5.0	5.5
	Neonatal Mortality†	10	3.0	3.6
Physical Health	Asthma	8	5.5%	6.9%
	High Health Status†	2	93.7%	90.2%
	Low Birth Weight	4	6.9%	8.5%
	Low Birth Weight Racial Disparity	43	2.2	2.1
	Neonatal Abstinence Syndrome†	43	13.4	6.2
	Overweight or Obesity – Youth	20	31.0%	33.5%
Overall — Children*		34	-0.138	
Overall — Women and Children*		32	-0.103	

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Summary

Strengths

- High voter participation among women
- Low percentage of low-risk cesarean deliveries
- Low prevalence of cigarette smoking among women

Challenges

- Low enrollment in early childhood education
- High percentage of uninsured children
- Low prevalence of women with a dedicated health care provider

Highlights

Drug Deaths

52% ▲

from 18.9 to 28.8 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Frequent Physical Distress

32% ▼

from 10.7% to 7.3% of women ages 18-44 between 2018-2019 and 2020-2021.

Injury Deaths

25% ▲

from 18.7 to 23.4 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Pediatricians

11% ▲

from 75.0 to 83.6 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		30	0.001	
Community and Family Safety	Firearm Deaths†	32	7.5	5.6
	Injury Deaths	33	57.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	45	33.8%	25.9%
	Food Insecurity	25	10.1%	10.4%
	Gender Pay Gap†	13	83.2%	81.5%
	Poverty	23	15.5%	15.5%
	Unemployment	39	5.6%	5.2%
Education	College Graduate	45	28.9%	36.8%
Social Support and Engagement	Infant Child Care Cost†	42	14.0%	11.7%
	Residential Segregation – Black/White	6	54	—
	Voter Participation	8	67.0%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	49	10.5	7.8
	Drinking Water Violations	34	0.5%	0.8%
	Household Smoke	10	11.3%	13.8%
	Water Fluoridation	38	57.7%	72.7%
Climate and Health	Climate Change Policies	26	2	—
	Transportation Energy Use†	20	7.8	8.2
Housing and Transportation	Drive Alone to Work	12	64.2%	66.0%
	Housing Cost Burden (households with children)†	32	29.9%	31.2%
	Housing With Lead Risk	2	6.6%	16.9%
	Severe Housing Problems	41	17.4%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		35	-0.268	
Community and Family Safety	Child Victimization†	—	—	8.1
	Firearm Deaths†	22	5.4	5.3
	Injury Deaths	38	23.4	17.4
Economic Resources	Children in Poverty	32	17.3%	16.9%
	Children in Poverty Racial Disparity	40	4.1	3.0
	High-Speed Internet	24	95.6%	95.3%
	Students Experiencing Homelessness	12	1.3%	2.2%
	WIC Coverage	14	51.1%	48.3%
Education	Early Childhood Education	46	31.2%	40.2%
	Fourth Grade Reading Proficiency	28	31.4%	32.1%
	High School Completion	37	89.0%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	31	16.3%	14.0%
	Foster Care Instability	18	12.9%	15.2%
	Neighborhood Amenities	33	31.3%	35.5%
	Reading, Singing or Storytelling	42	52.9%	57.2%
Physical Environment*		26	0.005	
Air and Water Quality	Air Pollution	49	10.5	7.8
	Drinking Water Violations	34	0.5%	0.8%
	Household Smoke	10	11.3%	13.8%
	Water Fluoridation	38	57.7%	72.7%
Climate and Health	Climate Change Policies	26	2	—
	Transportation Energy Use†	20	7.8	8.2
Housing and Transportation	Drive Alone to Work	12	64.2%	66.0%
	Housing Cost Burden (households with children)†	32	29.9%	31.2%
	Housing With Lead Risk	2	6.6%	16.9%
	Severe Housing Problems	41	17.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		46	-0.618	
Clinical Care*				
Access to Care	Adequate Prenatal Care	43	71.5%	74.7%
	Avoided Care Due to Cost	37	16.0%	14.6%
	Maternity Care Desert†	9	0.1	3.1
	Uninsured	37	13.6%	11.8%
	Women's Health Providers	33	40.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	42	73.6%	77.1%
	Dental Visit	46	60.6%	65.5%
	Flu Vaccination	43	33.3%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	43	66.0%	70.5%
Quality of Care	Breastfeeding Initiation†	22	85.3%	83.7%
	Dedicated Health Care Provider	46	72.6%	79.2%
	Low-Risk Cesarean Delivery	13	23.2%	26.3%
	Maternity Practices Score	38	77	81
Behaviors*				
Nutrition and Physical Activity		20	0.019	
Nutrition and Physical Activity	Exercise	4	25.6%	21.5%
	Fruit and Vegetable Consumption	28	8.8%	9.8%
	Physical Inactivity	28	20.7%	21.1%
Sexual Health	Chlamydia	39	1,825.1	1,563.1
	High-Risk HIV Behaviors	42	11.1%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	32	34.7%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	47	12.8%	8.8%
	Smoking	9	9.7%	12.1%
	Smoking During Pregnancy	10	3.3%	4.6%
Health Outcomes*				
Behavioral Health		23	-0.101	
Behavioral Health	Drug Deaths†	28	28.8	25.7
	Excessive Drinking	12	17.0%	18.8%
	Frequent Mental Distress	26	22.3%	21.0%
	Illicit Drug Use	42	12.8%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	35	30.0	22.4
	Mortality Rate	35	164.8	136.4
Physical Health	Depression†	8	24.2%	27.4%
	Frequent Physical Distress	21	7.3%	7.1%
	High Blood Pressure	19	9.7%	10.8%
	High Health Status†	40	56.9%	59.0%
	Multiple Chronic Conditions	13	3.7%	4.2%
	Obesity	26	32.0%	31.5%
	Severe Maternal Morbidity†	22	81.4	88.3
Overall — Women*		31	-0.111	

		State Rank	State Value	U.S. Value
Children		48	-0.724	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	36	2.4%	2.8%
	Pediatricians	34	83.6	109.3
	Uninsured	47	8.5%	5.4%
Preventive Clinical Services	Childhood Immunizations	18	72.8%	70.0%
	HPV Vaccination	30	61.7%	61.7%
	Preventive Dental Care	31	75.0%	75.1%
	Well-Child Visit	45	72.0%	76.7%
Quality of Care	Adequate Insurance	45	63.3%	68.2%
	Developmental Screening	50	18.9%	34.8%
	Medical Home	47	39.8%	46.0%
Behaviors*				
Nutrition and Physical Activity		34	-0.212	
Nutrition and Physical Activity	Breastfed	33	24.0%	24.9%
	Food Sufficiency	40	67.5%	71.9%
	Physical Activity	48	16.8%	20.5%
	Soda Consumption – Youth†	—	8.0%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	91.3%	89.8%
	Teen Births	29	15.1	13.9
Sleep Health	Adequate Sleep	18	68.4%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	17	17.2%	18.0%
	Tobacco Use	4	2.9%	4.0%
Health Outcomes*				
Behavioral Health		16	0.112	
Behavioral Health	Alcohol Use – Youth	4	7.9%	9.2%
	Anxiety	17	9.1%	9.2%
	Depression	30	4.7%	4.2%
	Flourishing	38	65.1%	66.6%
	Illicit Drug Use – Youth	18	7.7%	8.4%
	Teen Suicide†	29	13.0	10.6
	Mortality	Child Mortality	37	34.3
Infant Mortality		19	5.3	5.5
Neonatal Mortality†		19	3.3	3.6
Physical Health	Asthma	23	6.6%	6.9%
	High Health Status†	36	90.0%	90.2%
	Low Birth Weight	20	7.9%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	38	10.3	6.2
	Overweight or Obesity – Youth	18	30.7%	33.5%
Overall — Children*		35	-0.179	
Overall — Women and Children*		34	-0.163	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of unemployment among women
- High prevalence of well-woman visits
- High prevalence of fruit and vegetable consumption among women

Challenges

- High prevalence of multiple chronic conditions among women
- High household food insecurity
- High teen birth rate

Highlights

Early Childhood Education Enrollment

30% ▼

from 48.3% to 33.7% of children ages 3-4 between 2019 and 2021.

Mortality

22% ▲

from 169.3 to 206.3 deaths per 100,000 women ages 20-44 between 2020 and 2021.

High Health Status

15% ▲

from 49.3% to 56.7% of women ages 18-44 between 2018-2019 and 2020-2021.

Infant Mortality

12% ▼

from 8.2 to 7.2 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		49	-0.937	
Community and Family Safety	Firearm Deaths†	44	11.3	5.6
	Injury Deaths	38	62.3	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.9%	2.6%
Economic Resources	Concentrated Disadvantage	34	27.3%	25.9%
	Food Insecurity	49	15.0%	10.4%
	Gender Pay Gap†	12	83.3%	81.5%
	Poverty	45	20.5%	15.5%
	Unemployment	17	3.9%	5.2%
Education	College Graduate	47	27.0%	36.8%
Social Support and Engagement	Infant Child Care Cost†	8	9.2%	11.7%
	Residential Segregation – Black/White	25	65	—
	Voter Participation	49	50.1%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		49	-1.053	
Community and Family Safety	Child Victimization†	40	13.7	8.1
	Firearm Deaths†	39	8.7	5.3
	Injury Deaths	41	25.5	17.4
Economic Resources	Children in Poverty	47	22.4%	16.9%
	Children in Poverty Racial Disparity	8	2.7	3.0
	High-Speed Internet	47	93.5%	95.3%
	Students Experiencing Homelessness	38	2.4%	2.2%
	WIC Coverage	50	33.5%	48.3%
Education	Early Childhood Education	42	33.7%	40.2%
	Fourth Grade Reading Proficiency	38	29.7%	32.1%
	High School Completion	40	88.7%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	43	18.7%	14.0%
	Foster Care Instability	48	23.8%	15.2%
	Neighborhood Amenities	42	21.3%	35.5%
	Reading, Singing or Storytelling	50	46.4%	57.2%
Physical Environment*		37	-0.168	
Air and Water Quality	Air Pollution	37	8.3	7.8
	Drinking Water Violations	24	0.2%	0.8%
	Household Smoke	43	19.5%	13.8%
	Water Fluoridation	19	85.8%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	34	9.5	8.2
Housing and Transportation	Drive Alone to Work	47	78.3%	66.0%
	Housing Cost Burden (households with children)†	18	26.0%	31.2%
	Housing With Lead Risk	9	10.1%	16.9%
	Severe Housing Problems	19	13.8%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		43	-0.466	
Access to Care	Adequate Prenatal Care	42	71.9%	74.7%
	Avoided Care Due to Cost	42	17.4%	14.6%
	Maternity Care Desert†	45	13.8	3.1
	Uninsured	33	12.5%	11.8%
	Women's Health Providers	49	29.8	46.0
Preventive Clinical Services	Cervical Cancer Screening	26	77.3%	77.1%
	Dental Visit	45	60.8%	65.5%
	Flu Vaccination	35	37.5%	38.9%
	Postpartum Visit†	—	87.1%	90.9%
	Well-Woman Visit	14	74.4%	70.5%
Quality of Care	Breastfeeding Initiation†	45	72.3%	83.7%
	Dedicated Health Care Provider	36	78.9%	79.2%
	Low-Risk Cesarean Delivery	38	28.0%	26.3%
	Maternity Practices Score	41	76	81
Behaviors*		49	-1.164	
Nutrition and Physical Activity	Exercise	43	17.7%	21.5%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	48	25.6%	21.1%
Sexual Health	Chlamydia	45	2,133.1	1,563.1
	High-Risk HIV Behaviors	37	10.6%	9.6%
	Unintended Pregnancy†	—	32.3%	25.5%
Sleep Health	Insufficient Sleep	49	40.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	31	10.0%	8.8%
	Smoking	48	21.5%	12.1%
	Smoking During Pregnancy	44	9.5%	4.6%
Health Outcomes*		50	-1.437	
Behavioral Health	Drug Deaths†	19	21.2	25.7
	Excessive Drinking	18	18.0%	18.8%
	Frequent Mental Distress	50	28.7%	21.0%
	Illicit Drug Use	34	11.5%	10.8%
	Postpartum Depression†	—	19.7%	12.7%
Mortality	Maternal Mortality†	44	40.6	22.4
	Mortality Rate	42	206.3	136.4
Physical Health	Depression†	46	36.7%	27.4%
	Frequent Physical Distress	46	9.7%	7.1%
	High Blood Pressure	45	17.0%	10.8%
	High Health Status†	41	56.7%	59.0%
	Multiple Chronic Conditions	48	6.8%	4.2%
	Obesity	48	40.7%	31.5%
	Severe Maternal Morbidity†	8	67.8	88.3
Overall — Women*		50	-0.868	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		44	-0.468	
Access to Care	ADD/ADHD Treatment	9	4.0%	2.8%
	Pediatricians	40	78.0	109.3
	Uninsured	33	5.8%	5.4%
Preventive Clinical Services	Childhood Immunizations	47	64.9%	70.0%
	HPV Vaccination	38	56.8%	61.7%
	Preventive Dental Care	38	73.8%	75.1%
	Well-Child Visit	46	71.6%	76.7%
Quality of Care	Adequate Insurance	24	68.8%	68.2%
	Developmental Screening	42	28.4%	34.8%
	Medical Home	40	45.6%	46.0%
Behaviors*		46	-0.865	
Nutrition and Physical Activity	Breastfed	32	24.4%	24.9%
	Food Sufficiency	49	62.5%	71.9%
	Physical Activity	18	24.1%	20.5%
	Soda Consumption – Youth†	—	15.0%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	87.2%	89.8%
	Teen Births	50	26.5	13.9
Sleep Health	Adequate Sleep	45	61.0%	66.6%
	Sleep Position†	—	77.8%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	32	19.6%	18.0%
	Tobacco Use	38	5.5%	4.0%
Health Outcomes*		49	-0.706	
Behavioral Health	Alcohol Use – Youth	10	8.4%	9.2%
	Anxiety	34	10.9%	9.2%
	Depression	36	5.3%	4.2%
	Flourishing	48	63.4%	66.6%
	Illicit Drug Use – Youth	4	6.5%	8.4%
	Teen Suicide†	32	13.3	10.6
Mortality	Child Mortality	44	38.1	27.4
	Infant Mortality	47	7.2	5.5
	Neonatal Mortality†	45	4.5	3.6
Physical Health	Asthma	42	8.5%	6.9%
	High Health Status†	34	90.2%	90.2%
	Low Birth Weight	42	9.5%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	10	3.1	6.2
	Overweight or Obesity – Youth	44	37.1%	33.5%
Overall — Children*		48	-0.722	
Overall — Women and Children*		49	-0.851	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low infant mortality rate
- High WIC coverage among eligible children ages 0-4
- Low prevalence of cigarette smoking among women

Challenges

- Low prevalence of high school completion
- High prevalence of unemployment among women
- Low childhood immunization rate

Highlights

Drug Deaths

74% ▲

from 7.7 to 13.4 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Teen Births

66% ▼

from 28.7 to 9.9 births per 1,000 females ages 15-19 between 2011 and 2021.

Injury Deaths

21% ▲

from 10.8 to 13.1 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Uninsured

11% ▼

from 10.0% to 8.9% of women ages 19-44 between 2019 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		34	-0.129	
Community and Family Safety	Firearm Deaths†	5	2.6	5.6
	Injury Deaths	2	30.4	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	42	31.2%	25.9%
	Food Insecurity	18	9.6%	10.4%
	Gender Pay Gap†	3	87.3%	81.5%
	Poverty	13	14.1%	15.5%
	Unemployment	49	7.3%	5.2%
Education	College Graduate	27	35.3%	36.8%
Social Support and Engagement	Infant Child Care Cost†	—	—	11.7%
	Residential Segregation – Black/White	20	63	—
	Voter Participation	29	59.7%	60.7%
Physical Environment*		34	-0.153	
Air and Water Quality	Air Pollution	50	12.8	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	4	9.2%	13.8%
	Water Fluoridation	39	57.5%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	10	7.1	8.2
Housing and Transportation	Drive Alone to Work	8	61.0%	66.0%
	Housing Cost Burden (households with children)†	50	41.7%	31.2%
	Housing With Lead Risk	27	17.0%	16.9%
	Severe Housing Problems	49	25.9%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		24	0.091	
Community and Family Safety	Child Victimization†	19	6.3	8.1
	Firearm Deaths†	5	2.9	5.3
	Injury Deaths	8	13.1	17.4
Economic Resources	Children in Poverty	26	15.8%	16.9%
	Children in Poverty Racial Disparity	25	3.3	3.0
	High-Speed Internet	10	96.7%	95.3%
	Students Experiencing Homelessness	49	3.8%	2.2%
	WIC Coverage	1	64.3%	48.3%
Education	Early Childhood Education	36	37.0%	40.2%
	Fourth Grade Reading Proficiency	30	31.0%	32.1%
	High School Completion	50	84.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	6	12.0%	14.0%
	Foster Care Instability	17	12.4%	15.2%
	Neighborhood Amenities	5	49.0%	35.5%
	Reading, Singing or Storytelling	35	55.5%	57.2%
Physical Environment*		34	-0.153	
Air and Water Quality	Air Pollution	50	12.8	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	4	9.2%	13.8%
	Water Fluoridation	39	57.5%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	10	7.1	8.2
Housing and Transportation	Drive Alone to Work	8	61.0%	66.0%
	Housing Cost Burden (households with children)†	50	41.7%	31.2%
	Housing With Lead Risk	27	17.0%	16.9%
	Severe Housing Problems	49	25.9%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		35	0.020	
Clinical Care*				
Access to Care	Adequate Prenatal Care	38	74.2%	74.7%
	Avoided Care Due to Cost	25	13.8%	14.6%
	Maternity Care Desert†	9	0.1	3.1
	Uninsured	22	8.9%	11.8%
	Women's Health Providers	30	42.4	46.0
Preventive Clinical Services	Cervical Cancer Screening	14	78.9%	77.1%
	Dental Visit	44	61.4%	65.5%
	Flu Vaccination	36	37.4%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	49	62.4%	70.5%
Quality of Care	Breastfeeding Initiation†	—	—	83.7%
	Dedicated Health Care Provider	40	77.1%	79.2%
	Low-Risk Cesarean Delivery	22	24.7%	26.3%
	Maternity Practices Score	5	87	81
Behaviors*				
Nutrition and Physical Activity		5	0.568	
Nutrition and Physical Activity	Exercise	31	20.9%	21.5%
	Fruit and Vegetable Consumption	9	11.4%	9.8%
	Physical Inactivity	23	20.3%	21.1%
Sexual Health	Chlamydia	18	1,391.6	1,563.1
	High-Risk HIV Behaviors	26	9.7%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	8	29.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	1	5.8%	8.8%
	Smoking	1	5.9%	12.1%
	Smoking During Pregnancy	1	0.8%	4.6%
Health Outcomes*				
Behavioral Health		6	0.507	
Behavioral Health	Drug Deaths†	5	13.4	25.7
	Excessive Drinking	14	17.8%	18.8%
	Frequent Mental Distress	9	18.4%	21.0%
	Illicit Drug Use	32	11.4%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	1	9.5	22.4
	Mortality Rate	4	98.4	136.4
Physical Health	Depression†	2	19.6%	27.4%
	Frequent Physical Distress	15	6.8%	7.1%
	High Blood Pressure	12	9.1%	10.8%
	High Health Status†	48	54.3%	59.0%
	Multiple Chronic Conditions	8	3.4%	4.2%
	Obesity	9	27.5%	31.5%
	Severe Maternal Morbidity†	46	105.5	88.3
Overall — Women*		18	0.179	

		State Rank	State Value	U.S. Value
Children		38	-0.192	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	48	1.3%	2.8%
	Pediatricians	18	107.3	109.3
	Uninsured	14	3.5%	5.4%
Preventive Clinical Services	Childhood Immunizations	42	67.7%	70.0%
	HPV Vaccination	9	69.0%	61.7%
	Preventive Dental Care	34	74.3%	75.1%
	Well-Child Visit	49	68.7%	76.7%
Quality of Care	Adequate Insurance	16	71.1%	68.2%
	Developmental Screening	31	34.4%	34.8%
	Medical Home	45	41.3%	46.0%
Behaviors*				
Nutrition and Physical Activity		13	0.548	
Nutrition and Physical Activity	Breastfed	20	27.3%	24.9%
	Food Sufficiency	10	75.6%	71.9%
	Physical Activity	46	17.3%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	12	9.9	13.9
Sleep Health	Adequate Sleep	7	72.9%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	2	2.6%	4.0%
Health Outcomes*				
Behavioral Health		7	0.415	
Behavioral Health	Alcohol Use – Youth	13	8.9%	9.2%
	Anxiety	4	7.3%	9.2%
	Depression	22	4.3%	4.2%
	Flourishing	14	67.5%	66.6%
	Illicit Drug Use – Youth	41	10.4%	8.4%
	Teen Suicide†	4	6.5	10.6
	Mortality	Child Mortality	8	21.3
Infant Mortality		4	4.1	5.5
Neonatal Mortality†		3	2.8	3.6
Physical Health	Asthma	4	5.3%	6.9%
	High Health Status†	45	88.5%	90.2%
	Low Birth Weight	11	7.3%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	5	2.5	6.2
	Overweight or Obesity – Youth	38	34.8%	33.5%
Overall — Children*		19	0.161	
Overall — Women and Children*		17	0.202	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low percentage of children in poverty
- Low percentage of low-risk cesarean deliveries
- Low prevalence of physical inactivity among women

Challenges

- High injury death rate among children
- High percentage of low birth weight infants
- Low percentage of women receiving early and adequate prenatal care

Highlights

Frequent Mental Distress

38% ▲

from 16.0% to 22.1% of women ages 18-44 between 2018-2019 and 2020-2021.

Cigarette Smoking

23% ▼

from 14.7% to 11.3% of women ages 18-44 between 2016-2017 and 2020-2021.

Teen Births

18% ▼

from 13.9 to 11.4 births per 1,000 females ages 15-19 between 2019 and 2021.

Child Mortality

15% ▲

from 26.0 to 29.8 deaths per 100,000 children ages 1-19 between 2015-2017 and 2019-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		8	0.619	
Community and Family Safety	Firearm Deaths†	29	6.7	5.6
	Injury Deaths	23	49.6	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.7%	2.6%
Economic Resources	Concentrated Disadvantage	12	13.2%	25.9%
	Food Insecurity	31	10.5%	10.4%
	Gender Pay Gap†	14	83.0%	81.5%
	Poverty	5	11.9%	15.5%
	Unemployment	29	4.8%	5.2%
Education	College Graduate	2	45.6%	36.8%
Social Support and Engagement	Infant Child Care Cost†	47	16.4%	11.7%
	Residential Segregation – Black/White	30	66	—
	Voter Participation	10	66.9%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	19	7.3	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	13	12.1%	13.8%
	Water Fluoridation	27	75.2%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	14	7.3	8.2
Housing and Transportation	Drive Alone to Work	9	61.9%	66.0%
	Housing Cost Burden (households with children)†	37	31.8%	31.2%
	Housing With Lead Risk	15	11.6%	16.9%
	Severe Housing Problems	33	16.0%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		6	0.654	
Community and Family Safety	Child Victimization†	27	9.0	8.1
	Firearm Deaths†	25	5.9	5.3
	Injury Deaths	33	20.9	17.4
Economic Resources	Children in Poverty	6	11.8%	16.9%
	Children in Poverty Racial Disparity	25	3.3	3.0
	High-Speed Internet	8	96.8%	95.3%
	Students Experiencing Homelessness	24	1.7%	2.2%
	WIC Coverage	30	44.8%	48.3%
Education	Early Childhood Education	6	46.5%	40.2%
	Fourth Grade Reading Proficiency	5	37.6%	32.1%
	High School Completion	14	92.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	27	15.7%	14.0%
	Foster Care Instability	11	11.3%	15.2%
	Neighborhood Amenities	1	53.4%	35.5%
	Reading, Singing or Storytelling	5	65.7%	57.2%
Physical Environment*		3	0.433	
Air and Water Quality	Air Pollution	19	7.3	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	13	12.1%	13.8%
	Water Fluoridation	27	75.2%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	14	7.3	8.2
Housing and Transportation	Drive Alone to Work	9	61.9%	66.0%
	Housing Cost Burden (households with children)†	37	31.8%	31.2%
	Housing With Lead Risk	15	11.6%	16.9%
	Severe Housing Problems	33	16.0%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		21	0.366	
Clinical Care*				
Access to Care	Adequate Prenatal Care	46	70.4%	74.7%
	Avoided Care Due to Cost	28	13.9%	14.6%
	Maternity Care Desert†	20	1.7	3.1
	Uninsured	28	10.3%	11.8%
	Women's Health Providers	6	62.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	36	75.6%	77.1%
	Dental Visit	30	66.1%	65.5%
	Flu Vaccination	10	45.9%	38.9%
	Postpartum Visit†	—	92.2%	90.9%
	Well-Woman Visit	40	67.2%	70.5%
Quality of Care	Breastfeeding Initiation†	3	92.2%	83.7%
	Dedicated Health Care Provider	27	80.4%	79.2%
	Low-Risk Cesarean Delivery	8	22.3%	26.3%
	Maternity Practices Score	9	86	81
Behaviors*				
Nutrition and Physical Activity	Exercise	5	25.2%	21.5%
	Fruit and Vegetable Consumption	10	11.3%	9.8%
	Physical Inactivity	4	15.7%	21.1%
Sexual Health	Chlamydia	15	1,355.2	1,563.1
	High-Risk HIV Behaviors	20	9.2%	9.6%
	Unintended Pregnancy†	—	22.6%	25.5%
Sleep Health	Insufficient Sleep	9	29.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	26	9.5%	8.8%
	Smoking	16	11.3%	12.1%
	Smoking During Pregnancy	15	3.7%	4.6%
Health Outcomes*				
Behavioral Health	Drug Deaths†	23	24.0	25.7
	Excessive Drinking	45	23.3%	18.8%
	Frequent Mental Distress	24	22.1%	21.0%
	Illicit Drug Use	50	17.7%	10.8%
	Postpartum Depression†	—	11.4%	12.7%
Mortality	Maternal Mortality†	7	15.9	22.4
	Mortality Rate	20	125.9	136.4
Physical Health	Depression†	25	30.1%	27.4%
	Frequent Physical Distress	18	7.2%	7.1%
	High Blood Pressure	2	7.3%	10.8%
	High Health Status†	13	62.8%	59.0%
	Multiple Chronic Conditions	23	4.3%	4.2%
	Obesity	2	23.2%	31.5%
	Severe Maternal Morbidity†	45	103.1	88.3
Overall — Women*		9	0.408	

		State Rank	State Value	U.S. Value
Children		15	0.484	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	36	2.4%	2.8%
	Pediatricians	16	114.1	109.3
	Uninsured	26	4.6%	5.4%
Preventive Clinical Services	Childhood Immunizations	33	68.9%	70.0%
	HPV Vaccination	8	69.2%	61.7%
	Preventive Dental Care	4	82.0%	75.1%
	Well-Child Visit	9	81.4%	76.7%
Quality of Care	Adequate Insurance	40	64.8%	68.2%
	Developmental Screening	21	39.6%	34.8%
	Medical Home	12	51.7%	46.0%
Behaviors*				
Nutrition and Physical Activity	Breastfed	5	32.1%	24.9%
	Food Sufficiency	8	76.1%	71.9%
	Physical Activity	27	22.5%	20.5%
	Soda Consumption – Youth†	—	7.3%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	81.7%	89.8%
	Teen Births	17	11.4	13.9
Sleep Health	Adequate Sleep	7	72.9%	66.6%
	Sleep Position†	—	89.3%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	25	18.5%	18.0%
	Tobacco Use	23	4.1%	4.0%
Health Outcomes*				
Behavioral Health	Alcohol Use – Youth	41	10.7%	9.2%
	Anxiety	28	10.5%	9.2%
	Depression	25	4.4%	4.2%
	Flourishing	46	63.9%	66.6%
	Illicit Drug Use – Youth	46	11.6%	8.4%
	Teen Suicide†	43	21.8	10.6
	Mortality	Child Mortality	30	29.8
Infant Mortality		13	4.8	5.5
Neonatal Mortality†		18	3.2	3.6
Physical Health	Asthma	30	6.9%	6.9%
	High Health Status†	5	93.2%	90.2%
	Low Birth Weight	42	9.5%	8.5%
	Low Birth Weight Racial Disparity	9	1.7	2.1
	Neonatal Abstinence Syndrome†	18	5.6	6.2
	Overweight or Obesity – Youth	2	24.4%	33.5%
Overall — Children*		8	0.417	
Overall — Women and Children*		9	0.411	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- High enrollment in early childhood education
- High percentage of women receiving early and adequate prenatal care
- High childhood immunization rate

Challenges

- High prevalence of unemployment among women
- Low WIC coverage among eligible children ages 0-4
- High percentage of low-risk cesarean deliveries

Highlights

Teen Births

56% ▼

from 16.1 to 7.1 births per 1,000 females ages 15-19 between 2011 and 2021.

Cigarette Smoking During Pregnancy

51% ▼

from 4.9% to 2.4% of women with a live birth between 2016 and 2021.

Depression

36% ▲

from 20.9% to 28.4% of women ages 18-44 between 2018-2019 and 2020-2021.

Fourth Grade Reading Proficiency

14% ▼

from 40.1% to 34.6% of public school fourth grade students between 2019 and 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		19	0.218	
Community and Family Safety	Firearm Deaths†	4	1.8	5.6
	Injury Deaths	15	44.0	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.0%	2.6%
Economic Resources	Concentrated Disadvantage	28	22.8%	25.9%
	Food Insecurity	18	9.6%	10.4%
	Gender Pay Gap†	15	82.6%	81.5%
	Poverty	9	12.5%	15.5%
	Unemployment	46	6.2%	5.2%
Education	College Graduate	4	44.8%	36.8%
Social Support and Engagement	Infant Child Care Cost†	26	11.8%	11.7%
	Residential Segregation – Black/White	32	67	—
	Voter Participation	32	59.2%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	8	6.1	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	8	10.9%	13.8%
	Water Fluoridation	13	90.4%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	4	6.0	8.2
Housing and Transportation	Drive Alone to Work	18	66.1%	66.0%
	Housing Cost Burden (households with children)†	43	33.3%	31.2%
	Housing With Lead Risk	45	25.2%	16.9%
	Severe Housing Problems	42	17.5%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		7	0.631	
Community and Family Safety	Child Victimization†	24	7.6	8.1
	Firearm Deaths†	4	2.1	5.3
	Injury Deaths	7	10.6	17.4
Economic Resources	Children in Poverty	12	12.7%	16.9%
	Children in Poverty Racial Disparity	46	5.5	3.0
	High-Speed Internet	6	97.1%	95.3%
	Students Experiencing Homelessness	1	0.7%	2.2%
	WIC Coverage	31	44.7%	48.3%
Education	Early Childhood Education	1	55.5%	40.2%
	Fourth Grade Reading Proficiency	9	34.6%	32.1%
	High School Completion	26	91.1%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	6	12.0%	14.0%
	Foster Care Instability	20	14.1%	15.2%
	Neighborhood Amenities	11	41.9%	35.5%
	Reading, Singing or Storytelling	12	62.8%	57.2%
Physical Environment*		8	0.340	
Air and Water Quality	Air Pollution	8	6.1	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	8	10.9%	13.8%
	Water Fluoridation	13	90.4%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	4	6.0	8.2
Housing and Transportation	Drive Alone to Work	18	66.1%	66.0%
	Housing Cost Burden (households with children)†	43	33.3%	31.2%
	Housing With Lead Risk	45	25.2%	16.9%
	Severe Housing Problems	42	17.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		2	1.099	
Clinical Care*				
Access to Care	Adequate Prenatal Care	5	84.8%	74.7%
	Avoided Care Due to Cost	10	11.0%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	12	7.1%	11.8%
	Women's Health Providers	7	62.5	46.0
Preventive Clinical Services	Cervical Cancer Screening	5	81.3%	77.1%
	Dental Visit	3	74.0%	65.5%
	Flu Vaccination	8	47.0%	38.9%
	Postpartum Visit†	—	94.9%	90.9%
	Well-Woman Visit	8	75.6%	70.5%
Quality of Care	Breastfeeding Initiation†	8	90.2%	83.7%
	Dedicated Health Care Provider	14	83.7%	79.2%
	Low-Risk Cesarean Delivery	43	28.9%	26.3%
	Maternity Practices Score	5	87	81
Behaviors*				
Nutrition and Physical Activity		16	0.180	
	Exercise	7	24.9%	21.5%
	Fruit and Vegetable Consumption	8	11.8%	9.8%
	Physical Inactivity	35	22.1%	21.1%
Sexual Health	Chlamydia	19	1,392.8	1,563.1
	High-Risk HIV Behaviors	44	11.2%	9.6%
	Unintended Pregnancy†	—	18.9%	25.5%
Sleep Health	Insufficient Sleep	31	34.6%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	5	6.9%	8.8%
	Smoking	10	9.9%	12.1%
	Smoking During Pregnancy	6	2.4%	4.6%
Health Outcomes*				
Behavioral Health		13	0.236	
	Drug Deaths†	31	30.9	25.7
	Excessive Drinking	29	19.2%	18.8%
	Frequent Mental Distress	12	19.6%	21.0%
	Illicit Drug Use	27	11.2%	10.8%
	Postpartum Depression†	—	11.9%	12.7%
Mortality	Maternal Mortality†	8	16.7	22.4
	Mortality Rate	9	102.2	136.4
Physical Health	Depression†	19	28.4%	27.4%
	Frequent Physical Distress	18	7.2%	7.1%
	High Blood Pressure	27	10.7%	10.8%
	High Health Status†	11	63.1%	59.0%
	Multiple Chronic Conditions	11	3.6%	4.2%
	Obesity	20	30.0%	31.5%
	Severe Maternal Morbidity†	29	86.0	88.3
Overall — Women*		12	0.373	

		State Rank	State Value	U.S. Value
Children		5	0.934	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	42	1.9%	2.8%
	Pediatricians	5	152.7	109.3
	Uninsured	3	2.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	1	81.2%	70.0%
	HPV Vaccination	16	66.4%	61.7%
	Preventive Dental Care	7	81.2%	75.1%
	Well-Child Visit	6	82.1%	76.7%
Quality of Care	Adequate Insurance	33	66.9%	68.2%
	Developmental Screening	25	36.8%	34.8%
	Medical Home	19	49.9%	46.0%
Behaviors*				
Nutrition and Physical Activity		12	0.562	
	Breastfed	24	26.3%	24.9%
	Food Sufficiency	18	73.8%	71.9%
	Physical Activity	29	21.9%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	91.4%	89.8%
	Teen Births	4	7.1	13.9
Sleep Health	Adequate Sleep	18	68.4%	66.6%
	Sleep Position†	—	80.8%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	2	10.6%	18.0%
	Tobacco Use	5	3.0%	4.0%
Health Outcomes*				
Behavioral Health		20	0.027	
	Alcohol Use – Youth	47	11.2%	9.2%
	Anxiety	24	10.1%	9.2%
	Depression	16	3.8%	4.2%
	Flourishing	14	67.5%	66.6%
	Illicit Drug Use – Youth	35	8.8%	8.4%
	Teen Suicide†	5	7.0	10.6
	Mortality	Child Mortality	5	18.3
Infant Mortality		8	4.4	5.5
Neonatal Mortality†		10	3.0	3.6
Physical Health	Asthma	47	9.6%	6.9%
	High Health Status†	29	90.7%	90.2%
	Low Birth Weight	22	8.1%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	33	8.8	6.2
	Overweight or Obesity – Youth	35	34.1%	33.5%
Overall — Children*		7	0.464	
Overall — Women and Children*		8	0.431	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of multiple chronic conditions among women
- Low prevalence of excessive drinking among women
- High hospital maternity practices (mPINC) score

Challenges

- High injury death rate among women
- Low WIC coverage among eligible children ages 0-4
- High prevalence of physical inactivity among women

Highlights

Injury Deaths

42% ▲

from 55.8 to 79.0 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Cigarette Smoking

31% ▼

from 17.8% to 12.2% of women ages 18-44 between 2018-2019 and 2020-2021.

Early Childhood Education Enrollment

19% ▼

from 54.1% to 43.9% of children ages 3-4 between 2019 and 2021.

Infant Mortality

18% ▼

from 7.1 to 5.8 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		27	0.039	
Community and Family Safety	Firearm Deaths†	18	5.5	5.6
	Injury Deaths	46	79.0	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.7%	2.6%
Economic Resources	Concentrated Disadvantage	25	21.7%	25.9%
	Food Insecurity	35	11.2%	10.4%
	Gender Pay Gap†	8	84.9%	81.5%
	Poverty	29	16.0%	15.5%
	Unemployment	38	5.5%	5.2%
Education	College Graduate	29	34.2%	36.8%
Social Support and Engagement	Infant Child Care Cost†	35	12.4%	11.7%
	Residential Segregation – Black/White	1	46	—
	Voter Participation	19	62.6%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		33	-0.184	
Community and Family Safety	Child Victimization†	17	5.4	8.1
	Firearm Deaths†	27	6.5	5.3
	Injury Deaths	28	18.9	17.4
Economic Resources	Children in Poverty	30	16.8%	16.9%
	Children in Poverty Racial Disparity	25	3.3	3.0
	High-Speed Internet	18	96.0%	95.3%
	Students Experiencing Homelessness	32	1.9%	2.2%
	WIC Coverage	37	40.4%	48.3%
Education	Early Childhood Education	10	43.9%	40.2%
	Fourth Grade Reading Proficiency	46	25.3%	32.1%
	High School Completion	23	91.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	18	14.0%	14.0%
	Foster Care Instability	29	16.1%	15.2%
	Neighborhood Amenities	37	27.4%	35.5%
	Reading, Singing or Storytelling	40	53.5%	57.2%
Physical Environment*		9	0.314	
Air and Water Quality	Air Pollution	39	8.4	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	14	12.5%	13.8%
	Water Fluoridation	26	76.0%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	23	7.9	8.2
Housing and Transportation	Drive Alone to Work	25	68.9%	66.0%
	Housing Cost Burden (households with children)†	39	32.1%	31.2%
	Housing With Lead Risk	20	13.4%	16.9%
	Severe Housing Problems	27	14.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		15	0.474	
Access to Care	Adequate Prenatal Care	24	78.0%	74.7%
	Avoided Care Due to Cost	9	10.9%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	12	7.1%	11.8%
	Women's Health Providers	24	46.1	46.0
Preventive Clinical Services	Cervical Cancer Screening	35	75.7%	77.1%
	Dental Visit	35	65.3%	65.5%
	Flu Vaccination	28	38.4%	38.9%
	Postpartum Visit†	—	87.7%	90.9%
	Well-Woman Visit	14	74.4%	70.5%
Quality of Care	Breastfeeding Initiation†	25	84.1%	83.7%
	Dedicated Health Care Provider	31	79.5%	79.2%
	Low-Risk Cesarean Delivery	29	26.0%	26.3%
	Maternity Practices Score	1	93	81
Behaviors*		34	-0.353	
Nutrition and Physical Activity	Exercise	17	22.5%	21.5%
	Fruit and Vegetable Consumption	39	7.4%	9.8%
	Physical Inactivity	44	24.8%	21.1%
Sexual Health	Chlamydia	32	1,681.6	1,563.1
	High-Risk HIV Behaviors	24	9.6%	9.6%
	Unintended Pregnancy†	—	31.0%	25.5%
Sleep Health	Insufficient Sleep	36	36.6%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	12	8.1%	8.8%
	Smoking	19	12.2%	12.1%
	Smoking During Pregnancy	21	5.2%	4.6%
Health Outcomes*		33	-0.398	
Behavioral Health	Drug Deaths†	49	53.4	25.7
	Excessive Drinking	8	16.1%	18.8%
	Frequent Mental Distress	14	20.2%	21.0%
	Illicit Drug Use	47	15.5%	10.8%
	Postpartum Depression†	—	9.7%	12.7%
Mortality	Maternal Mortality†	15	18.9	22.4
	Mortality Rate	37	166.0	136.4
Physical Health	Depression†	9	24.4%	27.4%
	Frequent Physical Distress	35	8.3%	7.1%
	High Blood Pressure	40	14.3%	10.8%
	High Health Status†	26	59.6%	59.0%
	Multiple Chronic Conditions	5	3.3%	4.2%
	Obesity	35	34.8%	31.5%
	Severe Maternal Morbidity†	25	82.8	88.3
Overall — Women*		28	-0.019	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		11	0.659	
Access to Care	ADD/ADHD Treatment	17	3.5%	2.8%
	Pediatricians	3	172.1	109.3
	Uninsured	16	3.7%	5.4%
Preventive Clinical Services	Childhood Immunizations	10	76.6%	70.0%
	HPV Vaccination	10	68.9%	61.7%
	Preventive Dental Care	22	77.3%	75.1%
	Well-Child Visit	23	78.4%	76.7%
Quality of Care	Adequate Insurance	24	68.8%	68.2%
	Developmental Screening	37	32.1%	34.8%
	Medical Home	39	45.8%	46.0%
Behaviors*		31	-0.067	
Nutrition and Physical Activity	Breastfed	28	25.0%	24.9%
	Food Sufficiency	26	71.6%	71.9%
	Physical Activity	25	22.7%	20.5%
	Soda Consumption – Youth†	—	7.2%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	90.2%	89.8%
	Teen Births	25	13.5	13.9
Sleep Health	Adequate Sleep	46	60.9%	66.6%
	Sleep Position†	—	78.7%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	22	17.9%	18.0%
	Tobacco Use	20	4.0%	4.0%
Health Outcomes*		42	-0.325	
Behavioral Health	Alcohol Use – Youth	37	10.1%	9.2%
	Anxiety	9	8.1%	9.2%
	Depression	8	3.4%	4.2%
	Flourishing	37	65.5%	66.6%
	Illicit Drug Use – Youth	38	9.9%	8.4%
	Teen Suicide†	—	—	10.6
Mortality	Child Mortality	27	28.9	27.4
	Infant Mortality	26	5.8	5.5
	Neonatal Mortality†	24	3.8	3.6
Physical Health	Asthma	47	9.6%	6.9%
	High Health Status†	38	89.8%	90.2%
	Low Birth Weight	35	9.1%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	47	20.9	6.2
	Overweight or Obesity – Youth	39	36.2%	33.5%
Overall — Children*		27	-0.014	
Overall — Women and Children*		29	-0.050	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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District of Columbia

Health Department Website: dchealth.dc.gov

Summary

Strengths

- High enrollment in early childhood education
- Low percentage of uninsured children
- High prevalence of fruit and vegetable consumption among women

Challenges

- High prevalence of excessive drinking among women
- High percentage of children in poverty
- Low percentage of women receiving early and adequate prenatal care

Highlights

Drug Deaths

82% ▲

from 9.2 to 16.7 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Injury Deaths

71% ▲

from 15.0 to 25.6 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Infant Mortality

35% ▼

from 7.8 to 5.1 deaths per 1,000 live births between 2017-2018 and 2019-2020.

