

| Metric | 2016 Value | 2016 Rank | 2016 No 1 State | 2015 Value | 2015 Rank | 2014 Value | 2014 Rank |
|----------------|------------|-----------|-----------------|------------|-----------|------------|-----------|
| Overall | 0.588 | 6 | 0.627 | 0.518 | 5 | 0.501 | 7 |

Strengths

Low prevalence of smoking

High volunteerism

Low percentage of hospital readmissions

Challenges

Low percentage of diabetes management

Low prescription drug coverage

Low percentage of seniors with dedicated provider



Behaviors

| | | | | | | | |
|---|-------|----|-------|--------|----|-------|----|
| Smoking (% of adults aged 65+) | 4.5 | 1 | 4.5 | 4.2 | 1 | 4.7 | 1 |
| Excessive Drinking (% of adults aged 65+) | 3.4 | 4 | 2.9 | - | - | - | - |
| Obesity (% of adults 65+) | 28.4 | 27 | 14.1 | 25.4 | 12 | 25.6 | 15 |
| Underweight (% of adults aged 65+ in fair or better health) | 1.1 | 4 | 0.7 | 1.6 | 24 | 1.6 | 25 |
| Physical Inactivity (% of adults aged 65+ in fair or better health) | 24.7 | 3 | 22.7 | 26.8 | 5 | 27.2 | 13 |
| Dental Visit (% of adults aged 65+) | 71.0 | 10 | 78.1 | 71.1 | 11 | 71.1 | 11 |
| Pain Management (% of adults aged 65+ with arthritis) | 45.7 | 25 | 53.2 | 45.7 | 25 | 48.4 | 44 |
| Behaviors Total* | 0.205 | 1 | 0.205 | -3.223 | 1 | 0.128 | 3 |

Community & Environment

| | | | | | | | |
|--|---------|----|---------|---------|----|---------|----|
| Poverty (% of adults aged 65+) | 6.7 | 4 | 4.3 | 6.5 | 4 | 6.1 | 3 |
| Volunteerism (% of adults aged 65+) | 46.3 | 1 | 46.3 | 42.6 | 1 | 38.6 | 3 |
| Nursing Home Quality (% of beds rated 4- or 5-stars) | 46.1 | 25 | 62.9 | 42.8 | 29 | 49.7 | 23 |
| Community & Environment--Macro Total* | 0.132 | 2 | 0.138 | 0.123 | 3 | 0.123 | 3 |
| Home-Delivered Meals (participants as a % of adults aged 65+ in poverty) | 47.9 | 7 | 101.3 | 57.6 | 5 | - | - |
| Food Insecurity (% of adults aged 60+) | 13.4 | 18 | 8.3 | 14.8 | 31 | 14.1 | 26 |
| Community Support (dollars per adults aged 65+ in poverty) | \$1,190 | 12 | \$6,701 | \$1,312 | 10 | \$1,569 | 8 |
| Community & Environment--Micro Total* | 0.076 | 8 | 0.192 | 0.067 | 8 | 0.055 | 12 |
| Community & Environment Total* | 0.208 | 4 | 0.290 | 0.190 | 5 | 0.191 | 4 |

Policy

| | | | | | | | |
|--|--------|----|-------|--------|----|--------|----|
| Low-Care Nursing Home Residents (% of residents) | 5.0 | 3 | 4.1 | 5.6 | 3 | 5.6 | 3 |
| Prescription Drug Coverage (% of adults aged 65+) | 81.0 | 42 | 88.0 | 84.4 | 38 | 84.4 | 38 |
| Geriatrician Shortfall (% of required geriatricians) | 80.8 | 44 | 25.8 | 80.8 | 44 | 77.6 | 46 |
| SNAP Reach (participants as a % of adults aged 60+ in poverty) | 41.6 | 46 | 124.4 | 45.8 | 46 | - | - |
| Policy Total* | -0.081 | 41 | 0.204 | -0.075 | 41 | -0.038 | 35 |

Clinical Care

| | | | | | | | |
|--|-------|----|-------|-------|----|-------|----|
| Dedicated Health Care Provider (% of adults aged 65+) | 91.2 | 44 | 96.9 | 93.2 | 37 | 93.7 | 38 |
| Flu Vaccine (% of adults aged 65+) | 57.9 | 35 | 70.7 | 57.4 | 39 | 56.0 | 39 |
| Health Screenings (% of adults aged 65 to 74) | 85.5 | 25 | 92.3 | 83.7 | 40 | 83.7 | 40 |
| Recommended Hospital Care (% of hospitalized patients aged 65+) | 98.5 | 2 | 98.7 | 97.2 | 5 | 99.0 | 1 |
| Diabetes Management (% of Medicare beneficiaries aged 65 to 75) | 75.0 | 42 | 86.2 | 73.9 | 44 | 74.9 | 41 |
| Home Health Care (number of workers per 1,000 adults age 75+) | 78.9 | 37 | 278.8 | 70.3 | 39 | 44.9 | 45 |
| Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries) | 31.1 | 2 | 24.4 | 34.0 | 2 | 37.2 | 2 |
| Hospital Readmissions (% of hospitalized patients aged 65+) | 12.4 | 1 | 12.4 | 12.9 | 1 | 12.3 | 1 |
| Hospice Care (% of decedents aged 65+) | 64.5 | 2 | 65.5 | 64.8 | 2 | 63.0 | 1 |
| Hospital Deaths (% of decedents aged 65+) | 15.7 | 2 | 15.3 | 15.1 | 1 | 16.4 | 1 |
| Clinical Care Total | 0.078 | 5 | 0.102 | 0.061 | 9 | 0.083 | 4 |

All Determinants*

| | | | | | | | |
|--|-------|---|-------|-------|---|-------|---|
| | 0.410 | 3 | 0.428 | 0.391 | 3 | 0.365 | 3 |
|--|-------|---|-------|-------|---|-------|---|