Cigarette Smoking During Pregnancy

30% ▼

from 2.3% to 1.6% of women with a live birth between 2019 and 2021.

Measures

Women

		D.C. Value	U.S. Value
Social & Economic Factors*			
Community and Family Safety	Firearm Deaths†	7.6	5.6
	Injury Deaths	34.4	48.1
	Intimate Partner Violence Before Pregnancy†	3.8%	2.6%
Economic Resources	Concentrated Disadvantage	47.4%	25.9%
	Food Insecurity	9.0%	10.4%
	Gender Pay Gap†	84.8%	81.5%
	Poverty	15.6%	15.5%
	Unemployment	6.6%	5.2%
Education	College Graduate	66.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	11.0%	11.7%
	Residential Segregation – Black/White	69	—
	Voter Participation	75.4%	60.7%

Children

		D.C. Value	U.S. Value
Social & Economic Factors*			
Community and Family Safety	Child Victimization†	13.1	8.1
	Firearm Deaths†	14.1	5.3
	Injury Deaths	25.6	17.4
Economic Resources	Children in Poverty	23.9%	16.9%
	Children in Poverty Racial Disparity	27.5	3.0
	High-Speed Internet	93.3%	95.3%
	Students Experiencing Homelessness	5.6%	2.2%
	WIC Coverage	51.4%	48.3%
Education	Early Childhood Education	73.0%	40.2%
	Fourth Grade Reading Proficiency	26.5%	32.1%
	High School Completion	92.8%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	12.8%	14.0%
	Foster Care Instability	31.8%	15.2%
	Neighborhood Amenities	67.0%	35.5%
	Reading, Singing or Storytelling	69.3%	57.2%

Physical Environment*

		D.C. Value	U.S. Value
Air and Water Quality	Air Pollution	8.7	7.8
	Drinking Water Violations	—	0.8%
	Household Smoke	9.2%	13.8%
	Water Fluoridation	100.0%	72.7%
Climate and Health	Climate Change Policies	3	—
	Transportation Energy Use†	2.6	8.2
Housing and Transportation	Drive Alone to Work	24.9%	66.0%
	Housing Cost Burden (households with children)†	31.9%	31.2%
	Housing With Lead Risk	33.2%	16.9%
	Severe Housing Problems	19.8%	17.0%

Measures

		D.C. Value	U.S. Value
Women			
Clinical Care*			
Access to Care	Adequate Prenatal Care	65.5%	74.7%
	Avoided Care Due to Cost	6.6%	14.6%
	Maternity Care Desert†	0.0	3.1
	Uninsured	3.2%	11.8%
	Women's Health Providers	107.0	46.0
Preventive Clinical Services	Cervical Cancer Screening	78.0%	77.1%
	Dental Visit	72.1%	65.5%
	Flu Vaccination	53.0%	38.9%
	Postpartum Visit†	90.1%	90.9%
	Well-Woman Visit	72.4%	70.5%
Quality of Care	Breastfeeding Initiation†	83.3%	83.7%
	Dedicated Health Care Provider	82.1%	79.2%
	Low-Risk Cesarean Delivery	27.6%	26.3%
	Maternity Practices Score	—	81
Behaviors*			
Nutrition and Physical Activity	Exercise	25.2%	21.5%
	Fruit and Vegetable Consumption	14.0%	9.8%
	Physical Inactivity	14.2%	21.1%
Sexual Health	Chlamydia	1,773.4	1,563.1
	High-Risk HIV Behaviors	13.9%	9.6%
	Unintended Pregnancy†	20.1%	25.5%
Sleep Health	Insufficient Sleep	27.6%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	4.0%	8.8%
	Smoking	7.8%	12.1%
	Smoking During Pregnancy	1.6%	4.6%
Health Outcomes*			
Behavioral Health	Drug Deaths†	16.7	25.7
	Excessive Drinking	31.0%	18.8%
	Frequent Mental Distress	20.4%	21.0%
	Illicit Drug Use	9.4%	10.8%
	Postpartum Depression†	15.3%	12.7%
Mortality	Maternal Mortality†	24.2	22.4
	Mortality Rate	96.9	136.4
Physical Health	Depression†	26.8%	27.4%
	Frequent Physical Distress	4.2%	7.1%
	High Blood Pressure	9.8%	10.8%
	High Health Status†	69.3%	59.0%
	Multiple Chronic Conditions	2.3%	4.2%
	Obesity	25.1%	31.5%
	Severe Maternal Morbidity†	129.1	88.3

		D.C. Value	U.S. Value
Children			
Clinical Care*			
Access to Care	ADD/ADHD Treatment	1.5%	2.8%
	Pediatricians	564.4	109.3
	Uninsured	3.7%	5.4%
Preventive Clinical Services	Childhood Immunizations	71.2%	70.0%
	HPV Vaccination	79.4%	61.7%
	Preventive Dental Care	80.3%	75.1%
	Well-Child Visit	83.0%	76.7%
Quality of Care	Adequate Insurance	74.1%	68.2%
	Developmental Screening	33.8%	34.8%
	Medical Home	44.1%	46.0%
Behaviors*			
Nutrition and Physical Activity	Breastfed	29.2%	24.9%
	Food Sufficiency	76.2%	71.9%
	Physical Activity	16.3%	20.5%
	Soda Consumption – Youth†	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	89.8%
	Teen Births	13.9	13.9
Sleep Health	Adequate Sleep	63.1%	66.6%
	Sleep Position†	77.3%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	18.0%
	Tobacco Use	3.7%	4.0%
Health Outcomes*			
Behavioral Health	Alcohol Use – Youth	9.3%	9.2%
	Anxiety	6.8%	9.2%
	Depression	2.8%	4.2%
	Flourishing	63.6%	66.6%
	Illicit Drug Use – Youth	10.6%	8.4%
	Teen Suicide†	—	10.6
Mortality	Child Mortality	36.1	27.4
	Infant Mortality	5.1	5.5
	Neonatal Mortality†	3.0	3.6
Physical Health	Asthma	8.1%	6.9%
	High Health Status†	92.7%	90.2%
	Low Birth Weight	9.6%	8.5%
	Low Birth Weight Racial Disparity	2.5	2.1
	Neonatal Abstinence Syndrome†	2.5	6.2
	Overweight or Obesity – Youth	32.9%	33.5%

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† Additional measure.

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Summary

Strengths

- Low prevalence of multiple chronic conditions among women
- Low prevalence of frequent mental distress among women
- High reading proficiency among fourth grade public school students

Challenges

- High percentage of uninsured women ages 19-44
- Low adolescent HPV vaccination rate
- High prevalence of physical inactivity among women

Highlights

Cigarette Smoking During Pregnancy

55% ▼

from 6.4% to 2.9% of women with a live birth between 2014 and 2021.

Teen Births

54% ▼

from 29.6 to 13.5 births per 1,000 females ages 15-19 between 2011 and 2021.

Injury Deaths

20% ▲

from 47.4 to 56.7 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Early Childhood Education Enrollment

18% ▼

from 53.1% to 43.7% of children ages 3-4 between 2019 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		28	0.036	
Community and Family Safety	Firearm Deaths†	27	6.4	5.6
	Injury Deaths	31	56.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	37	28.0%	25.9%
	Food Insecurity	22	9.9%	10.4%
	Gender Pay Gap†	15	82.6%	81.5%
	Poverty	25	15.7%	15.5%
	Unemployment	26	4.6%	5.2%
Education	College Graduate	20	38.0%	36.8%
Social Support and Engagement	Infant Child Care Cost†	30	12.1%	11.7%
	Residential Segregation – Black/White	16	60	—
	Voter Participation	41	56.7%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	19	7.3	7.8
	Drinking Water Violations	40	1.3%	0.8%
	Household Smoke	20	13.1%	13.8%
	Water Fluoridation	22	78.5%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	17	7.7	8.2
Housing and Transportation	Drive Alone to Work	23	68.7%	66.0%
	Housing Cost Burden (households with children)†	47	38.0%	31.2%
	Housing With Lead Risk	4	8.0%	16.9%
	Severe Housing Problems	45	18.8%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		19	0.197	
Community and Family Safety	Child Victimization†	20	6.4	8.1
	Firearm Deaths†	19	4.9	5.3
	Injury Deaths	25	18.1	17.4
Economic Resources	Children in Poverty	33	17.8%	16.9%
	Children in Poverty Racial Disparity	4	2.6	3.0
	High-Speed Internet	31	95.2%	95.3%
	Students Experiencing Homelessness	37	2.3%	2.2%
	WIC Coverage	21	47.6%	48.3%
Education	Early Childhood Education	12	43.7%	40.2%
	Fourth Grade Reading Proficiency	2	39.0%	32.1%
	High School Completion	32	89.8%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	13	12.7%	14.0%
	Foster Care Instability	33	17.1%	15.2%
	Neighborhood Amenities	29	32.6%	35.5%
	Reading, Singing or Storytelling	17	60.4%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		44	-0.530	
Clinical Care*				
Access to Care	Adequate Prenatal Care	49	64.7%	74.7%
	Avoided Care Due to Cost	—	—	14.6%
	Maternity Care Desert†	17	0.9	3.1
	Uninsured	46	17.8%	11.8%
	Women's Health Providers	33	40.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	23	77.5%	77.1%
	Dental Visit	40	63.9%	65.5%
	Flu Vaccination	47	30.3%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	22	72.6%	70.5%
Quality of Care	Breastfeeding Initiation†	20	85.7%	83.7%
	Dedicated Health Care Provider	—	—	79.2%
	Low-Risk Cesarean Delivery	43	28.9%	26.3%
	Maternity Practices Score	17	83	81
Behaviors*				
Nutrition and Physical Activity		17	0.171	
Nutrition and Physical Activity	Exercise	3	26.4%	21.5%
	Fruit and Vegetable Consumption	—	—	9.8%
	Physical Inactivity	42	23.5%	21.1%
Sexual Health	Chlamydia	27	1,614.6	1,563.1
	High-Risk HIV Behaviors	32	10.1%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	20	32.1%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	27	9.6%	8.8%
	Smoking	17	11.4%	12.1%
	Smoking During Pregnancy	8	2.9%	4.6%
Health Outcomes*				
Behavioral Health		4	0.545	
Behavioral Health	Drug Deaths†	33	32.1	25.7
	Excessive Drinking	13	17.4%	18.8%
	Frequent Mental Distress	3	17.2%	21.0%
	Illicit Drug Use	19	10.6%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	26	23.8	22.4
	Mortality Rate	33	159.4	136.4
Physical Health	Depression†	3	21.1%	27.4%
	Frequent Physical Distress	8	6.0%	7.1%
	High Blood Pressure	—	—	10.8%
	High Health Status†	14	62.3%	59.0%
	Multiple Chronic Conditions	2	2.5%	4.2%
	Obesity	6	25.9%	31.5%
	Severe Maternal Morbidity†	40	94.1	88.3
Overall — Women*		24	0.087	

		State Rank	State Value	U.S. Value
Children		47	-0.685	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	9	4.0%	2.8%
	Pediatricians	25	102.0	109.3
	Uninsured	41	7.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	34	68.7%	70.0%
	HPV Vaccination	48	49.0%	61.7%
	Preventive Dental Care	50	69.5%	75.1%
	Well-Child Visit	16	79.7%	76.7%
Quality of Care	Adequate Insurance	36	66.0%	68.2%
	Developmental Screening	48	20.1%	34.8%
	Medical Home	46	39.9%	46.0%
Behaviors*				
Nutrition and Physical Activity		37	-0.357	
Nutrition and Physical Activity	Breastfed	48	18.2%	24.9%
	Food Sufficiency	34	68.8%	71.9%
	Physical Activity	42	17.9%	20.5%
	Soda Consumption – Youth†	—	8.7%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	77.3%	89.8%
	Teen Births	25	13.5	13.9
Sleep Health	Adequate Sleep	29	66.9%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	8	3.3%	4.0%
Health Outcomes*				
Behavioral Health		23	-0.012	
Behavioral Health	Alcohol Use – Youth	15	9.1%	9.2%
	Anxiety	12	8.4%	9.2%
	Depression	8	3.4%	4.2%
	Flourishing	40	65.0%	66.6%
	Illicit Drug Use – Youth	22	7.9%	8.4%
	Teen Suicide†	8	8.7	10.6
	Mortality	Child Mortality	25	28.3
Infant Mortality		32	6.0	5.5
Neonatal Mortality†		31	4.0	3.6
Physical Health	Asthma	30	6.9%	6.9%
	High Health Status†	39	89.7%	90.2%
	Low Birth Weight	34	9.0%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	24	6.2	6.2
	Overweight or Obesity – Youth	28	32.8%	33.5%
Overall — Children*		29	-0.070	
Overall — Women and Children*		27	-0.001	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of excessive drinking among women
- High enrollment in early childhood education
- High prevalence of fruit and vegetable consumption among women

Challenges

- High percentage of low birth weight infants
- Low WIC coverage among eligible children ages 0-4
- High prevalence of avoiding care due to cost among women

Highlights

Teen Births

56% ▼

from 38.0 to 16.6 births per 1,000 females ages 15-19 between 2011 and 2021.

Firearm Deaths

43% ▲

from 5.4 to 7.7 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Mortality

32% ▲

from 126.7 to 167.1 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Physical Inactivity

21% ▼

from 26.7% to 21.2% of women ages 18-44 between 2017-2018 and 2020-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		23	0.144	
Community and Family Safety	Firearm Deaths†	35	8.5	5.6
	Injury Deaths	17	44.9	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.6%	2.6%
Economic Resources	Concentrated Disadvantage	44	33.6%	25.9%
	Food Insecurity	22	9.9%	10.4%
	Gender Pay Gap†	18	82.5%	81.5%
	Poverty	34	16.6%	15.5%
	Unemployment	19	4.1%	5.2%
Education	College Graduate	32	33.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	6	8.8%	11.7%
	Residential Segregation – Black/White	12	58	—
	Voter Participation	18	62.9%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		37	-0.371	
Community and Family Safety	Child Victimization†	9	3.8	8.1
	Firearm Deaths†	32	7.7	5.3
	Injury Deaths	32	20.1	17.4
Economic Resources	Children in Poverty	42	20.2%	16.9%
	Children in Poverty Racial Disparity	14	3.0	3.0
	High-Speed Internet	36	94.7%	95.3%
	Students Experiencing Homelessness	27	1.8%	2.2%
	WIC Coverage	43	36.2%	48.3%
Education	Early Childhood Education	14	43.1%	40.2%
	Fourth Grade Reading Proficiency	27	31.5%	32.1%
	High School Completion	37	89.0%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	21	14.9%	14.0%
	Foster Care Instability	22	14.8%	15.2%
	Neighborhood Amenities	40	25.1%	35.5%
	Reading, Singing or Storytelling	44	52.5%	57.2%
Physical Environment*		15	0.153	
Air and Water Quality	Air Pollution	33	8.2	7.8
	Drinking Water Violations	24	0.2%	0.8%
	Household Smoke	19	13.0%	13.8%
	Water Fluoridation	6	94.9%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	24	8.0	8.2
Housing and Transportation	Drive Alone to Work	22	68.5%	66.0%
	Housing Cost Burden (households with children)†	34	31.2%	31.2%
	Housing With Lead Risk	5	8.7%	16.9%
	Severe Housing Problems	30	15.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		49	-0.770	
Access to Care	Adequate Prenatal Care	32	76.0%	74.7%
	Avoided Care Due to Cost	49	23.9%	14.6%
	Maternity Care Desert†	31	4.9	3.1
	Uninsured	47	18.3%	11.8%
	Women's Health Providers	25	45.5	46.0
Preventive Clinical Services	Cervical Cancer Screening	31	76.7%	77.1%
	Dental Visit	47	60.1%	65.5%
	Flu Vaccination	47	30.3%	38.9%
	Postpartum Visit†	—	90.7%	90.9%
	Well-Woman Visit	31	71.6%	70.5%
Quality of Care	Breastfeeding Initiation†	34	81.5%	83.7%
	Dedicated Health Care Provider	42	75.6%	79.2%
	Low-Risk Cesarean Delivery	42	28.8%	26.3%
	Maternity Practices Score	37	78	81
Behaviors*		36	-0.394	
Nutrition and Physical Activity	Exercise	44	17.6%	21.5%
	Fruit and Vegetable Consumption	11	11.0%	9.8%
	Physical Inactivity	30	21.2%	21.1%
Sexual Health	Chlamydia	41	1,935.2	1,563.1
	High-Risk HIV Behaviors	22	9.5%	9.6%
	Unintended Pregnancy†	—	27.9%	25.5%
Sleep Health	Insufficient Sleep	46	38.8%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	18	8.8%	8.8%
	Smoking	24	13.5%	12.1%
	Smoking During Pregnancy	14	3.5%	4.6%
Health Outcomes*		28	-0.214	
Behavioral Health	Drug Deaths†	12	17.8	25.7
	Excessive Drinking	10	16.5%	18.8%
	Frequent Mental Distress	16	20.7%	21.0%
	Illicit Drug Use	16	9.9%	10.8%
	Postpartum Depression†	—	10.5%	12.7%
Mortality	Maternal Mortality†	39	33.4	22.4
	Mortality Rate	38	167.1	136.4
Physical Health	Depression†	12	25.4%	27.4%
	Frequent Physical Distress	29	7.9%	7.1%
	High Blood Pressure	38	13.5%	10.8%
	High Health Status†	39	57.1%	59.0%
	Multiple Chronic Conditions	27	4.5%	4.2%
	Obesity	32	33.1%	31.5%
	Severe Maternal Morbidity†	39	93.0	88.3
Overall — Women*		34	-0.190	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		40	-0.309	
Access to Care	ADD/ADHD Treatment	14	3.7%	2.8%
	Pediatricians	32	89.4	109.3
	Uninsured	38	6.6%	5.4%
Preventive Clinical Services	Childhood Immunizations	48	64.5%	70.0%
	HPV Vaccination	34	60.9%	61.7%
	Preventive Dental Care	33	74.4%	75.1%
	Well-Child Visit	27	76.8%	76.7%
Quality of Care	Adequate Insurance	42	64.4%	68.2%
	Developmental Screening	34	33.1%	34.8%
	Medical Home	27	48.6%	46.0%
Behaviors*		36	-0.355	
Nutrition and Physical Activity	Breastfed	47	18.7%	24.9%
	Food Sufficiency	29	70.3%	71.9%
	Physical Activity	30	21.8%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	35	16.6	13.9
Sleep Health	Adequate Sleep	38	63.0%	66.6%
	Sleep Position†	—	73.1%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	24	18.2%	18.0%
	Tobacco Use	14	3.6%	4.0%
Health Outcomes*		25	-0.016	
Behavioral Health	Alcohol Use – Youth	3	7.3%	9.2%
	Anxiety	3	7.0%	9.2%
	Depression	5	3.1%	4.2%
	Flourishing	3	69.5%	66.6%
	Illicit Drug Use – Youth	6	6.8%	8.4%
	Teen Suicide†	19	11.4	10.6
Mortality	Child Mortality	34	32.5	27.4
	Infant Mortality	39	6.7	5.5
	Neonatal Mortality†	41	4.3	3.6
Physical Health	Asthma	47	9.6%	6.9%
	High Health Status†	7	92.8%	90.2%
	Low Birth Weight	48	10.6%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	9	3.0	6.2
	Overweight or Obesity – Youth	33	33.9%	33.5%
Overall — Children*		36	-0.188	
Overall — Women and Children*		35	-0.224	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low child mortality rate
- Low prevalence of multiple chronic conditions among women
- High percentage of households with children that have high-speed internet

Challenges

- High prevalence of unemployment among women
- Low voter participation among women
- Low percentage of women receiving early and adequate prenatal care

Highlights

Fruit and Vegetable Consumption

37% ▼

from 12.6% to 7.9% of women ages 18-44 between 2017 and 2021.

Children in Poverty

35% ▲

from 10.1% to 13.6% of children ages 0-17 between 2016 and 2021.

Cigarette Smoking

26% ▼

from 14.6% to 10.8% of women ages 18-44 between 2014-2015 and 2020-2021.

Infant Mortality

18% ▼

from 6.1 to 5.0 deaths per 1,000 live births between 2017-2018 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		21	0.201	
Community and Family Safety	Firearm Deaths†	—	—	5.6
	Injury Deaths	1	27.3	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.9%	2.6%
Economic Resources	Concentrated Disadvantage	20	18.3%	25.9%
	Food Insecurity	13	9.1%	10.4%
	Gender Pay Gap†	34	78.7%	81.5%
	Poverty	11	12.8%	15.5%
	Unemployment	42	5.9%	5.2%
Education	College Graduate	24	36.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	48	17.8%	11.7%
	Residential Segregation – Black/White	20	63	—
	Voter Participation	38	57.1%	60.7%
Physical Environment*		21	0.060	
Air and Water Quality	Air Pollution	1	3.8	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	27	14.7%	13.8%
	Water Fluoridation	50	8.5%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	36	9.9	8.2
Housing and Transportation	Drive Alone to Work	6	60.6%	66.0%
	Housing Cost Burden (households with children)†	49	39.4%	31.2%
	Housing With Lead Risk	10	10.4%	16.9%
	Severe Housing Problems	50	26.2%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		3	0.744	
Community and Family Safety	Child Victimization†	12	4.3	8.1
	Firearm Deaths†	—	—	5.3
	Injury Deaths	5	9.7	17.4
Economic Resources	Children in Poverty	19	13.6%	16.9%
	Children in Poverty Racial Disparity	16	3.1	3.0
	High-Speed Internet	4	97.3%	95.3%
	Students Experiencing Homelessness	27	1.8%	2.2%
	WIC Coverage	10	54.5%	48.3%
Education	Early Childhood Education	11	43.8%	40.2%
	Fourth Grade Reading Proficiency	8	35.2%	32.1%
	High School Completion	13	92.9%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	11	12.5%	14.0%
	Foster Care Instability	6	10.2%	15.2%
	Neighborhood Amenities	7	45.8%	35.5%
	Reading, Singing or Storytelling	18	60.2%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		13	0.551	
Clinical Care*				
Access to Care	Adequate Prenatal Care	50	62.4%	74.7%
	Avoided Care Due to Cost	1	8.1%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	3	4.7%	11.8%
	Women's Health Providers	8	60.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	40	74.4%	77.1%
	Dental Visit	6	71.8%	65.5%
	Flu Vaccination	25	40.4%	38.9%
	Postpartum Visit†	—	88.7%	90.9%
	Well-Woman Visit	13	75.1%	70.5%
Quality of Care	Breastfeeding Initiation†	15	88.0%	83.7%
	Dedicated Health Care Provider	6	86.9%	79.2%
	Low-Risk Cesarean Delivery	11	22.8%	26.3%
	Maternity Practices Score	42	75	81
Behaviors*				
Nutrition and Physical Activity		12	0.244	
Nutrition and Physical Activity	Exercise	17	22.5%	21.5%
	Fruit and Vegetable Consumption	34	7.9%	9.8%
	Physical Inactivity	15	19.0%	21.1%
Sexual Health	Chlamydia	21	1,442.7	1,563.1
	High-Risk HIV Behaviors	6	8.1%	9.6%
	Unintended Pregnancy†	—	23.0%	25.5%
Sleep Health	Insufficient Sleep	39	37.7%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	20	8.9%	8.8%
	Smoking	12	10.8%	12.1%
	Smoking During Pregnancy	2	1.7%	4.6%
Health Outcomes*				
Behavioral Health		1	0.979	
Behavioral Health	Drug Deaths†	1	9.6	25.7
	Excessive Drinking	32	20.0%	18.8%
	Frequent Mental Distress	1	15.5%	21.0%
	Illicit Drug Use	27	11.2%	10.8%
	Postpartum Depression†	—	14.4%	12.7%
Mortality	Maternal Mortality†	10	16.9	22.4
	Mortality Rate	1	87.5	136.4
Physical Health	Depression†	1	15.9%	27.4%
	Frequent Physical Distress	1	5.2%	7.1%
	High Blood Pressure	8	8.7%	10.8%
	High Health Status†	3	65.1%	59.0%
	Multiple Chronic Conditions	1	2.1%	4.2%
	Obesity	3	23.6%	31.5%
	Severe Maternal Morbidity†	43	98.6	88.3
Overall — Women*		10	0.401	

		State Rank	State Value	U.S. Value
Children		9	0.776	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	47	1.4%	2.8%
	Pediatricians	11	131.9	109.3
	Uninsured	6	2.8%	5.4%
Preventive Clinical Services	Childhood Immunizations	17	73.1%	70.0%
	HPV Vaccination	7	69.3%	61.7%
	Preventive Dental Care	1	84.9%	75.1%
	Well-Child Visit	36	75.1%	76.7%
Quality of Care	Adequate Insurance	1	81.0%	68.2%
	Developmental Screening	16	41.0%	34.8%
	Medical Home	32	47.6%	46.0%
Behaviors*				
Nutrition and Physical Activity		30	-0.062	
Nutrition and Physical Activity	Breastfed	18	27.7%	24.9%
	Food Sufficiency	38	68.0%	71.9%
	Physical Activity	45	17.4%	20.5%
	Soda Consumption – Youth†	—	6.1%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	94.6%	89.8%
	Teen Births	22	12.3	13.9
Sleep Health	Adequate Sleep	40	62.0%	66.6%
	Sleep Position†	—	83.0%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	9	14.8%	18.0%
	Tobacco Use	1	2.2%	4.0%
Health Outcomes*				
Behavioral Health		1	0.969	
Behavioral Health	Alcohol Use – Youth	2	6.0%	9.2%
	Anxiety	1	4.6%	9.2%
	Depression	1	2.4%	4.2%
	Flourishing	1	71.6%	66.6%
	Illicit Drug Use – Youth	13	7.1%	8.4%
	Teen Suicide†	25	12.1	10.6
	Mortality	Child Mortality	6	18.9
Infant Mortality		16	5.0	5.5
Neonatal Mortality†		14	3.1	3.6
Physical Health	Asthma	17	6.2%	6.9%
	High Health Status†	11	92.5%	90.2%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	1	1.4	6.2
	Overweight or Obesity – Youth	24	32.3%	33.5%
Overall — Children*		4	0.569	
Overall — Women and Children*		5	0.535	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low percentage of low birth weight infants
- Low prevalence of unemployment among women
- Low prevalence of physical inactivity among women

Challenges

- Low percentage of female college graduates
- Low enrollment in early childhood education
- Low prevalence of developmental screenings

Highlights

Fruit and Vegetable Consumption

56% ▼

from 16.0% to 7.0% of women ages 18-44 between 2017 and 2021.

Uninsured

40% ▲

from 5.0% to 7.0% of children ages 0-18 between 2019 and 2021.

Well-Woman Visits

37% ▲

from 52.6% to 72.1% of women ages 18-44 between 2016-2017 and 2020-2021.

Teen Births

18% ▼

from 14.6 to 12.0 births per 1,000 females ages 15-19 between 2020 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		32	-0.115	
Community and Family Safety	Firearm Deaths†	21	5.7	5.6
	Injury Deaths	11	39.5	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	13	13.3%	25.9%
	Food Insecurity	21	9.8%	10.4%
	Gender Pay Gap†	36	78.4%	81.5%
	Poverty	14	14.3%	15.5%
	Unemployment	10	3.6%	5.2%
Education	College Graduate	44	29.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	18	10.8%	11.7%
	Residential Segregation – Black/White	50	81	—
	Voter Participation	36	57.8%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		31	-0.120	
Community and Family Safety	Child Victimization†	14	4.8	8.1
	Firearm Deaths†	13	4.3	5.3
	Injury Deaths	26	18.4	17.4
Economic Resources	Children in Poverty	13	13.1%	16.9%
	Children in Poverty Racial Disparity	16	3.1	3.0
	High-Speed Internet	10	96.7%	95.3%
	Students Experiencing Homelessness	38	2.4%	2.2%
	WIC Coverage	39	39.8%	48.3%
Education	Early Childhood Education	42	33.7%	40.2%
	Fourth Grade Reading Proficiency	25	31.9%	32.1%
	High School Completion	25	91.3%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	30	16.1%	14.0%
	Foster Care Instability	25	15.1%	15.2%
	Neighborhood Amenities	35	29.5%	35.5%
	Reading, Singing or Storytelling	39	54.4%	57.2%
Physical Environment*		39	-0.239	
Air and Water Quality	Air Pollution	16	7.1	7.8
	Drinking Water Violations	42	1.8%	0.8%
	Household Smoke	11	11.5%	13.8%
	Water Fluoridation	46	31.4%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	31	9.0	8.2
Housing and Transportation	Drive Alone to Work	34	73.1%	66.0%
	Housing Cost Burden (households with children)†	17	25.9%	31.2%
	Housing With Lead Risk	17	12.2%	16.9%
	Severe Housing Problems	19	13.8%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		29	0.261	
Access to Care	Adequate Prenatal Care	8	82.9%	74.7%
	Avoided Care Due to Cost	31	14.5%	14.6%
	Maternity Care Desert†	30	3.9	3.1
	Uninsured	31	10.8%	11.8%
	Women's Health Providers	23	46.2	46.0
Preventive Clinical Services	Cervical Cancer Screening	44	72.6%	77.1%
	Dental Visit	16	69.4%	65.5%
	Flu Vaccination	37	36.3%	38.9%
	Postpartum Visit†	—	93.6%	90.9%
	Well-Woman Visit	27	72.1%	70.5%
Quality of Care	Breastfeeding Initiation†	4	90.8%	83.7%
	Dedicated Health Care Provider	20	81.6%	79.2%
	Low-Risk Cesarean Delivery	2	19.0%	26.3%
	Maternity Practices Score	38	77	81
Behaviors*		15	0.191	
Nutrition and Physical Activity	Exercise	16	22.7%	21.5%
	Fruit and Vegetable Consumption	43	7.0%	9.8%
	Physical Inactivity	9	17.2%	21.1%
Sexual Health	Chlamydia	5	1,092.2	1,563.1
	High-Risk HIV Behaviors	33	10.3%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	11	30.4%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	36	10.3%	8.8%
	Smoking	25	14.3%	12.1%
	Smoking During Pregnancy	23	5.5%	4.6%
Health Outcomes*		17	0.040	
Behavioral Health	Drug Deaths†	9	16.9	25.7
	Excessive Drinking	14	17.8%	18.8%
	Frequent Mental Distress	30	23.7%	21.0%
	Illicit Drug Use	11	9.3%	10.8%
	Postpartum Depression†	—	25.4%	12.7%
Mortality	Maternal Mortality†	12	18.2	22.4
	Mortality Rate	15	111.3	136.4
Physical Health	Depression†	32	33.4%	27.4%
	Frequent Physical Distress	33	8.2%	7.1%
	High Blood Pressure	13	9.4%	10.8%
	High Health Status†	17	61.6%	59.0%
	Multiple Chronic Conditions	30	4.7%	4.2%
	Obesity	18	29.8%	31.5%
	Severe Maternal Morbidity†	—	—	88.3
Overall — Women*		26	0.019	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		36	-0.185	
Access to Care	ADD/ADHD Treatment	44	1.8%	2.8%
	Pediatricians	49	46.7	109.3
	Uninsured	39	7.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	15	73.2%	70.0%
	HPV Vaccination	31	61.6%	61.7%
	Preventive Dental Care	5	81.9%	75.1%
	Well-Child Visit	32	76.1%	76.7%
Quality of Care	Adequate Insurance	36	66.0%	68.2%
	Developmental Screening	45	23.6%	34.8%
	Medical Home	26	48.7%	46.0%
Behaviors*		17	0.385	
Nutrition and Physical Activity	Breastfed	9	30.4%	24.9%
	Food Sufficiency	28	70.5%	71.9%
	Physical Activity	24	22.9%	20.5%
	Soda Consumption – Youth†	—	4.4%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	20	12.0	13.9
Sleep Health	Adequate Sleep	15	68.8%	66.6%
	Sleep Position†	—	85.7%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	22	17.9%	18.0%
	Tobacco Use	18	3.9%	4.0%
Health Outcomes*		5	0.554	
Behavioral Health	Alcohol Use – Youth	4	7.9%	9.2%
	Anxiety	31	10.7%	9.2%
	Depression	42	6.0%	4.2%
	Flourishing	19	67.1%	66.6%
	Illicit Drug Use – Youth	16	7.5%	8.4%
	Teen Suicide†	40	19.4	10.6
Mortality	Child Mortality	29	29.6	27.4
	Infant Mortality	11	4.7	5.5
	Neonatal Mortality†	14	3.1	3.6
Physical Health	Asthma	2	4.9%	6.9%
	High Health Status†	9	92.6%	90.2%
	Low Birth Weight	2	6.7%	8.5%
	Low Birth Weight Racial Disparity	2	1.4	2.1
	Neonatal Abstinence Syndrome†	—	—	6.2
	Overweight or Obesity – Youth	6	27.2%	33.5%
Overall — Children*		25	0.089	
Overall — Women and Children*		24	0.086	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of frequent mental distress among women
- High enrollment in early childhood education
- Low percentage of uninsured children

Challenges

- High prevalence of unemployment among women
- Low WIC coverage among eligible children ages 0-4
- Low prevalence of fruit and vegetable consumption among women

Highlights

Drug Deaths

56% ▲

from 13.9 to 21.7 deaths per 100,000 women ages 20-44 between 2014-2016 and 2019-2021.

Teen Births

18% ▼

from 13.6 to 11.1 births per 1,000 females ages 15-19 between 2020 and 2021.

Injury Deaths

13% ▲

from 35.6 to 40.2 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Infant Mortality

11% ▼

from 6.3 to 5.6 deaths per 1,000 live births between 2017-2018 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		25	0.064	
Community and Family Safety	Firearm Deaths†	12	4.6	5.6
	Injury Deaths	13	40.2	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.5%	2.6%
Economic Resources	Concentrated Disadvantage	30	24.1%	25.9%
	Food Insecurity	15	9.4%	10.4%
	Gender Pay Gap†	28	79.9%	81.5%
	Poverty	15	14.6%	15.5%
	Unemployment	41	5.7%	5.2%
Education	College Graduate	10	41.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	34	12.3%	11.7%
	Residential Segregation – Black/White	43	73	—
	Voter Participation	24	60.9%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	48	9.8	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	12	11.7%	13.8%
	Water Fluoridation	3	98.4%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	9	7.0	8.2
Housing and Transportation	Drive Alone to Work	10	63.3%	66.0%
	Housing Cost Burden (households with children)†	31	29.2%	31.2%
	Housing With Lead Risk	44	24.3%	16.9%
	Severe Housing Problems	34	16.1%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		16	0.241	
Community and Family Safety	Child Victimization†	37	12.8	8.1
	Firearm Deaths†	30	6.9	5.3
	Injury Deaths	22	17.1	17.4
Economic Resources	Children in Poverty	27	16.0%	16.9%
	Children in Poverty Racial Disparity	36	3.9	3.0
	High-Speed Internet	18	96.0%	95.3%
	Students Experiencing Homelessness	34	2.0%	2.2%
	WIC Coverage	45	35.0%	48.3%
Education	Early Childhood Education	8	45.3%	40.2%
	Fourth Grade Reading Proficiency	17	33.3%	32.1%
	High School Completion	31	90.2%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	11	12.5%	14.0%
	Foster Care Instability	25	15.1%	15.2%
	Neighborhood Amenities	1	53.4%	35.5%
	Reading, Singing or Storytelling	14	62.0%	57.2%
Physical Environment*		18	0.109	
Air and Water Quality	Air Pollution	48	9.8	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	12	11.7%	13.8%
	Water Fluoridation	3	98.4%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	9	7.0	8.2
Housing and Transportation	Drive Alone to Work	10	63.3%	66.0%
	Housing Cost Burden (households with children)†	31	29.2%	31.2%
	Housing With Lead Risk	44	24.3%	16.9%
	Severe Housing Problems	34	16.1%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		30	0.259	
Access to Care	Adequate Prenatal Care	12	80.2%	74.7%
	Avoided Care Due to Cost	28	13.9%	14.6%
	Maternity Care Desert†	25	2.8	3.1
	Uninsured	25	9.5%	11.8%
	Women's Health Providers	20	49.3	46.0
Preventive Clinical Services	Cervical Cancer Screening	47	72.4%	77.1%
	Dental Visit	21	68.4%	65.5%
	Flu Vaccination	19	42.3%	38.9%
	Postpartum Visit†	—	93.2%	90.9%
	Well-Woman Visit	12	75.2%	70.5%
Quality of Care	Breastfeeding Initiation†	30	82.3%	83.7%
	Dedicated Health Care Provider	30	79.6%	79.2%
	Low-Risk Cesarean Delivery	24	25.3%	26.3%
	Maternity Practices Score	30	80	81
Behaviors*		19	0.079	
Nutrition and Physical Activity	Exercise	36	19.1%	21.5%
	Fruit and Vegetable Consumption	40	7.3%	9.8%
	Physical Inactivity	37	22.4%	21.1%
Sexual Health	Chlamydia	37	1,758.4	1,563.1
	High-Risk HIV Behaviors	5	8.0%	9.6%
	Unintended Pregnancy†	—	27.5%	25.5%
Sleep Health	Insufficient Sleep	4	27.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	6	7.2%	8.8%
	Smoking	14	10.9%	12.1%
	Smoking During Pregnancy	19	4.4%	4.6%
Health Outcomes*		5	0.529	
Behavioral Health	Drug Deaths†	20	21.7	25.7
	Excessive Drinking	19	18.1%	18.8%
	Frequent Mental Distress	2	16.1%	21.0%
	Illicit Drug Use	13	9.4%	10.8%
	Postpartum Depression†	—	11.9%	12.7%
Mortality	Maternal Mortality†	10	16.9	22.4
	Mortality Rate	16	113.0	136.4
Physical Health	Depression†	6	23.0%	27.4%
	Frequent Physical Distress	14	6.7%	7.1%
	High Blood Pressure	15	9.5%	10.8%
	High Health Status†	33	58.3%	59.0%
	Multiple Chronic Conditions	5	3.3%	4.2%
	Obesity	27	32.1%	31.5%
	Severe Maternal Morbidity†	29	86.0	88.3
Overall — Women*		16	0.205	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		29	0.129	
Access to Care	ADD/ADHD Treatment	40	2.0%	2.8%
	Pediatricians	15	119.5	109.3
	Uninsured	9	3.2%	5.4%
Preventive Clinical Services	Childhood Immunizations	30	70.0%	70.0%
	HPV Vaccination	26	62.2%	61.7%
	Preventive Dental Care	38	73.8%	75.1%
	Well-Child Visit	25	77.8%	76.7%
Quality of Care	Adequate Insurance	38	65.8%	68.2%
	Developmental Screening	27	36.5%	34.8%
	Medical Home	28	48.3%	46.0%
Behaviors*		15	0.427	
Nutrition and Physical Activity	Breastfed	17	28.3%	24.9%
	Food Sufficiency	23	72.8%	71.9%
	Physical Activity	23	23.1%	20.5%
	Soda Consumption – Youth†	—	7.7%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	91.3%	89.8%
	Teen Births	15	11.1	13.9
Sleep Health	Adequate Sleep	28	67.1%	66.6%
	Sleep Position†	—	84.5%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	15	16.7%	18.0%
	Tobacco Use	10	3.5%	4.0%
Health Outcomes*		10	0.203	
Behavioral Health	Alcohol Use – Youth	11	8.6%	9.2%
	Anxiety	5	7.5%	9.2%
	Depression	2	2.6%	4.2%
	Flourishing	30	66.0%	66.6%
	Illicit Drug Use – Youth	29	8.3%	8.4%
	Teen Suicide†	10	9.0	10.6
Mortality	Child Mortality	22	27.1	27.4
	Infant Mortality	24	5.6	5.5
	Neonatal Mortality†	26	3.9	3.6
Physical Health	Asthma	19	6.3%	6.9%
	High Health Status†	39	89.7%	90.2%
	Low Birth Weight	27	8.5%	8.5%
	Low Birth Weight Racial Disparity	43	2.2	2.1
	Neonatal Abstinence Syndrome†	5	2.5	6.2
	Overweight or Obesity – Youth	27	32.4%	33.5%
Overall — Children*		17	0.224	
Overall — Women and Children*		15	0.226	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Ranks are calculated for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

Summary

Strengths

- Low prevalence of unemployment among women
- Low foster care placement instability
- High percentage of women receiving early and adequate prenatal care

Challenges

- High infant mortality rate
- High prevalence of frequent mental distress among women
- Low voter participation among women

Highlights

Drug Deaths

31% ▲

from 30.5 to 40.0 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Food Insecurity

28% ▼

from 13.5% to 9.7% of households between 2016-2018 and 2019-2021.

Depression

26% ▲

from 28.5% to 35.9% of women ages 18-44 between 2018-2019 and 2020-2021.