Outcomes

| | | | | | | | |
|---|--------|----|--------|--------|----|--------|----|
| ICU Use (% of decedents aged 65+) | 6.4 | 8 | 4.4 | 6.9 | 8 | 7.5 | 10 |
| Falls (% of adults aged 65+) | 29.6 | 30 | 20.6 | 30.9 | 39 | 30.9 | 39 |
| Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries) | 5.4 | 16 | 3.1 | 6.1 | 24 | 7.1 | 20 |
| Health Status (% of adults aged 65+ with very good or excellent health) | 45.1 | 14 | 50.7 | 47.1 | 6 | 42.7 | 20 |
| Able-bodied (% of adults aged 65+) | 65.8 | 16 | 69.6 | 65.0 | 22 | 65.7 | 16 |
| Premature Death (deaths per 100,000 adults aged 65 to 74) | 1468.1 | 4 | 1393.9 | 1567.5 | 7 | 1611.0 | 6 |
| Teeth Extractions (% of adults aged 65+) | 11.2 | 7 | 6.4 | 12.9 | 7 | 12.9 | 7 |
| Frequent Mental Distress (% of adults aged 65+) | 6.8 | 24 | 4.7 | - | - | - | - |
| All Outcomes* | 0.18 | 9 | 0.31 | 0.13 | 12 | 0.14 | 13 |

Supplemental Measures

| | | | | | | | |
|--|------|----|------|------|----|------|----|
| Education (% of adults aged 65+) | 30.4 | 4 | 34.0 | 29.1 | 4 | 27.4 | 5 |
| Clinical Overuse--Mammography 75+ | 24.2 | 20 | 18.6 | - | - | - | - |
| Clinical Overuse--PSA Test 75+ | 14.4 | 11 | 11.5 | - | - | - | - |
| Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+) | 27.3 | 8 | 22.0 | 26.9 | 6 | 26.0 | 9 |
| Cognition (% of adults aged 65+) | 7.8 | 12 | 6.3 | 8.3 | 16 | 8.0 | 14 |
| Depression (% of adults aged 65+) | 16.5 | 32 | 8.2 | 17.7 | 45 | 14.8 | 34 |
| Suicide (deaths per 100,000 adults aged 65+) | 22.5 | 43 | 7.6 | 21.4 | 43 | 15.7 | 26 |

NA= not available

* Negative value denotes below US average; positive value denotes above US average

Middle-Aged Cohort Health Estimates

| | | | |
|---|------|------|-------|
| Obesity (% of adults aged 50-74) | 27.4 | 32.4 | 18.2 |
| Diabetes (% of adults aged 50-74) | 9.1 | 11.9 | 30.8 |
| Smoking (% of adults aged 50-74) | 31.8 | 10.4 | -67.3 |
| Health Status (% of adults aged 50-74 with very good or excellent health) | 59.0 | 54.8 | -7.1 |

1999 Prevalence (%)

2014 Prevalence (%)

Change (%)**

**Percent change in prevalence from 1999 to 2014

Senior Projected Population Growth 2016 to 2030

Projected Total Population Growth - Seniors 65 and older

State (%)

US (%)

59.2

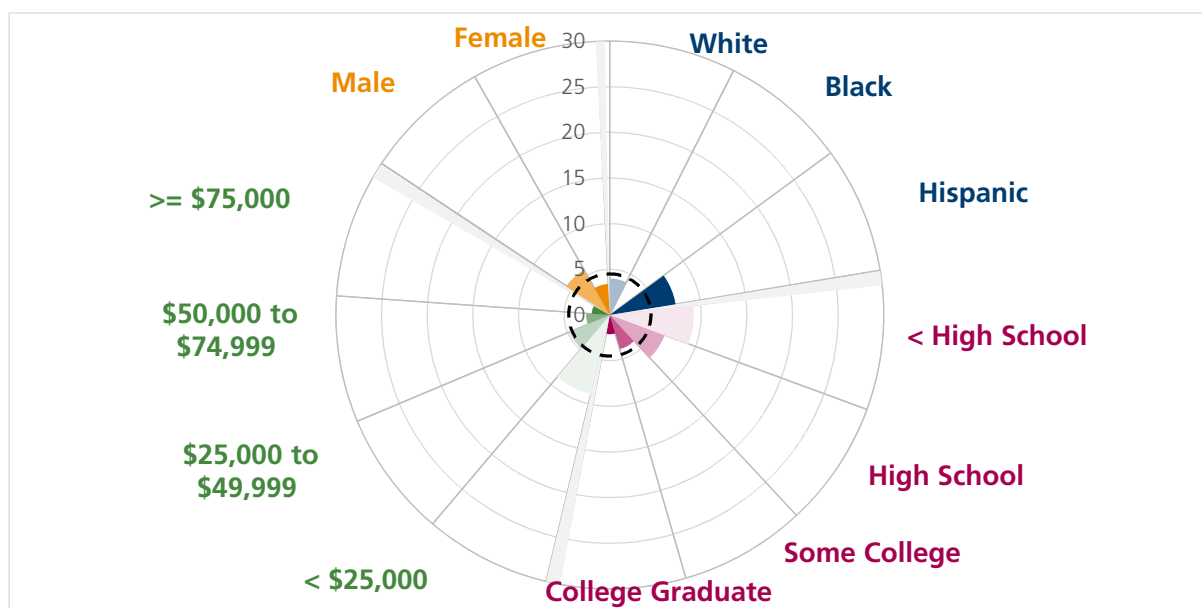
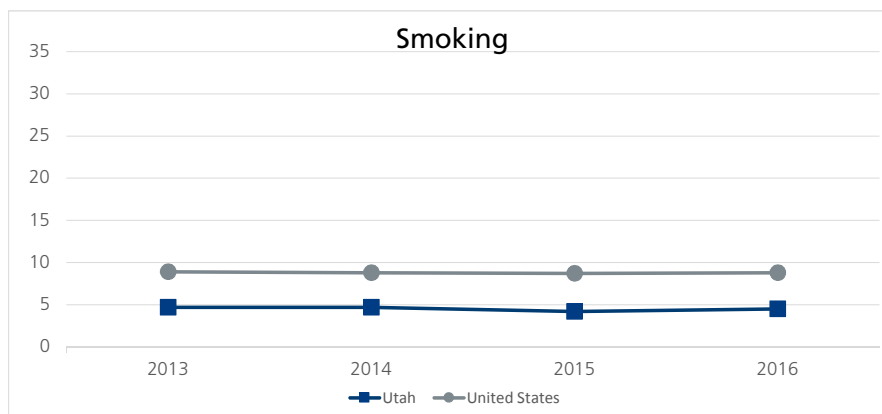
49.5

Smoking

Utah

| Edition | UT | US |
|---------|-----|-----|
| 2013 | 4.7 | 8.9 |
| 2014 | 4.7 | 8.8 |
| 2015 | 4.2 | 8.7 |
| 2016 | 4.5 | 8.8 |

Percentage of adults aged 65 and older who are self-reported smokers (smoked at least 100 cigarettes in their lifetime and currently smoke every day or some days)



UT

The figure shows the rate for each subpopulation as the distance a colored segment extends from the center. The dotted line shows the rate for the entire state. The greater the distance a segment is from the dotted line, the greater the inequity. If all were equal, the sunburst would be a perfect circle bordered by the dotted line.

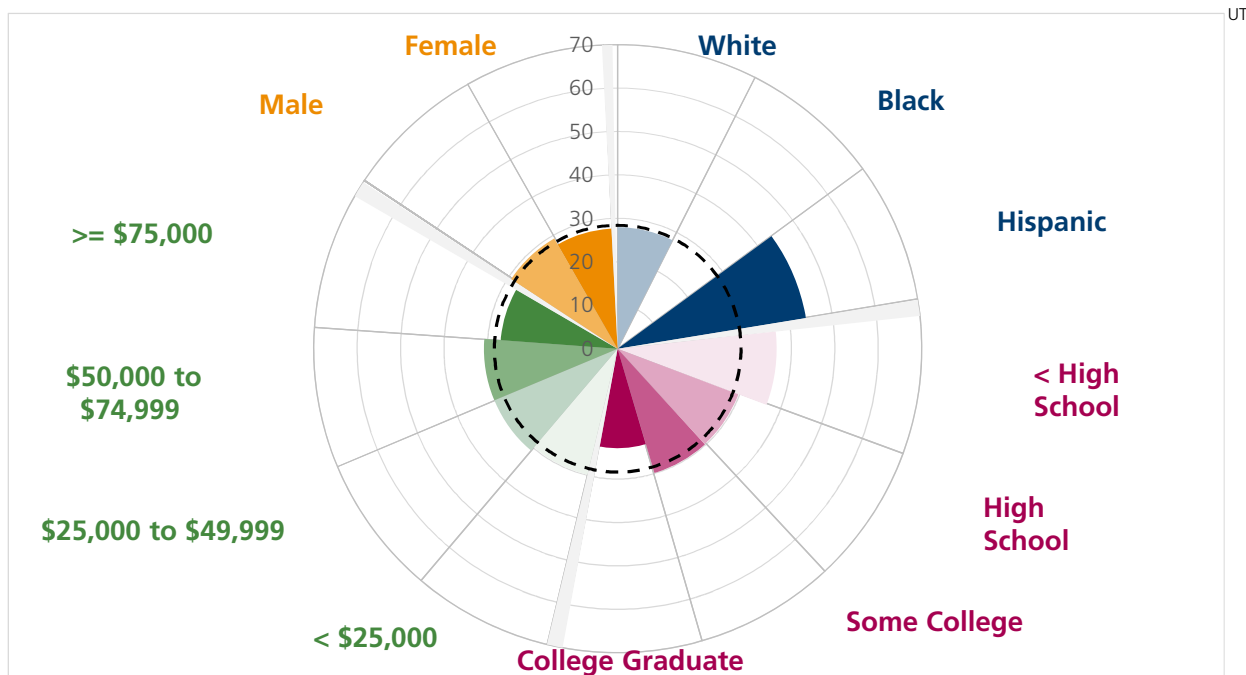
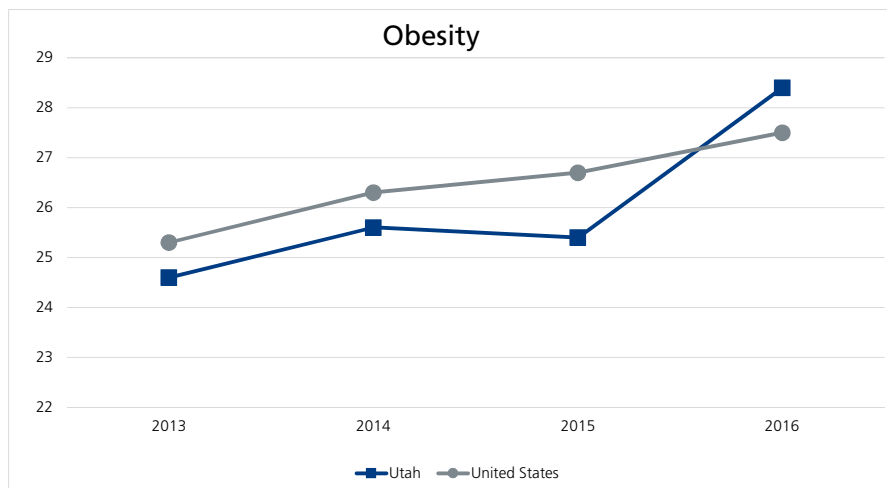
Prevalence of Smoking 2016 (% of adults 65+)