Pediatricians

11% ▲

from 75.4 to 83.5 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		37	-0.263	
Community and Family Safety	Firearm Deaths†	33	8.0	5.6
	Injury Deaths	40	66.6	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	23	20.2%	25.9%
	Food Insecurity	20	9.7%	10.4%
	Gender Pay Gap†	37	78.2%	81.5%
	Poverty	25	15.7%	15.5%
	Unemployment	8	3.5%	5.2%
Education	College Graduate	41	30.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	27	11.9%	11.7%
	Residential Segregation – Black/White	37	69	—
	Voter Participation	48	51.8%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		28	-0.065	
Community and Family Safety	Child Victimization†	39	13.6	8.1
	Firearm Deaths†	35	7.8	5.3
	Injury Deaths	34	21.8	17.4
Economic Resources	Children in Poverty	27	16.0%	16.9%
	Children in Poverty Racial Disparity	16	3.1	3.0
	High-Speed Internet	34	95.0%	95.3%
	Students Experiencing Homelessness	15	1.5%	2.2%
	WIC Coverage	11	53.9%	48.3%
Education	Early Childhood Education	32	37.5%	40.2%
	Fourth Grade Reading Proficiency	19	32.9%	32.1%
	High School Completion	30	90.6%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	36	17.5%	14.0%
	Foster Care Instability	9	10.7%	15.2%
	Neighborhood Amenities	39	25.7%	35.5%
	Reading, Singing or Storytelling	37	55.1%	57.2%
Physical Environment*		45	-0.365	
Air and Water Quality	Air Pollution	46	9.0	7.8
	Drinking Water Violations	33	0.4%	0.8%
	Household Smoke	44	19.7%	13.8%
	Water Fluoridation	10	92.4%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	28	8.6	8.2
Housing and Transportation	Drive Alone to Work	43	75.4%	66.0%
	Housing Cost Burden (households with children)†	5	22.3%	31.2%
	Housing With Lead Risk	34	20.5%	16.9%
	Severe Housing Problems	7	12.3%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		30	0.259	
Access to Care	Adequate Prenatal Care	14	80.1%	74.7%
	Avoided Care Due to Cost	21	12.8%	14.6%
	Maternity Care Desert†	34	5.6	3.1
	Uninsured	27	10.0%	11.8%
	Women's Health Providers	32	40.9	46.0
Preventive Clinical Services	Cervical Cancer Screening	27	77.1%	77.1%
	Dental Visit	42	63.2%	65.5%
	Flu Vaccination	29	38.1%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	20	72.7%	70.5%
Quality of Care	Breastfeeding Initiation†	29	82.5%	83.7%
	Dedicated Health Care Provider	19	82.2%	79.2%
	Low-Risk Cesarean Delivery	19	24.4%	26.3%
	Maternity Practices Score	17	83	81
Behaviors*		40	-0.613	
Nutrition and Physical Activity	Exercise	29	21.1%	21.5%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	39	22.7%	21.1%
Sexual Health	Chlamydia	35	1,714.3	1,563.1
	High-Risk HIV Behaviors	24	9.6%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	44	38.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	40	11.3%	8.8%
	Smoking	39	18.1%	12.1%
	Smoking During Pregnancy	39	9.0%	4.6%
Health Outcomes*		38	-0.718	
Behavioral Health	Drug Deaths†	43	40.0	25.7
	Excessive Drinking	26	19.0%	18.8%
	Frequent Mental Distress	45	25.8%	21.0%
	Illicit Drug Use	38	12.0%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	35	30.0	22.4
	Mortality Rate	36	165.5	136.4
Physical Health	Depression†	42	35.9%	27.4%
	Frequent Physical Distress	29	7.9%	7.1%
	High Blood Pressure	35	11.5%	10.8%
	High Health Status†	35	58.0%	59.0%
	Multiple Chronic Conditions	36	5.4%	4.2%
	Obesity	42	37.7%	31.5%
	Severe Maternal Morbidity†	16	77.0	88.3
Overall — Women*		39	-0.378	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		43	-0.463	
Access to Care	ADD/ADHD Treatment	5	4.7%	2.8%
	Pediatricians	35	83.5	109.3
	Uninsured	35	6.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	37	67.9%	70.0%
	HPV Vaccination	44	55.2%	61.7%
	Preventive Dental Care	32	74.5%	75.1%
	Well-Child Visit	35	75.4%	76.7%
Quality of Care	Adequate Insurance	41	64.5%	68.2%
	Developmental Screening	49	19.2%	34.8%
	Medical Home	41	45.4%	46.0%
Behaviors*		35	-0.317	
Nutrition and Physical Activity	Breastfed	43	21.5%	24.9%
	Food Sufficiency	36	68.6%	71.9%
	Physical Activity	11	25.0%	20.5%
	Soda Consumption – Youth†	—	10.3%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	89.2%	89.8%
	Teen Births	36	17.0	13.9
Sleep Health	Adequate Sleep	37	63.7%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	29	19.1%	18.0%
	Tobacco Use	30	4.9%	4.0%
Health Outcomes*		46	-0.549	
Behavioral Health	Alcohol Use – Youth	21	9.2%	9.2%
	Anxiety	44	13.0%	9.2%
	Depression	48	7.1%	4.2%
	Flourishing	48	63.4%	66.6%
	Illicit Drug Use – Youth	33	8.6%	8.4%
	Teen Suicide†	20	11.5	10.6
	Mortality	Child Mortality	35	33.3
Infant Mortality		39	6.7	5.5
Neonatal Mortality†		26	3.9	3.6
Physical Health	Asthma	27	6.7%	6.9%
	High Health Status†	37	89.9%	90.2%
	Low Birth Weight	25	8.4%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	28	7.1	6.2
	Overweight or Obesity – Youth	15	30.1%	33.5%
Overall — Children*		38	-0.317	
Overall — Women and Children*		39	-0.343	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low percentage of low birth weight infants
- Low percentage of household food insecurity
- High percentage of women receiving early and adequate prenatal care

Challenges

- High prevalence of excessive drinking among women
- Low hospital maternity practices (mPINC) score
- High prevalence of cigarette smoking during pregnancy

Highlights

Frequent Mental Distress

32% ▲

from 18.0% to 23.7% of women ages 18-44 between 2018-2019 and 2020-2021.

Mortality

22% ▲

from 81.7 to 99.4 deaths per 100,000 women ages 20-44 between 2019 and 2021.

Children in Poverty

16% ▼

from 14.8% to 12.5% of children ages 0-17 between 2016 and 2021.

Infant Mortality

16% ▼

from 5.6 to 4.7 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		10	0.577	
Community and Family Safety	Firearm Deaths†	9	4.0	5.6
	Injury Deaths	5	33.8	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	11	12.8%	25.9%
	Food Insecurity	2	7.0%	10.4%
	Gender Pay Gap†	31	79.5%	81.5%
	Poverty	30	16.2%	15.5%
	Unemployment	13	3.7%	5.2%
Education	College Graduate	25	36.0%	36.8%
Social Support and Engagement	Infant Child Care Cost†	15	10.4%	11.7%
	Residential Segregation – Black/White	20	63	—
	Voter Participation	20	62.3%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		13	0.289	
Community and Family Safety	Child Victimization†	46	15.3	8.1
	Firearm Deaths†	12	4.0	5.3
	Injury Deaths	18	16.1	17.4
Economic Resources	Children in Poverty	9	12.5%	16.9%
	Children in Poverty Racial Disparity	40	4.1	3.0
	High-Speed Internet	18	96.0%	95.3%
	Students Experiencing Homelessness	7	1.2%	2.2%
	WIC Coverage	16	50.2%	48.3%
Education	Early Childhood Education	26	38.8%	40.2%
	Fourth Grade Reading Proficiency	18	33.0%	32.1%
	High School Completion	8	93.3%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	23	15.4%	14.0%
	Foster Care Instability	5	10.1%	15.2%
	Neighborhood Amenities	18	35.6%	35.5%
	Reading, Singing or Storytelling	36	55.2%	57.2%
Physical Environment*		27	-0.002	
Air and Water Quality	Air Pollution	28	7.8	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	29	15.3%	13.8%
	Water Fluoridation	14	89.8%	72.7%
Climate and Health	Climate Change Policies	26	2	—
	Transportation Energy Use†	33	9.3	8.2
Housing and Transportation	Drive Alone to Work	37	73.4%	66.0%
	Housing Cost Burden (households with children)†	3	20.6%	31.2%
	Housing With Lead Risk	46	25.5%	16.9%
	Severe Housing Problems	3	11.7%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		8	0.762	
Access to Care	Adequate Prenatal Care	4	84.9%	74.7%
	Avoided Care Due to Cost	3	9.7%	14.6%
	Maternity Care Desert†	43	10.1	3.1
	Uninsured	5	6.0%	11.8%
	Women's Health Providers	45	36.9	46.0
Preventive Clinical Services	Cervical Cancer Screening	19	78.0%	77.1%
	Dental Visit	12	70.0%	65.5%
	Flu Vaccination	9	46.8%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	4	76.0%	70.5%
Quality of Care	Breastfeeding Initiation†	27	82.7%	83.7%
	Dedicated Health Care Provider	8	86.5%	79.2%
	Low-Risk Cesarean Delivery	15	23.5%	26.3%
	Maternity Practices Score	46	73	81
Behaviors*		38	-0.417	
Nutrition and Physical Activity	Exercise	35	19.4%	21.5%
	Fruit and Vegetable Consumption	32	8.4%	9.8%
	Physical Inactivity	21	20.1%	21.1%
Sexual Health	Chlamydia	31	1,663.6	1,563.1
	High-Risk HIV Behaviors	37	10.6%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	20	32.1%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	42	11.7%	8.8%
	Smoking	29	15.2%	12.1%
	Smoking During Pregnancy	38	8.7%	4.6%
Health Outcomes*		27	-0.208	
Behavioral Health	Drug Deaths†	6	13.9	25.7
	Excessive Drinking	46	23.5%	18.8%
	Frequent Mental Distress	30	23.7%	21.0%
	Illicit Drug Use	39	12.2%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	14	18.7	22.4
	Mortality Rate	6	99.4	136.4
Physical Health	Depression†	22	29.2%	27.4%
	Frequent Physical Distress	10	6.3%	7.1%
	High Blood Pressure	21	9.9%	10.8%
	High Health Status†	38	57.3%	59.0%
	Multiple Chronic Conditions	18	4.0%	4.2%
	Obesity	39	37.2%	31.5%
	Severe Maternal Morbidity†	10	69.1	88.3
Overall — Women*		23	0.102	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		7	0.855	
Access to Care	ADD/ADHD Treatment	3	4.9%	2.8%
	Pediatricians	36	83.1	109.3
	Uninsured	12	3.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	11	75.5%	70.0%
	HPV Vaccination	17	66.1%	61.7%
	Preventive Dental Care	12	79.5%	75.1%
	Well-Child Visit	6	82.1%	76.7%
Quality of Care	Adequate Insurance	11	71.8%	68.2%
	Developmental Screening	29	35.0%	34.8%
	Medical Home	4	54.2%	46.0%
Behaviors*		18	0.372	
Nutrition and Physical Activity	Breastfed	23	27.0%	24.9%
	Food Sufficiency	22	73.2%	71.9%
	Physical Activity	14	24.8%	20.5%
	Soda Consumption – Youth†	—	10.6%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	83.0%	89.8%
	Teen Births	23	12.7	13.9
Sleep Health	Adequate Sleep	12	71.2%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	14	16.4%	18.0%
	Tobacco Use	31	5.0%	4.0%
Health Outcomes*		15	0.117	
Behavioral Health	Alcohol Use – Youth	48	11.4%	9.2%
	Anxiety	32	10.8%	9.2%
	Depression	31	4.8%	4.2%
	Flourishing	27	66.1%	66.6%
	Illicit Drug Use – Youth	21	7.8%	8.4%
	Teen Suicide†	34	13.8	10.6
	Mortality	Child Mortality	19	25.9
Infant Mortality		11	4.7	5.5
Neonatal Mortality†		8	2.9	3.6
Physical Health	Asthma	9	5.6%	6.9%
	High Health Status†	22	91.3%	90.2%
	Low Birth Weight	3	6.8%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	4	2.3	6.2
	Overweight or Obesity – Youth	37	34.5%	33.5%
Overall — Children*		15	0.280	
Overall — Women and Children*		16	0.219	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low percentage of low birth weight infants
- Low prevalence of unemployment among women
- High percentage of women receiving early and adequate prenatal care

Challenges

- High prevalence of frequent mental distress among women
- Low WIC coverage among eligible children ages 0-4
- High prevalence of cigarette smoking during pregnancy

Highlights

Teen Births

54% ▼

from 35.6 to 16.3 births per 1,000 females ages 15-19 between 2011 and 2021.

Mortality

23% ▲

from 111.3 to 137.2 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Child Mortality

21% ▲

from 26.3 to 31.8 deaths per 100,000 children ages 1-19 between 2014-2016 and 2019-2021.

Cigarette Smoking

20% ▼

from 18.9% to 15.2% of women ages 18-44 between 2017-2018 and 2020-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		11	0.521	
Community and Family Safety	Firearm Deaths†	27	6.4	5.6
	Injury Deaths	16	44.4	48.1
	Intimate Partner Violence Before Pregnancy†	—	4.1%	2.6%
Economic Resources	Concentrated Disadvantage	15	13.9%	25.9%
	Food Insecurity	26	10.2%	10.4%
	Gender Pay Gap†	27	80.1%	81.5%
	Poverty	32	16.4%	15.5%
	Unemployment	7	3.2%	5.2%
Education	College Graduate	16	38.8%	36.8%
Social Support and Engagement	Infant Child Care Cost†	42	14.0%	11.7%
	Residential Segregation – Black/White	16	60	—
	Voter Participation	15	64.2%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		23	0.111	
Community and Family Safety	Child Victimization†	5	3.0	8.1
	Firearm Deaths†	36	7.9	5.3
	Injury Deaths	35	21.9	17.4
Economic Resources	Children in Poverty	15	13.4%	16.9%
	Children in Poverty Racial Disparity	33	3.7	3.0
	High-Speed Internet	14	96.3%	95.3%
	Students Experiencing Homelessness	7	1.2%	2.2%
	WIC Coverage	34	43.0%	48.3%
Education	Early Childhood Education	13	43.3%	40.2%
	Fourth Grade Reading Proficiency	34	30.5%	32.1%
	High School Completion	18	91.9%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	38	17.7%	14.0%
	Foster Care Instability	41	20.3%	15.2%
	Neighborhood Amenities	20	35.4%	35.5%
	Reading, Singing or Storytelling	4	65.8%	57.2%
Physical Environment*		42	-0.296	
Air and Water Quality	Air Pollution	40	8.5	7.8
	Drinking Water Violations	41	1.7%	0.8%
	Household Smoke	16	12.6%	13.8%
	Water Fluoridation	33	65.4%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	29	8.8	8.2
Housing and Transportation	Drive Alone to Work	34	73.1%	66.0%
	Housing Cost Burden (households with children)†	7	23.3%	31.2%
	Housing With Lead Risk	35	20.6%	16.9%
	Severe Housing Problems	8	12.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		20	0.421	
Access to Care	Adequate Prenatal Care	6	84.3%	74.7%
	Avoided Care Due to Cost	37	16.0%	14.6%
	Maternity Care Desert†	38	7.0	3.1
	Uninsured	34	13.0%	11.8%
	Women's Health Providers	42	39.0	46.0
Preventive Clinical Services	Cervical Cancer Screening	23	77.5%	77.1%
	Dental Visit	8	71.6%	65.5%
	Flu Vaccination	18	42.7%	38.9%
	Postpartum Visit†	—	91.7%	90.9%
	Well-Woman Visit	26	72.2%	70.5%
Quality of Care	Breastfeeding Initiation†	9	89.9%	83.7%
	Dedicated Health Care Provider	17	83.3%	79.2%
	Low-Risk Cesarean Delivery	16	23.9%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		33	-0.316	
Nutrition and Physical Activity	Exercise	32	20.2%	21.5%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	12	18.5%	21.1%
Sexual Health	Chlamydia	34	1,710.1	1,563.1
	High-Risk HIV Behaviors	35	10.5%	9.6%
	Unintended Pregnancy†	—	25.6%	25.5%
Sleep Health	Insufficient Sleep	30	34.1%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	38	10.5%	8.8%
	Smoking	29	15.2%	12.1%
	Smoking During Pregnancy	31	6.9%	4.6%
Health Outcomes*		32	-0.356	
Behavioral Health	Drug Deaths†	15	19.7	25.7
	Excessive Drinking	36	20.8%	18.8%
	Frequent Mental Distress	35	24.7%	21.0%
	Illicit Drug Use	21	10.7%	10.8%
	Postpartum Depression†	—	15.1%	12.7%
Mortality	Maternal Mortality†	18	20.9	22.4
	Mortality Rate	26	137.2	136.4
Physical Health	Depression†	30	32.8%	27.4%
	Frequent Physical Distress	24	7.5%	7.1%
	High Blood Pressure	26	10.3%	10.8%
	High Health Status†	28	59.2%	59.0%
	Multiple Chronic Conditions	32	4.8%	4.2%
	Obesity	34	34.5%	31.5%
	Severe Maternal Morbidity†	12	71.8	88.3
Overall — Women*		29	-0.030	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		27	0.175	
Access to Care	ADD/ADHD Treatment	33	2.5%	2.8%
	Pediatricians	48	57.6	109.3
	Uninsured	29	5.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	24	70.8%	70.0%
	HPV Vaccination	22	64.3%	61.7%
	Preventive Dental Care	19	77.5%	75.1%
	Well-Child Visit	24	78.3%	76.7%
Quality of Care	Adequate Insurance	35	66.4%	68.2%
	Developmental Screening	19	40.2%	34.8%
	Medical Home	8	52.3%	46.0%
Behaviors*		20	0.322	
Nutrition and Physical Activity	Breastfed	11	29.2%	24.9%
	Food Sufficiency	27	71.1%	71.9%
	Physical Activity	16	24.4%	20.5%
	Soda Consumption – Youth†	—	10.0%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	87.7%	89.8%
	Teen Births	34	16.3	13.9
Sleep Health	Adequate Sleep	24	67.8%	66.6%
	Sleep Position†	—	82.2%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	5	14.4%	18.0%
	Tobacco Use	10	3.5%	4.0%
Health Outcomes*		23	-0.012	
Behavioral Health	Alcohol Use – Youth	38	10.3%	9.2%
	Anxiety	35	11.1%	9.2%
	Depression	13	3.7%	4.2%
	Flourishing	10	68.2%	66.6%
	Illicit Drug Use – Youth	6	6.8%	8.4%
	Teen Suicide†	39	18.5	10.6
	Mortality	Child Mortality	32	31.8
Infant Mortality		32	6.0	5.5
Neonatal Mortality†		26	3.9	3.6
Physical Health	Asthma	36	7.8%	6.9%
	High Health Status†	25	91.1%	90.2%
	Low Birth Weight	13	7.4%	8.5%
	Low Birth Weight Racial Disparity	43	2.2	2.1
	Neonatal Abstinence Syndrome†	8	2.9	6.2
	Overweight or Obesity – Youth	14	29.5%	33.5%
Overall — Children*		26	0.052	
Overall — Women and Children*		25	0.046	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- High WIC coverage among eligible children ages 0-4
- Low prevalence of unemployment among women
- Low percentage of uninsured women ages 19-44

Challenges

- High prevalence of frequent physical distress among women
- High percentage of children in poverty
- High prevalence of cigarette smoking during pregnancy

Highlights

Mortality

40% ▲

from 149.0 to 208.5 deaths per 100,000 women ages 20-44 between 2019 and 2021.

Cigarette Smoking

23% ▼

from 28.8% to 22.2% of women ages 18-44 between 2018-2019 and 2020-2021.

Students Experiencing Homelessness

22% ▼

from 3.6% to 2.8% of public school students between 2019 and 2021.

Low Birth Weight

7% ▲

from 8.5% to 9.1% of live births between 2020 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		43	-0.539	
Community and Family Safety	Firearm Deaths†	34	8.3	5.6
	Injury Deaths	47	80.2	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	43	31.5%	25.9%
	Food Insecurity	42	12.3%	10.4%
	Gender Pay Gap†	33	78.9%	81.5%
	Poverty	43	19.0%	15.5%
	Unemployment	26	4.6%	5.2%
Education	College Graduate	39	31.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	11	10.3%	11.7%
	Residential Segregation – Black/White	20	63	—
	Voter Participation	29	59.7%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		41	-0.575	
Community and Family Safety	Child Victimization†	44	14.7	8.1
	Firearm Deaths†	32	7.7	5.3
	Injury Deaths	36	22.2	17.4
Economic Resources	Children in Poverty	45	22.1%	16.9%
	Children in Poverty Racial Disparity	1	1.9	3.0
	High-Speed Internet	42	93.9%	95.3%
	Students Experiencing Homelessness	41	2.8%	2.2%
	WIC Coverage	13	51.5%	48.3%
Education	Early Childhood Education	37	36.8%	40.2%
	Fourth Grade Reading Proficiency	29	31.1%	32.1%
	High School Completion	42	88.0%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	46	19.5%	14.0%
	Foster Care Instability	22	14.8%	15.2%
	Neighborhood Amenities	44	19.8%	35.5%
	Reading, Singing or Storytelling	26	57.7%	57.2%
Physical Environment*		35	-0.155	
Air and Water Quality	Air Pollution	37	8.3	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	49	22.6%	13.8%
	Water Fluoridation	1	99.9%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	40	11.0	8.2
Housing and Transportation	Drive Alone to Work	42	75.0%	66.0%
	Housing Cost Burden (households with children)†	15	25.3%	31.2%
	Housing With Lead Risk	23	14.6%	16.9%
	Severe Housing Problems	13	13.2%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		33	0.231	
Access to Care	Adequate Prenatal Care	19	79.4%	74.7%
	Avoided Care Due to Cost	25	13.8%	14.6%
	Maternity Care Desert†	46	15.6	3.1
	Uninsured	10	6.9%	11.8%
	Women's Health Providers	40	39.4	46.0
Preventive Clinical Services	Cervical Cancer Screening	2	83.7%	77.1%
	Dental Visit	32	65.7%	65.5%
	Flu Vaccination	41	34.9%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	29	71.8%	70.5%
Quality of Care	Breastfeeding Initiation†	46	71.9%	83.7%
	Dedicated Health Care Provider	18	82.9%	79.2%
	Low-Risk Cesarean Delivery	37	27.3%	26.3%
	Maternity Practices Score	44	74	81
Behaviors*		46	-1.005	
Nutrition and Physical Activity	Exercise	48	15.9%	21.5%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	45	25.2%	21.1%
Sexual Health	Chlamydia	20	1,409.0	1,563.1
	High-Risk HIV Behaviors	30	10.0%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	34	36.2%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	50	15.5%	8.8%
	Smoking	49	22.2%	12.1%
	Smoking During Pregnancy	49	12.7%	4.6%
Health Outcomes*		49	-1.435	
Behavioral Health	Drug Deaths†	48	49.3	25.7
	Excessive Drinking	11	16.7%	18.8%
	Frequent Mental Distress	48	26.7%	21.0%
	Illicit Drug Use	43	13.2%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	40	36.5	22.4
	Mortality Rate	43	208.5	136.4
Physical Health	Depression†	47	36.8%	27.4%
	Frequent Physical Distress	50	11.0%	7.1%
	High Blood Pressure	49	18.0%	10.8%
	High Health Status†	46	54.9%	59.0%
	Multiple Chronic Conditions	49	7.3%	4.2%
	Obesity	46	39.1%	31.5%
	Severe Maternal Morbidity†	19	79.0	88.3
Overall — Women*		44	-0.638	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		24	0.228	
Access to Care	ADD/ADHD Treatment	5	4.7%	2.8%
	Pediatricians	31	91.4	109.3
	Uninsured	17	4.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	22	71.6%	70.0%
	HPV Vaccination	37	57.0%	61.7%
	Preventive Dental Care	41	73.7%	75.1%
	Well-Child Visit	12	80.3%	76.7%
Quality of Care	Adequate Insurance	11	71.8%	68.2%
	Developmental Screening	43	25.9%	34.8%
	Medical Home	17	50.0%	46.0%
Behaviors*		45	-0.862	
Nutrition and Physical Activity	Breastfed	44	21.2%	24.9%
	Food Sufficiency	43	67.1%	71.9%
	Physical Activity	21	23.6%	20.5%
	Soda Consumption – Youth†	—	18.5%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	86.2%	89.8%
	Teen Births	45	22.3	13.9
Sleep Health	Adequate Sleep	39	62.8%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	38	21.9%	18.0%
	Tobacco Use	46	7.1%	4.0%
Health Outcomes*		45	-0.537	
Behavioral Health	Alcohol Use – Youth	30	9.6%	9.2%
	Anxiety	46	13.3%	9.2%
	Depression	50	7.3%	4.2%
	Flourishing	43	64.2%	66.6%
	Illicit Drug Use – Youth	10	7.0%	8.4%
	Teen Suicide†	22	11.7	10.6
Mortality	Child Mortality	36	33.7	27.4
	Infant Mortality	25	5.7	5.5
	Neonatal Mortality†	22	3.7	3.6
Physical Health	Asthma	19	6.3%	6.9%
	High Health Status†	44	88.6%	90.2%
	Low Birth Weight	35	9.1%	8.5%
	Low Birth Weight Racial Disparity	11	1.8	2.1
	Neonatal Abstinence Syndrome†	44	18.6	6.2
	Overweight or Obesity – Youth	48	40.6%	33.5%
Overall — Children*		43	-0.440	
Overall — Women and Children*		44	-0.568	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- High enrollment in early childhood education
- High prevalence of women with a dedicated health care provider
- High prevalence of well-woman visits

Challenges

- High infant mortality rate
- High percentage of women in poverty
- High teen birth rate

Highlights

Drug Deaths

77% ▲

from 24.2 to 42.8 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Firearm Deaths

55% ▲

from 8.6 to 13.3 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

HPV Vaccination

37% ▲

from 46.7% to 63.9% of adolescents ages 13-17 between 2018 and 2021.

Cigarette Smoking

34% ▼

from 25.2% to 16.7% of women ages 18-44 between 2016-2017 and 2020-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		48	-0.872	
Community and Family Safety	Firearm Deaths†	41	10.8	5.6
	Injury Deaths	44	75.3	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.9%	2.6%
Economic Resources	Concentrated Disadvantage	49	43.1%	25.9%
	Food Insecurity	48	14.5%	10.4%
	Gender Pay Gap†	49	72.1%	81.5%
	Poverty	50	24.8%	15.5%
	Unemployment	24	4.5%	5.2%
Education	College Graduate	40	31.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	4	8.4%	11.7%
	Residential Segregation – Black/White	9	57	—
	Voter Participation	44	55.6%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	23	7.4	7.8
	Drinking Water Violations	42	1.8%	0.8%
	Household Smoke	36	17.5%	13.8%
	Water Fluoridation	45	38.0%	72.7%
Climate and Health	Climate Change Policies	26	2	—
	Transportation Energy Use†	47	15.2	8.2
Housing and Transportation	Drive Alone to Work	48	78.8%	66.0%
	Housing Cost Burden (households with children)†	40	32.4%	31.2%
	Housing With Lead Risk	18	12.9%	16.9%
	Severe Housing Problems	30	15.5%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		48	-0.990	
Community and Family Safety	Child Victimization†	18	5.9	8.1
	Firearm Deaths†	46	13.3	5.3
	Injury Deaths	47	30.3	17.4
Economic Resources	Children in Poverty	49	26.9%	16.9%
	Children in Poverty Racial Disparity	21	3.2	3.0
	High-Speed Internet	44	93.8%	95.3%
	Students Experiencing Homelessness	24	1.7%	2.2%
	WIC Coverage	48	34.5%	48.3%
Education	Early Childhood Education	9	45.1%	40.2%
	Fourth Grade Reading Proficiency	41	28.3%	32.1%
	High School Completion	47	86.7%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	42	18.6%	14.0%
	Foster Care Instability	35	17.8%	15.2%
	Neighborhood Amenities	47	17.6%	35.5%
	Reading, Singing or Storytelling	47	50.0%	57.2%
Physical Environment*		46	-0.433	
Air and Water Quality	Air Pollution	23	7.4	7.8
	Drinking Water Violations	42	1.8%	0.8%
	Household Smoke	36	17.5%	13.8%
	Water Fluoridation	45	38.0%	72.7%
Climate and Health	Climate Change Policies	26	2	—
	Transportation Energy Use†	47	15.2	8.2
Housing and Transportation	Drive Alone to Work	48	78.8%	66.0%
	Housing Cost Burden (households with children)†	40	32.4%	31.2%
	Housing With Lead Risk	18	12.9%	16.9%
	Severe Housing Problems	30	15.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		37	-0.034	
Access to Care	Adequate Prenatal Care	33	75.8%	74.7%
	Avoided Care Due to Cost	36	15.7%	14.6%
	Maternity Care Desert†	32	5.4	3.1
	Uninsured	24	9.1%	11.8%
	Women's Health Providers	41	39.1	46.0
Preventive Clinical Services	Cervical Cancer Screening	20	77.6%	77.1%
	Dental Visit	41	63.8%	65.5%
	Flu Vaccination	45	32.4%	38.9%
	Postpartum Visit†	—	89.1%	90.9%
	Well-Woman Visit	9	75.5%	70.5%
Quality of Care	Breastfeeding Initiation†	47	69.6%	83.7%
	Dedicated Health Care Provider	11	84.5%	79.2%
	Low-Risk Cesarean Delivery	48	29.8%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		50	-1.187	
Nutrition and Physical Activity	Exercise	44	17.6%	21.5%
	Fruit and Vegetable Consumption	46	6.4%	9.8%
	Physical Inactivity	49	26.9%	21.1%
Sexual Health	Chlamydia	47	2,430.8	1,563.1
	High-Risk HIV Behaviors	45	11.3%	9.6%
	Unintended Pregnancy†	—	36.8%	25.5%
Sleep Health	Insufficient Sleep	43	38.1%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	48	14.9%	8.8%
	Smoking	33	16.7%	12.1%
	Smoking During Pregnancy	19	4.4%	4.6%
Health Outcomes*		48	-1.390	
Behavioral Health	Drug Deaths†	45	42.8	25.7
	Excessive Drinking	41	21.3%	18.8%
	Frequent Mental Distress	44	25.7%	21.0%
	Illicit Drug Use	41	12.5%	10.8%
	Postpartum Depression†	—	12.1%	12.7%
Mortality	Maternal Mortality†	42	39.4	22.4
	Mortality Rate	46	214.3	136.4
Physical Health	Depression†	39	35.1%	27.4%
	Frequent Physical Distress	49	10.5%	7.1%
	High Blood Pressure	47	17.6%	10.8%
	High Health Status†	45	55.1%	59.0%
	Multiple Chronic Conditions	37	5.5%	4.2%
	Obesity	44	38.9%	31.5%
	Severe Maternal Morbidity†	23	81.5	88.3
Overall — Women*		49	-0.836	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		37	-0.190	
Access to Care	ADD/ADHD Treatment	2	5.2%	2.8%
	Pediatricians	29	97.0	109.3
	Uninsured	17	4.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	49	63.7%	70.0%
	HPV Vaccination	23	63.9%	61.7%
	Preventive Dental Care	44	72.6%	75.1%
	Well-Child Visit	34	75.8%	76.7%
Quality of Care	Adequate Insurance	21	70.0%	68.2%
	Developmental Screening	44	24.2%	34.8%
	Medical Home	43	44.5%	46.0%
Behaviors*		49	-1.353	
Nutrition and Physical Activity	Breastfed	41	22.2%	24.9%
	Food Sufficiency	47	64.9%	71.9%
	Physical Activity	44	17.5%	20.5%
	Soda Consumption – Youth†	—	13.5%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	48	24.5	13.9
Sleep Health	Adequate Sleep	50	51.4%	66.6%
	Sleep Position†	—	69.3%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	41	25.5%	18.0%
	Tobacco Use	42	5.8%	4.0%
Health Outcomes*		48	-0.684	
Behavioral Health	Alcohol Use – Youth	34	9.9%	9.2%
	Anxiety	17	9.1%	9.2%
	Depression	6	3.3%	4.2%
	Flourishing	38	65.1%	66.6%
	Illicit Drug Use – Youth	2	6.3%	8.4%
	Teen Suicide†	24	11.8	10.6
Mortality	Child Mortality	48	43.7	27.4
	Infant Mortality	49	7.8	5.5
	Neonatal Mortality†	48	4.6	3.6
Physical Health	Asthma	23	6.6%	6.9%
	High Health Status†	49	87.1%	90.2%
	Low Birth Weight	49	11.3%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	15	5.3	6.2
	Overweight or Obesity – Youth	45	39.2%	33.5%
Overall — Children*		49	-0.779	
Overall — Women and Children*		48	-0.842	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Maine

State Health Department Website: maine.gov/dhhs

Overall Rank

21

Summary

Strengths

- High prevalence of high school completion
- High voter participation among women
- Low incidence of chlamydia among women

Challenges

- High prevalence of multiple chronic conditions among women
- Low enrollment in early childhood education
- High prevalence of cigarette smoking among women

Highlights

Mortality

44% ▲

from 91.5 to 131.8 deaths per 100,000 women ages 20-44 between 2018 and 2021.

Uninsured

43% ▼

from 12.0% to 6.9% of women ages 19-44 between 2017 and 2021.

Teen Births

26% ▼

from 10.6 to 7.8 births per 1,000 females ages 15-19 between 2020 and 2021.

Fourth Grade Reading Proficiency

19% ▼

from 36.0% to 29.2% of public school fourth grade students between 2019 and 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		20	0.213	
Community and Family Safety	Firearm Deaths†	8	3.4	5.6
	Injury Deaths	35	59.1	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.5%	2.6%
Economic Resources	Concentrated Disadvantage	6	8.8%	25.9%
	Food Insecurity	16	9.5%	10.4%
	Gender Pay Gap†	15	82.6%	81.5%
	Poverty	16	14.8%	15.5%
	Unemployment	28	4.7%	5.2%
Education	College Graduate	26	35.9%	36.8%
Social Support and Engagement	Infant Child Care Cost†	21	11.4%	11.7%
	Residential Segregation – Black/White	46	76	—
	Voter Participation	4	69.2%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		17	0.220	
Community and Family Safety	Child Victimization†	48	16.8	8.1
	Firearm Deaths†	7	3.2	5.3
	Injury Deaths	15	15.8	17.4
Economic Resources	Children in Poverty	25	15.1%	16.9%
	Children in Poverty Racial Disparity	3	2.5	3.0
	High-Speed Internet	8	96.8%	95.3%
	Students Experiencing Homelessness	7	1.2%	2.2%
	WIC Coverage	37	40.4%	48.3%
Education	Early Childhood Education	40	35.0%	40.2%
	Fourth Grade Reading Proficiency	40	29.2%	32.1%
	High School Completion	1	94.5%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	39	17.9%	14.0%
	Foster Care Instability	20	14.1%	15.2%
	Neighborhood Amenities	31	31.9%	35.5%
	Reading, Singing or Storytelling	2	73.1%	57.2%
Physical Environment*		7	0.358	
Air and Water Quality	Air Pollution	6	5.1	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	33	16.4%	13.8%
	Water Fluoridation	21	79.5%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	17	7.7	8.2
Housing and Transportation	Drive Alone to Work	20	68.1%	66.0%
	Housing Cost Burden (households with children)†	13	25.1%	31.2%
	Housing With Lead Risk	40	22.7%	16.9%
	Severe Housing Problems	15	13.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		7	0.833	
Access to Care	Adequate Prenatal Care	3	85.2%	74.7%
	Avoided Care Due to Cost	25	13.8%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	10	6.9%	11.8%
	Women's Health Providers	15	54.9	46.0
Preventive Clinical Services	Cervical Cancer Screening	11	79.2%	77.1%
	Dental Visit	38	64.1%	65.5%
	Flu Vaccination	17	43.1%	38.9%
	Postpartum Visit†	—	93.3%	90.9%
	Well-Woman Visit	4	76.0%	70.5%
Quality of Care	Breastfeeding Initiation†	14	88.3%	83.7%
	Dedicated Health Care Provider	2	90.2%	79.2%
	Low-Risk Cesarean Delivery	24	25.3%	26.3%
	Maternity Practices Score	12	85	81
Behaviors*		28	-0.146	
Nutrition and Physical Activity	Exercise	33	20.0%	21.5%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	11	18.0%	21.1%
Sexual Health	Chlamydia	1	326.0	1,563.1
	High-Risk HIV Behaviors	47	11.5%	9.6%
	Unintended Pregnancy†	—	21.2%	25.5%
Sleep Health	Insufficient Sleep	10	30.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	25	9.4%	8.8%
	Smoking	46	19.6%	12.1%
	Smoking During Pregnancy	46	10.0%	4.6%
Health Outcomes*		36	-0.479	
Behavioral Health	Drug Deaths†	41	38.1	25.7
	Excessive Drinking	25	18.9%	18.8%
	Frequent Mental Distress	39	25.1%	21.0%
	Illicit Drug Use	13	9.4%	10.8%
	Postpartum Depression†	—	12.3%	12.7%
Mortality	Maternal Mortality†	—	—	22.4
	Mortality Rate	23	131.8	136.4
Physical Health	Depression†	42	35.9%	27.4%
	Frequent Physical Distress	45	9.6%	7.1%
	High Blood Pressure	22	10.0%	10.8%
	High Health Status†	4	64.7%	59.0%
	Multiple Chronic Conditions	45	6.2%	4.2%
	Obesity	23	31.1%	31.5%
	Severe Maternal Morbidity†	3	55.1	88.3
Overall — Women*		22	0.110	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		6	0.889	
Access to Care	ADD/ADHD Treatment	19	3.3%	2.8%
	Pediatricians	12	126.9	109.3
	Uninsured	22	4.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	8	77.2%	70.0%
	HPV Vaccination	32	61.5%	61.7%
	Preventive Dental Care	26	76.6%	75.1%
	Well-Child Visit	2	85.3%	76.7%
Quality of Care	Adequate Insurance	34	66.8%	68.2%
	Developmental Screening	2	49.0%	34.8%
	Medical Home	2	54.4%	46.0%
Behaviors*		10	0.642	
Nutrition and Physical Activity	Breastfed	16	28.7%	24.9%
	Food Sufficiency	15	74.2%	71.9%
	Physical Activity	11	25.0%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	84.5%	89.8%
	Teen Births	5	7.8	13.9
Sleep Health	Adequate Sleep	10	72.5%	66.6%
	Sleep Position†	—	90.5%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	19	17.5%	18.0%
	Tobacco Use	34	5.2%	4.0%
Health Outcomes*		41	-0.312	
Behavioral Health	Alcohol Use – Youth	39	10.4%	9.2%
	Anxiety	49	16.1%	9.2%
	Depression	42	6.0%	4.2%
	Flourishing	44	64.1%	66.6%
	Illicit Drug Use – Youth	49	12.3%	8.4%
	Teen Suicide†	35	14.1	10.6
	Mortality	Child Mortality	12	24.0
Infant Mortality		30	5.9	5.5
Neonatal Mortality†		41	4.3	3.6
Physical Health	Asthma	27	6.7%	6.9%
	High Health Status†	12	92.4%	90.2%
	Low Birth Weight	11	7.3%	8.5%
	Low Birth Weight Racial Disparity	4	1.5	2.1
	Neonatal Abstinence Syndrome†	46	20.1	6.2
	Overweight or Obesity – Youth	17	30.4%	33.5%
Overall — Children*		16	0.259	
Overall — Women and Children*		21	0.174	

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† Additional measure.

— Data not available, missing or suppressed.

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Maryland

State Health Department Website: health.maryland.gov

Overall Rank

11

Summary

Strengths

- High voter participation among women
- High WIC coverage among eligible children ages 0-4
- Low prevalence of cigarette smoking among women

Challenges

- High prevalence of high blood pressure among women
- High prevalence of unemployment among women
- High percentage of low-risk cesarean deliveries

Highlights

Firearm Deaths

47% ▲

from 3.6 to 5.3 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Cigarette Smoking

43% ▼

from 13.8% to 7.9% of women ages 18-44 between 2015-2016 and 2020-2021.

Children in Poverty

21% ▲

from 11.6% to 14.0% of children ages 0-17 between 2018 and 2021.

Infant Mortality

11% ▼

from 6.5 to 5.8 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		9	0.579	
Community and Family Safety	Firearm Deaths†	17	5.3	5.6
	Injury Deaths	29	53.8	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	24	20.5%	25.9%
	Food Insecurity	11	8.7%	10.4%
	Gender Pay Gap†	5	85.6%	81.5%
	Poverty	5	11.9%	15.5%
	Unemployment	37	5.4%	5.2%
Education	College Graduate	9	42.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	36	12.6%	11.7%
	Residential Segregation – Black/White	25	65	—
	Voter Participation	6	68.6%	60.7%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		10	0.455	
Community and Family Safety	Child Victimization†	13	4.6	8.1
	Firearm Deaths†	17	4.8	5.3
	Injury Deaths	9	14.2	17.4
Economic Resources	Children in Poverty	20	14.0%	16.9%
	Children in Poverty Racial Disparity	30	3.5	3.0
	High-Speed Internet	12	96.5%	95.3%
	Students Experiencing Homelessness	12	1.3%	2.2%
	WIC Coverage	4	57.4%	48.3%
Education	Early Childhood Education	29	38.3%	40.2%
	Fourth Grade Reading Proficiency	32	30.6%	32.1%
	High School Completion	26	91.1%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	6	12.0%	14.0%
	Foster Care Instability	16	11.8%	15.2%
	Neighborhood Amenities	13	38.0%	35.5%
	Reading, Singing or Storytelling	16	60.5%	57.2%

Physical Environment*

		State Rank	State Value	U.S. Value
Air and Water Quality		1	0.670	
Air and Water Quality	Air Pollution	13	6.7	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	7	10.6%	13.8%
	Water Fluoridation	8	93.7%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	7	6.8	8.2
Housing and Transportation	Drive Alone to Work	4	59.1%	66.0%
	Housing Cost Burden (households with children)†	35	31.3%	31.2%
	Housing With Lead Risk	27	17.0%	16.9%
	Severe Housing Problems	32	15.7%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		24	0.333	
Access to Care	Adequate Prenatal Care	41	73.4%	74.7%
	Avoided Care Due to Cost	20	12.6%	14.6%
	Maternity Care Desert†	13	0.4	3.1
	Uninsured	17	7.7%	11.8%
	Women's Health Providers	12	56.0	46.0
Preventive Clinical Services	Cervical Cancer Screening	18	78.3%	77.1%
	Dental Visit	32	65.7%	65.5%
	Flu Vaccination	20	42.1%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	28	72.0%	70.5%
Quality of Care	Breastfeeding Initiation†	17	87.4%	83.7%
	Dedicated Health Care Provider	12	84.1%	79.2%
	Low-Risk Cesarean Delivery	46	29.3%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		11	0.264	
Nutrition and Physical Activity	Exercise	29	21.1%	21.5%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	33	21.9%	21.1%
Sexual Health	Chlamydia	—	—	1,563.1
	High-Risk HIV Behaviors	2	7.2%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	33	34.8%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	1	5.8%	8.8%
	Smoking	3	7.9%	12.1%
	Smoking During Pregnancy	10	3.3%	4.6%
Health Outcomes*		8	0.439	
Behavioral Health	Drug Deaths†	40	35.1	25.7
	Excessive Drinking	5	15.4%	18.8%
	Frequent Mental Distress	10	18.7%	21.0%
	Illicit Drug Use	4	8.3%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	20	22.0	22.4
	Mortality Rate	19	125.5	136.4
Physical Health	Depression†	11	25.0%	27.4%
	Frequent Physical Distress	4	5.7%	7.1%
	High Blood Pressure	42	14.6%	10.8%
	High Health Status†	14	62.3%	59.0%
	Multiple Chronic Conditions	5	3.3%	4.2%
	Obesity	25	31.7%	31.5%
	Severe Maternal Morbidity†	38	90.8	88.3
Overall — Women*		4	0.460	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		8	0.837	
Access to Care	ADD/ADHD Treatment	21	3.1%	2.8%
	Pediatricians	9	140.3	109.3
	Uninsured	22	4.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	12	75.4%	70.0%
	HPV Vaccination	6	71.9%	61.7%
	Preventive Dental Care	15	78.1%	75.1%
	Well-Child Visit	8	81.6%	76.7%
Quality of Care	Adequate Insurance	3	74.7%	68.2%
	Developmental Screening	20	39.9%	34.8%
	Medical Home	37	46.4%	46.0%
Behaviors*		19	0.367	
Nutrition and Physical Activity	Breastfed	15	28.9%	24.9%
	Food Sufficiency	6	76.4%	71.9%
	Physical Activity	36	20.0%	20.5%
	Soda Consumption – Youth†	—	6.7%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	91.9%	89.8%
	Teen Births	16	11.3	13.9
Sleep Health	Adequate Sleep	33	65.0%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	6	14.7%	18.0%
	Tobacco Use	10	3.5%	4.0%
Health Outcomes*		28	-0.102	
Behavioral Health	Alcohol Use – Youth	15	9.1%	9.2%
	Anxiety	26	10.2%	9.2%
	Depression	25	4.4%	4.2%
	Flourishing	41	64.5%	66.6%
	Illicit Drug Use – Youth	29	8.3%	8.4%
	Teen Suicide†	6	8.3	10.6
	Mortality	Child Mortality	13	24.2
Infant Mortality		26	5.8	5.5
Neonatal Mortality†		31	4.0	3.6
Physical Health	Asthma	39	7.9%	6.9%
	High Health Status†	4	93.3%	90.2%
	Low Birth Weight	32	8.9%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	39	11.6	6.2
	Overweight or Obesity – Youth	22	31.8%	33.5%
Overall — Children*		10	0.391	
Overall — Women and Children*		11	0.398	

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† Additional measure.

— Data not available, missing or suppressed.

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Massachusetts

State Health Department Website: mass.gov/orgs/departments-of-public-health

Overall Rank

2

Summary

Strengths

- Low child mortality rate
- Low prevalence of obesity among women
- Low teen birth rate

Challenges

- High prevalence of excessive drinking among women
- High foster care placement instability
- Low prevalence of fruit and vegetable consumption among women

Highlights

Cigarette Smoking During Pregnancy

55% ▼

from 6.2% to 2.8% of women with a live birth between 2014 and 2021.

Frequent Mental Distress

41% ▲

from 14.7% to 20.7% of women ages 18-44 between 2015-2016 and 2020-2021.

Early Childhood Education Enrollment

21% ▼

from 61.3% to 48.7% of children ages 3-4 between 2018 and 2021.

Pediatricians

6% ▲

from 201.5 to 214.0 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		7	0.686	
Community and Family Safety	Firearm Deaths†	1	1.1	5.6
	Injury Deaths	14	40.5	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.8%	2.6%
Economic Resources	Concentrated Disadvantage	22	19.2%	25.9%
	Food Insecurity	9	8.4%	10.4%
	Gender Pay Gap†	6	85.5%	81.5%
	Poverty	10	12.6%	15.5%
	Unemployment	34	5.1%	5.2%
Education	College Graduate	1	48.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	46	15.9%	11.7%
	Residential Segregation – Black/White	25	65	—
	Voter Participation	16	63.5%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	19	7.3	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	2	8.6%	13.8%
	Water Fluoridation	37	57.8%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	3	5.8	8.2
Housing and Transportation	Drive Alone to Work	2	57.8%	66.0%
	Housing Cost Burden (households with children)†	38	31.9%	31.2%
	Housing With Lead Risk	48	29.7%	16.9%
	Severe Housing Problems	39	17.1%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		1	0.854	
Community and Family Safety	Child Victimization†	47	16.6	8.1
	Firearm Deaths†	1	1.1	5.3
	Injury Deaths	1	7.5	17.4
Economic Resources	Children in Poverty	11	12.6%	16.9%
	Children in Poverty Racial Disparity	43	4.6	3.0
	High-Speed Internet	2	97.4%	95.3%
	Students Experiencing Homelessness	36	2.2%	2.2%
	WIC Coverage	2	60.4%	48.3%
Education	Early Childhood Education	5	48.7%	40.2%
	Fourth Grade Reading Proficiency	1	42.6%	32.1%
	High School Completion	26	91.1%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	2	10.1%	14.0%
	Foster Care Instability	45	21.7%	15.2%
	Neighborhood Amenities	4	49.5%	35.5%
	Reading, Singing or Storytelling	10	63.3%	57.2%
Physical Environment*		11	0.226	
Air and Water Quality	Air Pollution	19	7.3	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	2	8.6%	13.8%
	Water Fluoridation	37	57.8%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	3	5.8	8.2
Housing and Transportation	Drive Alone to Work	2	57.8%	66.0%
	Housing Cost Burden (households with children)†	38	31.9%	31.2%
	Housing With Lead Risk	48	29.7%	16.9%
	Severe Housing Problems	39	17.1%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		3	1.087	
Access to Care	Adequate Prenatal Care	12	80.2%	74.7%
	Avoided Care Due to Cost	12	11.4%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	1	2.9%	11.8%
	Women's Health Providers	10	58.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	44	72.6%	77.1%
	Dental Visit	4	73.9%	65.5%
	Flu Vaccination	2	52.6%	38.9%
	Postpartum Visit†	—	92.6%	90.9%
	Well-Woman Visit	9	75.5%	70.5%
Quality of Care	Breastfeeding Initiation†	16	87.6%	83.7%
	Dedicated Health Care Provider	5	87.3%	79.2%
	Low-Risk Cesarean Delivery	29	26.0%	26.3%
	Maternity Practices Score	3	88	81
Behaviors*		7	0.511	
Nutrition and Physical Activity	Exercise	13	22.8%	21.5%
	Fruit and Vegetable Consumption	29	8.6%	9.8%
	Physical Inactivity	15	19.0%	21.1%
Sexual Health	Chlamydia	8	1,158.2	1,563.1
	High-Risk HIV Behaviors	11	8.6%	9.6%
	Unintended Pregnancy†	—	19.5%	25.5%
Sleep Health	Insufficient Sleep	17	31.6%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	8	7.6%	8.8%
	Smoking	7	9.5%	12.1%
	Smoking During Pregnancy	7	2.8%	4.6%
Health Outcomes*		9	0.435	
Behavioral Health	Drug Deaths†	29	29.3	25.7
	Excessive Drinking	30	19.6%	18.8%
	Frequent Mental Distress	16	20.7%	21.0%
	Illicit Drug Use	36	11.8%	10.8%
	Postpartum Depression†	—	10.4%	12.7%
Mortality	Maternal Mortality†	4	14.2	22.4
	Mortality Rate	2	88.9	136.4
Physical Health	Depression†	14	27.0%	27.4%
	Frequent Physical Distress	9	6.2%	7.1%
	High Blood Pressure	4	8.4%	10.8%
	High Health Status†	2	65.2%	59.0%
	Multiple Chronic Conditions	24	4.4%	4.2%
	Obesity	1	22.7%	31.5%
	Severe Maternal Morbidity†	47	107.2	88.3
Overall — Women*		2	0.564	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		1	1.519	
Access to Care	ADD/ADHD Treatment	27	2.7%	2.8%
	Pediatricians	1	214.0	109.3
	Uninsured	1	1.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	4	79.0%	70.0%
	HPV Vaccination	2	75.0%	61.7%
	Preventive Dental Care	9	81.0%	75.1%
	Well-Child Visit	4	84.8%	76.7%
Quality of Care	Adequate Insurance	6	73.3%	68.2%
	Developmental Screening	8	44.7%	34.8%
	Medical Home	14	51.4%	46.0%
Behaviors*		4	0.815	
Nutrition and Physical Activity	Breastfed	11	29.2%	24.9%
	Food Sufficiency	1	81.5%	71.9%
	Physical Activity	39	19.4%	20.5%
	Soda Consumption – Youth†	—	4.9%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	82.6%	89.8%
	Teen Births	2	5.7	13.9
Sleep Health	Adequate Sleep	14	70.6%	66.6%
	Sleep Position†	—	85.7%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	17	17.2%	18.0%
	Tobacco Use	18	3.9%	4.0%
Health Outcomes*		17	0.097	
Behavioral Health	Alcohol Use – Youth	43	10.8%	9.2%
	Anxiety	45	13.2%	9.2%
	Depression	39	5.5%	4.2%
	Flourishing	34	65.7%	66.6%
	Illicit Drug Use – Youth	43	11.0%	8.4%
	Teen Suicide†	1	4.8	10.6
Mortality	Child Mortality	1	14.7	27.4
	Infant Mortality	2	3.8	5.5
	Neonatal Mortality†	3	2.8	3.6
Physical Health	Asthma	36	7.8%	6.9%
	High Health Status†	17	92.1%	90.2%
	Low Birth Weight	15	7.5%	8.5%
	Low Birth Weight Racial Disparity	11	1.8	2.1
	Neonatal Abstinence Syndrome†	34	9.0	6.2
	Overweight or Obesity – Youth	8	28.1%	33.5%
Overall — Children*		2	0.643	
Overall — Women and Children*		2	0.645	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Michigan

State Health Department Website: michigan.gov/mdhhs

Overall Rank

28

Summary

Strengths

- High WIC coverage among eligible children ages 0-4
- High voter participation among women
- High prevalence of women with a dedicated health care provider

Challenges

- High infant mortality rate
- High prevalence of multiple chronic conditions among women
- High prevalence of cigarette smoking during pregnancy

Highlights

Teen Births

56% ▼

from 27.7 to 12.2 births per 1,000 females ages 15-19 between 2011 and 2021.

Frequent Mental Distress

39% ▲

from 18.0% to 25.1% of women ages 18-44 between 2015-2016 and 2020-2021.

Cigarette Smoking

22% ▼

from 21.8% to 17.0% of women ages 18-44 between 2015-2016 and 2020-2021.

Early Childhood Education Enrollment

19% ▼

from 48.3% to 38.9% of children ages 3-4 between 2016 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		35	-0.221	
Community and Family Safety	Firearm Deaths†	24	6.0	5.6
	Injury Deaths	28	53.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.7%	2.6%
Economic Resources	Concentrated Disadvantage	29	23.6%	25.9%
	Food Insecurity	39	11.4%	10.4%
	Gender Pay Gap†	39	77.8%	81.5%
	Poverty	36	16.7%	15.5%
	Unemployment	34	5.1%	5.2%
Education	College Graduate	35	33.0%	36.8%
Social Support and Engagement	Infant Child Care Cost†	22	11.5%	11.7%
	Residential Segregation – Black/White	45	74	—
	Voter Participation	8	67.0%	60.7%
Physical Environment*		29	-0.031	
Air and Water Quality	Air Pollution	33	8.2	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	41	18.6%	13.8%
	Water Fluoridation	15	89.3%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	10	7.1	8.2
Housing and Transportation	Drive Alone to Work	30	70.9%	66.0%
	Housing Cost Burden (households with children)†	22	26.3%	31.2%
	Housing With Lead Risk	39	21.8%	16.9%
	Severe Housing Problems	19	13.8%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		15	0.246	
Community and Family Safety	Child Victimization†	32	11.4	8.1
	Firearm Deaths†	15	4.6	5.3
	Injury Deaths	18	16.1	17.4
Economic Resources	Children in Poverty	33	17.8%	16.9%
	Children in Poverty Racial Disparity	14	3.0	3.0
	High-Speed Internet	15	96.2%	95.3%
	Students Experiencing Homelessness	32	1.9%	2.2%
	WIC Coverage	5	57.3%	48.3%
Education	Early Childhood Education	24	38.9%	40.2%
	Fourth Grade Reading Proficiency	41	28.3%	32.1%
	High School Completion	17	92.0%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	19	14.2%	14.0%
	Foster Care Instability	7	10.3%	15.2%
	Neighborhood Amenities	26	33.8%	35.5%
	Reading, Singing or Storytelling	11	63.2%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		12	0.581	
Access to Care	Adequate Prenatal Care	21	79.2%	74.7%
	Avoided Care Due to Cost	22	13.1%	14.6%
	Maternity Care Desert†	19	1.2	3.1
	Uninsured	5	6.0%	11.8%
	Women's Health Providers	14	55.2	46.0
Preventive Clinical Services	Cervical Cancer Screening	6	80.1%	77.1%
	Dental Visit	14	69.6%	65.5%
	Flu Vaccination	31	38.0%	38.9%
	Postpartum Visit†	—	87.5%	90.9%
	Well-Woman Visit	16	74.3%	70.5%
Quality of Care	Breastfeeding Initiation†	26	82.9%	83.7%
	Dedicated Health Care Provider	10	85.5%	79.2%
	Low-Risk Cesarean Delivery	39	28.1%	26.3%
	Maternity Practices Score	30	80	81
Behaviors*		35	-0.378	
Nutrition and Physical Activity	Exercise	8	24.4%	21.5%
	Fruit and Vegetable Consumption	18	10.4%	9.8%
	Physical Inactivity	21	20.1%	21.1%
Sexual Health	Chlamydia	26	1,548.1	1,563.1
	High-Risk HIV Behaviors	42	11.1%	9.6%
	Unintended Pregnancy†	—	23.9%	25.5%
Sleep Health	Insufficient Sleep	38	37.6%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	45	12.1%	8.8%
	Smoking	35	17.0%	12.1%
	Smoking During Pregnancy	36	8.3%	4.6%
Health Outcomes*		41	-0.838	
Behavioral Health	Drug Deaths†	30	30.5	25.7
	Excessive Drinking	33	20.1%	18.8%
	Frequent Mental Distress	39	25.1%	21.0%
	Illicit Drug Use	45	13.4%	10.8%
	Postpartum Depression†	—	16.5%	12.7%
Mortality	Maternal Mortality†	13	18.4	22.4
	Mortality Rate	27	144.4	136.4
Physical Health	Depression†	34	33.6%	27.4%
	Frequent Physical Distress	39	8.7%	7.1%
	High Blood Pressure	36	13.1%	10.8%
	High Health Status†	32	58.4%	59.0%
	Multiple Chronic Conditions	44	5.9%	4.2%
	Obesity	33	34.2%	31.5%
	Severe Maternal Morbidity†	37	89.9	88.3
Overall — Women*		36	-0.226	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		12	0.625	
Access to Care	ADD/ADHD Treatment	8	4.1%	2.8%
	Pediatricians	19	107.1	109.3
	Uninsured	7	3.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	23	71.4%	70.0%
	HPV Vaccination	20	64.7%	61.7%
	Preventive Dental Care	27	76.3%	75.1%
	Well-Child Visit	18	79.5%	76.7%
Quality of Care	Adequate Insurance	11	71.8%	68.2%
	Developmental Screening	10	44.3%	34.8%
	Medical Home	24	49.0%	46.0%
Behaviors*		26	0.208	
Nutrition and Physical Activity	Breastfed	27	25.1%	24.9%
	Food Sufficiency	21	73.6%	71.9%
	Physical Activity	28	22.3%	20.5%
	Soda Consumption – Youth†	—	6.8%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	86.9%	89.8%
	Teen Births	21	12.2	13.9
Sleep Health	Adequate Sleep	15	68.8%	66.6%
	Sleep Position†	—	86.5%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	3	14.0%	18.0%
	Tobacco Use	25	4.5%	4.0%
Health Outcomes*		37	-0.261	
Behavioral Health	Alcohol Use – Youth	15	9.1%	9.2%
	Anxiety	24	10.1%	9.2%
	Depression	34	5.0%	4.2%
	Flourishing	12	67.8%	66.6%
	Illicit Drug Use – Youth	36	8.9%	8.4%
	Teen Suicide†	13	10.4	10.6
Mortality	Child Mortality	21	27.0	27.4
	Infant Mortality	38	6.6	5.5
	Neonatal Mortality†	44	4.4	3.6
Physical Health	Asthma	36	7.8%	6.9%
	High Health Status†	31	90.4%	90.2%
	Low Birth Weight	37	9.2%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	21	5.9	6.2
	Overweight or Obesity – Youth	29	33.5%	33.5%
Overall — Children*		23	0.119	
Overall — Women and Children*		28	-0.040	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low infant mortality rate
- High prevalence of high school completion
- High voter participation among women

Challenges

- High prevalence of excessive drinking among women
- High racial disparity among children in poverty
- Low prevalence of well-woman visits

Highlights

Drug Deaths

55% ▲

from 13.1 to 20.3 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Injury Deaths

23% ▲

from 12.1 to 14.9 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Children In Poverty

18% ▼

from 13.1% to 10.8% of children ages 0-17 between 2015 and 2021.

Infant Mortality

17% ▼

from 5.2 to 4.3 deaths per 1,000 live births between 2015-2016 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		2	1.109	
Community and Family Safety	Firearm Deaths†	6	3.2	5.6
	Injury Deaths	10	38.6	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.0%	2.6%
Economic Resources	Concentrated Disadvantage	8	10.9%	25.9%
	Food Insecurity	3	7.4%	10.4%
	Gender Pay Gap†	22	81.2%	81.5%
	Poverty	5	11.9%	15.5%
	Unemployment	18	4.0%	5.2%
Education	College Graduate	6	44.1%	36.8%
Social Support and Engagement	Infant Child Care Cost†	40	13.7%	11.7%
	Residential Segregation – Black/White	24	64	—
	Voter Participation	2	72.3%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	23	7.4	7.8
	Drinking Water Violations	39	1.1%	0.8%
	Household Smoke	14	12.5%	13.8%
	Water Fluoridation	2	98.8%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	20	7.8	8.2
Housing and Transportation	Drive Alone to Work	11	64.1%	66.0%
	Housing Cost Burden (households with children)†	4	21.6%	31.2%
	Housing With Lead Risk	31	19.0%	16.9%
	Severe Housing Problems	9	12.7%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		4	0.698	
Community and Family Safety	Child Victimization†	11	4.2	8.1
	Firearm Deaths†	6	3.0	5.3
	Injury Deaths	10	14.9	17.4
Economic Resources	Children in Poverty	5	10.8%	16.9%
	Children in Poverty Racial Disparity	47	5.9	3.0
	High-Speed Internet	2	97.4%	95.3%
	Students Experiencing Homelessness	7	1.2%	2.2%
	WIC Coverage	3	59.8%	48.3%
Education	Early Childhood Education	21	39.3%	40.2%
	Fourth Grade Reading Proficiency	24	32.2%	32.1%
	High School Completion	5	94.1%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	13	12.7%	14.0%
	Foster Care Instability	11	11.3%	15.2%
	Neighborhood Amenities	10	43.0%	35.5%
	Reading, Singing or Storytelling	6	65.5%	57.2%
Physical Environment*		4	0.429	
Air and Water Quality	Air Pollution	23	7.4	7.8
	Drinking Water Violations	39	1.1%	0.8%
	Household Smoke	14	12.5%	13.8%
	Water Fluoridation	2	98.8%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	20	7.8	8.2
Housing and Transportation	Drive Alone to Work	11	64.1%	66.0%
	Housing Cost Burden (households with children)†	4	21.6%	31.2%
	Housing With Lead Risk	31	19.0%	16.9%
	Severe Housing Problems	9	12.7%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		10	0.695	
Access to Care	Adequate Prenatal Care	16	79.9%	74.7%
	Avoided Care Due to Cost	6	10.3%	14.6%
	Maternity Care Desert†	21	2.3	3.1
	Uninsured	5	6.0%	11.8%
	Women's Health Providers	11	56.3	46.0
Preventive Clinical Services	Cervical Cancer Screening	20	77.6%	77.1%
	Dental Visit	10	70.7%	65.5%
	Flu Vaccination	6	47.8%	38.9%
	Postpartum Visit†	—	92.2%	90.9%
	Well-Woman Visit	35	70.0%	70.5%
Quality of Care	Breastfeeding Initiation†	11	89.0%	83.7%
	Dedicated Health Care Provider	37	78.8%	79.2%
	Low-Risk Cesarean Delivery	27	25.5%	26.3%
	Maternity Practices Score	27	81	81
Behaviors*		8	0.502	
Nutrition and Physical Activity	Exercise	11	23.8%	21.5%
	Fruit and Vegetable Consumption	26	9.1%	9.8%
	Physical Inactivity	10	17.7%	21.1%
Sexual Health	Chlamydia	14	1,275.6	1,563.1
	High-Risk HIV Behaviors	12	8.7%	9.6%
	Unintended Pregnancy†	—	20.3%	25.5%
Sleep Health	Insufficient Sleep	3	27.0%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	15	8.4%	8.8%
	Smoking	23	13.4%	12.1%
	Smoking During Pregnancy	24	5.6%	4.6%
Health Outcomes*		11	0.275	
Behavioral Health	Drug Deaths†	16	20.3	25.7
	Excessive Drinking	43	22.8%	18.8%
	Frequent Mental Distress	21	21.8%	21.0%
	Illicit Drug Use	9	9.2%	10.8%
	Postpartum Depression†	—	11.3%	12.7%
Mortality	Maternal Mortality†	3	12.4	22.4
	Mortality Rate	8	101.0	136.4
Physical Health	Depression†	27	31.8%	27.4%
	Frequent Physical Distress	16	7.0%	7.1%
	High Blood Pressure	9	8.8%	10.8%
	High Health Status†	10	63.5%	59.0%
	Multiple Chronic Conditions	11	3.6%	4.2%
	Obesity	11	27.7%	31.5%
	Severe Maternal Morbidity†	41	95.1	88.3
Overall — Women*		1	0.598	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		17	0.397	
Access to Care	ADD/ADHD Treatment	48	1.3%	2.8%
	Pediatricians	22	103.2	109.3
	Uninsured	9	3.2%	5.4%
Preventive Clinical Services	Childhood Immunizations	21	71.7%	70.0%
	HPV Vaccination	18	65.7%	61.7%
	Preventive Dental Care	42	73.6%	75.1%
	Well-Child Visit	26	77.0%	76.7%
Quality of Care	Adequate Insurance	31	67.3%	68.2%
	Developmental Screening	3	48.7%	34.8%
	Medical Home	6	53.4%	46.0%
Behaviors*		1	1.240	
Nutrition and Physical Activity	Breastfed	1	36.5%	24.9%
	Food Sufficiency	2	80.2%	71.9%
	Physical Activity	14	24.8%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	8	8.5	13.9
Sleep Health	Adequate Sleep	1	76.8%	66.6%
	Sleep Position†	—	90.3%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	25	4.5%	4.0%
Health Outcomes*		4	0.607	
Behavioral Health	Alcohol Use – Youth	45	11.0%	9.2%
	Anxiety	21	9.8%	9.2%
	Depression	18	4.1%	4.2%
	Flourishing	4	69.2%	66.6%
	Illicit Drug Use – Youth	26	8.2%	8.4%
	Teen Suicide†	21	11.6	10.6
Mortality	Child Mortality	13	24.2	27.4
	Infant Mortality	7	4.3	5.5
	Neonatal Mortality†	10	3.0	3.6
Physical Health	Asthma	3	5.2%	6.9%
	High Health Status†	18	92.0%	90.2%
	Low Birth Weight	10	7.2%	8.5%
	Low Birth Weight Racial Disparity	11	1.8	2.1
	Neonatal Abstinence Syndrome†	16	5.5	6.2
	Overweight or Obesity – Youth	3	25.6%	33.5%
Overall — Children*		1	0.675	
Overall — Women and Children*		1	0.661	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- High enrollment in early childhood education
- High prevalence of well-woman visits
- Low prevalence of excessive drinking among women

Challenges

- High infant mortality rate
- High mortality rate among women ages 20-44
- High percentage of children in poverty

Highlights

Drug Deaths

89% ▲

from 12.0 to 22.7 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Teen Births

49% ▼

from 50.5 to 25.6 births per 1,000 females ages 15-19 between 2011 and 2021.

Cigarette Smoking During Pregnancy

32% ▼

from 10.0% to 6.8% of women with a live birth between 2016 and 2021.

Injury Deaths

23% ▲

from 25.6 to 31.6 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		46	-0.781	
Community and Family Safety	Firearm Deaths†	47	15.0	5.6
	Injury Deaths	42	70.0	48.1
	Intimate Partner Violence Before Pregnancy†	—	4.6%	2.6%
Economic Resources	Concentrated Disadvantage	48	42.7%	25.9%
	Food Insecurity	50	15.3%	10.4%
	Gender Pay Gap†	41	77.7%	81.5%
	Poverty	49	23.7%	15.5%
	Unemployment	30	4.9%	5.2%
Education	College Graduate	47	27.0%	36.8%
Social Support and Engagement	Infant Child Care Cost†	3	8.2%	11.7%
	Residential Segregation – Black/White	3	52	—
	Voter Participation	23	61.2%	60.7%
Physical Environment*		50	-0.739	
Air and Water Quality	Air Pollution	33	8.2	7.8
	Drinking Water Violations	48	6.3%	0.8%
	Household Smoke	45	20.0%	13.8%
	Water Fluoridation	35	61.1%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	46	11.9	8.2
Housing and Transportation	Drive Alone to Work	50	82.7%	66.0%
	Housing Cost Burden (households with children)†	33	30.1%	31.2%
	Housing With Lead Risk	11	10.7%	16.9%
	Severe Housing Problems	29	14.6%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		47	-0.963	
Community and Family Safety	Child Victimization†	33	12.3	8.1
	Firearm Deaths†	45	11.9	5.3
	Injury Deaths	48	31.6	17.4
Economic Resources	Children in Poverty	50	27.7%	16.9%
	Children in Poverty Racial Disparity	25	3.3	3.0
	High-Speed Internet	49	90.8%	95.3%
	Students Experiencing Homelessness	27	1.8%	2.2%
	WIC Coverage	24	47.0%	48.3%
Education	Early Childhood Education	19	39.9%	40.2%
	Fourth Grade Reading Proficiency	32	30.6%	32.1%
	High School Completion	48	86.5%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	35	17.2%	14.0%
	Foster Care Instability	31	16.9%	15.2%
	Neighborhood Amenities	50	12.9%	35.5%
	Reading, Singing or Storytelling	48	48.8%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		40	-0.259	
Access to Care	Adequate Prenatal Care	23	78.4%	74.7%
	Avoided Care Due to Cost	44	17.7%	14.6%
	Maternity Care Desert†	50	20.7	3.1
	Uninsured	48	18.4%	11.8%
	Women's Health Providers	48	31.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	1	85.2%	77.1%
	Dental Visit	26	67.1%	65.5%
	Flu Vaccination	49	29.7%	38.9%
	Postpartum Visit†	—	88.1%	90.9%
	Well-Woman Visit	4	76.0%	70.5%
Quality of Care	Breastfeeding Initiation†	49	63.2%	83.7%
	Dedicated Health Care Provider	28	80.0%	79.2%
	Low-Risk Cesarean Delivery	50	31.2%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		47	-1.078	
Nutrition and Physical Activity	Exercise	40	18.6%	21.5%
	Fruit and Vegetable Consumption	49	3.8%	9.8%
	Physical Inactivity	50	27.4%	21.1%
Sexual Health	Chlamydia	49	2,552.9	1,563.1
	High-Risk HIV Behaviors	7	8.2%	9.6%
	Unintended Pregnancy†	—	41.2%	25.5%
Sleep Health	Insufficient Sleep	37	37.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	21	9.0%	8.8%
	Smoking	41	18.6%	12.1%
	Smoking During Pregnancy	30	6.8%	4.6%
Health Outcomes*		45	-0.976	
Behavioral Health	Drug Deaths†	22	22.7	25.7
	Excessive Drinking	7	16.0%	18.8%
	Frequent Mental Distress	24	22.1%	21.0%
	Illicit Drug Use	7	8.8%	10.8%
	Postpartum Depression†	—	20.8%	12.7%
Mortality	Maternal Mortality†	41	38.0	22.4
	Mortality Rate	48	244.4	136.4
Physical Health	Depression†	20	28.5%	27.4%
	Frequent Physical Distress	27	7.7%	7.1%
	High Blood Pressure	48	17.8%	10.8%
	High Health Status†	50	53.4%	59.0%
	Multiple Chronic Conditions	47	6.7%	4.2%
	Obesity	50	43.1%	31.5%
	Severe Maternal Morbidity†	11	69.9	88.3
Overall — Women*		48	-0.800	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		41	-0.416	
Access to Care	ADD/ADHD Treatment	1	5.9%	2.8%
	Pediatricians	46	66.1	109.3
	Uninsured	36	6.2%	5.4%
Preventive Clinical Services	Childhood Immunizations	31	69.9%	70.0%
	HPV Vaccination	50	32.7%	61.7%
	Preventive Dental Care	46	72.0%	75.1%
	Well-Child Visit	47	70.9%	76.7%
Quality of Care	Adequate Insurance	9	72.1%	68.2%
	Developmental Screening	33	34.1%	34.8%
	Medical Home	44	44.2%	46.0%
Behaviors*		50	-1.408	
Nutrition and Physical Activity	Breastfed	49	15.6%	24.9%
	Food Sufficiency	50	59.9%	71.9%
	Physical Activity	9	25.2%	20.5%
	Soda Consumption – Youth†	—	17.1%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	90.8%	89.8%
	Teen Births	49	25.6	13.9
Sleep Health	Adequate Sleep	48	56.5%	66.6%
	Sleep Position†	—	70.7%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	34	20.9%	18.0%
	Tobacco Use	46	7.1%	4.0%
Health Outcomes*		50	-0.773	
Behavioral Health	Alcohol Use – Youth	6	8.0%	9.2%
	Anxiety	8	8.0%	9.2%
	Depression	18	4.1%	4.2%
	Flourishing	34	65.7%	66.6%
	Illicit Drug Use – Youth	5	6.7%	8.4%
	Teen Suicide†	13	10.4	10.6
	Mortality	Child Mortality	50	48.0
Infant Mortality		50	8.4	5.5
Neonatal Mortality†		50	5.0	3.6
Physical Health	Asthma	50	10.2%	6.9%
	High Health Status†	50	85.4%	90.2%
	Low Birth Weight	50	12.3%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	11	3.2	6.2
	Overweight or Obesity – Youth	50	41.4%	33.5%
Overall — Children*		50	-0.879	
Overall — Women and Children*		50	-0.853	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of unemployment among women
- High percentage of women receiving early and adequate prenatal care
- High prevalence of adequate sleep among children

Challenges

- High prevalence of multiple chronic conditions among women
- Low WIC coverage among eligible children ages 0-4
- High prevalence of cigarette smoking during pregnancy

Highlights

Mortality

29% ▲

from 120.9 to 156.0 deaths per 100,000 women ages 20-44 between 2019 and 2021.

Children in Poverty

20% ▼

from 20.2% to 16.2% of children ages 0-17 between 2015 and 2021.

Women's Health Providers

10% ▼

from 46.9 to 42.3 per 100,000 females ages 15 and older between September 2021 and September 2022.

Infant Mortality

8% ▼

from 6.5 to 6.0 deaths per 1,000 live births between 2015-2016 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		33	-0.121	
Community and Family Safety	Firearm Deaths†	43	11.2	5.6
	Injury Deaths	41	66.8	48.1
	Intimate Partner Violence Before Pregnancy†	—	4.8%	2.6%
Economic Resources	Concentrated Disadvantage	21	18.7%	25.9%
	Food Insecurity	41	12.0%	10.4%
	Gender Pay Gap†	31	79.5%	81.5%
	Poverty	33	16.5%	15.5%
	Unemployment	16	3.8%	5.2%
Education	College Graduate	23	36.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	18	10.8%	11.7%
	Residential Segregation – Black/White	42	72	—
	Voter Participation	21	62.2%	60.7%
Physical Environment*		39	-0.239	
Air and Water Quality	Air Pollution	25	7.6	7.8
	Drinking Water Violations	24	0.2%	0.8%
	Household Smoke	48	20.9%	13.8%
	Water Fluoridation	29	72.2%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	30	8.9	8.2
Housing and Transportation	Drive Alone to Work	33	72.8%	66.0%
	Housing Cost Burden (households with children)†	9	23.4%	31.2%
	Housing With Lead Risk	30	17.9%	16.9%
	Severe Housing Problems	10	12.9%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		38	-0.379	
Community and Family Safety	Child Victimization†	6	3.1	8.1
	Firearm Deaths†	40	9.2	5.3
	Injury Deaths	40	24.6	17.4
Economic Resources	Children in Poverty	29	16.2%	16.9%
	Children in Poverty Racial Disparity	4	2.6	3.0
	High-Speed Internet	33	95.1%	95.3%
	Students Experiencing Homelessness	47	3.7%	2.2%
	WIC Coverage	42	38.0%	48.3%
Education	Early Childhood Education	19	39.9%	40.2%
	Fourth Grade Reading Proficiency	35	30.3%	32.1%
	High School Completion	22	91.6%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	34	17.0%	14.0%
	Foster Care Instability	40	19.6%	15.2%
	Neighborhood Amenities	23	34.1%	35.5%
	Reading, Singing or Storytelling	31	56.7%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		34	0.083	
Access to Care	Adequate Prenatal Care	18	79.5%	74.7%
	Avoided Care Due to Cost	45	19.3%	14.6%
	Maternity Care Desert†	42	8.7	3.1
	Uninsured	38	13.7%	11.8%
	Women's Health Providers	31	42.3	46.0
Preventive Clinical Services	Cervical Cancer Screening	13	79.1%	77.1%
	Dental Visit	26	67.1%	65.5%
	Flu Vaccination	26	40.1%	38.9%
	Postpartum Visit†	—	89.4%	90.9%
	Well-Woman Visit	25	72.4%	70.5%
Quality of Care	Breastfeeding Initiation†	40	79.2%	83.7%
	Dedicated Health Care Provider	25	81.1%	79.2%
	Low-Risk Cesarean Delivery	18	24.3%	26.3%
	Maternity Practices Score	30	80	81
Behaviors*		45	-0.953	
Nutrition and Physical Activity	Exercise	47	16.3%	21.5%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	29	21.1%	21.1%
Sexual Health	Chlamydia	33	1,701.4	1,563.1
	High-Risk HIV Behaviors	39	10.8%	9.6%
	Unintended Pregnancy†	—	29.5%	25.5%
Sleep Health	Insufficient Sleep	42	37.8%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	29	9.9%	8.8%
	Smoking	38	17.9%	12.1%
	Smoking During Pregnancy	47	10.1%	4.6%
Health Outcomes*		40	-0.727	
Behavioral Health	Drug Deaths†	37	34.0	25.7
	Excessive Drinking	36	20.8%	18.8%
	Frequent Mental Distress	42	25.4%	21.0%
	Illicit Drug Use	31	11.3%	10.8%
	Postpartum Depression†	—	11.9%	12.7%
Mortality	Maternal Mortality†	28	25.2	22.4
	Mortality Rate	32	156.0	136.4
Physical Health	Depression†	45	36.5%	27.4%
	Frequent Physical Distress	33	8.2%	7.1%
	High Blood Pressure	32	11.3%	10.8%
	High Health Status†	31	58.8%	59.0%
	Multiple Chronic Conditions	41	5.8%	4.2%
	Obesity	38	35.9%	31.5%
	Severe Maternal Morbidity†	35	89.4	88.3
Overall — Women*		42	-0.427	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		35	-0.131	
Access to Care	ADD/ADHD Treatment	30	2.6%	2.8%
	Pediatricians	6	149.6	109.3
	Uninsured	34	5.9%	5.4%
Preventive Clinical Services	Childhood Immunizations	28	70.3%	70.0%
	HPV Vaccination	35	59.3%	61.7%
	Preventive Dental Care	48	69.8%	75.1%
	Well-Child Visit	20	78.9%	76.7%
Quality of Care	Adequate Insurance	29	67.7%	68.2%
	Developmental Screening	46	21.6%	34.8%
	Medical Home	23	49.3%	46.0%
Behaviors*		28	0.008	
Nutrition and Physical Activity	Breastfed	30	24.6%	24.9%
	Food Sufficiency	31	69.6%	71.9%
	Physical Activity	7	26.2%	20.5%
	Soda Consumption – Youth†	—	10.2%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	82.6%	89.8%
	Teen Births	38	17.1	13.9
Sleep Health	Adequate Sleep	15	68.8%	66.6%
	Sleep Position†	—	82.9%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	31	19.3%	18.0%
	Tobacco Use	32	5.1%	4.0%
Health Outcomes*		27	-0.084	
Behavioral Health	Alcohol Use – Youth	21	9.2%	9.2%
	Anxiety	20	9.2%	9.2%
	Depression	16	3.8%	4.2%
	Flourishing	16	67.3%	66.6%
	Illicit Drug Use – Youth	16	7.5%	8.4%
	Teen Suicide†	28	12.5	10.6
Mortality	Child Mortality	39	35.2	27.4
	Infant Mortality	32	6.0	5.5
	Neonatal Mortality†	24	3.8	3.6
Physical Health	Asthma	23	6.6%	6.9%
	High Health Status†	19	91.9%	90.2%
	Low Birth Weight	32	8.9%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	27	6.7	6.2
	Overweight or Obesity – Youth	31	33.7%	33.5%
Overall — Children*		37	-0.197	
Overall — Women and Children*		38	-0.309	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of unemployment among women
- High percentage of infants exclusively breastfed for six months
- Low prevalence of physical inactivity among women

Challenges

- High child mortality rate
- High prevalence of frequent physical distress among women
- High prevalence of cigarette smoking among women

Highlights

Frequent Mental Distress

65% ▲

from 14.8% to 24.4% of women ages 18-44 between 2016-2017 and 2020-2021.

Cigarette Smoking During Pregnancy

35% ▼

from 16.5% to 10.7% of women with a live birth between 2016 and 2021.

Children in Poverty

27% ▼

from 19.4% to 14.1% of children ages 0-17 between 2015 and 2021.

Students Experiencing Homelessness

14% ▲

from 2.8% to 3.2% of public school students between 2020 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		22	0.185	
Community and Family Safety	Firearm Deaths†	30	6.9	5.6
	Injury Deaths	31	56.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.6%	2.6%
Economic Resources	Concentrated Disadvantage	7	9.0%	25.9%
	Food Insecurity	30	10.4%	10.4%
	Gender Pay Gap†	47	74.6%	81.5%
	Poverty	23	15.5%	15.5%
	Unemployment	2	2.8%	5.2%
Education	College Graduate	27	35.3%	36.8%
Social Support and Engagement	Infant Child Care Cost†	27	11.9%	11.7%
	Residential Segregation – Black/White	49	80	—
	Voter Participation	13	65.7%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		36	-0.291	
Community and Family Safety	Child Victimization†	38	13.1	8.1
	Firearm Deaths†	37	8.1	5.3
	Injury Deaths	49	31.7	17.4
Economic Resources	Children in Poverty	21	14.1%	16.9%
	Children in Poverty Racial Disparity	31	3.6	3.0
	High-Speed Internet	31	95.2%	95.3%
	Students Experiencing Homelessness	44	3.2%	2.2%
	WIC Coverage	44	35.7%	48.3%
Education	Early Childhood Education	16	41.3%	40.2%
	Fourth Grade Reading Proficiency	14	33.7%	32.1%
	High School Completion	3	94.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	48	21.9%	14.0%
	Foster Care Instability	13	11.4%	15.2%
	Neighborhood Amenities	38	26.3%	35.5%
	Reading, Singing or Storytelling	19	60.1%	57.2%
Physical Environment*		32	-0.115	
Air and Water Quality	Air Pollution	8	6.1	7.8
	Drinking Water Violations	24	0.2%	0.8%
	Household Smoke	40	18.3%	13.8%
	Water Fluoridation	46	31.4%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	38	10.8	8.2
Housing and Transportation	Drive Alone to Work	29	70.5%	66.0%
	Housing Cost Burden (households with children)†	16	25.8%	31.2%
	Housing With Lead Risk	29	17.4%	16.9%
	Severe Housing Problems	27	14.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		16	0.470	
Access to Care	Adequate Prenatal Care	22	79.1%	74.7%
	Avoided Care Due to Cost	18	12.3%	14.6%
	Maternity Care Desert†	40	7.3	3.1
	Uninsured	30	10.5%	11.8%
	Women's Health Providers	13	55.4	46.0
Preventive Clinical Services	Cervical Cancer Screening	38	74.8%	77.1%
	Dental Visit	23	67.9%	65.5%
	Flu Vaccination	21	41.5%	38.9%
	Postpartum Visit†	—	91.1%	90.9%
	Well-Woman Visit	37	69.4%	70.5%
Quality of Care	Breastfeeding Initiation†	6	90.5%	83.7%
	Dedicated Health Care Provider	29	79.7%	79.2%
	Low-Risk Cesarean Delivery	7	22.1%	26.3%
	Maternity Practices Score	9	86	81
Behaviors*		23	-0.001	
Nutrition and Physical Activity	Exercise	2	28.4%	21.5%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	3	15.3%	21.1%
Sexual Health	Chlamydia	13	1,270.1	1,563.1
	High-Risk HIV Behaviors	46	11.4%	9.6%
	Unintended Pregnancy†	—	26.0%	25.5%
Sleep Health	Insufficient Sleep	12	31.0%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	28	9.7%	8.8%
	Smoking	43	18.8%	12.1%
	Smoking During Pregnancy	48	10.7%	4.6%
Health Outcomes*		42	-0.851	
Behavioral Health	Drug Deaths†	8	16.5	25.7
	Excessive Drinking	49	25.4%	18.8%
	Frequent Mental Distress	34	24.4%	21.0%
	Illicit Drug Use	46	15.4%	10.8%
	Postpartum Depression†	—	13.2%	12.7%
Mortality	Maternal Mortality†	31	26.6	22.4
	Mortality Rate	28	150.7	136.4
Physical Health	Depression†	48	37.1%	27.4%
	Frequent Physical Distress	48	10.3%	7.1%
	High Blood Pressure	16	9.6%	10.8%
	High Health Status†	36	57.8%	59.0%
	Multiple Chronic Conditions	33	4.9%	4.2%
	Obesity	16	29.6%	31.5%
	Severe Maternal Morbidity†	13	73.8	88.3
Overall — Women*		30	-0.092	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		34	-0.119	
Access to Care	ADD/ADHD Treatment	25	2.8%	2.8%
	Pediatricians	45	66.5	109.3
	Uninsured	39	7.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	44	66.6%	70.0%
	HPV Vaccination	46	52.6%	61.7%
	Preventive Dental Care	10	80.4%	75.1%
	Well-Child Visit	42	73.1%	76.7%
Quality of Care	Adequate Insurance	29	67.7%	68.2%
	Developmental Screening	6	45.7%	34.8%
	Medical Home	11	51.9%	46.0%
Behaviors*		8	0.702	
Nutrition and Physical Activity	Breastfed	3	34.3%	24.9%
	Food Sufficiency	14	74.3%	71.9%
	Physical Activity	3	27.8%	20.5%
	Soda Consumption – Youth†	—	6.0%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	84.1%	89.8%
	Teen Births	27	13.6	13.9
Sleep Health	Adequate Sleep	4	76.0%	66.6%
	Sleep Position†	—	86.8%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	41	25.5%	18.0%
	Tobacco Use	49	7.6%	4.0%
Health Outcomes*		40	-0.307	
Behavioral Health	Alcohol Use – Youth	49	11.6%	9.2%
	Anxiety	47	13.4%	9.2%
	Depression	46	6.9%	4.2%
	Flourishing	11	67.9%	66.6%
	Illicit Drug Use – Youth	46	11.6%	8.4%
	Teen Suicide†	45	34.1	10.6
Mortality	Child Mortality	47	42.6	27.4
	Infant Mortality	14	4.9	5.5
	Neonatal Mortality†	3	2.8	3.6
Physical Health	Asthma	19	6.3%	6.9%
	High Health Status†	12	92.4%	90.2%
	Low Birth Weight	16	7.6%	8.5%
	Low Birth Weight Racial Disparity	2	1.4	2.1
	Neonatal Abstinence Syndrome†	30	7.8	6.2
	Overweight or Obesity – Youth	4	25.7%	33.5%
Overall — Children*		31	-0.098	
Overall — Women and Children*		31	-0.093	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low injury death rate among women
- Low prevalence of unemployment among women
- High childhood immunization rate

Challenges

- High prevalence of excessive drinking among women
- High racial disparity in low birth weight
- Low hospital maternity practices (mPINC) score

Highlights

Drug Deaths

58% ▲

from 7.6 to 12.0 deaths per 100,000 women ages 20-44 between 2014-2016 and 2019-2021.