| Group | Value | 95% CI | Min | Max | Group | Value | 95% CI | Min | Max |
|-----------------------|-------|------------|-----|------|----------------------|-------|------------|-----|------|
| Non-Hispanic White | 4.0 | 3.2 - 4.9 | 4.0 | 12.6 | Less Than \$25,000 | 8.9 | 6.0 - 11.8 | 8.5 | 19.2 |
| Non-Hispanic Black | NA | NA | 8.5 | 24.8 | \$25,000 to \$49,999 | 4.8 | 3.2 - 6.4 | 4.0 | 16.3 |
| Hispanic | 7.3 | 0.9 - 13.7 | 0.4 | 14.3 | \$50,000 to \$74,999 | 2.6 | 1.0 - 4.3 | 2.6 | 11.2 |
| Less Than High School | 9.2 | 3.9 - 14.5 | 6.3 | 24.1 | \$75,000 or More | 2.0 | 0.6 - 3.5 | 2.0 | 14.2 |
| High School Graduate | 6.4 | 4.5 - 8.2 | 6.4 | 17.0 | Male | 5.7 | 4.2 - 7.2 | 5.0 | 13.5 |
| Some College | 4.0 | 3.2 - 4.9 | 4.0 | 12.6 | Female | 3.4 | 2.4 - 4.4 | 3.4 | 12.7 |
| College Graduate | 7.3 | 0.9 - 13.7 | 0.4 | 14.3 | | | | | |
| Urban | 4.3 | 2.7 - 5.9 | 1.8 | 14.8 | | | | | |
| Suburban | 3.8 | 2.4 - 5.1 | 3.8 | 14.0 | | | | | |
| Rural | 3.9 | 2.2 - 5.6 | 3.9 | 15.1 | | | | | |

NA= not available

| Edition | UT | US |
|---------|------|------|
| 2013 | 24.6 | 25.3 |
| 2014 | 25.6 | 26.3 |
| 2015 | 25.4 | 26.7 |
| 2016 | 28.4 | 27.5 |

Percentage of adults aged 65 and older estimated to be obese (body mass index [BMI] of 30.0 or higher) based on self-reported height and weight



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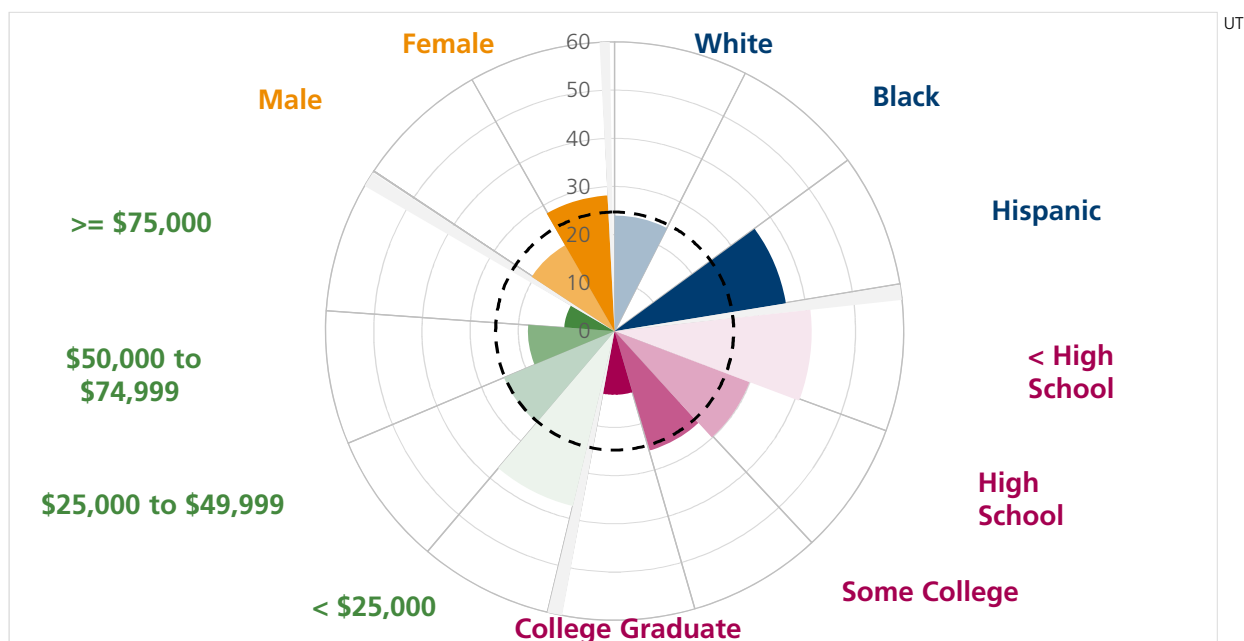
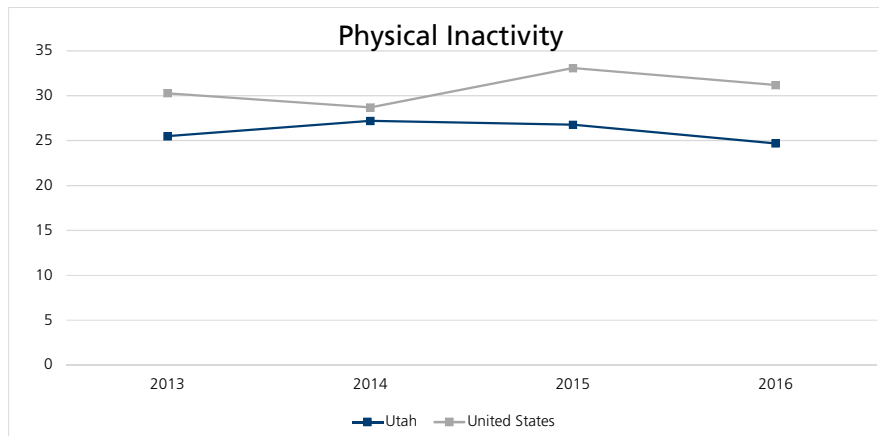
Prevalence of Obesity 2016 (% of adults 65+)