Frequent Mental Distress

53% ▲

from 13.3% to 20.4% of women ages 18-44 between 2015-2016 and 2020-2021.

Teen Births

27% ▼

from 19.1 to 14.0 births per 1,000 females ages 15-19 between 2016 and 2021.

Infant Mortality

10% ▼

from 5.9 to 5.3 deaths per 1,000 live births between 2015-2016 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		13	0.454	
Community and Family Safety	Firearm Deaths†	6	3.2	5.6
	Injury Deaths	3	31.1	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.9%	2.6%
Economic Resources	Concentrated Disadvantage	9	11.4%	25.9%
	Food Insecurity	32	10.6%	10.4%
	Gender Pay Gap†	35	78.5%	81.5%
	Poverty	18	14.9%	15.5%
	Unemployment	5	3.1%	5.2%
Education	College Graduate	14	39.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	22	11.5%	11.7%
	Residential Segregation – Black/White	25	65	—
	Voter Participation	33	58.9%	60.7%
Physical Environment*		25	0.020	
Air and Water Quality	Air Pollution	10	6.2	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	16	12.6%	13.8%
	Water Fluoridation	28	73.8%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	37	10.2	8.2
Housing and Transportation	Drive Alone to Work	34	73.1%	66.0%
	Housing Cost Burden (households with children)†	10	23.6%	31.2%
	Housing With Lead Risk	37	21.3%	16.9%
	Severe Housing Problems	6	12.2%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		11	0.445	
Community and Family Safety	Child Victimization†	16	5.1	8.1
	Firearm Deaths†	8	3.5	5.3
	Injury Deaths	17	16.0	17.4
Economic Resources	Children in Poverty	9	12.5%	16.9%
	Children in Poverty Racial Disparity	42	4.5	3.0
	High-Speed Internet	16	96.1%	95.3%
	Students Experiencing Homelessness	2	0.8%	2.2%
	WIC Coverage	12	53.0%	48.3%
Education	Early Childhood Education	7	46.4%	40.2%
	Fourth Grade Reading Proficiency	11	34.0%	32.1%
	High School Completion	16	92.2%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	15	13.3%	14.0%
	Foster Care Instability	13	11.4%	15.2%
	Neighborhood Amenities	30	32.0%	35.5%
	Reading, Singing or Storytelling	33	56.3%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		19	0.449	
Access to Care	Adequate Prenatal Care	14	80.1%	74.7%
	Avoided Care Due to Cost	34	15.5%	14.6%
	Maternity Care Desert†	39	7.2	3.1
	Uninsured	25	9.5%	11.8%
	Women's Health Providers	33	40.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	17	78.4%	77.1%
	Dental Visit	9	70.9%	65.5%
	Flu Vaccination	3	48.9%	38.9%
	Postpartum Visit†	—	91.0%	90.9%
	Well-Woman Visit	35	70.0%	70.5%
Quality of Care	Breastfeeding Initiation†	11	89.0%	83.7%
	Dedicated Health Care Provider	14	83.7%	79.2%
	Low-Risk Cesarean Delivery	8	22.3%	26.3%
	Maternity Practices Score	44	74	81
Behaviors*		13	0.225	
Nutrition and Physical Activity	Exercise	23	21.8%	21.5%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	14	18.8%	21.1%
Sexual Health	Chlamydia	24	1,513.0	1,563.1
	High-Risk HIV Behaviors	10	8.4%	9.6%
	Unintended Pregnancy†	—	28.1%	25.5%
Sleep Health	Insufficient Sleep	7	29.2%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	29	9.9%	8.8%
	Smoking	20	12.8%	12.1%
	Smoking During Pregnancy	29	6.5%	4.6%
Health Outcomes*		12	0.255	
Behavioral Health	Drug Deaths†	2	12.0	25.7
	Excessive Drinking	43	22.8%	18.8%
	Frequent Mental Distress	15	20.4%	21.0%
	Illicit Drug Use	9	9.2%	10.8%
	Postpartum Depression†	—	12.0%	12.7%
Mortality	Maternal Mortality†	22	22.4	22.4
	Mortality Rate	14	111.0	136.4
Physical Health	Depression†	15	27.1%	27.4%
	Frequent Physical Distress	7	5.9%	7.1%
	High Blood Pressure	16	9.6%	10.8%
	High Health Status†	5	64.4%	59.0%
	Multiple Chronic Conditions	17	3.8%	4.2%
	Obesity	21	30.8%	31.5%
	Severe Maternal Morbidity†	6	63.0	88.3
Overall — Women*		13	0.274	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		22	0.242	
Access to Care	ADD/ADHD Treatment	25	2.8%	2.8%
	Pediatricians	39	80.6	109.3
	Uninsured	27	4.7%	5.4%
Preventive Clinical Services	Childhood Immunizations	7	77.3%	70.0%
	HPV Vaccination	29	61.9%	61.7%
	Preventive Dental Care	13	79.3%	75.1%
	Well-Child Visit	37	75.0%	76.7%
Quality of Care	Adequate Insurance	44	63.6%	68.2%
	Developmental Screening	38	32.0%	34.8%
	Medical Home	10	52.0%	46.0%
Behaviors*		16	0.392	
Nutrition and Physical Activity	Breastfed	25	26.0%	24.9%
	Food Sufficiency	18	73.8%	71.9%
	Physical Activity	6	26.4%	20.5%
	Soda Consumption – Youth†	—	7.4%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	82.2%	89.8%
	Teen Births	28	14.0	13.9
Sleep Health	Adequate Sleep	27	67.2%	66.6%
	Sleep Position†	—	87.6%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	6	14.7%	18.0%
	Tobacco Use	20	4.0%	4.0%
Health Outcomes*		6	0.476	
Behavioral Health	Alcohol Use – Youth	35	10.0%	9.2%
	Anxiety	12	8.4%	9.2%
	Depression	22	4.3%	4.2%
	Flourishing	1	71.6%	66.6%
	Illicit Drug Use – Youth	23	8.0%	8.4%
	Teen Suicide†	27	12.4	10.6
	Mortality	Child Mortality	20	26.3
Infant Mortality		19	5.3	5.5
Neonatal Mortality†		14	3.1	3.6
Physical Health	Asthma	1	4.3%	6.9%
	High Health Status†	1	93.9%	90.2%
	Low Birth Weight	16	7.6%	8.5%
	Low Birth Weight Racial Disparity	43	2.2	2.1
	Neonatal Abstinence Syndrome†	2	1.8	6.2
	Overweight or Obesity – Youth	10	28.7%	33.5%
Overall — Children*		13	0.349	
Overall — Women and Children*		12	0.344	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of asthma among children
- Low prevalence of obesity among women
- Low prevalence of excessive drinking among women

Challenges

- High prevalence of frequent physical distress among women
- High prevalence of unemployment among women
- Low enrollment in early childhood education

Highlights

Mortality

29% ▲

from 117.7 to 152.0 deaths per 100,000 women ages 20-44 between 2020 and 2021.

High Health Status

21% ▲

from 47.8% to 57.7% of women ages 18-44 between 2018-2019 and 2020-2021.

Infant Mortality

13% ▼

from 6.0 to 5.2 deaths per 1,000 live births between 2017-2018 and 2019-2020.

Low Birth Weight

11% ▲

from 8.7% to 9.7% of live births between 2018 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		42	-0.505	
Community and Family Safety	Firearm Deaths†	23	5.9	5.6
	Injury Deaths	21	46.8	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	46	34.2%	25.9%
	Food Insecurity	26	10.2%	10.4%
	Gender Pay Gap†	7	85.4%	81.5%
	Poverty	30	16.2%	15.5%
	Unemployment	50	7.7%	5.2%
Education	College Graduate	49	26.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	42	14.0%	11.7%
	Residential Segregation – Black/White	5	53	—
	Voter Participation	37	57.2%	60.7%
Physical Environment*		19	0.106	
Air and Water Quality	Air Pollution	47	9.6	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	25	14.2%	13.8%
	Water Fluoridation	25	76.4%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	26	8.3	8.2
Housing and Transportation	Drive Alone to Work	21	68.3%	66.0%
	Housing Cost Burden (households with children)†	46	37.0%	31.2%
	Housing With Lead Risk	1	4.8%	16.9%
	Severe Housing Problems	44	18.5%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		42	-0.598	
Community and Family Safety	Child Victimization†	25	7.9	8.1
	Firearm Deaths†	23	5.5	5.3
	Injury Deaths	23	17.9	17.4
Economic Resources	Children in Poverty	39	18.8%	16.9%
	Children in Poverty Racial Disparity	21	3.2	3.0
	High-Speed Internet	37	94.4%	95.3%
	Students Experiencing Homelessness	43	3.1%	2.2%
	WIC Coverage	23	47.4%	48.3%
Education	Early Childhood Education	47	27.7%	40.2%
	Fourth Grade Reading Proficiency	45	26.9%	32.1%
	High School Completion	46	87.2%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	25	15.5%	14.0%
	Foster Care Instability	30	16.2%	15.2%
	Neighborhood Amenities	15	37.0%	35.5%
	Reading, Singing or Storytelling	41	53.0%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		48	-0.692	
Clinical Care*				
Access to Care	Adequate Prenatal Care	36	74.8%	74.7%
	Avoided Care Due to Cost	39	16.1%	14.6%
	Maternity Care Desert†	28	3.4	3.1
	Uninsured	43	15.8%	11.8%
	Women's Health Providers	46	34.8	46.0
Preventive Clinical Services	Cervical Cancer Screening	33	76.6%	77.1%
	Dental Visit	36	65.0%	65.5%
	Flu Vaccination	50	28.1%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	47	64.2%	70.5%
Quality of Care	Breastfeeding Initiation†	42	77.2%	83.7%
	Dedicated Health Care Provider	47	70.2%	79.2%
	Low-Risk Cesarean Delivery	32	26.6%	26.3%
	Maternity Practices Score	35	79	81
Behaviors*				
Nutrition and Physical Activity		22	0.017	
Nutrition and Physical Activity	Exercise	42	18.1%	21.5%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	19	19.6%	21.1%
Sexual Health	Chlamydia	10	1,214.4	1,563.1
	High-Risk HIV Behaviors	27	9.8%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	28	33.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	36	10.3%	8.8%
	Smoking	11	10.2%	12.1%
	Smoking During Pregnancy	10	3.3%	4.6%
Health Outcomes*				
Behavioral Health		34	-0.452	
Behavioral Health	Drug Deaths†	21	22.6	25.7
	Excessive Drinking	9	16.4%	18.8%
	Frequent Mental Distress	19	21.3%	21.0%
	Illicit Drug Use	48	16.9%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	22	22.4	22.4
	Mortality Rate	29	152.0	136.4
Physical Health	Depression†	10	24.7%	27.4%
	Frequent Physical Distress	47	9.9%	7.1%
	High Blood Pressure	34	11.4%	10.8%
	High Health Status†	37	57.7%	59.0%
	Multiple Chronic Conditions	35	5.2%	4.2%
	Obesity	5	25.8%	31.5%
	Severe Maternal Morbidity†	34	89.1	88.3
Overall — Women*		37	-0.285	

		State Rank	State Value	U.S. Value
Children		50	-1.241	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	46	1.5%	2.8%
	Pediatricians	47	59.4	109.3
	Uninsured	48	8.6%	5.4%
Preventive Clinical Services	Childhood Immunizations	37	67.9%	70.0%
	HPV Vaccination	40	56.5%	61.7%
	Preventive Dental Care	47	71.6%	75.1%
	Well-Child Visit	50	67.4%	76.7%
Quality of Care	Adequate Insurance	43	63.9%	68.2%
	Developmental Screening	46	21.6%	34.8%
	Medical Home	50	34.1%	46.0%
Behaviors*				
Nutrition and Physical Activity		40	-0.622	
Nutrition and Physical Activity	Breastfed	40	22.3%	24.9%
	Food Sufficiency	45	66.1%	71.9%
	Physical Activity	50	13.9%	20.5%
	Soda Consumption – Youth†	—	7.3%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	94.3%	89.8%
	Teen Births	29	15.1	13.9
Sleep Health	Adequate Sleep	32	65.1%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	27	18.8%	18.0%
	Tobacco Use	10	3.5%	4.0%
Health Outcomes*				
Behavioral Health		26	-0.030	
Behavioral Health	Alcohol Use – Youth	26	9.3%	9.2%
	Anxiety	10	8.3%	9.2%
	Depression	28	4.5%	4.2%
	Flourishing	32	65.9%	66.6%
	Illicit Drug Use – Youth	42	10.5%	8.4%
	Teen Suicide†	36	15.1	10.6
	Mortality	Child Mortality	23	27.8
Infant Mortality		18	5.2	5.5
Neonatal Mortality†		14	3.1	3.6
Physical Health	Asthma	6	5.4%	6.9%
	High Health Status†	42	89.2%	90.2%
	Low Birth Weight	44	9.7%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	19	5.7	6.2
	Overweight or Obesity – Youth	23	32.2%	33.5%
Overall — Children*		41	-0.426	
Overall — Women and Children*		40	-0.408	

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† Additional measure.

— Data not available, missing or suppressed.

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New Hampshire

State Health Department Website: dhhs.nh.gov

Overall Rank

4

Summary

Strengths

- Low infant mortality rate
- Low percentage of children in poverty
- Low incidence of chlamydia among women

Challenges

- High prevalence of anxiety among children
- High prevalence of frequent mental distress among women
- High foster care placement instability

Highlights

Early Childhood Education Enrollment

31% ▼

from 58.2% to 40.1% of children ages 3-4 between 2019 and 2021.

Cigarette Smoking

30% ▼

from 20.7% to 14.5% of women ages 18-44 between 2017-2018 and 2020-2021.

Teen Births

18% ▼

from 6.6 to 5.4 births per 1,000 females ages 15-19 between 2020 and 2021.

Low-Risk Cesarean Delivery

16% ▲

from 24.6% to 28.5% of singleton, term, vertex, first births between 2015 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		1	1.116	
Community and Family Safety	Firearm Deaths†	11	4.3	5.6
	Injury Deaths	30	54.4	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	1	3.1%	25.9%
	Food Insecurity	1	5.4%	10.4%
	Gender Pay Gap†	45	75.6%	81.5%
	Poverty	1	9.1%	15.5%
	Unemployment	5	3.1%	5.2%
Education	College Graduate	17	38.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	24	11.6%	11.7%
	Residential Segregation – Black/White	34	68	—
	Voter Participation	4	69.2%	60.7%
Physical Environment*		12	0.216	
Air and Water Quality	Air Pollution	2	4.6	7.8
	Drinking Water Violations	24	0.2%	0.8%
	Household Smoke	21	13.3%	13.8%
	Water Fluoridation	43	46.2%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	10	7.1	8.2
Housing and Transportation	Drive Alone to Work	28	70.0%	66.0%
	Housing Cost Burden (households with children)†	18	26.0%	31.2%
	Housing With Lead Risk	33	20.0%	16.9%
	Severe Housing Problems	22	13.9%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		5	0.668	
Community and Family Safety	Child Victimization†	9	3.8	8.1
	Firearm Deaths†	—	—	5.3
	Injury Deaths	6	10.4	17.4
Economic Resources	Children in Poverty	2	9.2%	16.9%
	Children in Poverty Racial Disparity	10	2.8	3.0
	High-Speed Internet	1	97.8%	95.3%
	Students Experiencing Homelessness	27	1.8%	2.2%
	WIC Coverage	29	45.0%	48.3%
Education	Early Childhood Education	17	40.1%	40.2%
	Fourth Grade Reading Proficiency	6	37.0%	32.1%
	High School Completion	3	94.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	25	15.5%	14.0%
	Foster Care Instability	37	18.9%	15.2%
	Neighborhood Amenities	28	33.0%	35.5%
	Reading, Singing or Storytelling	1	73.9%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		5	0.951	
Access to Care	Adequate Prenatal Care	11	80.3%	74.7%
	Avoided Care Due to Cost	14	11.6%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	16	7.5%	11.8%
	Women's Health Providers	5	64.9	46.0
Preventive Clinical Services	Cervical Cancer Screening	9	79.6%	77.1%
	Dental Visit	32	65.7%	65.5%
	Flu Vaccination	7	47.1%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	19	73.4%	70.5%
Quality of Care	Breastfeeding Initiation†	10	89.7%	83.7%
	Dedicated Health Care Provider	1	90.9%	79.2%
	Low-Risk Cesarean Delivery	41	28.5%	26.3%
	Maternity Practices Score	2	91	81
Behaviors*		10	0.270	
Nutrition and Physical Activity	Exercise	6	25.0%	21.5%
	Fruit and Vegetable Consumption	7	12.2%	9.8%
	Physical Inactivity	17	19.1%	21.1%
Sexual Health	Chlamydia	3	757.1	1,563.1
	High-Risk HIV Behaviors	41	11.0%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	27	33.8%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	31	10.0%	8.8%
	Smoking	28	14.5%	12.1%
	Smoking During Pregnancy	27	6.0%	4.6%
Health Outcomes*		29	-0.222	
Behavioral Health	Drug Deaths†	39	34.6	25.7
	Excessive Drinking	33	20.1%	18.8%
	Frequent Mental Distress	46	26.2%	21.0%
	Illicit Drug Use	19	10.6%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	—	—	22.4
	Mortality Rate	17	114.6	136.4
Physical Health	Depression†	50	38.7%	27.4%
	Frequent Physical Distress	35	8.3%	7.1%
	High Blood Pressure	4	8.4%	10.8%
	High Health Status†	5	64.4%	59.0%
	Multiple Chronic Conditions	37	5.5%	4.2%
	Obesity	9	27.5%	31.5%
	Severe Maternal Morbidity†	9	67.9	88.3
Overall — Women*		6	0.439	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		4	1.178	
Access to Care	ADD/ADHD Treatment	7	4.2%	2.8%
	Pediatricians	14	120.5	109.3
	Uninsured	17	4.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	3	79.9%	70.0%
	HPV Vaccination	4	72.3%	61.7%
	Preventive Dental Care	2	83.3%	75.1%
	Well-Child Visit	1	86.9%	76.7%
Quality of Care	Adequate Insurance	28	67.9%	68.2%
	Developmental Screening	23	37.6%	34.8%
	Medical Home	1	54.7%	46.0%
Behaviors*		2	1.007	
Nutrition and Physical Activity	Breastfed	6	31.8%	24.9%
	Food Sufficiency	2	80.2%	71.9%
	Physical Activity	19	24.0%	20.5%
	Soda Consumption – Youth†	—	5.9%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	85.0%	89.8%
	Teen Births	1	5.4	13.9
Sleep Health	Adequate Sleep	21	68.3%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	13	16.2%	18.0%
	Tobacco Use	20	4.0%	4.0%
Health Outcomes*		11	0.194	
Behavioral Health	Alcohol Use – Youth	44	10.9%	9.2%
	Anxiety	48	16.0%	9.2%
	Depression	48	7.1%	4.2%
	Flourishing	22	66.9%	66.6%
	Illicit Drug Use – Youth	39	10.1%	8.4%
	Teen Suicide†	8	8.7	10.6
Mortality	Child Mortality	7	19.6	27.4
	Infant Mortality	2	3.8	5.5
	Neonatal Mortality†	3	2.8	3.6
Physical Health	Asthma	22	6.4%	6.9%
	High Health Status†	12	92.4%	90.2%
	Low Birth Weight	6	7.0%	8.5%
	Low Birth Weight Racial Disparity	6	1.6	2.1
	Neonatal Abstinence Syndrome†	40	12.1	6.2
	Overweight or Obesity – Youth	7	27.3%	33.5%
Overall — Children*		3	0.591	
Overall — Women and Children*		4	0.552	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low child mortality rate
- Low prevalence of multiple chronic conditions among women
- High enrollment in early childhood education

Challenges

- High racial disparity in low birth weight
- High prevalence of unemployment among women
- Low adolescent HPV vaccination rate

Highlights

Drug Deaths

66% ▲

from 16.0 to 26.6 deaths per 100,000 women ages 20-44 between 2014-2016 and 2019-2021.

Teen Births

28% ▼

from 11.0 to 7.9 births per 1,000 females ages 15-19 between 2016 and 2021.

Women's Health Providers

13% ▼

from 52.2 to 45.5 per 100,000 females ages 15 and older between September 2021 and September 2022.

Low Birth Weight

7% ▼

from 8.3% to 7.7% of live births between 2013 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		12	0.470	
Community and Family Safety	Firearm Deaths†	3	1.6	5.6
	Injury Deaths	8	37.9	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.8%	2.6%
Economic Resources	Concentrated Disadvantage	26	21.8%	25.9%
	Food Insecurity	8	8.3%	10.4%
	Gender Pay Gap†	20	81.6%	81.5%
	Poverty	4	11.7%	15.5%
	Unemployment	47	6.7%	5.2%
Education	College Graduate	3	45.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	30	12.1%	11.7%
	Residential Segregation – Black/White	34	68	—
	Voter Participation	14	65.4%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		2	0.761	
Community and Family Safety	Child Victimization†	1	1.6	8.1
	Firearm Deaths†	3	1.8	5.3
	Injury Deaths	4	9.0	17.4
Economic Resources	Children in Poverty	22	14.2%	16.9%
	Children in Poverty Racial Disparity	33	3.7	3.0
	High-Speed Internet	30	95.3%	95.3%
	Students Experiencing Homelessness	2	0.8%	2.2%
	WIC Coverage	20	48.1%	48.3%
Education	Early Childhood Education	3	53.9%	40.2%
	Fourth Grade Reading Proficiency	4	38.0%	32.1%
	High School Completion	29	91.0%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	3	10.9%	14.0%
	Foster Care Instability	3	9.2%	15.2%
	Neighborhood Amenities	6	46.5%	35.5%
	Reading, Singing or Storytelling	27	57.5%	57.2%
Physical Environment*		44	-0.326	
Air and Water Quality	Air Pollution	28	7.8	7.8
	Drinking Water Violations	49	8.9%	0.8%
	Household Smoke	6	9.7%	13.8%
	Water Fluoridation	49	16.1%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	7	6.8	8.2
Housing and Transportation	Drive Alone to Work	3	58.8%	66.0%
	Housing Cost Burden (households with children)†	45	36.3%	31.2%
	Housing With Lead Risk	41	23.3%	16.9%
	Severe Housing Problems	46	20.2%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		25	0.327	
Access to Care	Adequate Prenatal Care	40	73.9%	74.7%
	Avoided Care Due to Cost	15	11.7%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	29	10.4%	11.8%
	Women's Health Providers	25	45.5	46.0
Preventive Clinical Services	Cervical Cancer Screening	27	77.1%	77.1%
	Dental Visit	14	69.6%	65.5%
	Flu Vaccination	24	40.5%	38.9%
	Postpartum Visit†	—	90.4%	90.9%
	Well-Woman Visit	17	73.7%	70.5%
Quality of Care	Breastfeeding Initiation†	39	80.6%	83.7%
	Dedicated Health Care Provider	38	78.1%	79.2%
	Low-Risk Cesarean Delivery	27	25.5%	26.3%
	Maternity Practices Score	12	85	81
Behaviors*		6	0.555	
Nutrition and Physical Activity	Exercise	—	—	21.5%
	Fruit and Vegetable Consumption	4	12.6%	9.8%
	Physical Inactivity	25	20.5%	21.1%
Sexual Health	Chlamydia	11	1,219.3	1,563.1
	High-Risk HIV Behaviors	15	8.8%	9.6%
	Unintended Pregnancy†	—	20.7%	25.5%
Sleep Health	Insufficient Sleep	18	31.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	4	6.8%	8.8%
	Smoking	4	8.1%	12.1%
	Smoking During Pregnancy	4	1.9%	4.6%
Health Outcomes*		2	0.897	
Behavioral Health	Drug Deaths†	26	26.6	25.7
	Excessive Drinking	20	18.5%	18.8%
	Frequent Mental Distress	8	18.2%	21.0%
	Illicit Drug Use	5	8.6%	10.8%
	Postpartum Depression†	—	10.6%	12.7%
Mortality	Maternal Mortality†	27	24.1	22.4
	Mortality Rate	5	98.5	136.4
Physical Health	Depression†	5	22.8%	27.4%
	Frequent Physical Distress	2	5.5%	7.1%
	High Blood Pressure	4	8.4%	10.8%
	High Health Status†	7	64.1%	59.0%
	Multiple Chronic Conditions	3	2.7%	4.2%
	Obesity	4	25.3%	31.5%
	Severe Maternal Morbidity†	32	88.4	88.3
Overall — Women*		11	0.399	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		31	0.071	
Access to Care	ADD/ADHD Treatment	42	1.9%	2.8%
	Pediatricians	13	120.6	109.3
	Uninsured	15	3.6%	5.4%
Preventive Clinical Services	Childhood Immunizations	37	67.9%	70.0%
	HPV Vaccination	45	54.8%	61.7%
	Preventive Dental Care	28	75.7%	75.1%
	Well-Child Visit	5	83.6%	76.7%
Quality of Care	Adequate Insurance	23	69.1%	68.2%
	Developmental Screening	40	31.1%	34.8%
	Medical Home	42	44.9%	46.0%
Behaviors*		22	0.280	
Nutrition and Physical Activity	Breastfed	36	23.5%	24.9%
	Food Sufficiency	4	77.5%	71.9%
	Physical Activity	46	17.3%	20.5%
	Soda Consumption – Youth†	—	6.0%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	96.7%	89.8%
	Teen Births	7	7.9	13.9
Sleep Health	Adequate Sleep	31	65.7%	66.6%
	Sleep Position†	—	75.2%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	36	21.6%	18.0%
	Tobacco Use	5	3.0%	4.0%
Health Outcomes*		2	0.675	
Behavioral Health	Alcohol Use – Youth	27	9.4%	9.2%
	Anxiety	10	8.3%	9.2%
	Depression	4	3.0%	4.2%
	Flourishing	7	68.5%	66.6%
	Illicit Drug Use – Youth	18	7.7%	8.4%
	Teen Suicide†	2	5.2	10.6
Mortality	Child Mortality	3	16.9	27.4
	Infant Mortality	4	4.1	5.5
	Neonatal Mortality†	2	2.7	3.6
Physical Health	Asthma	14	6.1%	6.9%
	High Health Status†	33	90.3%	90.2%
	Low Birth Weight	18	7.7%	8.5%
	Low Birth Weight Racial Disparity	43	2.2	2.1
	Neonatal Abstinence Syndrome†	19	5.7	6.2
	Overweight or Obesity – Youth	11	29.0%	33.5%
Overall — Children*		9	0.403	
Overall — Women and Children*		7	0.474	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of excessive drinking among women
- Low prevalence of frequent mental distress among women
- High hospital maternity practices (mPINC) score

Challenges

- High mortality rate among women ages 20-44
- High percentage of children in poverty
- High prevalence of concentrated disadvantage

Highlights

Early Childhood Education Enrollment

44% ▼

from 46.1% to 25.6% of children ages 3-4 between 2019 and 2021.

Injury Deaths

34% ▲

from 63.9 to 85.7 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Food Insecurity

36% ▼

from 17.9% to 11.5% of households between 2015-2017 and 2019-2021.

Pediatricians

9% ▲

from 93.4 to 101.7 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		47	-0.838	
Community and Family Safety	Firearm Deaths†	45	11.5	5.6
	Injury Deaths	48	85.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.9%	2.6%
Economic Resources	Concentrated Disadvantage	50	48.1%	25.9%
	Food Insecurity	40	11.5%	10.4%
	Gender Pay Gap†	9	84.4%	81.5%
	Poverty	47	22.1%	15.5%
	Unemployment	42	5.9%	5.2%
Education	College Graduate	46	27.6%	36.8%
Social Support and Engagement	Infant Child Care Cost†	41	13.8%	11.7%
	Residential Segregation – Black/White	6	54	—
	Voter Participation	28	59.8%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		50	-1.153	
Community and Family Safety	Child Victimization†	36	12.6	8.1
	Firearm Deaths†	38	8.4	5.3
	Injury Deaths	45	28.1	17.4
Economic Resources	Children in Poverty	48	23.9%	16.9%
	Children in Poverty Racial Disparity	12	2.9	3.0
	High-Speed Internet	50	90.0%	95.3%
	Students Experiencing Homelessness	40	2.6%	2.2%
	WIC Coverage	41	38.9%	48.3%
Education	Early Childhood Education	48	25.6%	40.2%
	Fourth Grade Reading Proficiency	50	21.0%	32.1%
	High School Completion	45	87.5%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	50	24.7%	14.0%
	Foster Care Instability	36	18.2%	15.2%
	Neighborhood Amenities	24	33.9%	35.5%
	Reading, Singing or Storytelling	30	56.9%	57.2%
Physical Environment*		17	0.119	
Air and Water Quality	Air Pollution	13	6.7	7.8
	Drinking Water Violations	45	2.9%	0.8%
	Household Smoke	24	13.8%	13.8%
	Water Fluoridation	24	76.8%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	43	11.3	8.2
Housing and Transportation	Drive Alone to Work	26	69.3%	66.0%
	Housing Cost Burden (households with children)†	28	28.2%	31.2%
	Housing With Lead Risk	14	11.3%	16.9%
	Severe Housing Problems	38	16.7%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		38	-0.053	
Clinical Care*				
Access to Care	Adequate Prenatal Care	47	67.8%	74.7%
	Avoided Care Due to Cost	6	10.3%	14.6%
	Maternity Care Desert†	27	3.0	3.1
	Uninsured	36	13.5%	11.8%
	Women's Health Providers	4	66.2	46.0
Preventive Clinical Services	Cervical Cancer Screening	44	72.6%	77.1%
	Dental Visit	26	67.1%	65.5%
	Flu Vaccination	32	37.9%	38.9%
	Postpartum Visit†	—	87.8%	90.9%
	Well-Woman Visit	50	61.5%	70.5%
Quality of Care	Breastfeeding Initiation†	23	84.8%	83.7%
	Dedicated Health Care Provider	48	69.0%	79.2%
	Low-Risk Cesarean Delivery	8	22.3%	26.3%
	Maternity Practices Score	3	88	81
Behaviors*				
Nutrition and Physical Activity		27	-0.103	
Nutrition and Physical Activity	Exercise	19	22.2%	21.5%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	36	22.2%	21.1%
Sexual Health	Chlamydia	44	2,037.9	1,563.1
	High-Risk HIV Behaviors	22	9.5%	9.6%
	Unintended Pregnancy†	—	26.5%	25.5%
Sleep Health	Insufficient Sleep	5	28.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	23	9.1%	8.8%
	Smoking	25	14.3%	12.1%
	Smoking During Pregnancy	18	4.3%	4.6%
Health Outcomes*				
Behavioral Health		35	-0.466	
Behavioral Health	Drug Deaths†	42	39.6	25.7
	Excessive Drinking	6	15.7%	18.8%
	Frequent Mental Distress	11	19.4%	21.0%
	Illicit Drug Use	43	13.2%	10.8%
	Postpartum Depression†	—	12.4%	12.7%
Mortality	Maternal Mortality†	38	31.0	22.4
	Mortality Rate	49	261.4	136.4
Physical Health	Depression†	13	26.0%	27.4%
	Frequent Physical Distress	28	7.8%	7.1%
	High Blood Pressure	29	11.0%	10.8%
	High Health Status†	43	56.3%	59.0%
	Multiple Chronic Conditions	34	5.1%	4.2%
	Obesity	29	32.3%	31.5%
	Severe Maternal Morbidity†	42	96.1	88.3
Overall — Women*		37	-0.285	

		State Rank	State Value	U.S. Value
Children		39	-0.271	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	22	3.0%	2.8%
	Pediatricians	26	101.7	109.3
	Uninsured	37	6.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	36	68.1%	70.0%
	HPV Vaccination	36	57.9%	61.7%
	Preventive Dental Care	14	78.2%	75.1%
	Well-Child Visit	48	70.6%	76.7%
Quality of Care	Adequate Insurance	7	72.6%	68.2%
	Developmental Screening	25	36.8%	34.8%
	Medical Home	49	38.2%	46.0%
Behaviors*				
Nutrition and Physical Activity		39	-0.538	
Nutrition and Physical Activity	Breastfed	14	29.0%	24.9%
	Food Sufficiency	48	64.8%	71.9%
	Physical Activity	33	20.7%	20.5%
	Soda Consumption – Youth†	—	10.5%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	90.7%	89.8%
	Teen Births	41	19.0	13.9
Sleep Health	Adequate Sleep	41	61.8%	66.6%
	Sleep Position†	—	83.8%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	40	25.4%	18.0%
	Tobacco Use	32	5.1%	4.0%
Health Outcomes*				
Behavioral Health		47	-0.645	
Behavioral Health	Alcohol Use – Youth	9	8.3%	9.2%
	Anxiety	29	10.6%	9.2%
	Depression	45	6.2%	4.2%
	Flourishing	25	66.5%	66.6%
	Illicit Drug Use – Youth	46	11.6%	8.4%
	Teen Suicide†	42	20.7	10.6
	Mortality	Child Mortality	45	38.4
Infant Mortality		23	5.5	5.5
Neonatal Mortality†		22	3.7	3.6
Physical Health	Asthma	46	9.3%	6.9%
	High Health Status†	47	88.0%	90.2%
	Low Birth Weight	39	9.4%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	41	12.8	6.2
	Overweight or Obesity – Youth	40	36.5%	33.5%
Overall — Children*		47	-0.620	
Overall — Women and Children*		43	-0.525	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low child mortality rate
- High enrollment in early childhood education
- High prevalence of fruit and vegetable consumption among women

Challenges

- High prevalence of unemployment among women
- Low percentage of households with children that have high-speed internet
- High prevalence of physical inactivity among women

Highlights

Drug Deaths

69% ▲

from 12.0 to 20.3 deaths per 100,000 women ages 20-44 between 2014-2016 and 2019-2021.

Teen Births

31% ▼

from 13.2 to 9.1 births per 1,000 females ages 15-19 between 2016 and 2021.

Frequent Mental Distress

23% ▲

from 14.4% to 17.7% of women ages 18-44 between 2017-2018 and 2020-2021.

Infant Mortality

9% ▼

from 4.6 to 4.2 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		38	-0.274	
Community and Family Safety	Firearm Deaths†	2	1.4	5.6
	Injury Deaths	3	31.1	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	40	29.7%	25.9%
	Food Insecurity	28	10.3%	10.4%
	Gender Pay Gap†	2	88.2%	81.5%
	Poverty	28	15.8%	15.5%
	Unemployment	48	6.8%	5.2%
Education	College Graduate	7	43.2%	36.8%
Social Support and Engagement	Infant Child Care Cost†	49	17.9%	11.7%
	Residential Segregation – Black/White	47	77	—
	Voter Participation	35	57.9%	60.7%
Physical Environment*		13	0.201	
Air and Water Quality	Air Pollution	11	6.5	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	5	9.5%	13.8%
	Water Fluoridation	30	71.5%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	2	5.1	8.2
Housing and Transportation	Drive Alone to Work	1	46.3%	66.0%
	Housing Cost Burden (households with children)†	48	38.2%	31.2%
	Housing With Lead Risk	50	32.5%	16.9%
	Severe Housing Problems	48	22.9%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		25	0.063	
Community and Family Safety	Child Victimization†	42	13.8	8.1
	Firearm Deaths†	2	1.7	5.3
	Injury Deaths	3	8.8	17.4
Economic Resources	Children in Poverty	37	18.5%	16.9%
	Children in Poverty Racial Disparity	4	2.6	3.0
	High-Speed Internet	42	93.9%	95.3%
	Students Experiencing Homelessness	50	4.8%	2.2%
	WIC Coverage	15	50.3%	48.3%
Education	Early Childhood Education	4	52.1%	40.2%
	Fourth Grade Reading Proficiency	39	29.6%	32.1%
	High School Completion	42	88.0%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	1	9.8%	14.0%
	Foster Care Instability	28	15.5%	15.2%
	Neighborhood Amenities	11	41.9%	35.5%
	Reading, Singing or Storytelling	32	56.5%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		18	0.456	
Clinical Care*				
Access to Care	Adequate Prenatal Care	31	76.4%	74.7%
	Avoided Care Due to Cost	4	10.0%	14.6%
	Maternity Care Desert†	12	0.2	3.1
	Uninsured	8	6.4%	11.8%
	Women's Health Providers	16	54.3	46.0
Preventive Clinical Services	Cervical Cancer Screening	34	76.2%	77.1%
	Dental Visit	31	65.8%	65.5%
	Flu Vaccination	23	40.6%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	3	77.1%	70.5%
Quality of Care	Breastfeeding Initiation†	19	86.5%	83.7%
	Dedicated Health Care Provider	20	81.6%	79.2%
	Low-Risk Cesarean Delivery	49	29.9%	26.3%
	Maternity Practices Score	12	85	81
Behaviors*				
Nutrition and Physical Activity	Exercise	25	21.7%	21.5%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	46	25.4%	21.1%
Sexual Health	Chlamydia	22	1,460.1	1,563.1
	High-Risk HIV Behaviors	12	8.7%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	28	33.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	8	7.6%	8.8%
	Smoking	8	9.6%	12.1%
	Smoking During Pregnancy	9	3.0%	4.6%
Health Outcomes*				
Behavioral Health	Drug Deaths†	16	20.3	25.7
	Excessive Drinking	23	18.8%	18.8%
	Frequent Mental Distress	6	17.7%	21.0%
	Illicit Drug Use	21	10.7%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	16	19.8	22.4
	Mortality Rate	3	91.6	136.4
Physical Health	Depression†	4	21.3%	27.4%
	Frequent Physical Distress	4	5.7%	7.1%
	High Blood Pressure	3	8.1%	10.8%
	High Health Status†	16	61.9%	59.0%
	Multiple Chronic Conditions	8	3.4%	4.2%
	Obesity	8	27.2%	31.5%
	Severe Maternal Morbidity†	48	112.1	88.3
Overall — Women*		15	0.241	

		State Rank	State Value	U.S. Value
Children		20	0.337	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	39	2.1%	2.8%
	Pediatricians	4	156.5	109.3
	Uninsured	5	2.6%	5.4%
Preventive Clinical Services	Childhood Immunizations	27	70.4%	70.0%
	HPV Vaccination	21	64.4%	61.7%
	Preventive Dental Care	45	72.3%	75.1%
	Well-Child Visit	10	81.2%	76.7%
Quality of Care	Adequate Insurance	14	71.5%	68.2%
	Developmental Screening	41	28.7%	34.8%
	Medical Home	38	46.2%	46.0%
Behaviors*				
Nutrition and Physical Activity	Breastfed	37	23.4%	24.9%
	Food Sufficiency	17	73.9%	71.9%
	Physical Activity	38	19.7%	20.5%
	Soda Consumption – Youth†	—	6.7%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	93.0%	89.8%
	Teen Births	9	9.1	13.9
Sleep Health	Adequate Sleep	35	63.9%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	10	15.7%	18.0%
	Tobacco Use	7	3.2%	4.0%
Health Outcomes*				
Behavioral Health	Alcohol Use – Youth	29	9.5%	9.2%
	Anxiety	17	9.1%	9.2%
	Depression	11	3.5%	4.2%
	Flourishing	21	67.0%	66.6%
	Illicit Drug Use – Youth	29	8.3%	8.4%
	Teen Suicide†	3	5.4	10.6
Mortality	Child Mortality	4	18.1	27.4
	Infant Mortality	6	4.2	5.5
	Neonatal Mortality†	3	2.8	3.6
Physical Health	Asthma	41	8.0%	6.9%
	High Health Status†	21	91.6%	90.2%
	Low Birth Weight	25	8.4%	8.5%
	Low Birth Weight Racial Disparity	49	2.5	2.1
	Neonatal Abstinence Syndrome†	14	4.9	6.2
	Overweight or Obesity – Youth	24	32.3%	33.5%
Overall — Children*		20	0.156	
Overall — Women and Children*		18	0.194	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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North Carolina

State Health Department Website: ncdhhs.gov

Overall Rank

30

Summary

Strengths

- High WIC coverage among eligible children ages 0-4
- High prevalence of well-woman visits
- Low prevalence of physical inactivity among women

Challenges

- High infant mortality rate
- Low voter participation among women
- High incidence of chlamydia among women

Highlights

Mortality

27% ▲

from 132.1 to 167.8 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Food Insecurity

24% ▼

from 14.4% to 10.9% of households between 2015-2017 and 2019-2021.