| Group | Value | 95% CI | Min | Max | Group | Value | 95% CI | Min | Max |
|-----------------------|-------|-------------|------|------|----------------------|-------|-------------|------|------|
| Non-Hispanic White | 28.0 | 26.0 - 29.9 | 17.7 | 31.9 | Less Than \$25,000 | 29.8 | 25.3 - 34.3 | 15.3 | 38.0 |
| Non-Hispanic Black | NA | NA | 24.8 | 68.0 | \$25,000 to \$49,999 | 30.8 | 27.0 - 34.6 | 11.7 | 35.3 |
| Hispanic | 43.9 | 30.9 - 57.0 | 20.8 | 45.6 | \$50,000 to \$74,999 | 30.8 | 25.9 - 35.8 | 16.9 | 35.9 |
| | | | | | \$75,000 or More | 27.0 | 22.4 - 31.6 | 13.8 | 33.7 |
| Less Than High School | 36.6 | 27.3 - 45.9 | 9.7 | 43.9 | Male | 29.3 | 26.4 - 32.2 | 14.7 | 35.9 |
| High School Graduate | 29.7 | 26.0 - 33.3 | 18.1 | 34.5 | Female | 27.7 | 25.1 - 30.3 | 13.6 | 33.8 |
| Some College | 29.8 | 26.5 - 33.2 | 13.4 | 34.1 | | | | | |
| College Graduate | 22.9 | 20.1 - 25.7 | 13.2 | 29.8 | | | | | |
| Urban | 26.8 | 22.7 - 31.0 | 12.2 | 33.2 | | | | | |
| Suburban | 26.5 | 22.8 - 30.2 | 20.2 | 35.0 | | | | | |
| Rural | 25.7 | 21.3 - 30.0 | 11.6 | 36.5 | | | | | |

NA= not available

| Edition | UT | US |
|---------|------|------|
| 2013 | 25.5 | 30.3 |
| 2014 | 27.2 | 28.7 |
| 2015 | 26.8 | 33.1 |
| 2016 | 24.7 | 31.2 |

Percentage of adults aged 65 and older with fair or better health status who self-report doing no physical activity or exercise other than their regular job in the last 30 days



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Prevalence of Physical Inactivity 2016 (% of adults 65+)

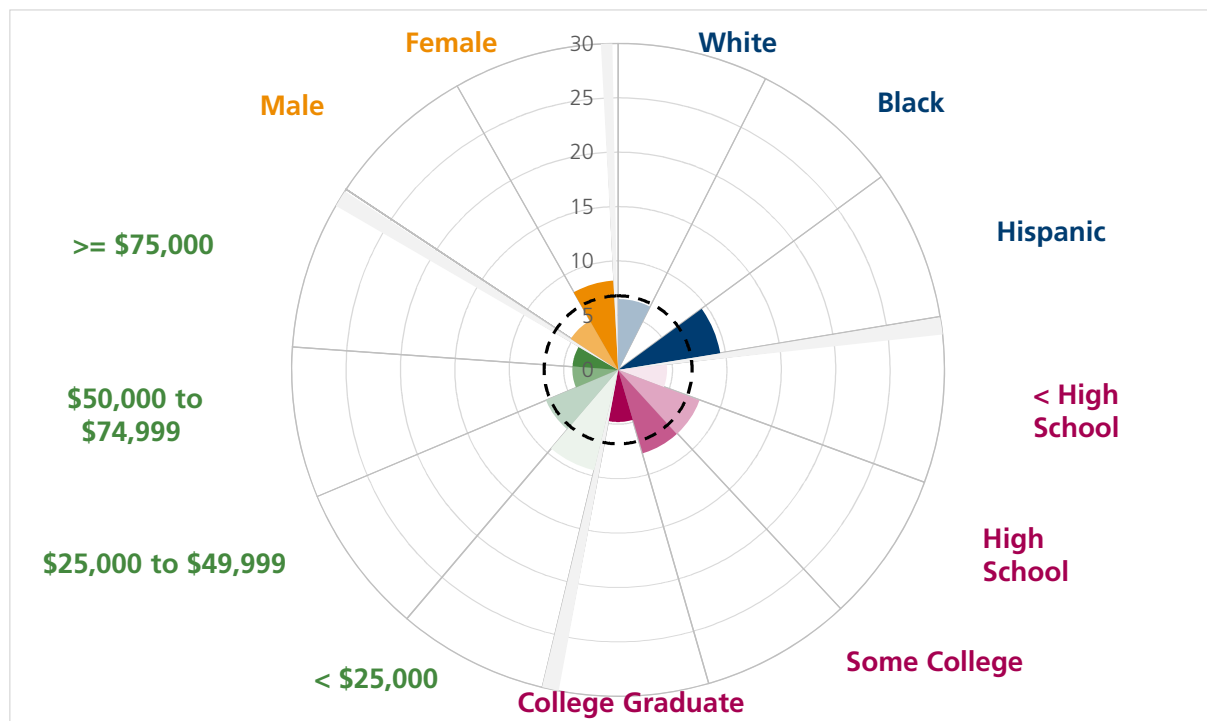
| Group | Value | 95% CI | Min | Max | Group | Value | 95% CI | Min | Max |
|-----------------------|-------|-------------|------|------|----------------------|-------|-------------|------|------|
| Non-Hispanic White | 24.0 | 22.2 - 25.9 | 21.1 | 41.5 | Less Than \$25,000 | 37.3 | 32.7 - 41.9 | 33.8 | 50.7 |
| Non-Hispanic Black | NA | NA | 25.2 | 46.4 | \$25,000 to \$49,999 | 24.9 | 21.4 - 28.4 | 20.4 | 38.8 |
| Hispanic | 36.0 | 24.2 - 47.7 | 24.2 | 52.5 | \$50,000 to \$74,999 | 18.0 | 13.8 - 22.1 | 12.7 | 35.8 |
| | | | | | \$75,000 or More | 10.5 | 7.6 - 13.5 | 9.3 | 30.5 |
| Less Than High School | 40.9 | 31.9 - 49.9 | 31.1 | 55.4 | Male | 20.6 | 18.0 - 23.2 | 18.1 | 39.1 |
| High School Graduate | 29.9 | 26.5 - 33.3 | 29.0 | 47.6 | Female | 28.2 | 25.7 - 30.8 | 25.3 | 43.5 |
| Some College | 25.8 | 22.6 - 28.9 | 20.4 | 36.2 | | | | | |
| College Graduate | 13.2 | 11.0 - 15.4 | 10.8 | 24.9 | | | | | |
| Urban | 23.5 | 19.7 - 27.3 | 22.3 | 39.0 | | | | | |
| Suburban | 24.1 | 20.6 - 27.6 | 21.0 | 43.8 | | | | | |
| Rural | 33.4 | 28.9 - 37.8 | 21.7 | 45.3 | | | | | |

NA= not available

| | % of adults 65+ | |
|---------|-----------------|-----|
| Edition | UT | US |
| 2016 | 6.8 | 7.4 |

Edition 2016 - Percentage of adults aged 65 and older who self-report their mental health was not good 14 or more days during the past 30 days

UT



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Prevalence of Frequent Mental Distress 2016 (% of adults 65+)

| Group | Value | 95% CI | Min | Max | Group | Value | 95% CI | Min | Max |
|-----------------------|-------|------------|-----|------|----------------------|-------|------------|-----|------|
| Non-Hispanic White | 6.5 | 5.4 - 7.5 | 3.6 | 9.8 | Less Than \$25,000 | 9.5 | 7.0 - 12.1 | 5.8 | 13.7 |
| Non-Hispanic Black | NA | NA | 1.7 | 30.0 | \$25,000 to \$49,999 | 7.2 | 5.3 - 9.1 | 2.7 | 10.2 |
| Hispanic | 9.5 | 3.8 - 15.1 | 4.3 | 16.4 | \$50,000 to \$74,999 | 4.2 | 2.1 - 6.3 | 1.2 | 9.1 |
| Less Than High School | 4.5 | 1.8 - 7.3 | 4.3 | 21.9 | \$75,000 or More | 4.2 | 2.0 - 6.4 | 1.5 | 10.3 |
| High School Graduate | 8.0 | 6.1 - 10.0 | 5.0 | 10.7 | Male | 5.2 | 3.8 - 6.6 | 3.7 | 9.2 |
| Some College | 8.0 | 6.1 - 10.0 | 3.6 | 11.2 | Female | 8.2 | 6.8 - 9.6 | 4.7 | 11.5 |
| College Graduate | 4.8 | 3.4 - 6.2 | 2.2 | 9.1 | | | | | |
| Urban | 9.6 | 7.0 - 12.3 | 3.5 | 11.1 | | | | | |
| Suburban | 6.5 | 4.5 - 8.6 | 3.4 | 10.2 | | | | | |
| Rural | 6.5 | 4.4 - 8.6 | 3.1 | 11.7 | | | | | |

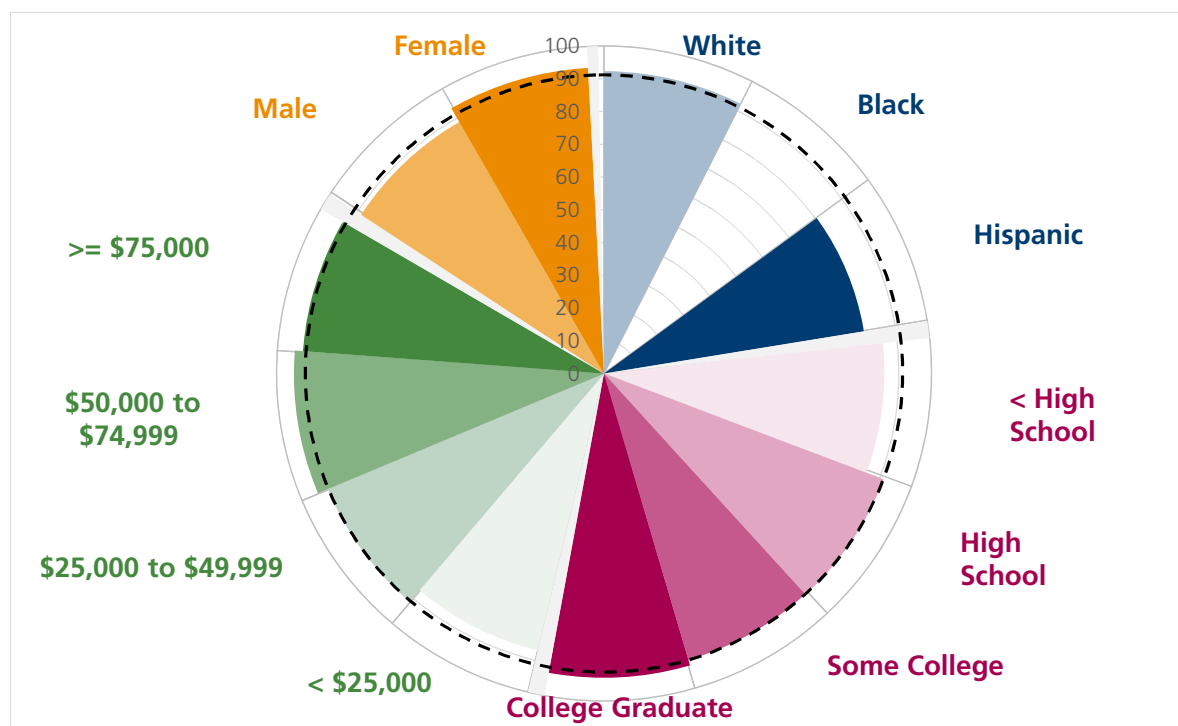
NA= not available

Edition
2016

% of adults 65+
UT 91.2
US 94.3

Edition 2016 - Percentage of adults aged 65 and older who self-report having a personal doctor or health care provider