Injury Deaths

20% ▲

from 16.5 to 19.8 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Children in Poverty

10% ▼

from 20.2% to 18.1% of children ages 0-17 between 2018 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		29	0.016	
Community and Family Safety	Firearm Deaths†	26	6.3	5.6
	Injury Deaths	33	57.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	35	27.7%	25.9%
	Food Insecurity	34	10.9%	10.4%
	Gender Pay Gap†	19	82.2%	81.5%
	Poverty	36	16.7%	15.5%
	Unemployment	23	4.4%	5.2%
Education	College Graduate	22	37.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	24	11.6%	11.7%
	Residential Segregation – Black/White	6	54	—
	Voter Participation	42	55.9%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		30	-0.112	
Community and Family Safety	Child Victimization†	28	9.2	8.1
	Firearm Deaths†	29	6.8	5.3
	Injury Deaths	30	19.8	17.4
Economic Resources	Children in Poverty	35	18.1%	16.9%
	Children in Poverty Racial Disparity	16	3.1	3.0
	High-Speed Internet	27	95.5%	95.3%
	Students Experiencing Homelessness	15	1.5%	2.2%
	WIC Coverage	9	54.6%	48.3%
Education	Early Childhood Education	28	38.4%	40.2%
	Fourth Grade Reading Proficiency	23	32.3%	32.1%
	High School Completion	33	89.7%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	20	14.8%	14.0%
	Foster Care Instability	39	19.4%	15.2%
	Neighborhood Amenities	43	20.4%	35.5%
	Reading, Singing or Storytelling	29	57.2%	57.2%
Physical Environment*		6	0.415	
Air and Water Quality	Air Pollution	18	7.2	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	23	13.7%	13.8%
	Water Fluoridation	17	87.9%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	17	7.7	8.2
Housing and Transportation	Drive Alone to Work	27	69.4%	66.0%
	Housing Cost Burden (households with children)†	21	26.1%	31.2%
	Housing With Lead Risk	8	10.0%	16.9%
	Severe Housing Problems	26	14.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		27	0.297	
Access to Care	Adequate Prenatal Care	28	77.0%	74.7%
	Avoided Care Due to Cost	28	13.9%	14.6%
	Maternity Care Desert†	23	2.7	3.1
	Uninsured	40	14.7%	11.8%
	Women's Health Providers	22	46.7	46.0
Preventive Clinical Services	Cervical Cancer Screening	3	81.7%	77.1%
	Dental Visit	25	67.2%	65.5%
	Flu Vaccination	27	38.8%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	7	75.9%	70.5%
Quality of Care	Breastfeeding Initiation†	36	81.3%	83.7%
	Dedicated Health Care Provider	32	79.3%	79.2%
	Low-Risk Cesarean Delivery	17	24.0%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		31	-0.278	
Nutrition and Physical Activity	Exercise	21	22.0%	21.5%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	13	18.7%	21.1%
Sexual Health	Chlamydia	43	1,998.3	1,563.1
	High-Risk HIV Behaviors	48	11.6%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	19	32.0%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	24	9.2%	8.8%
	Smoking	21	13.0%	12.1%
	Smoking During Pregnancy	24	5.6%	4.6%
Health Outcomes*		25	-0.180	
Behavioral Health	Drug Deaths†	34	33.2	25.7
	Excessive Drinking	27	19.1%	18.8%
	Frequent Mental Distress	13	19.9%	21.0%
	Illicit Drug Use	25	11.1%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	29	25.4	22.4
	Mortality Rate	39	167.8	136.4
Physical Health	Depression†	21	28.8%	27.4%
	Frequent Physical Distress	16	7.0%	7.1%
	High Blood Pressure	32	11.3%	10.8%
	High Health Status†	11	63.1%	59.0%
	Multiple Chronic Conditions	19	4.1%	4.2%
	Obesity	37	35.4%	31.5%
	Severe Maternal Morbidity†	28	85.7	88.3
Overall — Women*		25	0.031	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		16	0.448	
Access to Care	ADD/ADHD Treatment	14	3.7%	2.8%
	Pediatricians	28	98.7	109.3
	Uninsured	32	5.5%	5.4%
Preventive Clinical Services	Childhood Immunizations	14	74.0%	70.0%
	HPV Vaccination	12	67.8%	61.7%
	Preventive Dental Care	21	77.4%	75.1%
	Well-Child Visit	14	80.1%	76.7%
Quality of Care	Adequate Insurance	24	68.8%	68.2%
	Developmental Screening	22	39.5%	34.8%
	Medical Home	29	48.2%	46.0%
Behaviors*		38	-0.462	
Nutrition and Physical Activity	Breastfed	42	22.1%	24.9%
	Food Sufficiency	29	70.3%	71.9%
	Physical Activity	40	19.1%	20.5%
	Soda Consumption – Youth†	—	12.4%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	92.0%	89.8%
	Teen Births	32	16.0	13.9
Sleep Health	Adequate Sleep	36	63.8%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	39	23.8%	18.0%
	Tobacco Use	29	4.8%	4.0%
Health Outcomes*		36	-0.260	
Behavioral Health	Alcohol Use – Youth	21	9.2%	9.2%
	Anxiety	15	9.0%	9.2%
	Depression	21	4.2%	4.2%
	Flourishing	45	64.0%	66.6%
	Illicit Drug Use – Youth	26	8.2%	8.4%
	Teen Suicide†	12	10.2	10.6
Mortality	Child Mortality	31	30.1	27.4
	Infant Mortality	43	6.8	5.5
	Neonatal Mortality†	48	4.6	3.6
Physical Health	Asthma	12	5.7%	6.9%
	High Health Status†	43	89.0%	90.2%
	Low Birth Weight	39	9.4%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	32	8.4	6.2
	Overweight or Obesity – Youth	29	33.5%	33.5%
Overall — Children*		28	-0.043	
Overall — Women and Children*		30	-0.051	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of unemployment among women
- Low percentage of children in poverty
- High prevalence of physical activity among children

Challenges

- High prevalence of excessive drinking among women
- Low enrollment in early childhood education
- High foster care placement instability

Highlights

Drug Deaths

90% ▲

from 10.7 to 20.3 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Cigarette Smoking During Pregnancy

41% ▼

from 14.5% to 8.5% of women with a live birth between 2014 and 2021.

Teen Births

36% ▼

from 20.3 to 12.9 births per 1,000 females ages 15-19 between 2016 and 2021.

Fourth Grade Reading Proficiency

10% ▼

from 34.3% to 31.0% of public school fourth grade students between 2019 and 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		5	0.773	
Community and Family Safety	Firearm Deaths†	18	5.5	5.6
	Injury Deaths	20	45.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.1%	2.6%
Economic Resources	Concentrated Disadvantage	4	7.5%	25.9%
	Food Insecurity	4	7.7%	10.4%
	Gender Pay Gap†	38	77.9%	81.5%
	Poverty	25	15.7%	15.5%
	Unemployment	3	2.9%	5.2%
Education	College Graduate	15	39.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	5	8.7%	11.7%
	Residential Segregation – Black/White	9	57	—
	Voter Participation	25	60.6%	60.7%
Physical Environment*		16	0.148	
Air and Water Quality	Air Pollution	4	5.0	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	34	16.9%	13.8%
	Water Fluoridation	4	96.5%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	48	17.7	8.2
Housing and Transportation	Drive Alone to Work	46	77.7%	66.0%
	Housing Cost Burden (households with children)†	1	19.8%	31.2%
	Housing With Lead Risk	26	15.8%	16.9%
	Severe Housing Problems	3	11.7%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		29	-0.097	
Community and Family Safety	Child Victimization†	23	7.3	8.1
	Firearm Deaths†	20	5.0	5.3
	Injury Deaths	31	20.0	17.4
Economic Resources	Children in Poverty	4	10.5%	16.9%
	Children in Poverty Racial Disparity	48	6.2	3.0
	High-Speed Internet	24	95.6%	95.3%
	Students Experiencing Homelessness	15	1.5%	2.2%
	WIC Coverage	33	43.1%	48.3%
Education	Early Childhood Education	49	24.9%	40.2%
	Fourth Grade Reading Proficiency	30	31.0%	32.1%
	High School Completion	6	93.6%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	16	13.8%	14.0%
	Foster Care Instability	46	21.8%	15.2%
	Neighborhood Amenities	22	34.9%	35.5%
	Reading, Singing or Storytelling	27	57.5%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		14	0.497	
Access to Care	Adequate Prenatal Care	10	80.4%	74.7%
	Avoided Care Due to Cost	16	12.1%	14.6%
	Maternity Care Desert†	47	16.3	3.1
	Uninsured	15	7.2%	11.8%
	Women's Health Providers	33	40.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	37	75.1%	77.1%
	Dental Visit	23	67.9%	65.5%
	Flu Vaccination	10	45.9%	38.9%
	Postpartum Visit†	—	92.4%	90.9%
	Well-Woman Visit	39	68.2%	70.5%
Quality of Care	Breastfeeding Initiation†	27	82.7%	83.7%
	Dedicated Health Care Provider	23	81.3%	79.2%
	Low-Risk Cesarean Delivery	5	20.1%	26.3%
	Maternity Practices Score	35	79	81
Behaviors*		29	-0.170	
Nutrition and Physical Activity	Exercise	13	22.8%	21.5%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	38	22.6%	21.1%
Sexual Health	Chlamydia	28	1,633.4	1,563.1
	High-Risk HIV Behaviors	4	7.9%	9.6%
	Unintended Pregnancy†	—	23.7%	25.5%
Sleep Health	Insufficient Sleep	22	32.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	16	8.5%	8.8%
	Smoking	36	17.2%	12.1%
	Smoking During Pregnancy	37	8.5%	4.6%
Health Outcomes*		29	-0.222	
Behavioral Health	Drug Deaths†	16	20.3	25.7
	Excessive Drinking	47	24.4%	18.8%
	Frequent Mental Distress	20	21.5%	21.0%
	Illicit Drug Use	2	8.2%	10.8%
	Postpartum Depression†	—	13.2%	12.7%
Mortality	Maternal Mortality†	19	21.2	22.4
	Mortality Rate	25	136.1	136.4
Physical Health	Depression†	31	33.0%	27.4%
	Frequent Physical Distress	42	8.8%	7.1%
	High Blood Pressure	22	10.0%	10.8%
	High Health Status†	19	61.3%	59.0%
	Multiple Chronic Conditions	24	4.4%	4.2%
	Obesity	24	31.6%	31.5%
	Severe Maternal Morbidity†	5	61.6	88.3
Overall — Women*		17	0.185	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		32	0.011	
Access to Care	ADD/ADHD Treatment	22	3.0%	2.8%
	Pediatricians	42	75.1	109.3
	Uninsured	41	7.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	13	75.3%	70.0%
	HPV Vaccination	5	72.2%	61.7%
	Preventive Dental Care	36	74.2%	75.1%
	Well-Child Visit	40	73.6%	76.7%
Quality of Care	Adequate Insurance	49	60.3%	68.2%
	Developmental Screening	15	41.2%	34.8%
	Medical Home	12	51.7%	46.0%
Behaviors*		14	0.535	
Nutrition and Physical Activity	Breastfed	19	27.4%	24.9%
	Food Sufficiency	16	74.0%	71.9%
	Physical Activity	1	29.8%	20.5%
	Soda Consumption – Youth†	—	8.3%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	83.9%	89.8%
	Teen Births	24	12.9	13.9
Sleep Health	Adequate Sleep	10	72.5%	66.6%
	Sleep Position†	—	85.3%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	35	21.2%	18.0%
	Tobacco Use	37	5.4%	4.0%
Health Outcomes*		8	0.402	
Behavioral Health	Alcohol Use – Youth	27	9.4%	9.2%
	Anxiety	27	10.4%	9.2%
	Depression	31	4.8%	4.2%
	Flourishing	7	68.5%	66.6%
	Illicit Drug Use – Youth	2	6.3%	8.4%
	Teen Suicide†	38	18.4	10.6
Mortality	Child Mortality	28	29.3	27.4
	Infant Mortality	36	6.5	5.5
	Neonatal Mortality†	38	4.1	3.6
Physical Health	Asthma	9	5.6%	6.9%
	High Health Status†	16	92.3%	90.2%
	Low Birth Weight	1	6.6%	8.5%
	Low Birth Weight Racial Disparity	6	1.6	2.1
	Neonatal Abstinence Syndrome†	29	7.7	6.2
	Overweight or Obesity – Youth	11	29.0%	33.5%
Overall — Children*		18	0.170	
Overall — Women and Children*		19	0.180	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low foster care placement instability
- High percentage of women receiving early and adequate prenatal care
- High prevalence of physical activity among children

Challenges

- High infant mortality rate
- High prevalence of multiple chronic conditions among women
- High prevalence of cigarette smoking among women

Highlights

Firearm Deaths

40% ▲

from 4.7 to 6.6 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Cigarette Smoking During Pregnancy

18% ▼

from 11.5% to 9.4% of women with a live birth between 2020 and 2021.

Obesity

17% ▲

from 31.9% to 37.2% of women ages 18-44 between 2017-2018 and 2020-2021.

Pediatricians

11% ▲

from 125.3 to 138.5 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		39	-0.381	
Community and Family Safety	Firearm Deaths†	30	6.9	5.6
	Injury Deaths	43	71.8	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	31	24.3%	25.9%
	Food Insecurity	33	10.8%	10.4%
	Gender Pay Gap†	24	80.6%	81.5%
	Poverty	40	17.2%	15.5%
	Unemployment	32	5.0%	5.2%
Education	College Graduate	31	33.6%	36.8%
Social Support and Engagement	Infant Child Care Cost†	17	10.6%	11.7%
	Residential Segregation – Black/White	40	70	—
	Voter Participation	29	59.7%	60.7%
Physical Environment*		43	-0.303	
Air and Water Quality	Air Pollution	41	8.7	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	46	20.6%	13.8%
	Water Fluoridation	9	92.7%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	15	7.4	8.2
Housing and Transportation	Drive Alone to Work	32	72.2%	66.0%
	Housing Cost Burden (households with children)†	12	23.8%	31.2%
	Housing With Lead Risk	43	23.8%	16.9%
	Severe Housing Problems	11	13.1%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		27	-0.024	
Community and Family Safety	Child Victimization†	29	9.3	8.1
	Firearm Deaths†	28	6.6	5.3
	Injury Deaths	27	18.7	17.4
Economic Resources	Children in Poverty	38	18.6%	16.9%
	Children in Poverty Racial Disparity	16	3.1	3.0
	High-Speed Internet	40	94.3%	95.3%
	Students Experiencing Homelessness	15	1.5%	2.2%
	WIC Coverage	40	39.6%	48.3%
Education	Early Childhood Education	22	39.2%	40.2%
	Fourth Grade Reading Proficiency	10	34.5%	32.1%
	High School Completion	21	91.7%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	29	15.9%	14.0%
	Foster Care Instability	9	10.7%	15.2%
	Neighborhood Amenities	15	37.0%	35.5%
	Reading, Singing or Storytelling	25	58.1%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		17	0.457	
Access to Care	Adequate Prenatal Care	16	79.9%	74.7%
	Avoided Care Due to Cost	17	12.2%	14.6%
	Maternity Care Desert†	26	2.9	3.1
	Uninsured	19	8.4%	11.8%
	Women's Health Providers	28	44.3	46.0
Preventive Clinical Services	Cervical Cancer Screening	23	77.5%	77.1%
	Dental Visit	22	68.1%	65.5%
	Flu Vaccination	32	37.9%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	18	73.6%	70.5%
Quality of Care	Breastfeeding Initiation†	43	75.8%	83.7%
	Dedicated Health Care Provider	16	83.4%	79.2%
	Low-Risk Cesarean Delivery	29	26.0%	26.3%
	Maternity Practices Score	16	84	81
Behaviors*		42	-0.638	
Nutrition and Physical Activity	Exercise	38	19.0%	21.5%
	Fruit and Vegetable Consumption	25	9.2%	9.8%
	Physical Inactivity	23	20.3%	21.1%
Sexual Health	Chlamydia	29	1,635.7	1,563.1
	High-Risk HIV Behaviors	19	9.0%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	39	37.7%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	31	10.0%	8.8%
	Smoking	47	20.7%	12.1%
	Smoking During Pregnancy	42	9.4%	4.6%
Health Outcomes*		43	-0.899	
Behavioral Health	Drug Deaths†	47	48.6	25.7
	Excessive Drinking	42	22.2%	18.8%
	Frequent Mental Distress	36	24.9%	21.0%
	Illicit Drug Use	18	10.4%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	25	23.7	22.4
	Mortality Rate	34	162.6	136.4
Physical Health	Depression†	34	33.6%	27.4%
	Frequent Physical Distress	31	8.0%	7.1%
	High Blood Pressure	37	13.2%	10.8%
	High Health Status†	30	58.9%	59.0%
	Multiple Chronic Conditions	46	6.4%	4.2%
	Obesity	39	37.2%	31.5%
	Severe Maternal Morbidity†	27	84.9	88.3
Overall — Women*		41	-0.404	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		30	0.110	
Access to Care	ADD/ADHD Treatment	11	3.9%	2.8%
	Pediatricians	10	138.5	109.3
	Uninsured	30	5.1%	5.4%
Preventive Clinical Services	Childhood Immunizations	37	67.9%	70.0%
	HPV Vaccination	26	62.2%	61.7%
	Preventive Dental Care	49	69.6%	75.1%
	Well-Child Visit	22	78.5%	76.7%
Quality of Care	Adequate Insurance	24	68.8%	68.2%
	Developmental Screening	24	37.0%	34.8%
	Medical Home	21	49.5%	46.0%
Behaviors*		33	-0.208	
Nutrition and Physical Activity	Breastfed	35	23.7%	24.9%
	Food Sufficiency	33	68.9%	71.9%
	Physical Activity	8	25.5%	20.5%
	Soda Consumption – Youth†	—	9.4%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	85.4%	89.8%
	Teen Births	31	15.5	13.9
Sleep Health	Adequate Sleep	34	64.6%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	33	20.0%	18.0%
	Tobacco Use	38	5.5%	4.0%
Health Outcomes*		35	-0.255	
Behavioral Health	Alcohol Use – Youth	30	9.6%	9.2%
	Anxiety	32	10.8%	9.2%
	Depression	28	4.5%	4.2%
	Flourishing	27	66.1%	66.6%
	Illicit Drug Use – Youth	23	8.0%	8.4%
	Teen Suicide†	11	10.0	10.6
	Mortality	Child Mortality	24	28.2
Infant Mortality		43	6.8	5.5
Neonatal Mortality†		45	4.5	3.6
Physical Health	Asthma	33	7.1%	6.9%
	High Health Status†	12	92.4%	90.2%
	Low Birth Weight	29	8.7%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	37	9.7	6.2
	Overweight or Obesity – Youth	34	34.0%	33.5%
Overall — Children*		33	-0.137	
Overall — Women and Children*		37	-0.255	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Ranks are calculated for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

Summary

Strengths

- Low prevalence of excessive drinking among women
- Low prevalence of unemployment among women
- High hospital maternity practices (mPINC) score

Challenges

- High prevalence of multiple chronic conditions among women
- High household food insecurity
- High teen birth rate

Highlights

HPV Vaccination

36% ▲

from 41.8% to 56.7% of adolescents ages 13-17 between 2019 and 2021.

Mortality

25% ▲

from 145.2 to 181.4 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Infant Mortality

14% ▼

from 7.6 to 6.5 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Women's Health Providers

10% ▼

from 36.9 to 33.1 per 100,000 females ages 15 and older between September 2021 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		45	-0.583	
Community and Family Safety	Firearm Deaths†	37	9.0	5.6
	Injury Deaths	27	53.5	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.7%	2.6%
Economic Resources	Concentrated Disadvantage	36	27.8%	25.9%
	Food Insecurity	46	13.8%	10.4%
	Gender Pay Gap†	42	77.5%	81.5%
	Poverty	44	19.7%	15.5%
	Unemployment	10	3.6%	5.2%
Education	College Graduate	49	26.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	11	10.3%	11.7%
	Residential Segregation – Black/White	15	59	—
	Voter Participation	46	54.4%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	41	8.7	7.8
	Drinking Water Violations	44	2.4%	0.8%
	Household Smoke	38	17.6%	13.8%
	Water Fluoridation	32	68.0%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	44	11.5	8.2
Housing and Transportation	Drive Alone to Work	44	76.4%	66.0%
	Housing Cost Burden (households with children)†	26	27.8%	31.2%
	Housing With Lead Risk	21	14.1%	16.9%
	Severe Housing Problems	18	13.7%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		46	-0.917	
Community and Family Safety	Child Victimization†	43	14.3	8.1
	Firearm Deaths†	31	7.2	5.3
	Injury Deaths	37	22.9	17.4
Economic Resources	Children in Poverty	44	21.2%	16.9%
	Children in Poverty Racial Disparity	29	3.4	3.0
	High-Speed Internet	37	94.4%	95.3%
	Students Experiencing Homelessness	44	3.2%	2.2%
	WIC Coverage	25	46.7%	48.3%
Education	Early Childhood Education	23	39.0%	40.2%
	Fourth Grade Reading Proficiency	48	24.0%	32.1%
	High School Completion	40	88.7%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	41	18.3%	14.0%
	Foster Care Instability	44	21.5%	15.2%
	Neighborhood Amenities	48	16.5%	35.5%
	Reading, Singing or Storytelling	46	51.9%	57.2%
Physical Environment*		48	-0.476	
Air and Water Quality	Air Pollution	41	8.7	7.8
	Drinking Water Violations	44	2.4%	0.8%
	Household Smoke	38	17.6%	13.8%
	Water Fluoridation	32	68.0%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	44	11.5	8.2
Housing and Transportation	Drive Alone to Work	44	76.4%	66.0%
	Housing Cost Burden (households with children)†	26	27.8%	31.2%
	Housing With Lead Risk	21	14.1%	16.9%
	Severe Housing Problems	18	13.7%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		47	-0.661	
Clinical Care*				
Access to Care	Adequate Prenatal Care	25	77.9%	74.7%
	Avoided Care Due to Cost	47	20.7%	14.6%
	Maternity Care Desert†	44	13.5	3.1
	Uninsured	49	20.5%	11.8%
	Women's Health Providers	47	33.1	46.0
Preventive Clinical Services	Cervical Cancer Screening	42	73.6%	77.1%
	Dental Visit	48	60.0%	65.5%
	Flu Vaccination	38	36.2%	38.9%
	Postpartum Visit†	—	88.0%	90.9%
	Well-Woman Visit	34	70.1%	70.5%
Quality of Care	Breastfeeding Initiation†	33	81.6%	83.7%
	Dedicated Health Care Provider	45	73.6%	79.2%
	Low-Risk Cesarean Delivery	19	24.4%	26.3%
	Maternity Practices Score	12	85	81
Behaviors*				
Nutrition and Physical Activity	Exercise	49	13.8%	21.5%
	Fruit and Vegetable Consumption	48	5.3%	9.8%
	Physical Inactivity	43	24.3%	21.1%
Sexual Health	Chlamydia	36	1,756.4	1,563.1
	High-Risk HIV Behaviors	12	8.7%	9.6%
	Unintended Pregnancy†	—	34.0%	25.5%
Sleep Health	Insufficient Sleep	26	33.7%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	49	15.0%	8.8%
	Smoking	37	17.6%	12.1%
	Smoking During Pregnancy	35	7.7%	4.6%
Health Outcomes*				
Behavioral Health	Drug Deaths†	13	18.2	25.7
	Excessive Drinking	2	12.5%	18.8%
	Frequent Mental Distress	36	24.9%	21.0%
	Illicit Drug Use	34	11.5%	10.8%
	Postpartum Depression†	—	16.1%	12.7%
Mortality	Maternal Mortality†	34	29.8	22.4
	Mortality Rate	40	181.4	136.4
Physical Health	Depression†	39	35.1%	27.4%
	Frequent Physical Distress	38	8.4%	7.1%
	High Blood Pressure	41	14.5%	10.8%
	High Health Status†	46	54.9%	59.0%
	Multiple Chronic Conditions	41	5.8%	4.2%
	Obesity	47	39.2%	31.5%
	Severe Maternal Morbidity†	17	77.2	88.3
Overall — Women*		45	-0.654	

		State Rank	State Value	U.S. Value
Children		42	-0.440	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	27	2.7%	2.8%
	Pediatricians	44	72.9	109.3
	Uninsured	43	7.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	45	65.9%	70.0%
	HPV Vaccination	39	56.7%	61.7%
	Preventive Dental Care	43	73.0%	75.1%
	Well-Child Visit	43	73.0%	76.7%
Quality of Care	Adequate Insurance	16	71.1%	68.2%
	Developmental Screening	28	35.1%	34.8%
	Medical Home	32	47.6%	46.0%
Behaviors*				
Nutrition and Physical Activity	Breastfed	38	23.2%	24.9%
	Food Sufficiency	46	65.2%	71.9%
	Physical Activity	31	21.6%	20.5%
	Soda Consumption – Youth†	—	11.8%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	89.6%	89.8%
	Teen Births	47	24.1	13.9
Sleep Health	Adequate Sleep	30	65.8%	66.6%
	Sleep Position†	—	83.6%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	37	21.7%	18.0%
	Tobacco Use	35	5.3%	4.0%
Health Outcomes*				
Behavioral Health	Alcohol Use – Youth	7	8.2%	9.2%
	Anxiety	23	10.0%	9.2%
	Depression	13	3.7%	4.2%
	Flourishing	25	66.5%	66.6%
	Illicit Drug Use – Youth	18	7.7%	8.4%
	Teen Suicide†	37	18.0	10.6
	Mortality	Child Mortality	38	34.5
Infant Mortality		36	6.5	5.5
Neonatal Mortality†		26	3.9	3.6
Physical Health	Asthma	44	9.0%	6.9%
	High Health Status†	30	90.5%	90.2%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	26	6.6	6.2
	Overweight or Obesity – Youth	36	34.3%	33.5%
Overall — Children*		46	-0.598	
Overall — Women and Children*		47	-0.638	

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† Additional measure.

— Data not available, missing or suppressed.

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Oregon

State Health Department Website: oregon.gov/oha/ph

Overall Rank

20

Summary

Strengths

- Low percentage of low birth weight infants
- High voter participation among women
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of public school students experiencing homelessness
- High prevalence of high-risk HIV behaviors among women
- Low prevalence of fruit and vegetable consumption among women

Highlights

Fruit and Vegetable Consumption

43% ▼

from 11.5% to 6.5% of women ages 18-44 between 2019 and 2021.

Early Childhood Education Enrollment

33% ▼

from 47.4% to 31.9% of children ages 3-4 between 2018 and 2021.

Cigarette Smoking

32% ▼

from 16.8% to 11.5% of women ages 18-44 between 2017-2018 and 2020-2021.

Pediatricians

14% ▲

from 91.9 to 104.5 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		14	0.435	
Community and Family Safety	Firearm Deaths†	14	4.9	5.6
	Injury Deaths	9	38.1	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.5%	2.6%
Economic Resources	Concentrated Disadvantage	19	17.9%	25.9%
	Food Insecurity	28	10.3%	10.4%
	Gender Pay Gap†	11	83.8%	81.5%
	Poverty	22	15.3%	15.5%
	Unemployment	32	5.0%	5.2%
Education	College Graduate	21	37.8%	36.8%
Social Support and Engagement	Infant Child Care Cost†	45	14.6%	11.7%
	Residential Segregation – Black/White	25	65	—
	Voter Participation	1	73.3%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		26	0.053	
Community and Family Safety	Child Victimization†	33	12.3	8.1
	Firearm Deaths†	8	3.5	5.3
	Injury Deaths	15	15.8	17.4
Economic Resources	Children in Poverty	18	13.5%	16.9%
	Children in Poverty Racial Disparity	10	2.8	3.0
	High-Speed Internet	16	96.1%	95.3%
	Students Experiencing Homelessness	46	3.3%	2.2%
	WIC Coverage	7	55.7%	48.3%
Education	Early Childhood Education	45	31.9%	40.2%
	Fourth Grade Reading Proficiency	44	28.0%	32.1%
	High School Completion	18	91.9%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	23	15.4%	14.0%
	Foster Care Instability	34	17.5%	15.2%
	Neighborhood Amenities	21	35.2%	35.5%
	Reading, Singing or Storytelling	8	64.2%	57.2%
Physical Environment*		30	-0.079	
Air and Water Quality	Air Pollution	44	8.9	7.8
	Drinking Water Violations	30	0.3%	0.8%
	Household Smoke	9	11.1%	13.8%
	Water Fluoridation	48	26.4%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	13	7.2	8.2
Housing and Transportation	Drive Alone to Work	5	60.5%	66.0%
	Housing Cost Burden (households with children)†	42	33.1%	31.2%
	Housing With Lead Risk	25	15.7%	16.9%
	Severe Housing Problems	43	18.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		11	0.599	
Clinical Care*				
Access to Care	Adequate Prenatal Care	26	77.6%	74.7%
	Avoided Care Due to Cost	19	12.4%	14.6%
	Maternity Care Desert†	9	0.1	3.1
	Uninsured	18	7.8%	11.8%
	Women's Health Providers	2	68.9	46.0
Preventive Clinical Services	Cervical Cancer Screening	16	78.6%	77.1%
	Dental Visit	11	70.3%	65.5%
	Flu Vaccination	22	41.0%	38.9%
	Postpartum Visit†	—	90.8%	90.9%
	Well-Woman Visit	38	69.1%	70.5%
Quality of Care	Breastfeeding Initiation†	1	94.5%	83.7%
	Dedicated Health Care Provider	44	74.6%	79.2%
	Low-Risk Cesarean Delivery	23	25.0%	26.3%
	Maternity Practices Score	5	87	81
Behaviors*				
Nutrition and Physical Activity		18	0.130	
Nutrition and Physical Activity	Exercise	26	21.3%	21.5%
	Fruit and Vegetable Consumption	45	6.5%	9.8%
	Physical Inactivity	6	16.5%	21.1%
Sexual Health	Chlamydia	7	1,140.8	1,563.1
	High-Risk HIV Behaviors	49	11.9%	9.6%
	Unintended Pregnancy†	—	18.2%	25.5%
Sleep Health	Insufficient Sleep	6	28.5%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	18	8.8%	8.8%
	Smoking	18	11.5%	12.1%
	Smoking During Pregnancy	24	5.6%	4.6%
Health Outcomes*				
Behavioral Health		26	-0.183	
Behavioral Health	Drug Deaths†	10	17.0	25.7
	Excessive Drinking	39	20.9%	18.8%
	Frequent Mental Distress	32	24.3%	21.0%
	Illicit Drug Use	49	17.1%	10.8%
	Postpartum Depression†	—	12.5%	12.7%
Mortality	Maternal Mortality†	9	16.8	22.4
	Mortality Rate	13	110.5	136.4
Physical Health	Depression†	36	33.7%	27.4%
	Frequent Physical Distress	22	7.4%	7.1%
	High Blood Pressure	11	8.9%	10.8%
	High Health Status†	29	59.0%	59.0%
	Multiple Chronic Conditions	13	3.7%	4.2%
	Obesity	19	29.9%	31.5%
	Severe Maternal Morbidity†	7	63.9	88.3
Overall — Women*		19	0.159	

		State Rank	State Value	U.S. Value
Children		14	0.575	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	40	2.0%	2.8%
	Pediatricians	21	104.5	109.3
	Uninsured	12	3.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	24	70.8%	70.0%
	HPV Vaccination	14	67.0%	61.7%
	Preventive Dental Care	18	77.6%	75.1%
	Well-Child Visit	29	76.5%	76.7%
Quality of Care	Adequate Insurance	15	71.4%	68.2%
	Developmental Screening	1	50.6%	34.8%
	Medical Home	15	51.3%	46.0%
Behaviors*				
Nutrition and Physical Activity		9	0.700	
Nutrition and Physical Activity	Breastfed	4	34.2%	24.9%
	Food Sufficiency	12	74.8%	71.9%
	Physical Activity	32	21.0%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	10	9.5	13.9
Sleep Health	Adequate Sleep	9	72.6%	66.6%
	Sleep Position†	—	86.2%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	25	4.5%	4.0%
Health Outcomes*				
Behavioral Health		29	-0.111	
Behavioral Health	Alcohol Use – Youth	41	10.7%	9.2%
	Anxiety	42	12.5%	9.2%
	Depression	35	5.2%	4.2%
	Flourishing	50	62.8%	66.6%
	Illicit Drug Use – Youth	45	11.5%	8.4%
	Teen Suicide†	31	13.2	10.6
	Mortality	Child Mortality	9	22.0
Infant Mortality		10	4.5	5.5
Neonatal Mortality†		10	3.0	3.6
Physical Health	Asthma	17	6.2%	6.9%
	High Health Status†	27	91.0%	90.2%
	Low Birth Weight	4	6.9%	8.5%
	Low Birth Weight Racial Disparity	11	1.8	2.1
	Neonatal Abstinence Syndrome†	23	6.1	6.2
	Overweight or Obesity – Youth	21	31.5%	33.5%
Overall — Children*		21	0.151	
Overall — Women and Children*		20	0.178	

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† Additional measure.

— Data not available, missing or suppressed.

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Pennsylvania

State Health Department Website: health.pa.gov

Overall Rank

23

Summary

Strengths

- Low foster care placement instability
- High childhood immunization rate
- Low percentage of uninsured women ages 19-44

Challenges

- High prevalence of asthma among children
- High prevalence of unemployment among women
- High prevalence of cigarette smoking during pregnancy

Highlights

Teen Births

54% ▼

from 25.0 to 11.5 births per 1,000 females ages 15-19 between 2011 and 2021.

Firearm Deaths

44% ▲

from 3.6 to 5.2 deaths per 100,000 children ages 1-19 between 2014-2016 and 2019-2021.

Food Insecurity

26% ▼

from 12.5% to 9.2% of households between 2014-2016 and 2019-2021.

Mortality

11% ▲

from 120.4 to 133.2 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		24	0.065	
Community and Family Safety	Firearm Deaths†	15	5.0	5.6
	Injury Deaths	36	60.5	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.6%	2.6%
Economic Resources	Concentrated Disadvantage	26	21.8%	25.9%
	Food Insecurity	14	9.2%	10.4%
	Gender Pay Gap†	23	80.9%	81.5%
	Poverty	18	14.9%	15.5%
	Unemployment	42	5.9%	5.2%
Education	College Graduate	12	40.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	16	10.5%	11.7%
	Residential Segregation – Black/White	43	73	—
	Voter Participation	12	65.8%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	41	8.7	7.8
	Drinking Water Violations	34	0.5%	0.8%
	Household Smoke	32	15.9%	13.8%
	Water Fluoridation	36	60.0%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	5	6.5	8.2
Housing and Transportation	Drive Alone to Work	16	64.9%	66.0%
	Housing Cost Burden (households with children)†	18	26.0%	31.2%
	Housing With Lead Risk	47	28.1%	16.9%
	Severe Housing Problems	25	14.2%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		21	0.180	
Community and Family Safety	Child Victimization†	2	1.8	8.1
	Firearm Deaths†	21	5.2	5.3
	Injury Deaths	14	15.5	17.4
Economic Resources	Children in Poverty	31	16.9%	16.9%
	Children in Poverty Racial Disparity	36	3.9	3.0
	High-Speed Internet	35	94.9%	95.3%
	Students Experiencing Homelessness	21	1.6%	2.2%
	WIC Coverage	36	41.0%	48.3%
Education	Early Childhood Education	24	38.9%	40.2%
	Fourth Grade Reading Proficiency	11	34.0%	32.1%
	High School Completion	18	91.9%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	10	12.4%	14.0%
	Foster Care Instability	8	10.4%	15.2%
	Neighborhood Amenities	27	33.2%	35.5%
	Reading, Singing or Storytelling	9	63.7%	57.2%
Physical Environment*		38	-0.191	
Air and Water Quality	Air Pollution	41	8.7	7.8
	Drinking Water Violations	34	0.5%	0.8%
	Household Smoke	32	15.9%	13.8%
	Water Fluoridation	36	60.0%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	5	6.5	8.2
Housing and Transportation	Drive Alone to Work	16	64.9%	66.0%
	Housing Cost Burden (households with children)†	18	26.0%	31.2%
	Housing With Lead Risk	47	28.1%	16.9%
	Severe Housing Problems	25	14.2%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		9	0.732	
Access to Care	Adequate Prenatal Care	35	75.0%	74.7%
	Avoided Care Due to Cost	8	10.6%	14.6%
	Maternity Care Desert†	13	0.4	3.1
	Uninsured	9	6.8%	11.8%
	Women's Health Providers	19	49.9	46.0
Preventive Clinical Services	Cervical Cancer Screening	6	80.1%	77.1%
	Dental Visit	12	70.0%	65.5%
	Flu Vaccination	14	44.1%	38.9%
	Postpartum Visit†	—	90.7%	90.9%
	Well-Woman Visit	20	72.7%	70.5%
Quality of Care	Breastfeeding Initiation†	31	82.1%	83.7%
	Dedicated Health Care Provider	7	86.6%	79.2%
	Low-Risk Cesarean Delivery	24	25.3%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		32	-0.283	
Nutrition and Physical Activity	Exercise	12	23.3%	21.5%
	Fruit and Vegetable Consumption	21	9.8%	9.8%
	Physical Inactivity	25	20.5%	21.1%
Sexual Health	Chlamydia	16	1,362.3	1,563.1
	High-Risk HIV Behaviors	34	10.4%	9.6%
	Unintended Pregnancy†	—	26.0%	25.5%
Sleep Health	Insufficient Sleep	45	38.5%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	17	8.7%	8.8%
	Smoking	31	15.3%	12.1%
	Smoking During Pregnancy	33	7.3%	4.6%
Health Outcomes*		20	-0.063	
Behavioral Health	Drug Deaths†	44	42.3	25.7
	Excessive Drinking	36	20.8%	18.8%
	Frequent Mental Distress	21	21.8%	21.0%
	Illicit Drug Use	21	10.7%	10.8%
	Postpartum Depression†	—	11.6%	12.7%
Mortality	Maternal Mortality†	6	15.6	22.4
	Mortality Rate	24	133.2	136.4
Physical Health	Depression†	24	29.9%	27.4%
	Frequent Physical Distress	18	7.2%	7.1%
	High Blood Pressure	9	8.8%	10.8%
	High Health Status†	22	60.8%	59.0%
	Multiple Chronic Conditions	30	4.7%	4.2%
	Obesity	22	30.9%	31.5%
	Severe Maternal Morbidity†	36	89.5	88.3
Overall — Women*		27	0.012	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		13	0.606	
Access to Care	ADD/ADHD Treatment	20	3.2%	2.8%
	Pediatricians	8	142.3	109.3
	Uninsured	24	4.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	9	76.7%	70.0%
	HPV Vaccination	11	68.7%	61.7%
	Preventive Dental Care	23	77.2%	75.1%
	Well-Child Visit	11	80.9%	76.7%
Quality of Care	Adequate Insurance	22	69.2%	68.2%
	Developmental Screening	39	31.4%	34.8%
	Medical Home	35	47.4%	46.0%
Behaviors*		23	0.278	
Nutrition and Physical Activity	Breastfed	30	24.6%	24.9%
	Food Sufficiency	23	72.8%	71.9%
	Physical Activity	11	25.0%	20.5%
	Soda Consumption – Youth†	—	7.4%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	83.5%	89.8%
	Teen Births	18	11.5	13.9
Sleep Health	Adequate Sleep	25	67.4%	66.6%
	Sleep Position†	—	81.6%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	30	19.2%	18.0%
	Tobacco Use	24	4.4%	4.0%
Health Outcomes*		30	-0.129	
Behavioral Health	Alcohol Use – Youth	21	9.2%	9.2%
	Anxiety	38	11.4%	9.2%
	Depression	36	5.3%	4.2%
	Flourishing	19	67.1%	66.6%
	Illicit Drug Use – Youth	15	7.2%	8.4%
	Teen Suicide†	7	8.4	10.6
	Mortality	Child Mortality	18	25.8
Infant Mortality		26	5.8	5.5
Neonatal Mortality†		31	4.0	3.6
Physical Health	Asthma	44	9.0%	6.9%
	High Health Status†	34	90.2%	90.2%
	Low Birth Weight	23	8.3%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	42	13.0	6.2
	Overweight or Obesity – Youth	15	30.1%	33.5%
Overall — Children*		24	0.110	
Overall — Women and Children*		23	0.091	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low child mortality rate
- High percentage of women receiving early and adequate prenatal care
- High adolescent HPV vaccination rate

Challenges

- High percentage of low-risk cesarean deliveries
- Low prevalence of physical activity among children
- High prevalence of physical inactivity among women

Highlights

Teen Births

63% ▼

from 21.3 to 7.8 births per 1,000 females ages 15-19 between 2011 and 2021.

Injury Deaths

37% ▲

from 33.3 to 45.5 deaths per 100,000 women ages 20-44 between 2014-2016 and 2019-2021.

Women's Health Providers

16% ▼

from 72.2 to 60.4 per 100,000 females ages 15 and older between September 2021 and September 2022.