UT



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Dedicated Health Care Provider 2016 (% of adults aged 65+)

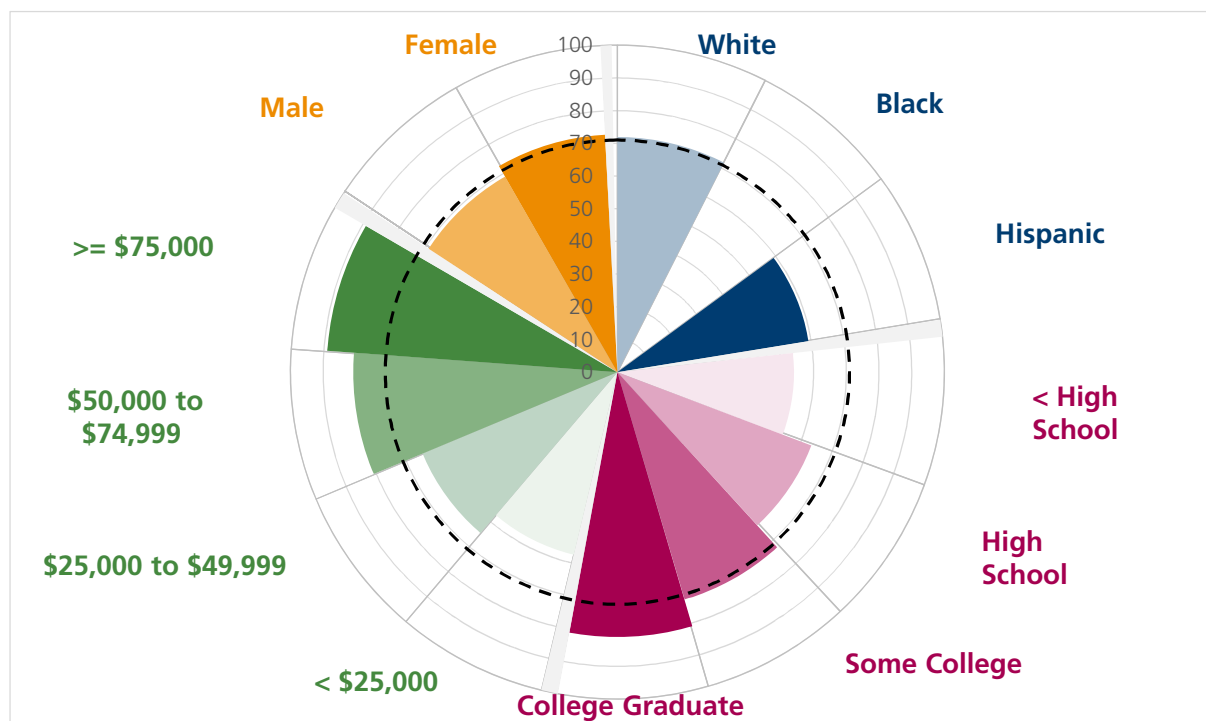
| Group | Value | 85% CI | Best | Worse | | | | | |
|-----------------------|-------|-------------|------|-------|----------------------|------|-------------|------|------|
| Non-Hispanic White | 92.3 | 91.1 - 93.4 | 87.4 | 97.6 | Less Than \$25,000 | 86.9 | 83.5 - 90.3 | 82.1 | 96.5 |
| Non-Hispanic Black | NA | NA | 82.9 | 97.7 | \$25,000 to \$49,999 | 91.5 | 89.2 - 93.8 | 77.6 | 97.9 |
| Hispanic | 80.4 | 70.9 - 90.0 | 78.9 | 97.1 | \$50,000 to \$74,999 | 94.7 | 92.3 - 97.2 | 86.2 | 99.4 |
| | | | | | \$75,000 or More | 92.2 | 89.5 - 94.9 | 88.4 | 99.1 |
| Less Than High School | 85.6 | 79.2 - 92.0 | 75.7 | 96.3 | Male | 88.6 | 86.5 - 90.7 | 83.8 | 97.0 |
| High School Graduate | 91.3 | 89.2 - 93.4 | 86.8 | 97.6 | Female | 93.4 | 92.0 - 94.8 | 87.3 | 97.9 |
| Some College | 91.2 | 89.1 - 93.2 | 87.4 | 98.1 | | | | | |
| College Graduate | 92.9 | 91.2 - 94.7 | 89.0 | 98.9 | | | | | |
| Urban | 93.9 | 91.7 - 96.0 | 89.4 | 100.0 | | | | | |
| Suburban | 94.2 | 92.6 - 95.9 | 84.1 | 98.2 | | | | | |
| Rural | 88.6 | 84.9 - 92.3 | 83.4 | 99.2 | | | | | |

NA= not available

Edition 2016
 % of adults 65+
 UT 71.0
 US 65.7

Edition 2016 - Percentage of adults aged 65 and older who self-report visiting the dentist or dental clinic within the past year for any reason

UT



The figure shows the rate for each subpopulation as the distance a colored segment extends from the center. The dotted line shows the rate for the entire state. The greater the distance a segment is from the dotted line, the greater the inequity. If all were equal, the sunburst would be a perfect circle bordered by the dotted line.