Infant Mortality

13% ▼

from 5.6 to 4.9 deaths per 1,000 live births between 2017-2018 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		18	0.227	
Community and Family Safety	Firearm Deaths†	—	—	5.6
	Injury Deaths	19	45.5	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	33	27.0%	25.9%
	Food Insecurity	9	8.4%	10.4%
	Gender Pay Gap†	4	85.9%	81.5%
	Poverty	21	15.0%	15.5%
	Unemployment	30	4.9%	5.2%
Education	College Graduate	19	38.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	37	12.9%	11.7%
	Residential Segregation – Black/White	30	66	—
	Voter Participation	22	61.9%	60.7%
Physical Environment*		20	0.069	
Air and Water Quality	Air Pollution	16	71	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	18	12.8%	13.8%
	Water Fluoridation	20	82.7%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	1	5.0	8.2
Housing and Transportation	Drive Alone to Work	19	67.9%	66.0%
	Housing Cost Burden (households with children)†	44	34.8%	31.2%
	Housing With Lead Risk	49	31.5%	16.9%
	Severe Housing Problems	37	16.6%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		12	0.410	
Community and Family Safety	Child Victimization†	35	12.4	8.1
	Firearm Deaths†	—	—	5.3
	Injury Deaths	2	8.0	17.4
Economic Resources	Children in Poverty	24	15.0%	16.9%
	Children in Poverty Racial Disparity	50	8.8	3.0
	High-Speed Internet	13	96.4%	95.3%
	Students Experiencing Homelessness	2	0.8%	2.2%
	WIC Coverage	8	55.0%	48.3%
Education	Early Childhood Education	37	36.8%	40.2%
	Fourth Grade Reading Proficiency	13	33.8%	32.1%
	High School Completion	36	89.1%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	4	11.6%	14.0%
	Foster Care Instability	1	7.9%	15.2%
	Neighborhood Amenities	9	43.3%	35.5%
	Reading, Singing or Storytelling	24	58.3%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		4	1.037	
Access to Care	Adequate Prenatal Care	2	87.3%	74.7%
	Avoided Care Due to Cost	5	10.2%	14.6%
	Maternity Care Desert†	1	0.0	3.1
	Uninsured	4	5.8%	11.8%
	Women's Health Providers	9	60.4	46.0
Preventive Clinical Services	Cervical Cancer Screening	27	77.1%	77.1%
	Dental Visit	1	74.6%	65.5%
	Flu Vaccination	4	48.6%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	1	79.5%	70.5%
Quality of Care	Breastfeeding Initiation†	32	82.0%	83.7%
	Dedicated Health Care Provider	9	86.2%	79.2%
	Low-Risk Cesarean Delivery	45	29.1%	26.3%
	Maternity Practices Score	—	—	81
Behaviors*		21	0.018	
Nutrition and Physical Activity	Exercise	28	21.2%	21.5%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	41	23.0%	21.1%
Sexual Health	Chlamydia	17	1,373.6	1,563.1
	High-Risk HIV Behaviors	40	10.9%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	24	33.1%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	13	8.2%	8.8%
	Smoking	15	11.1%	12.1%
	Smoking During Pregnancy	13	3.4%	4.6%
Health Outcomes*		16	0.102	
Behavioral Health	Drug Deaths†	35	33.7	25.7
	Excessive Drinking	22	18.7%	18.8%
	Frequent Mental Distress	18	21.2%	21.0%
	Illicit Drug Use	37	11.9%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	—	—	22.4
	Mortality Rate	10	102.8	136.4
Physical Health	Depression†	26	30.2%	27.4%
	Frequent Physical Distress	13	6.6%	7.1%
	High Blood Pressure	30	11.1%	10.8%
	High Health Status†	18	61.4%	59.0%
	Multiple Chronic Conditions	27	4.5%	4.2%
	Obesity	14	29.1%	31.5%
	Severe Maternal Morbidity†	31	86.6	88.3
Overall — Women*		14	0.247	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		3	1.311	
Access to Care	ADD/ADHD Treatment	24	2.9%	2.8%
	Pediatricians	2	183.3	109.3
	Uninsured	4	2.5%	5.4%
Preventive Clinical Services	Childhood Immunizations	6	77.9%	70.0%
	HPV Vaccination	1	83.2%	61.7%
	Preventive Dental Care	17	77.7%	75.1%
	Well-Child Visit	16	79.7%	76.7%
Quality of Care	Adequate Insurance	4	74.0%	68.2%
	Developmental Screening	6	45.7%	34.8%
	Medical Home	8	52.3%	46.0%
Behaviors*		24	0.262	
Nutrition and Physical Activity	Breastfed	39	22.9%	24.9%
	Food Sufficiency	11	75.0%	71.9%
	Physical Activity	41	18.5%	20.5%
	Soda Consumption – Youth†	—	6.5%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	86.5%	89.8%
	Teen Births	5	7.8	13.9
Sleep Health	Adequate Sleep	23	67.9%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	21	17.8%	18.0%
	Tobacco Use	8	3.3%	4.0%
Health Outcomes*		14	0.156	
Behavioral Health	Alcohol Use – Youth	39	10.4%	9.2%
	Anxiety	36	11.3%	9.2%
	Depression	22	4.3%	4.2%
	Flourishing	32	65.9%	66.6%
	Illicit Drug Use – Youth	39	10.1%	8.4%
	Teen Suicide†	—	—	10.6
Mortality	Child Mortality	2	16.5	27.4
	Infant Mortality	14	4.9	5.5
	Neonatal Mortality†	20	3.5	3.6
Physical Health	Asthma	35	7.4%	6.9%
	High Health Status†	9	92.6%	90.2%
	Low Birth Weight	20	7.9%	8.5%
	Low Birth Weight Racial Disparity	6	1.6	2.1
	Neonatal Abstinence Syndrome†	31	8.1	6.2
	Overweight or Obesity – Youth	24	32.3%	33.5%
Overall — Children*		11	0.380	
Overall — Women and Children*		12	0.344	

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† Additional measure.

— Data not available, missing or suppressed.

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South Carolina

State Health Department Website: scdhec.gov

Overall Rank

42

Summary

Strengths

- Low prevalence of depression among children
- High prevalence of dental visits among women
- High prevalence of well-child visits

Challenges

- High infant mortality rate
- Low WIC coverage among eligible children ages 0-4
- High incidence of chlamydia among women

Highlights

HPV Vaccination

32% ▲

from 47.0% to 62.1% of adolescents ages 13-17 between 2020 and 2021.

Injury Deaths

30% ▲

from 50.6 to 65.7 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Frequent Mental Distress

28% ▲

from 20.0% to 25.6% of women ages 18-44 between 2018-2019 and 2020-2021.

Teen Births

23% ▼

from 23.7 to 18.3 births per 1,000 females ages 15-19 between 2016 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		35	-0.221	
Community and Family Safety	Firearm Deaths†	38	9.6	5.6
	Injury Deaths	39	65.7	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	38	29.0%	25.9%
	Food Insecurity	43	12.6%	10.4%
	Gender Pay Gap†	39	77.8%	81.5%
	Poverty	42	18.1%	15.5%
	Unemployment	21	4.2%	5.2%
Education	College Graduate	36	32.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	8	9.2%	11.7%
	Residential Segregation – Black/White	2	48	—
	Voter Participation	45	54.8%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		43	-0.667	
Community and Family Safety	Child Victimization†	40	13.7	8.1
	Firearm Deaths†	43	9.7	5.3
	Injury Deaths	41	25.5	17.4
Economic Resources	Children in Poverty	41	20.1%	16.9%
	Children in Poverty Racial Disparity	21	3.2	3.0
	High-Speed Internet	44	93.8%	95.3%
	Students Experiencing Homelessness	21	1.6%	2.2%
	WIC Coverage	45	35.0%	48.3%
Education	Early Childhood Education	17	40.1%	40.2%
	Fourth Grade Reading Proficiency	21	32.5%	32.1%
	High School Completion	35	89.6%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	32	16.8%	14.0%
	Foster Care Instability	50	26.6%	15.2%
	Neighborhood Amenities	45	19.1%	35.5%
	Reading, Singing or Storytelling	45	52.0%	57.2%
Physical Environment*		24	0.031	
Air and Water Quality	Air Pollution	25	7.6	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	39	17.7%	13.8%
	Water Fluoridation	11	91.7%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	32	9.2	8.2
Housing and Transportation	Drive Alone to Work	44	76.4%	66.0%
	Housing Cost Burden (households with children)†	23	26.9%	31.2%
	Housing With Lead Risk	7	9.0%	16.9%
	Severe Housing Problems	23	14.1%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		36	-0.029	
Clinical Care*				
Access to Care	Adequate Prenatal Care	29	76.7%	74.7%
	Avoided Care Due to Cost	41	16.8%	14.6%
	Maternity Care Desert†	22	2.5	3.1
	Uninsured	39	14.2%	11.8%
	Women's Health Providers	33	40.6	46.0
Preventive Clinical Services	Cervical Cancer Screening	10	79.5%	77.1%
	Dental Visit	6	71.8%	65.5%
	Flu Vaccination	44	32.8%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	24	72.5%	70.5%
Quality of Care	Breastfeeding Initiation†	41	77.8%	83.7%
	Dedicated Health Care Provider	33	79.2%	79.2%
	Low-Risk Cesarean Delivery	36	27.0%	26.3%
	Maternity Practices Score	30	80	81
Behaviors*				
Nutrition and Physical Activity		41	-0.627	
Nutrition and Physical Activity	Exercise	34	19.8%	21.5%
	Fruit and Vegetable Consumption	20	9.9%	9.8%
	Physical Inactivity	34	22.0%	21.1%
Sexual Health	Chlamydia	46	2,317.7	1,563.1
	High-Risk HIV Behaviors	21	9.3%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	47	39.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	46	12.7%	8.8%
	Smoking	32	15.9%	12.1%
	Smoking During Pregnancy	22	5.3%	4.6%
Health Outcomes*				
Behavioral Health		44	-0.956	
Behavioral Health	Drug Deaths†	32	31.8	25.7
	Excessive Drinking	23	18.8%	18.8%
	Frequent Mental Distress	43	25.6%	21.0%
	Illicit Drug Use	8	8.9%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	37	30.3	22.4
	Mortality Rate	41	194.2	136.4
Physical Health	Depression†	23	29.8%	27.4%
	Frequent Physical Distress	43	9.0%	7.1%
	High Blood Pressure	43	15.5%	10.8%
	High Health Status†	24	60.0%	59.0%
	Multiple Chronic Conditions	41	5.8%	4.2%
	Obesity	43	38.3%	31.5%
	Severe Maternal Morbidity†	15	75.3	88.3
Overall — Women*		40	-0.388	

		State Rank	State Value	U.S. Value
Children		21	0.254	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	4	4.8%	2.8%
	Pediatricians	27	100.6	109.3
	Uninsured	31	5.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	46	65.0%	70.0%
	HPV Vaccination	28	62.1%	61.7%
	Preventive Dental Care	19	77.5%	75.1%
	Well-Child Visit	19	79.0%	76.7%
Quality of Care	Adequate Insurance	18	70.5%	68.2%
	Developmental Screening	17	40.8%	34.8%
	Medical Home	21	49.5%	46.0%
Behaviors*				
Nutrition and Physical Activity		44	-0.835	
Nutrition and Physical Activity	Breastfed	46	19.3%	24.9%
	Food Sufficiency	32	69.0%	71.9%
	Physical Activity	35	20.4%	20.5%
	Soda Consumption – Youth†	—	12.4%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	89.2%	89.8%
	Teen Births	40	18.3	13.9
Sleep Health	Adequate Sleep	47	60.0%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	15	16.7%	18.0%
	Tobacco Use	40	5.7%	4.0%
Health Outcomes*				
Behavioral Health		44	-0.536	
Behavioral Health	Alcohol Use – Youth	14	9.0%	9.2%
	Anxiety	15	9.0%	9.2%
	Depression	8	3.4%	4.2%
	Flourishing	30	66.0%	66.6%
	Illicit Drug Use – Youth	26	8.2%	8.4%
	Teen Suicide†	33	13.7	10.6
	Mortality	Child Mortality	41	36.8
Infant Mortality		43	6.8	5.5
Neonatal Mortality†		45	4.5	3.6
Physical Health	Asthma	39	7.9%	6.9%
	High Health Status†	31	90.4%	90.2%
	Low Birth Weight	46	10.0%	8.5%
	Low Birth Weight Racial Disparity	43	2.2	2.1
	Neonatal Abstinence Syndrome†	16	5.5	6.2
	Overweight or Obesity – Youth	47	39.9%	33.5%
Overall — Children*		42	-0.431	
Overall — Women and Children*		42	-0.456	

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† Additional measure.

— Data not available, missing or suppressed.

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South Dakota

State Health Department Website: doh.sd.gov

Overall Rank

26

Summary

Strengths

- Low prevalence of unemployment among women
- Low percentage of low-risk cesarean deliveries
- Low prevalence of physical inactivity among women

Challenges

- High infant mortality rate
- Low percentage of households with children that have high-speed internet
- High prevalence of cigarette smoking among women

Highlights

Mortality

49% ▲

from 103.1 to 154.1 deaths per 100,000 women ages 20-44 between 2018 and 2021.

Obesity

34% ▲

from 26.0% to 34.8% of women ages 18-44 between 2017-2018 and 2020-2021.

Teen Births

32% ▼

from 25.1 to 17.0 births per 1,000 females ages 15-19 between 2016 and 2021.

Children in Poverty

19% ▼

from 18.1% to 14.6% of children ages 0-17 between 2015 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		17	0.280	
Community and Family Safety	Firearm Deaths†	16	5.2	5.6
	Injury Deaths	24	52.2	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.9%	2.6%
Economic Resources	Concentrated Disadvantage	10	11.8%	25.9%
	Food Insecurity	11	8.7%	10.4%
	Gender Pay Gap†	29	79.6%	81.5%
	Poverty	39	17.1%	15.5%
	Unemployment	1	2.5%	5.2%
Education	College Graduate	18	38.6%	36.8%
Social Support and Engagement	Infant Child Care Cost†	1	7.8%	11.7%
	Residential Segregation – Black/White	37	69	—
	Voter Participation	40	56.9%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		34	-0.245	
Community and Family Safety	Child Victimization†	21	6.6	8.1
	Firearm Deaths†	17	4.8	5.3
	Injury Deaths	44	26.6	17.4
Economic Resources	Children in Poverty	23	14.6%	16.9%
	Children in Poverty Racial Disparity	49	7.1	3.0
	High-Speed Internet	46	93.7%	95.3%
	Students Experiencing Homelessness	5	1.1%	2.2%
	WIC Coverage	18	49.0%	48.3%
Education	Early Childhood Education	37	36.8%	40.2%
	Fourth Grade Reading Proficiency	22	32.4%	32.1%
	High School Completion	12	93.1%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	37	17.6%	14.0%
	Foster Care Instability	31	16.9%	15.2%
	Neighborhood Amenities	17	36.6%	35.5%
	Reading, Singing or Storytelling	43	52.8%	57.2%
Physical Environment*		22	0.048	
Air and Water Quality	Air Pollution	7	5.9	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	35	17.1%	13.8%
	Water Fluoridation	7	93.8%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	44	11.5	8.2
Housing and Transportation	Drive Alone to Work	39	74.8%	66.0%
	Housing Cost Burden (households with children)†	2	19.9%	31.2%
	Housing With Lead Risk	32	19.1%	16.9%
	Severe Housing Problems	2	11.6%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		23	0.345	
Clinical Care*				
Access to Care	Adequate Prenatal Care	34	75.5%	74.7%
	Avoided Care Due to Cost	33	15.4%	14.6%
	Maternity Care Desert†	47	16.3	3.1
	Uninsured	40	14.7%	11.8%
	Women's Health Providers	38	40.2	46.0
Preventive Clinical Services	Cervical Cancer Screening	11	79.2%	77.1%
	Dental Visit	19	68.7%	65.5%
	Flu Vaccination	1	54.7%	38.9%
	Postpartum Visit†	—	90.9%	90.9%
	Well-Woman Visit	2	77.3%	70.5%
Quality of Care	Breastfeeding Initiation†	36	81.3%	83.7%
	Dedicated Health Care Provider	20	81.6%	79.2%
	Low-Risk Cesarean Delivery	1	18.1%	26.3%
	Maternity Practices Score	46	73	81
Behaviors*				
Nutrition and Physical Activity	Exercise	36	19.1%	21.5%
	Fruit and Vegetable Consumption	19	10.1%	9.8%
	Physical Inactivity	5	15.8%	21.1%
Sexual Health	Chlamydia	42	1,943.7	1,563.1
	High-Risk HIV Behaviors	9	8.3%	9.6%
	Unintended Pregnancy†	—	24.4%	25.5%
Sleep Health	Insufficient Sleep	15	31.4%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	13	8.2%	8.8%
	Smoking	44	19.3%	12.1%
	Smoking During Pregnancy	41	9.2%	4.6%
Health Outcomes*				
Behavioral Health	Drug Deaths†	4	12.6	25.7
	Excessive Drinking	35	20.3%	18.8%
	Frequent Mental Distress	5	17.6%	21.0%
	Illicit Drug Use	1	7.6%	10.8%
	Postpartum Depression†	—	11.1%	12.7%
Mortality	Maternal Mortality†	30	25.9	22.4
	Mortality Rate	30	154.1	136.4
Physical Health	Depression†	17	27.7%	27.4%
	Frequent Physical Distress	11	6.5%	7.1%
	High Blood Pressure	1	7.2%	10.8%
	High Health Status†	1	65.5%	59.0%
	Multiple Chronic Conditions	13	3.7%	4.2%
	Obesity	35	34.8%	31.5%
	Severe Maternal Morbidity†	2	44.5	88.3
Overall — Women*	21	0.151		

		State Rank	State Value	U.S. Value
Children		33	-0.113	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	38	2.3%	2.8%
	Pediatricians	43	73.6	109.3
	Uninsured	44	7.6%	5.4%
Preventive Clinical Services	Childhood Immunizations	19	72.4%	70.0%
	HPV Vaccination	3	74.7%	61.7%
	Preventive Dental Care	24	76.9%	75.1%
	Well-Child Visit	41	73.3%	76.7%
Quality of Care	Adequate Insurance	47	62.2%	68.2%
	Developmental Screening	35	32.9%	34.8%
	Medical Home	16	50.8%	46.0%
Behaviors*				
Nutrition and Physical Activity	Breastfed	13	29.1%	24.9%
	Food Sufficiency	41	67.3%	71.9%
	Physical Activity	17	24.3%	20.5%
	Soda Consumption – Youth†	—	10.8%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	36	17.0	13.9
Sleep Health	Adequate Sleep	18	68.4%	66.6%
	Sleep Position†	—	89.4%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	11	15.8%	18.0%
	Tobacco Use	43	5.9%	4.0%
Health Outcomes*				
Behavioral Health	Alcohol Use – Youth	21	9.2%	9.2%
	Anxiety	29	10.6%	9.2%
	Depression	41	5.9%	4.2%
	Flourishing	5	68.9%	66.6%
	Illicit Drug Use – Youth	6	6.8%	8.4%
	Teen Suicide†	46	37.2	10.6
Mortality	Child Mortality	41	36.8	27.4
	Infant Mortality	46	7.1	5.5
	Neonatal Mortality†	31	4.0	3.6
Physical Health	Asthma	4	5.3%	6.9%
	High Health Status†	6	93.1%	90.2%
	Low Birth Weight	9	7.1%	8.5%
	Low Birth Weight Racial Disparity	4	1.5	2.1
	Neonatal Abstinence Syndrome†	5	2.5	6.2
	Overweight or Obesity – Youth	42	36.9%	33.5%
Overall — Children*	32	-0.103		
Overall — Women and Children*		26	0.009	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Ranks are calculated for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

Summary

Strengths

- Low prevalence of asthma among children
- Low prevalence of depression among children
- High prevalence of fruit and vegetable consumption among women

Challenges

- High mortality rate among women ages 20-44
- Low WIC coverage among eligible children ages 0-4
- High teen birth rate

Highlights

Injury Deaths — Women

36% ▲

from 57.6 to 78.5 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Cigarette Smoking During Pregnancy

32% ▼

from 13.4% to 9.1% of women with a live birth between 2016 and 2021.

Injury Deaths — Children

24% ▲

from 19.0 to 23.5 deaths per 100,000 children ages 1-19 between 2014-2016 and 2019-2021.

Pediatricians

10% ▲

from 93.6 to 102.9 per 100,000 children ages 0-21 between September 2019 and September 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		41	-0.458	
Community and Family Safety	Firearm Deaths†	39	10.0	5.6
	Injury Deaths	45	78.5	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.2%	2.6%
Economic Resources	Concentrated Disadvantage	32	26.9%	25.9%
	Food Insecurity	35	11.2%	10.4%
	Gender Pay Gap†	21	81.3%	81.5%
	Poverty	40	17.2%	15.5%
	Unemployment	24	4.5%	5.2%
Education	College Graduate	30	33.8%	36.8%
Social Support and Engagement	Infant Child Care Cost†	29	12.0%	11.7%
	Residential Segregation – Black/White	34	68	—
	Voter Participation	43	55.8%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		40	-0.526	
Community and Family Safety	Child Victimization†	15	5.0	8.1
	Firearm Deaths†	32	7.7	5.3
	Injury Deaths	39	23.5	17.4
Economic Resources	Children in Poverty	35	18.1%	16.9%
	Children in Poverty Racial Disparity	4	2.6	3.0
	High-Speed Internet	27	95.5%	95.3%
	Students Experiencing Homelessness	15	1.5%	2.2%
	WIC Coverage	49	34.4%	48.3%
Education	Early Childhood Education	44	32.7%	40.2%
	Fourth Grade Reading Proficiency	36	30.2%	32.1%
	High School Completion	33	89.7%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	44	18.8%	14.0%
	Foster Care Instability	43	21.3%	15.2%
	Neighborhood Amenities	41	22.6%	35.5%
	Reading, Singing or Storytelling	23	58.6%	57.2%
Physical Environment*		36	-0.166	
Air and Water Quality	Air Pollution	25	7.6	7.8
	Drinking Water Violations	34	0.5%	0.8%
	Household Smoke	47	20.8%	13.8%
	Water Fluoridation	16	88.8%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	35	9.6	8.2
Housing and Transportation	Drive Alone to Work	38	73.8%	66.0%
	Housing Cost Burden (households with children)†	27	27.9%	31.2%
	Housing With Lead Risk	16	11.9%	16.9%
	Severe Housing Problems	15	13.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		42	-0.446	
Access to Care	Adequate Prenatal Care	39	74.0%	74.7%
	Avoided Care Due to Cost	35	15.6%	14.6%
	Maternity Care Desert†	35	6.4	3.1
	Uninsured	35	13.3%	11.8%
	Women's Health Providers	43	38.8	46.0
Preventive Clinical Services	Cervical Cancer Screening	14	78.9%	77.1%
	Dental Visit	50	57.1%	65.5%
	Flu Vaccination	39	35.8%	38.9%
	Postpartum Visit†	—	88.7%	90.9%
	Well-Woman Visit	33	70.5%	70.5%
Quality of Care	Breastfeeding Initiation†	35	81.4%	83.7%
	Dedicated Health Care Provider	24	81.2%	79.2%
	Low-Risk Cesarean Delivery	32	26.6%	26.3%
	Maternity Practices Score	49	72	81
Behaviors*		39	-0.469	
Nutrition and Physical Activity	Exercise	13	22.8%	21.5%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	30	21.2%	21.1%
Sexual Health	Chlamydia	38	1,809.6	1,563.1
	High-Risk HIV Behaviors	27	9.8%	9.6%
	Unintended Pregnancy†	—	34.6%	25.5%
Sleep Health	Insufficient Sleep	34	36.2%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	44	11.9%	8.8%
	Smoking	40	18.4%	12.1%
	Smoking During Pregnancy	40	9.1%	4.6%
Health Outcomes*		37	-0.693	
Behavioral Health	Drug Deaths†	46	46.8	25.7
	Excessive Drinking	16	17.9%	18.8%
	Frequent Mental Distress	32	24.3%	21.0%
	Illicit Drug Use	2	8.2%	10.8%
	Postpartum Depression†	—	13.0%	12.7%
Mortality	Maternal Mortality†	43	40.2	22.4
	Mortality Rate	44	212.1	136.4
Physical Health	Depression†	38	34.8%	27.4%
	Frequent Physical Distress	22	7.4%	7.1%
	High Blood Pressure	39	14.2%	10.8%
	High Health Status†	21	61.0%	59.0%
	Multiple Chronic Conditions	40	5.7%	4.2%
	Obesity	41	37.6%	31.5%
	Severe Maternal Morbidity†	33	88.6	88.3
Overall — Women*		43	-0.451	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		25	0.224	
Access to Care	ADD/ADHD Treatment	14	3.7%	2.8%
	Pediatricians	23	102.9	109.3
	Uninsured	28	4.9%	5.4%
Preventive Clinical Services	Childhood Immunizations	41	67.8%	70.0%
	HPV Vaccination	40	56.5%	61.7%
	Preventive Dental Care	38	73.8%	75.1%
	Well-Child Visit	12	80.3%	76.7%
Quality of Care	Adequate Insurance	18	70.5%	68.2%
	Developmental Screening	11	44.1%	34.8%
	Medical Home	17	50.0%	46.0%
Behaviors*		43	-0.755	
Nutrition and Physical Activity	Breastfed	29	24.9%	24.9%
	Food Sufficiency	44	66.9%	71.9%
	Physical Activity	33	20.7%	20.5%
	Soda Consumption – Youth†	—	14.0%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	44	21.5	13.9
Sleep Health	Adequate Sleep	42	61.7%	66.6%
	Sleep Position†	—	79.1%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	28	19.0%	18.0%
	Tobacco Use	40	5.7%	4.0%
Health Outcomes*		32	-0.221	
Behavioral Health	Alcohol Use – Youth	15	9.1%	9.2%
	Anxiety	14	8.5%	9.2%
	Depression	13	3.7%	4.2%
	Flourishing	42	64.3%	66.6%
	Illicit Drug Use – Youth	9	6.9%	8.4%
	Teen Suicide†	16	10.7	10.6
Mortality	Child Mortality	40	35.5	27.4
	Infant Mortality	39	6.7	5.5
	Neonatal Mortality†	40	4.2	3.6
Physical Health	Asthma	9	5.6%	6.9%
	High Health Status†	41	89.6%	90.2%
	Low Birth Weight	38	9.3%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	36	9.6	6.2
	Overweight or Obesity – Youth	41	36.8%	33.5%
Overall — Children*		39	-0.335	
Overall — Women and Children*		41	-0.410	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low injury death rate among women
- Low prevalence of frequent physical distress among women
- Low prevalence of cigarette smoking during pregnancy

Challenges

- Low prevalence of high school completion
- High percentage of uninsured women ages 19-44
- High teen birth rate

Highlights

Mortality

25% ▲

from 103.4 to 128.9 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Cigarette Smoking

33% ▼

from 12.6% to 8.4% of women ages 18-44 between 2017-2018 and 2020-2021.

Injury Deaths

19% ▲

from 15.1 to 18.0 deaths per 100,000 children ages 1-19 between 2014-2016 and 2019-2021.

Infant Mortality

7% ▼

from 5.8 to 5.4 deaths per 1,000 live births between 2016-2017 and 2019-2020.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		40	-0.419	
Community and Family Safety	Firearm Deaths†	25	6.1	5.6
	Injury Deaths	6	35.2	48.1
	Intimate Partner Violence Before Pregnancy†	—	—	2.6%
Economic Resources	Concentrated Disadvantage	47	36.1%	25.9%
	Food Insecurity	45	13.7%	10.4%
	Gender Pay Gap†	24	80.6%	81.5%
	Poverty	34	16.6%	15.5%
	Unemployment	39	5.6%	5.2%
Education	College Graduate	37	32.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	10	10.1%	11.7%
	Residential Segregation – Black/White	12	58	—
	Voter Participation	38	57.1%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		39	-0.476	
Community and Family Safety	Child Victimization†	26	8.7	8.1
	Firearm Deaths†	24	5.8	5.3
	Injury Deaths	24	18.0	17.4
Economic Resources	Children in Poverty	40	19.6%	16.9%
	Children in Poverty Racial Disparity	36	3.9	3.0
	High-Speed Internet	37	94.4%	95.3%
	Students Experiencing Homelessness	24	1.7%	2.2%
	WIC Coverage	27	46.1%	48.3%
Education	Early Childhood Education	33	37.2%	40.2%
	Fourth Grade Reading Proficiency	37	29.9%	32.1%
	High School Completion	49	85.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	9	12.2%	14.0%
	Foster Care Instability	37	18.9%	15.2%
	Neighborhood Amenities	34	29.8%	35.5%
	Reading, Singing or Storytelling	49	48.7%	57.2%
Physical Environment*		33	-0.135	
Air and Water Quality	Air Pollution	44	8.9	7.8
	Drinking Water Violations	38	0.8%	0.8%
	Household Smoke	30	15.4%	13.8%
	Water Fluoridation	31	71.0%	72.7%
Climate and Health	Climate Change Policies	29	1	—
	Transportation Energy Use†	38	10.8	8.2
Housing and Transportation	Drive Alone to Work	24	68.8%	66.0%
	Housing Cost Burden (households with children)†	41	32.7%	31.2%
	Housing With Lead Risk	6	8.9%	16.9%
	Severe Housing Problems	40	17.2%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women		50	-1.164	
Clinical Care*				
Access to Care	Adequate Prenatal Care	45	71.1%	74.7%
	Avoided Care Due to Cost	48	23.1%	14.6%
	Maternity Care Desert†	29	3.7	3.1
	Uninsured	50	25.6%	11.8%
	Women's Health Providers	44	38.1	46.0
Preventive Clinical Services	Cervical Cancer Screening	41	74.0%	77.1%
	Dental Visit	49	59.4%	65.5%
	Flu Vaccination	42	33.9%	38.9%
	Postpartum Visit†	—	—	90.9%
	Well-Woman Visit	44	65.4%	70.5%
Quality of Care	Breastfeeding Initiation†	13	88.5%	83.7%
	Dedicated Health Care Provider	49	67.3%	79.2%
	Low-Risk Cesarean Delivery	40	28.3%	26.3%
	Maternity Practices Score	30	80	81
Behaviors*				
Nutrition and Physical Activity		9	0.330	
	Exercise	23	21.8%	21.5%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	39	22.7%	21.1%
Sexual Health	Chlamydia	25	1,545.5	1,563.1
	High-Risk HIV Behaviors	16	8.9%	9.6%
	Unintended Pregnancy†	—	—	25.5%
Sleep Health	Insufficient Sleep	14	31.3%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	6	7.2%	8.8%
	Smoking	5	8.4%	12.1%
	Smoking During Pregnancy	2	1.7%	4.6%
Health Outcomes*				
Behavioral Health		7	0.493	
	Drug Deaths†	2	12.0	25.7
	Excessive Drinking	16	17.9%	18.8%
	Frequent Mental Distress	7	18.1%	21.0%
	Illicit Drug Use	5	8.6%	10.8%
	Postpartum Depression†	—	—	12.7%
Mortality	Maternal Mortality†	33	27.0	22.4
	Mortality Rate	22	128.9	136.4
Physical Health	Depression†	7	23.8%	27.4%
	Frequent Physical Distress	3	5.6%	7.1%
	High Blood Pressure	20	9.8%	10.8%
	High Health Status†	42	56.4%	59.0%
	Multiple Chronic Conditions	10	3.5%	4.2%
	Obesity	30	32.6%	31.5%
	Severe Maternal Morbidity†	21	79.5	88.3
Overall — Women*		32	-0.117	

		State Rank	State Value	U.S. Value
Children		49	-0.849	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	33	2.5%	2.8%
	Pediatricians	37	82.6	109.3
	Uninsured	50	11.8%	5.4%
Preventive Clinical Services	Childhood Immunizations	43	66.8%	70.0%
	HPV Vaccination	47	51.5%	61.7%
	Preventive Dental Care	29	75.3%	75.1%
	Well-Child Visit	44	72.9%	76.7%
Quality of Care	Adequate Insurance	48	61.3%	68.2%
	Developmental Screening	13	42.1%	34.8%
	Medical Home	48	39.7%	46.0%
Behaviors*				
Nutrition and Physical Activity		41	-0.692	
	Breastfed	33	24.0%	24.9%
	Food Sufficiency	37	68.5%	71.9%
	Physical Activity	49	15.6%	20.5%
	Soda Consumption – Youth†	—	10.6%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	93.0%	89.8%
	Teen Births	42	20.3	13.9
Sleep Health	Adequate Sleep	44	61.2%	66.6%
	Sleep Position†	—	—	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	26	18.7%	18.0%
	Tobacco Use	14	3.6%	4.0%
Health Outcomes*				
Behavioral Health		13	0.160	
	Alcohol Use – Youth	15	9.1%	9.2%
	Anxiety	2	6.7%	9.2%
	Depression	6	3.3%	4.2%
	Flourishing	12	67.8%	66.6%
	Illicit Drug Use – Youth	13	7.1%	8.4%
	Teen Suicide†	26	12.2	10.6
	Mortality	Child Mortality	25	28.3
Infant Mortality		21	5.4	5.5
Neonatal Mortality†		21	3.6	3.6
Physical Health	Asthma	33	7.1%	6.9%
	High Health Status†	48	87.8%	90.2%
	Low Birth Weight	28	8.6%	8.5%
	Low Birth Weight Racial Disparity	24	2.0	2.1
	Neonatal Abstinence Syndrome†	3	2.1	6.2
	Overweight or Obesity – Youth	46	39.5%	33.5%
Overall — Children*		40	-0.344	
Overall — Women and Children*		36	-0.250	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of excessive drinking among women
- Low percentage of children in poverty
- High childhood immunization rate

Challenges

- High prevalence of frequent physical distress among women
- Low WIC coverage among eligible children ages 0-4
- High percentage of uninsured children

Highlights

Cigarette Smoking During Pregnancy

37% ▼

from 3.0% to 1.9% of women with a live birth between 2016 and 2021.

HPV Vaccination

36% ▲

from 45.0% to 61.4% of adolescents ages 13-17 between 2020 and 2021.

Frequent Mental Distress

29% ▲

from 19.4% to 25.0% of women ages 18-44 between 2018-2019 and 2020-2021.

Early Childhood Education Enrollment

15% ▼

from 44.8% to 38.2% of children ages 3-4 between 2019 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		16	0.369	
Community and Family Safety	Firearm Deaths†	18	5.5	5.6
	Injury Deaths	12	40.1	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.1%	2.6%
Economic Resources	Concentrated Disadvantage	5	8.0%	25.9%
	Food Insecurity	35	11.2%	10.4%
	Gender Pay Gap†	48	73.0%	81.5%
	Poverty	2	11.1%	15.5%
	Unemployment	3	2.9%	5.2%
Education	College Graduate	32	33.5%	36.8%
Social Support and Engagement	Infant Child Care Cost†	20	10.9%	11.7%
	Residential Segregation – Black/White	41	71	—
	Voter Participation	27	60.2%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		9	0.545	
Community and Family Safety	Child Victimization†	30	9.7	8.1
	Firearm Deaths†	11	3.9	5.3
	Injury Deaths	13	15.4	17.4
Economic Resources	Children in Poverty	1	8.1%	16.9%
	Children in Poverty Racial Disparity	45	4.7	3.0
	High-Speed Internet	5	97.2%	95.3%
	Students Experiencing Homelessness	15	1.5%	2.2%
	WIC Coverage	47	34.7%	48.3%
Education	Early Childhood Education	30	38.2%	40.2%
	Fourth Grade Reading Proficiency	7	36.8%	32.1%
	High School Completion	11	93.2%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	5	11.9%	14.0%
	Foster Care Instability	25	15.1%	15.2%
	Neighborhood Amenities	3	51.2%	35.5%
	Reading, Singing or Storytelling	20	59.6%	57.2%
Physical Environment*		10	0.251	
Air and Water Quality	Air Pollution	33	8.2	7.8
	Drinking Water Violations	1	0.0%	0.8%
	Household Smoke	1	4.6%	13.8%
	Water Fluoridation	42	50.9%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	24	8.0	8.2
Housing and Transportation	Drive Alone to Work	15	64.8%	66.0%
	Housing Cost Burden (households with children)†	14	25.2%	31.2%
	Housing With Lead Risk	12	11.0%	16.9%
	Severe Housing Problems	15	13.4%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		28	0.279	
Access to Care	Adequate Prenatal Care	6	84.3%	74.7%
	Avoided Care Due to Cost	40	16.2%	14.6%
	Maternity Care Desert†	15	0.7	3.1
	Uninsured	31	10.8%	11.8%
	Women's Health Providers	18	50.8	46.0
Preventive Clinical Services	Cervical Cancer Screening	49	69.2%	77.1%
	Dental Visit	1	74.6%	65.5%
	Flu Vaccination	14	44.1%	38.9%
	Postpartum Visit†	—	90.7%	90.9%
	Well-Woman Visit	42	66.1%	70.5%
Quality of Care	Breastfeeding Initiation†	21	85.5%	83.7%
	Dedicated Health Care Provider	39	77.6%	79.2%
	Low-Risk Cesarean Delivery	3	19.4%	26.3%
	Maternity Practices Score	38	77	81
Behaviors*		1	1.036	
Nutrition and Physical Activity	Exercise	10	24.2%	21.5%
	Fruit and Vegetable Consumption	33	8.1%	9.8%
	Physical Inactivity	2	14.3%	21.1%
Sexual Health	Chlamydia	4	926.7	1,563.1
	High-Risk HIV Behaviors	2	7.2%	9.6%
	Unintended Pregnancy†	—	22.3%	25.5%
Sleep Health	Insufficient Sleep	15	31.4%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	31	10.0%	8.8%
	Smoking	2	7.0%	12.1%
	Smoking During Pregnancy	4	1.9%	4.6%
Health Outcomes*		15	0.170	
Behavioral Health	Drug Deaths†	14	19.3	25.7
	Excessive Drinking	1	12.4%	18.8%
	Frequent Mental Distress	38	25.0%	21.0%
	Illicit Drug Use	25	11.1%	10.8%
	Postpartum Depression†	—	16.5%	12.7%
Mortality	Maternal Mortality†	5	14.9	22.4
	Mortality Rate	11	103.1	136.4
Physical Health	Depression†	41	35.4%	27.4%
	Frequent Physical Distress	44	9.5%	7.1%
	High Blood Pressure	13	9.4%	10.8%
	High Health Status†	9	64.0%	59.0%
	Multiple Chronic Conditions	13	3.7%	4.2%
	Obesity	13	28.5%	31.5%
	Severe Maternal Morbidity†	4	59.0	88.3
Overall — Women*		7	0.438	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		28	0.144	
Access to Care	ADD/ADHD Treatment	50	1.2%	2.8%
	Pediatricians	40	78.0	109.3
	Uninsured	45	7.9%	5.4%
Preventive Clinical Services	Childhood Immunizations	5	78.1%	70.0%
	HPV Vaccination	33	61.4%	61.7%
	Preventive Dental Care	11	80.0%	75.1%
	Well-Child Visit	33	75.9%	76.7%
Quality of Care	Adequate Insurance	46	63.0%	68.2%
	Developmental Screening	18	40.3%	34.8%
	Medical Home	5	54.1%	46.0%
Behaviors*		11	0.597	
Nutrition and Physical Activity	Breastfed	20	27.3%	24.9%
	Food Sufficiency	18	73.8%	71.9%
	Physical Activity	43	17.8%	20.5%
	Soda Consumption – Youth†	—	6.7%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	11	9.7	13.9
Sleep Health	Adequate Sleep	3	76.1%	66.6%
	Sleep Position†	—	85.7%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	1	9.7%	18.0%
	Tobacco Use	3	2.7%	4.0%
Health Outcomes*		3	0.642	
Behavioral Health	Alcohol Use – Youth	1	5.7%	9.2%
	Anxiety	41	12.0%	9.2%
	Depression	18	4.1%	4.2%
	Flourishing	16	67.3%	66.6%
	Illicit Drug Use – Youth	1	6.0%	8.4%
	Teen Suicide†	41	20.4	10.6
Mortality	Child Mortality	16	25.2	27.4
	Infant Mortality	21	5.4	5.5
	Neonatal Mortality†	31	4.0	3.6
Physical Health	Asthma	13	5.9%	6.9%
	High Health Status†	3	93.4%	90.2%
	Low Birth Weight	13	7.4%	8.5%
	Low Birth Weight Racial Disparity	11	1.8	2.1
	Neonatal Abstinence Syndrome†	13	4.8	6.2
	Overweight or Obesity – Youth	4	25.7%	33.5%
Overall — Children*		6	0.478	
Overall — Women and Children*		6	0.480	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Ranks are calculated for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

Summary

Strengths

- Low infant mortality rate
- High prevalence of high school completion
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of anxiety among children
- High prevalence of excessive drinking among women
- High foster care placement instability

Highlights

Frequent Mental Distress

42% ▲

from 17.7% to 25.2% of women ages 18-44 between 2016-2017 and 2020-2021.

Teen Births

38% ▼

from 10.3 to 6.4 births per 1,000 females ages 15-19 between 2016 and 2021.

Cigarette Smoking During Pregnancy

28% ▼

from 13.1% to 9.4% of women with a live birth between 2020 and 2021.

Fourth Grade Reading Proficiency

9% ▼

from 37.1% to 33.6% of public school fourth grade students between 2019 and 2022.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		4	0.800	
Community and Family Safety	Firearm Deaths†	—	—	5.6
	Injury Deaths	26	53.3	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.8%	2.6%
Economic Resources	Concentrated Disadvantage	2	5.3%	25.9%
	Food Insecurity	6	7.9%	10.4%
	Gender Pay Gap†	1	93.0%	81.5%
	Poverty	16	14.8%	15.5%
	Unemployment	10	3.6%	5.2%
Education	College Graduate	5	44.4%	36.8%
Social Support and Engagement	Infant Child Care Cost†	39	13.6%	11.7%
	Residential Segregation – Black/White	32	67	—
	Voter Participation	11	66.7%	60.7%
Physical Environment*		14	0.196	
Air and Water Quality	Air Pollution	4	5.0	7.8
	Drinking Water Violations	30	0.3%	0.8%
	Household Smoke	28	14.8%	13.8%
	Water Fluoridation	40	56.3%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	6	6.6	8.2
Housing and Transportation	Drive Alone to Work	17	65.1%	66.0%
	Housing Cost Burden (households with children)†	11	23.7%	31.2%
	Housing With Lead Risk	42	23.6%	16.9%
	Severe Housing Problems	35	16.5%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		8	0.568	
Community and Family Safety	Child Victimization†	8	3.4	8.1
	Firearm Deaths†	—	—	5.3
	Injury Deaths	20	16.2	17.4
Economic Resources	Children in Poverty	3	10.4%	16.9%
	Children in Poverty Racial Disparity	8	2.7	3.0
	High-Speed Internet	18	96.0%	95.3%
	Students Experiencing Homelessness	7	1.2%	2.2%
	WIC Coverage	6	56.8%	48.3%
Education	Early Childhood Education	2	54.5%	40.2%
	Fourth Grade Reading Proficiency	16	33.6%	32.1%
	High School Completion	1	94.5%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	47	19.9%	14.0%
	Foster Care Instability	49	24.7%	15.2%
	Neighborhood Amenities	31	31.9%	35.5%
	Reading, Singing or Storytelling	3	72.9%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		1	1.164	
Clinical Care*				
Access to Care	Adequate Prenatal Care	1	88.3%	74.7%
	Avoided Care Due to Cost	2	8.6%	14.6%
	Maternity Care Desert†	15	0.7	3.1
	Uninsured	1	2.9%	11.8%
	Women's Health Providers	3	67.1	46.0
Preventive Clinical Services	Cervical Cancer Screening	31	76.7%	77.1%
	Dental Visit	29	66.9%	65.5%
	Flu Vaccination	5	48.1%	38.9%
	Postpartum Visit†	—	94.4%	90.9%
	Well-Woman Visit	46	64.7%	70.5%
Quality of Care	Breastfeeding Initiation†	6	90.5%	83.7%
	Dedicated Health Care Provider	4	87.5%	79.2%
	Low-Risk Cesarean Delivery	11	22.8%	26.3%
	Maternity Practices Score	5	87	81
Behaviors*				
Nutrition and Physical Activity		3	0.693	
Nutrition and Physical Activity	Exercise	1	31.8%	21.5%
	Fruit and Vegetable Consumption	1	16.8%	9.8%
	Physical Inactivity	1	13.6%	21.1%
Sexual Health	Chlamydia	2	507.6	1,563.1
	High-Risk HIV Behaviors	50	14.9%	9.6%
	Unintended Pregnancy†	—	17.1%	25.5%
Sleep Health	Insufficient Sleep	2	25.4%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	3	6.3%	8.8%
	Smoking	25	14.3%	12.1%
	Smoking During Pregnancy	42	9.4%	4.6%
Health Outcomes*				
Behavioral Health		21	-0.069	
Behavioral Health	Drug Deaths†	38	34.3	25.7
	Excessive Drinking	48	25.0%	18.8%
	Frequent Mental Distress	41	25.2%	21.0%
	Illicit Drug Use	27	11.2%	10.8%
	Postpartum Depression†	—	8.7%	12.7%
Mortality	Maternal Mortality†	—	—	22.4
	Mortality Rate	7	100.7	136.4
Physical Health	Depression†	44	36.0%	27.4%
	Frequent Physical Distress	11	6.5%	7.1%
	High Blood Pressure	16	9.6%	10.8%
	High Health Status†	7	64.1%	59.0%
	Multiple Chronic Conditions	22	4.2%	4.2%
	Obesity	7	27.0%	31.5%
	Severe Maternal Morbidity†	24	82.1	88.3
Overall — Women*		3	0.527	

		State Rank	State Value	U.S. Value
Children		2	1.507	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	11	3.9%	2.8%
	Pediatricians	7	142.4	109.3
	Uninsured	2	1.9%	5.4%
Preventive Clinical Services	Childhood Immunizations	2	81.1%	70.0%
	HPV Vaccination	15	66.7%	61.7%
	Preventive Dental Care	3	82.7%	75.1%
	Well-Child Visit	3	85.2%	76.7%
Quality of Care	Adequate Insurance	4	74.0%	68.2%
	Developmental Screening	4	46.7%	34.8%
	Medical Home	2	54.4%	46.0%
Behaviors*				
Nutrition and Physical Activity		5	0.802	
Nutrition and Physical Activity	Breastfed	2	36.2%	24.9%
	Food Sufficiency	8	76.1%	71.9%
	Physical Activity	9	25.2%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	82.3%	89.8%
	Teen Births	3	6.4	13.9
Sleep Health	Adequate Sleep	5	73.4%	66.6%
	Sleep Position†	—	90.4%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	12	16.1%	18.0%
	Tobacco Use	45	6.8%	4.0%
Health Outcomes*				
Behavioral Health		22	-0.011	
Behavioral Health	Alcohol Use – Youth	50	13.6%	9.2%
	Anxiety	50	16.9%	9.2%
	Depression	47	7.0%	4.2%
	Flourishing	24	66.8%	66.6%
	Illicit Drug Use – Youth	50	14.1%	8.4%
	Teen Suicide†	—	—	10.6
	Mortality	Child Mortality	10	22.6
Infant Mortality		1	3.1	5.5
Neonatal Mortality†		1	1.9	3.6
Physical Health	Asthma	32	7.0%	6.9%
	High Health Status†	7	92.8%	90.2%
	Low Birth Weight	6	7.0%	8.5%
	Low Birth Weight Racial Disparity	1	1.1	2.1
	Neonatal Abstinence Syndrome†	45	18.9	6.2
	Overweight or Obesity – Youth	13	29.1%	33.5%
Overall — Children*		5	0.516	
Overall — Women and Children*		3	0.554	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Virginia

State Health Department Website: vdh.virginia.gov

Overall Rank

14

Summary

Strengths

- Low prevalence of asthma among children
- Low prevalence of frequent physical distress among women
- Low household food insecurity

Challenges

- Low enrollment in early childhood education
- Low WIC coverage among eligible children ages 0-4
- High percentage of low-risk cesarean deliveries

Highlights

Firearm Deaths

34%

from 4.4 to 5.9 deaths per 100,000 children ages 1-19 between 2016-2018 and 2019-2021.

Cigarette Smoking

23%

from 14.1% to 10.8% of women ages 18-44 between 2017-2018 and 2020-2021.

Depression

17%

from 23.8% to 27.9% of women ages 18-44 between 2018-2019 and 2020-2021.

Children in Poverty

11%

from 14.8% to 13.1% of children ages 0-17 between 2015 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		3	0.965	
Community and Family Safety	Firearm Deaths†	21	5.7	5.6
	Injury Deaths	18	45.4	48.1
	Intimate Partner Violence Before Pregnancy†	—	1.7%	2.6%
Economic Resources	Concentrated Disadvantage	16	14.7%	25.9%
	Food Insecurity	5	7.8%	10.4%
	Gender Pay Gap†	29	79.6%	81.5%
	Poverty	12	13.1%	15.5%
	Unemployment	13	3.7%	5.2%
Education	College Graduate	8	43.0%	36.8%
Social Support and Engagement	Infant Child Care Cost†	33	12.2%	11.7%
	Residential Segregation – Black/White	3	52	—
	Voter Participation	17	63.1%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution	12	6.6	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	22	13.6%	13.8%
	Water Fluoridation	5	95.5%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	27	8.5	8.2
Housing and Transportation	Drive Alone to Work	13	64.6%	66.0%
	Housing Cost Burden (households with children)†	29	28.7%	31.2%
	Housing With Lead Risk	18	12.9%	16.9%
	Severe Housing Problems	23	14.1%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		14	0.270	
Community and Family Safety	Child Victimization†	4	2.6	8.1
	Firearm Deaths†	25	5.9	5.3
	Injury Deaths	12	15.2	17.4
Economic Resources	Children in Poverty	13	13.1%	16.9%
	Children in Poverty Racial Disparity	21	3.2	3.0
	High-Speed Internet	18	96.0%	95.3%
	Students Experiencing Homelessness	5	1.1%	2.2%
	WIC Coverage	34	43.0%	48.3%
Education	Early Childhood Education	27	38.5%	40.2%
	Fourth Grade Reading Proficiency	26	31.8%	32.1%
	High School Completion	23	91.4%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	17	13.9%	14.0%
	Foster Care Instability	19	13.7%	15.2%
	Neighborhood Amenities	14	37.2%	35.5%
	Reading, Singing or Storytelling	21	59.5%	57.2%
Physical Environment*		2	0.625	
Air and Water Quality	Air Pollution	12	6.6	7.8
	Drinking Water Violations	14	0.1%	0.8%
	Household Smoke	22	13.6%	13.8%
	Water Fluoridation	5	95.5%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	27	8.5	8.2
Housing and Transportation	Drive Alone to Work	13	64.6%	66.0%
	Housing Cost Burden (households with children)†	29	28.7%	31.2%
	Housing With Lead Risk	18	12.9%	16.9%
	Severe Housing Problems	23	14.1%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		22	0.353	
Access to Care	Adequate Prenatal Care	20	79.3%	74.7%
	Avoided Care Due to Cost	23	13.4%	14.6%
	Maternity Care Desert†	37	6.9	3.1
	Uninsured	23	9.0%	11.8%
	Women's Health Providers	28	44.3	46.0
Preventive Clinical Services	Cervical Cancer Screening	20	77.6%	77.1%
	Dental Visit	17	69.3%	65.5%
	Flu Vaccination	16	43.6%	38.9%
	Postpartum Visit†	—	92.0%	90.9%
	Well-Woman Visit	22	72.6%	70.5%
Quality of Care	Breastfeeding Initiation†	17	87.4%	83.7%
	Dedicated Health Care Provider	33	79.2%	79.2%
	Low-Risk Cesarean Delivery	35	26.7%	26.3%
	Maternity Practices Score	27	81	81
Behaviors*		24	-0.012	
Nutrition and Physical Activity	Exercise	38	19.0%	21.5%
	Fruit and Vegetable Consumption	27	9.0%	9.8%
	Physical Inactivity	20	19.7%	21.1%
Sexual Health	Chlamydia	23	1,503.2	1,563.1
	High-Risk HIV Behaviors	7	8.2%	9.6%
	Unintended Pregnancy†	—	22.6%	25.5%
Sleep Health	Insufficient Sleep	39	37.7%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	21	9.0%	8.8%
	Smoking	12	10.8%	12.1%
	Smoking During Pregnancy	17	4.1%	4.6%
Health Outcomes*		14	0.176	
Behavioral Health	Drug Deaths†	25	26.3	25.7
	Excessive Drinking	20	18.5%	18.8%
	Frequent Mental Distress	23	21.9%	21.0%
	Illicit Drug Use	24	10.8%	10.8%
	Postpartum Depression†	—	11.4%	12.7%
Mortality	Maternal Mortality†	32	26.8	22.4
	Mortality Rate	21	126.0	136.4
Physical Health	Depression†	18	27.9%	27.4%
	Frequent Physical Distress	6	5.8%	7.1%
	High Blood Pressure	27	10.7%	10.8%
	High Health Status†	23	60.2%	59.0%
	Multiple Chronic Conditions	19	4.1%	4.2%
	Obesity	17	29.7%	31.5%
	Severe Maternal Morbidity†	13	73.8	88.3
Overall — Women*		8	0.419	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		26	0.211	
Access to Care	ADD/ADHD Treatment	30	2.6%	2.8%
	Pediatricians	20	106.0	109.3
	Uninsured	24	4.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	28	70.3%	70.0%
	HPV Vaccination	19	64.9%	61.7%
	Preventive Dental Care	36	74.2%	75.1%
	Well-Child Visit	29	76.5%	76.7%
Quality of Care	Adequate Insurance	10	71.9%	68.2%
	Developmental Screening	31	34.4%	34.8%
	Medical Home	20	49.6%	46.0%
Behaviors*		25	0.225	
Nutrition and Physical Activity	Breastfed	26	25.8%	24.9%
	Food Sufficiency	5	77.1%	71.9%
	Physical Activity	36	20.0%	20.5%
	Soda Consumption – Youth†	—	8.6%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	92.5%	89.8%
	Teen Births	19	11.7	13.9
Sleep Health	Adequate Sleep	25	67.4%	66.6%
	Sleep Position†	—	80.9%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	4	14.3%	18.0%
	Tobacco Use	25	4.5%	4.0%
Health Outcomes*		9	0.289	
Behavioral Health	Alcohol Use – Youth	15	9.1%	9.2%
	Anxiety	22	9.9%	9.2%
	Depression	12	3.6%	4.2%
	Flourishing	5	68.9%	66.6%
	Illicit Drug Use – Youth	10	7.0%	8.4%
	Teen Suicide†	22	11.7	10.6
Mortality	Child Mortality	15	25.1	27.4
	Infant Mortality	26	5.8	5.5
	Neonatal Mortality†	26	3.9	3.6
Physical Health	Asthma	6	5.4%	6.9%
	High Health Status†	28	90.8%	90.2%
	Low Birth Weight	23	8.3%	8.5%
	Low Birth Weight Racial Disparity	35	2.1	2.1
	Neonatal Abstinence Syndrome†	21	5.9	6.2
	Overweight or Obesity – Youth	31	33.7%	33.5%
Overall — Children*		14	0.320	
Overall — Women and Children*		14	0.339	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low infant mortality rate
- Low percentage of children in poverty
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of frequent physical distress among women
- Low enrollment in early childhood education
- Low prevalence of well-woman visits

Highlights

Teen Births

39% ▼

from 16.6 to 10.1 births per 1,000 females ages 15-19 between 2016 and 2021.

Mortality

22% ▲

from 85.2 to 103.9 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Cigarette Smoking

22% ▼

from 12.0% to 9.4% of women ages 18-44 between 2017-2018 and 2020-2021.

Low Birth Weight

9% ▲

from 6.4% to 7.0% of live births between 2019 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		6	0.743	
Community and Family Safety	Firearm Deaths†	10	4.2	5.6
	Injury Deaths	7	37.2	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.4%	2.6%
Economic Resources	Concentrated Disadvantage	17	16.2%	25.9%
	Food Insecurity	6	7.9%	10.4%
	Gender Pay Gap†	43	77.3%	81.5%
	Poverty	8	12.2%	15.5%
	Unemployment	34	5.1%	5.2%
Education	College Graduate	13	40.2%	36.8%
Social Support and Engagement	Infant Child Care Cost†	38	13.4%	11.7%
	Residential Segregation – Black/White	18	61	—
	Voter Participation	7	67.3%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		17	0.220	
Community and Family Safety	Child Victimization†	3	2.1	8.1
	Firearm Deaths†	10	3.7	5.3
	Injury Deaths	11	15.1	17.4
Economic Resources	Children in Poverty	7	12.0%	16.9%
	Children in Poverty Racial Disparity	12	2.9	3.0
	High-Speed Internet	7	97.0%	95.3%
	Students Experiencing Homelessness	42	3.0%	2.2%
	WIC Coverage	21	47.6%	48.3%
Education	Early Childhood Education	40	35.0%	40.2%
	Fourth Grade Reading Proficiency	14	33.7%	32.1%
	High School Completion	15	92.3%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	22	15.2%	14.0%
	Foster Care Instability	24	14.9%	15.2%
	Neighborhood Amenities	19	35.5%	35.5%
	Reading, Singing or Storytelling	15	60.6%	57.2%
Physical Environment*		5	0.425	
Air and Water Quality	Air Pollution	32	8.0	7.8
	Drinking Water Violations	34	0.5%	0.8%
	Household Smoke	3	9.1%	13.8%
	Water Fluoridation	34	65.1%	72.7%
Climate and Health	Climate Change Policies	1	4	—
	Transportation Energy Use†	20	7.8	8.2
Housing and Transportation	Drive Alone to Work	6	60.6%	66.0%
	Housing Cost Burden (households with children)†	36	31.6%	31.2%
	Housing With Lead Risk	21	14.1%	16.9%
	Severe Housing Problems	35	16.5%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		26	0.307	
Access to Care	Adequate Prenatal Care	44	71.3%	74.7%
	Avoided Care Due to Cost	10	11.0%	14.6%
	Maternity Care Desert†	18	1.1	3.1
	Uninsured	21	8.8%	11.8%
	Women's Health Providers	17	54.1	46.0
Preventive Clinical Services	Cervical Cancer Screening	48	72.2%	77.1%
	Dental Visit	18	69.2%	65.5%
	Flu Vaccination	13	44.6%	38.9%
	Postpartum Visit†	—	92.7%	90.9%
	Well-Woman Visit	45	64.9%	70.5%
Quality of Care	Breastfeeding Initiation†	2	94.2%	83.7%
	Dedicated Health Care Provider	26	80.6%	79.2%
	Low-Risk Cesarean Delivery	19	24.4%	26.3%
	Maternity Practices Score	9	86	81
Behaviors*		2	0.744	
Nutrition and Physical Activity	Exercise	8	24.4%	21.5%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	7	16.6%	21.1%
Sexual Health	Chlamydia	9	1,159.8	1,563.1
	High-Risk HIV Behaviors	16	8.9%	9.6%
	Unintended Pregnancy†	—	23.7%	25.5%
Sleep Health	Insufficient Sleep	12	31.0%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	11	8.0%	8.8%
	Smoking	6	9.4%	12.1%
	Smoking During Pregnancy	16	4.0%	4.6%
Health Outcomes*		19	-0.044	
Behavioral Health	Drug Deaths†	11	17.7	25.7
	Excessive Drinking	27	19.1%	18.8%
	Frequent Mental Distress	29	23.5%	21.0%
	Illicit Drug Use	17	10.2%	10.8%
	Postpartum Depression†	—	11.6%	12.7%
Mortality	Maternal Mortality†	17	20.4	22.4
	Mortality Rate	12	103.9	136.4
Physical Health	Depression†	29	32.7%	27.4%
	Frequent Physical Distress	39	8.7%	7.1%
	High Blood Pressure	30	11.1%	10.8%
	High Health Status†	24	60.0%	59.0%
	Multiple Chronic Conditions	24	4.4%	4.2%
	Obesity	12	27.9%	31.5%
	Severe Maternal Morbidity†	18	77.9	88.3
Overall — Women*		5	0.446	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		10	0.742	
Access to Care	ADD/ADHD Treatment	33	2.5%	2.8%
	Pediatricians	17	112.4	109.3
	Uninsured	8	3.1%	5.4%
Preventive Clinical Services	Childhood Immunizations	15	73.2%	70.0%
	HPV Vaccination	12	67.8%	61.7%
	Preventive Dental Care	6	81.3%	75.1%
	Well-Child Visit	21	78.7%	76.7%
Quality of Care	Adequate Insurance	20	70.3%	68.2%
	Developmental Screening	5	46.4%	34.8%
	Medical Home	24	49.0%	46.0%
Behaviors*		3	0.860	
Nutrition and Physical Activity	Breastfed	10	29.5%	24.9%
	Food Sufficiency	6	76.4%	71.9%
	Physical Activity	26	22.6%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	13	10.1	13.9
Sleep Health	Adequate Sleep	2	76.3%	66.6%
	Sleep Position†	—	83.9%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	16	3.7%	4.0%
Health Outcomes*		19	0.039	
Behavioral Health	Alcohol Use – Youth	35	10.0%	9.2%
	Anxiety	43	12.7%	9.2%
	Depression	38	5.4%	4.2%
	Flourishing	47	63.7%	66.6%
	Illicit Drug Use – Youth	44	11.2%	8.4%
	Teen Suicide†	30	13.1	10.6
Mortality	Child Mortality	11	23.7	27.4
	Infant Mortality	8	4.4	5.5
	Neonatal Mortality†	8	2.9	3.6
Physical Health	Asthma	14	6.1%	6.9%
	High Health Status†	20	91.7%	90.2%
	Low Birth Weight	6	7.0%	8.5%
	Low Birth Weight Racial Disparity	9	1.7	2.1
	Neonatal Abstinence Syndrome†	35	9.2	6.2
	Overweight or Obesity – Youth	9	28.4%	33.5%
Overall — Children*		12	0.369	
Overall — Women and Children*		10	0.402	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- Low prevalence of excessive drinking among women
- Low foster care placement instability
- Low percentage of uninsured children

Challenges

- High prevalence of multiple chronic conditions among women
- Low enrollment in early childhood education
- High percentage of women in poverty

Highlights

Teen Births

52% ▼

from 43.9 to 20.9 births per 1,000 females ages 15-19 between 2011 and 2021.

Drug Deaths

29% ▲

from 65.4 to 84.6 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Mortality

24% ▲

from 214.6 to 266.3 deaths per 100,000 women ages 20-44 between 2020 and 2021.

Cigarette Smoking

22% ▼

from 33.8% to 26.2% of women ages 18-44 between 2017-2018 and 2020-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		50	-1.023	
Community and Family Safety	Firearm Deaths†	36	8.9	5.6
	Injury Deaths	50	116.1	48.1
	Intimate Partner Violence Before Pregnancy†	—	3.3%	2.6%
Economic Resources	Concentrated Disadvantage	39	29.6%	25.9%
	Food Insecurity	47	14.0%	10.4%
	Gender Pay Gap†	44	77.1%	81.5%
	Poverty	47	22.1%	15.5%
	Unemployment	22	4.3%	5.2%
Education	College Graduate	42	29.7%	36.8%
Social Support and Engagement	Infant Child Care Cost†	6	8.8%	11.7%
	Residential Segregation – Black/White	19	62	—
	Voter Participation	50	47.3%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		45	-0.836	
Community and Family Safety	Child Victimization†	49	17.0	8.1
	Firearm Deaths†	14	4.4	5.3
	Injury Deaths	29	19.3	17.4
Economic Resources	Children in Poverty	43	20.7%	16.9%
	Children in Poverty Racial Disparity	2	2.0	3.0
	High-Speed Internet	40	94.3%	95.3%
	Students Experiencing Homelessness	47	3.7%	2.2%
	WIC Coverage	28	46.0%	48.3%
Education	Early Childhood Education	50	23.5%	40.2%
	Fourth Grade Reading Proficiency	49	22.3%	32.1%
	High School Completion	39	88.8%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	45	18.9%	14.0%
	Foster Care Instability	4	9.3%	15.2%
	Neighborhood Amenities	48	16.5%	35.5%
	Reading, Singing or Storytelling	34	56.0%	57.2%
Physical Environment*		49	-0.519	
Air and Water Quality	Air Pollution	19	7.3	7.8
	Drinking Water Violations	50	10.2%	0.8%
	Household Smoke	50	25.1%	13.8%
	Water Fluoridation	12	90.9%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	40	11.0	8.2
Housing and Transportation	Drive Alone to Work	39	74.8%	66.0%
	Housing Cost Burden (households with children)†	6	23.1%	31.2%
	Housing With Lead Risk	35	20.6%	16.9%
	Severe Housing Problems	1	10.9%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		32	0.247	
Access to Care	Adequate Prenatal Care	27	77.2%	74.7%
	Avoided Care Due to Cost	32	14.9%	14.6%
	Maternity Care Desert†	49	18.6	3.1
	Uninsured	20	8.6%	11.8%
	Women's Health Providers	39	39.7	46.0
Preventive Clinical Services	Cervical Cancer Screening	8	79.8%	77.1%
	Dental Visit	38	64.1%	65.5%
	Flu Vaccination	29	38.1%	38.9%
	Postpartum Visit†	—	93.8%	90.9%
	Well-Woman Visit	11	75.4%	70.5%
Quality of Care	Breastfeeding Initiation†	48	66.9%	83.7%
	Dedicated Health Care Provider	12	84.1%	79.2%
	Low-Risk Cesarean Delivery	32	26.6%	26.3%
	Maternity Practices Score	27	81	81
Behaviors*		43	-0.671	
Nutrition and Physical Activity	Exercise	20	22.1%	21.5%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	32	21.6%	21.1%
Sexual Health	Chlamydia	6	1,124.9	1,563.1
	High-Risk HIV Behaviors	16	8.9%	9.6%
	Unintended Pregnancy†	—	17.7%	25.5%
Sleep Health	Insufficient Sleep	50	41.1%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	43	11.8%	8.8%
	Smoking	50	26.2%	12.1%
	Smoking During Pregnancy	50	18.2%	4.6%
Health Outcomes*		47	-1.203	
Behavioral Health	Drug Deaths†	50	84.6	25.7
	Excessive Drinking	3	13.2%	18.8%
	Frequent Mental Distress	49	26.9%	21.0%
	Illicit Drug Use	32	11.4%	10.8%
	Postpartum Depression†	—	11.5%	12.7%
Mortality	Maternal Mortality†	21	22.3	22.4
	Mortality Rate	50	266.3	136.4
Physical Health	Depression†	49	38.6%	27.4%
	Frequent Physical Distress	39	8.7%	7.1%
	High Blood Pressure	46	17.1%	10.8%
	High Health Status†	49	53.5%	59.0%
	Multiple Chronic Conditions	50	8.0%	4.2%
	Obesity	45	39.0%	31.5%
	Severe Maternal Morbidity†	44	98.8	88.3
Overall — Women*		46	-0.688	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		18	0.380	
Access to Care	ADD/ADHD Treatment	18	3.4%	2.8%
	Pediatricians	33	84.8	109.3
	Uninsured	11	3.3%	5.4%
Preventive Clinical Services	Childhood Immunizations	34	68.7%	70.0%
	HPV Vaccination	42	56.4%	61.7%
	Preventive Dental Care	15	78.1%	75.1%
	Well-Child Visit	14	80.1%	76.7%
Quality of Care	Adequate Insurance	8	72.4%	68.2%
	Developmental Screening	9	44.6%	34.8%
	Medical Home	32	47.6%	46.0%
Behaviors*		47	-0.868	
Nutrition and Physical Activity	Breastfed	50	13.8%	24.9%
	Food Sufficiency	39	67.7%	71.9%
	Physical Activity	4	27.5%	20.5%
	Soda Consumption – Youth†	—	22.5%	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	82.6%	89.8%
	Teen Births	43	20.9	13.9
Sleep Health	Adequate Sleep	43	61.4%	66.6%
	Sleep Position†	—	84.5%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	43	27.5%	18.0%
	Tobacco Use	50	8.1%	4.0%
Health Outcomes*		43	-0.523	
Behavioral Health	Alcohol Use – Youth	30	9.6%	9.2%
	Anxiety	39	11.7%	9.2%
	Depression	40	5.6%	4.2%
	Flourishing	27	66.1%	66.6%
	Illicit Drug Use – Youth	33	8.6%	8.4%
	Teen Suicide†	17	11.0	10.6
Mortality	Child Mortality	33	32.2	27.4
	Infant Mortality	39	6.7	5.5
	Neonatal Mortality†	41	4.3	3.6
Physical Health	Asthma	14	6.1%	6.9%
	High Health Status†	46	88.4%	90.2%
	Low Birth Weight	45	9.8%	8.5%
	Low Birth Weight Racial Disparity	11	1.8	2.1
	Neonatal Abstinence Syndrome†	48	42.4	6.2
	Overweight or Obesity – Youth	49	41.0%	33.5%
Overall — Children*		45	-0.564	
Overall — Women and Children*		46	-0.631	

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† Additional measure.

— Data not available, missing or suppressed.

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Summary

Strengths

- High voter participation among women
- High prevalence of women with a dedicated health care provider
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of anxiety among children
- High prevalence of excessive drinking among women
- Low percentage of children with adequate and continuous health insurance

Highlights

Cigarette Smoking During Pregnancy

39% ▼

from 11.3% to 6.9% of women with a live birth between 2016 and 2021.

Teen Births

33% ▼

from 15.0 to 10.1 births per 1,000 females ages 15-19 between 2016 and 2021.

Drug Deaths

22% ▲

from 23.4 to 28.5 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Injury Deaths

14% ▲

from 41.6 to 47.6 deaths per 100,000 women ages 20-44 between 2016-2018 and 2019-2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		15	0.371	
Community and Family Safety	Firearm Deaths†	13	4.8	5.6
	Injury Deaths	22	47.6	48.1
	Intimate Partner Violence Before Pregnancy†	—	2.8%	2.6%
Economic Resources	Concentrated Disadvantage	14	13.5%	25.9%
	Food Insecurity	22	9.9%	10.4%
	Gender Pay Gap†	26	80.4%	81.5%
	Poverty	18	14.9%	15.5%
	Unemployment	19	4.1%	5.2%
Education	College Graduate	11	41.1%	36.8%
Social Support and Engagement	Infant Child Care Cost†	30	12.1%	11.7%
	Residential Segregation – Black/White	48	78	—
	Voter Participation	3	69.6%	60.7%
Physical Environment*				
Air and Water Quality	Air Pollution			
	Drinking Water Violations			
	Household Smoke			
	Water Fluoridation			
Climate and Health	Climate Change Policies			
	Transportation Energy Use†			
Housing and Transportation	Drive Alone to Work			
	Housing Cost Burden (households with children)†			
	Housing With Lead Risk			
	Severe Housing Problems			

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		20	0.195	
Community and Family Safety	Child Victimization†	7	3.3	8.1
	Firearm Deaths†	16	4.7	5.3
	Injury Deaths	21	16.5	17.4
Economic Resources	Children in Poverty	15	13.4%	16.9%
	Children in Poverty Racial Disparity	43	4.6	3.0
	High-Speed Internet	29	95.4%	95.3%
	Students Experiencing Homelessness	21	1.6%	2.2%
	WIC Coverage	17	49.1%	48.3%
Education	Early Childhood Education	33	37.2%	40.2%
	Fourth Grade Reading Proficiency	20	32.6%	32.1%
	High School Completion	8	93.3%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	27	15.7%	14.0%
	Foster Care Instability	15	11.5%	15.2%
	Neighborhood Amenities	24	33.9%	35.5%
	Reading, Singing or Storytelling	12	62.8%	57.2%
Physical Environment*		31	-0.113	
Air and Water Quality	Air Pollution	31	7.9	7.8
	Drinking Water Violations	46	4.4%	0.8%
	Household Smoke	26	14.3%	13.8%
	Water Fluoridation	18	86.7%	72.7%
Climate and Health	Climate Change Policies	13	3	—
	Transportation Energy Use†	15	7.4	8.2
Housing and Transportation	Drive Alone to Work	31	71.2%	66.0%
	Housing Cost Burden (households with children)†	7	23.3%	31.2%
	Housing With Lead Risk	38	21.7%	16.9%
	Severe Housing Problems	11	13.1%	17.0%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care*		6	0.856	
Access to Care	Adequate Prenatal Care	9	81.8%	74.7%
	Avoided Care Due to Cost	13	11.5%	14.6%
	Maternity Care Desert†	23	2.7	3.1
	Uninsured	12	7.1%	11.8%
	Women's Health Providers	27	45.2	46.0
Preventive Clinical Services	Cervical Cancer Screening	30	76.9%	77.1%
	Dental Visit	5	72.6%	65.5%
	Flu Vaccination	12	45.1%	38.9%
	Postpartum Visit†	—	92.6%	90.9%
	Well-Woman Visit	31	71.6%	70.5%
Quality of Care	Breastfeeding Initiation†	38	80.9%	83.7%
	Dedicated Health Care Provider	3	89.3%	79.2%
	Low-Risk Cesarean Delivery	14	23.3%	26.3%
	Maternity Practices Score	19	82	81
Behaviors*		25	-0.014	
Nutrition and Physical Activity	Exercise	26	21.3%	21.5%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	8	17.1%	21.1%
Sexual Health	Chlamydia	30	1,640.7	1,563.1
	High-Risk HIV Behaviors	30	10.0%	9.6%
	Unintended Pregnancy†	—	18.8%	25.5%
Sleep Health	Insufficient Sleep	22	32.9%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	31	10.0%	8.8%
	Smoking	22	13.2%	12.1%
	Smoking During Pregnancy	31	6.9%	4.6%
Health Outcomes*		24	-0.147	
Behavioral Health	Drug Deaths†	27	28.5	25.7
	Excessive Drinking	50	28.3%	18.8%
	Frequent Mental Distress	27	23.1%	21.0%
	Illicit Drug Use	15	9.6%	10.8%
	Postpartum Depression†	—	12.0%	12.7%
Mortality	Maternal Mortality†	2	10.8	22.4
	Mortality Rate	18	117.3	136.4
Physical Health	Depression†	37	34.3%	27.4%
	Frequent Physical Distress	24	7.5%	7.1%
	High Blood Pressure	7	8.6%	10.8%
	High Health Status†	27	59.3%	59.0%
	Multiple Chronic Conditions	19	4.1%	4.2%
	Obesity	31	33.0%	31.5%
	Severe Maternal Morbidity†	20	79.3	88.3
Overall — Women*		20	0.154	

		State Rank	State Value	U.S. Value
Children				
Clinical Care*		19	0.357	
Access to Care	ADD/ADHD Treatment	27	2.7%	2.8%
	Pediatricians	23	102.9	109.3
	Uninsured	17	4.0%	5.4%
Preventive Clinical Services	Childhood Immunizations	20	71.8%	70.0%
	HPV Vaccination	24	63.3%	61.7%
	Preventive Dental Care	25	76.8%	75.1%
	Well-Child Visit	31	76.4%	76.7%
Quality of Care	Adequate Insurance	39	65.6%	68.2%
	Developmental Screening	12	43.9%	34.8%
	Medical Home	7	52.6%	46.0%
Behaviors*		7	0.732	
Nutrition and Physical Activity	Breastfed	7	31.3%	24.9%
	Food Sufficiency	13	74.7%	71.9%
	Physical Activity	22	23.4%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	84.3%	89.8%
	Teen Births	13	10.1	13.9
Sleep Health	Adequate Sleep	12	71.2%	66.6%
	Sleep Position†	—	85.8%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	6	14.7%	18.0%
	Tobacco Use	17	3.8%	4.0%
Health Outcomes*		39	-0.304	
Behavioral Health	Alcohol Use – Youth	46	11.1%	9.2%
	Anxiety	40	11.8%	9.2%
	Depression	33	4.9%	4.2%
	Flourishing	34	65.7%	66.6%
	Illicit Drug Use – Youth	29	8.3%	8.4%
	Teen Suicide†	18	11.2	10.6
	Mortality	Child Mortality	17	25.4
Infant Mortality		30	5.9	5.5
Neonatal Mortality†		38	4.1	3.6
Physical Health	Asthma	23	6.6%	6.9%
	High Health Status†	24	91.2%	90.2%
	Low Birth Weight	18	7.7%	8.5%
	Low Birth Weight Racial Disparity	49	2.5	2.1
	Neonatal Abstinence Syndrome†	25	6.4	6.2
	Overweight or Obesity – Youth	18	30.7%	33.5%
Overall — Children*		22	0.123	
Overall — Women and Children*		22	0.162	

* The value assigned to a summation score is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

† Additional measure.

— Data not available, missing or suppressed.

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Wyoming

State Health Department Website: health.wyo.gov

Overall Rank

33

Summary

Strengths

- High prevalence of high school completion
- Low percentage of low-risk cesarean deliveries
- High prevalence of physical activity among children

Challenges

- High child mortality rate
- High percentage of uninsured children
- High prevalence of cigarette smoking among women

Highlights

Mortality

53% ▲

from 100.6 to 154.3 deaths per 100,000 women ages 20-44 between 2019 and 2021.

Frequent Mental Distress

50% ▲

from 15.5% to 23.3% of women ages 18-44 between 2013-2014 and 2020-2021.

Teen Births

39% ▼

from 26.1 to 16.0 births per 1,000 females ages 15-19 between 2016 and 2021.

Cigarette Smoking During Pregnancy

22% ▼

from 12.5% to 9.8% of women with a live birth between 2020 and 2021.

Measures

Women

		State Rank	State Value	U.S. Value
Social & Economic Factors*		31	-0.051	
Community and Family Safety	Firearm Deaths†	40	10.7	5.6
	Injury Deaths	25	52.3	48.1
	Intimate Partner Violence Before Pregnancy†	—	4.1%	2.6%
Economic Resources	Concentrated Disadvantage	3	6.3%	25.9%
	Food Insecurity	35	11.2%	10.4%
	Gender Pay Gap†	50	67.8%	81.5%
	Poverty	36	16.7%	15.5%
	Unemployment	13	3.7%	5.2%
Education	College Graduate	38	31.8%	36.8%
Social Support and Engagement	Infant Child Care Cost†	11	10.3%	11.7%
	Residential Segregation – Black/White	37	69	—
	Voter Participation	34	58.7%	60.7%
Physical Environment*		28	-0.026	
Air and Water Quality	Air Pollution	3	4.7	7.8
	Drinking Water Violations	24	0.2%	0.8%
	Household Smoke	36	17.5%	13.8%
	Water Fluoridation	41	55.6%	72.7%
Climate and Health	Climate Change Policies	36	0	—
	Transportation Energy Use†	49	19.0	8.2
Housing and Transportation	Drive Alone to Work	39	74.8%	66.0%
	Housing Cost Burden (households with children)†	30	29.0%	31.2%
	Housing With Lead Risk	24	15.2%	16.9%
	Severe Housing Problems	5	11.9%	17.0%

Children

		State Rank	State Value	U.S. Value
Social & Economic Factors*		22	0.173	
Community and Family Safety	Child Victimization†	22	6.7	8.1
	Firearm Deaths†	41	9.4	5.3
	Injury Deaths	46	28.3	17.4
Economic Resources	Children in Poverty	15	13.4%	16.9%
	Children in Poverty Racial Disparity	36	3.9	3.0
	High-Speed Internet	24	95.6%	95.3%
	Students Experiencing Homelessness	27	1.8%	2.2%
	WIC Coverage	32	43.8%	48.3%
Education	Early Childhood Education	15	42.4%	40.2%
	Fourth Grade Reading Proficiency	3	38.3%	32.1%
	High School Completion	6	93.6%	89.4%
Social Support and Engagement	Adverse Childhood Experiences	49	23.0%	14.0%
	Foster Care Instability	2	8.6%	15.2%
	Neighborhood Amenities	8	44.7%	35.5%
	Reading, Singing or Storytelling	22	59.4%	57.2%

Measures

		State Rank	State Value	U.S. Value
Women		41	-0.283	
Clinical Care*				
Access to Care	Adequate Prenatal Care	30	76.5%	74.7%
	Avoided Care Due to Cost	46	19.7%	14.6%
	Maternity Care Desert†	33	5.5	3.1
	Uninsured	44	15.9%	11.8%
	Women's Health Providers	21	47.0	46.0
Preventive Clinical Services	Cervical Cancer Screening	39	74.5%	77.1%
	Dental Visit	19	68.7%	65.5%
	Flu Vaccination	40	35.7%	38.9%
	Postpartum Visit†	—	93.3%	90.9%
	Well-Woman Visit	41	66.4%	70.5%
Quality of Care	Breastfeeding Initiation†	24	84.7%	83.7%
	Dedicated Health Care Provider	40	77.1%	79.2%
	Low-Risk Cesarean Delivery	6	20.3%	26.3%
	Maternity Practices Score	42	75	81
Behaviors*				
Nutrition and Physical Activity		37	-0.400	
Nutrition and Physical Activity	Exercise	22	21.9%	21.5%
	Fruit and Vegetable Consumption	44	6.8%	9.8%
	Physical Inactivity	27	20.6%	21.1%
Sexual Health	Chlamydia	12	1,235.3	1,563.1
	High-Risk HIV Behaviors	27	9.8%	9.6%
	Unintended Pregnancy†	—	26.4%	25.5%
Sleep Health	Insufficient Sleep	25	33.4%	33.4%
Smoking and Tobacco Use	E-Cigarette Use†	40	11.3%	8.8%
	Smoking	44	19.3%	12.1%
	Smoking During Pregnancy	45	9.8%	4.6%
Health Outcomes*				
Behavioral Health		31	-0.251	
Behavioral Health	Drug Deaths†	7	14.7	25.7
	Excessive Drinking	40	21.2%	18.8%
	Frequent Mental Distress	28	23.3%	21.0%
	Illicit Drug Use	11	9.3%	10.8%
	Postpartum Depression†	—	17.4%	12.7%
Mortality	Maternal Mortality†	—	—	22.4
	Mortality Rate	31	154.3	136.4
Physical Health	Depression†	33	33.5%	27.4%
	Frequent Physical Distress	31	8.0%	7.1%
	High Blood Pressure	24	10.1%	10.8%
	High Health Status†	20	61.1%	59.0%
	Multiple Chronic Conditions	27	4.5%	4.2%
	Obesity	27	32.1%	31.5%
	Severe Maternal Morbidity†	1	40.3	88.3
Overall — Women*		35	-0.202	

		State Rank	State Value	U.S. Value
Children		46	-0.676	
Clinical Care*				
Access to Care	ADD/ADHD Treatment	30	2.6%	2.8%
	Pediatricians	50	45.6	109.3
	Uninsured	49	11.4%	5.4%
Preventive Clinical Services	Childhood Immunizations	32	69.8%	70.0%
	HPV Vaccination	49	48.0%	61.7%
	Preventive Dental Care	7	81.2%	75.1%
	Well-Child Visit	39	74.1%	76.7%
Quality of Care	Adequate Insurance	50	56.3%	68.2%
	Developmental Screening	30	34.6%	34.8%
	Medical Home	31	47.8%	46.0%
Behaviors*				
Nutrition and Physical Activity		29	-0.053	
Nutrition and Physical Activity	Breastfed	22	27.2%	24.9%
	Food Sufficiency	35	68.7%	71.9%
	Physical Activity	2	29.7%	20.5%
	Soda Consumption – Youth†	—	—	8.5%
Sexual Health – Youth	Dual Contraceptive Nonuse†	—	—	89.8%
	Teen Births	32	16.0	13.9
Sleep Health	Adequate Sleep	22	68.2%	66.6%
	Sleep Position†	—	83.2%	81.4%
Smoking and Tobacco Use – Youth	Electronic Vapor Product Use†	—	—	18.0%
	Tobacco Use	48	7.2%	4.0%
Health Outcomes*				
Behavioral Health		33	-0.222	
Behavioral Health	Alcohol Use – Youth	33	9.7%	9.2%
	Anxiety	36	11.3%	9.2%
	Depression	42	6.0%	4.2%
	Flourishing	16	67.3%	66.6%
	Illicit Drug Use – Youth	23	8.0%	8.4%
	Teen Suicide†	44	30.4	10.6
	Mortality	Child Mortality	43	37.8
Infant Mortality		35	6.2	5.5
Neonatal Mortality†		31	4.0	3.6
Physical Health	Asthma	27	6.7%	6.9%
	High Health Status†	22	91.3%	90.2%
	Low Birth Weight	39	9.4%	8.5%
	Low Birth Weight Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome†	12	4.3	6.2
	Overweight or Obesity – Youth	1	24.3%	33.5%
Overall — Children*		30	-0.092	
Overall — Women and Children*		33	-0.154	

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