Dental Visit 2016 (% of adults aged 65+)

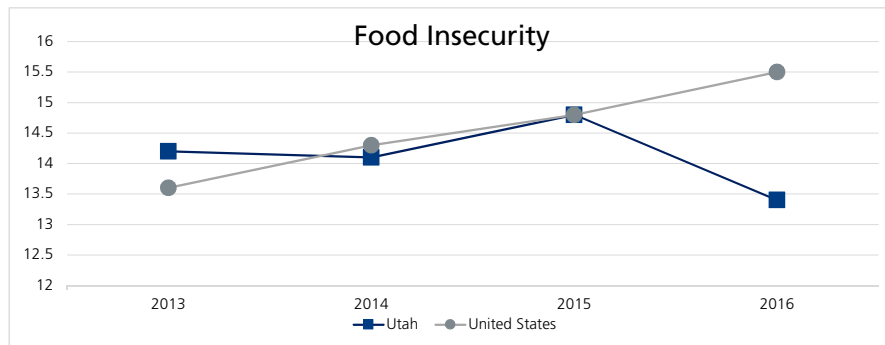
| Group | Value | 95% CI | Min | Max | Group | Value | 95% CI | Min | Max |
|-----------------------|-------|-------------|------|------|----------------------|-------|-------------|------|------|
| Non-Hispanic White | 71.9 | 70.0 - 73.9 | 49.9 | 79.9 | Less Than \$25,000 | 57.4 | 52.7 - 62.1 | 31.6 | 58.7 |
| Non-Hispanic Black | NA | NA | 32.9 | 68.9 | \$25,000 to \$49,999 | 64.6 | 60.7 - 68.5 | 57.2 | 79.1 |
| Hispanic | 59.2 | 47.0 - 71.3 | 39.0 | 88.2 | \$50,000 to \$74,999 | 80.8 | 76.7 - 84.9 | 64.1 | 87.4 |
| | | | | | \$75,000 or More | 89.0 | 85.8 - 92.2 | 73.2 | 94.6 |
| Less Than High School | 54.0 | 44.7 - 63.2 | 22.4 | 61.0 | Male | 69.0 | 66.1 - 72.0 | 47.1 | 75.2 |
| High School Graduate | 63.4 | 59.8 - 67.1 | 47.0 | 70.8 | Female | 72.7 | 70.2 - 75.2 | 49.9 | 80.4 |
| Some College | 72.5 | 69.2 - 75.8 | 60.4 | 81.8 | | | | | |
| College Graduate | 81.0 | 78.5 - 83.6 | 77.7 | 90.9 | | | | | |
| Urban | 71.4 | 67.3 - 75.4 | 55.2 | 81.9 | | | | | |
| Suburban | 71.6 | 67.9 - 75.3 | 49.2 | 79.5 | | | | | |
| Rural | 64.9 | 60.4 - 69.3 | 43.7 | 76.5 | | | | | |

NA= not available

Food Insecurity

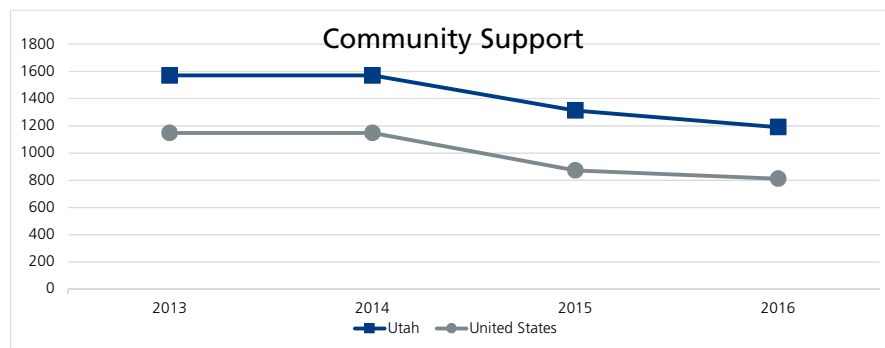
| | % of adults 60+ | |
|---------|-----------------|------|
| Edition | UT | US |
| 2013 | 14.2 | 13.6 |
| 2014 | 14.1 | 14.3 |
| 2015 | 14.8 | 14.8 |
| 2016 | 13.4 | 15.5 |

Percentage of adults aged 60 and older who face the threat of hunger in the last 12 months

**Community Support**

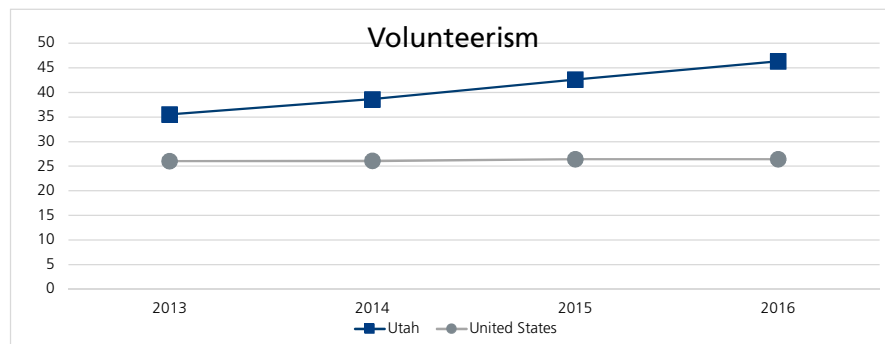
| | dollars per adults aged 65+ in poverty | |
|---------|--|---------|
| Edition | UT | US |
| 2013 | \$1,569 | \$1,147 |
| 2014 | \$1,569 | \$1,147 |
| 2015 | \$1,312 | \$873 |
| 2016 | \$1,190 | \$811 |

Total expenditures captured by the Administration on Aging per adult aged 65 and older living in poverty

**Volunteerism**

| | % of adults 65+ | |
|---------|-----------------|------|
| Edition | UT | US |
| 2013 | 35.5 | 26.0 |
| 2014 | 38.6 | 26.1 |
| 2015 | 42.6 | 26.4 |
| 2016 | 46.3 | 26.4 |

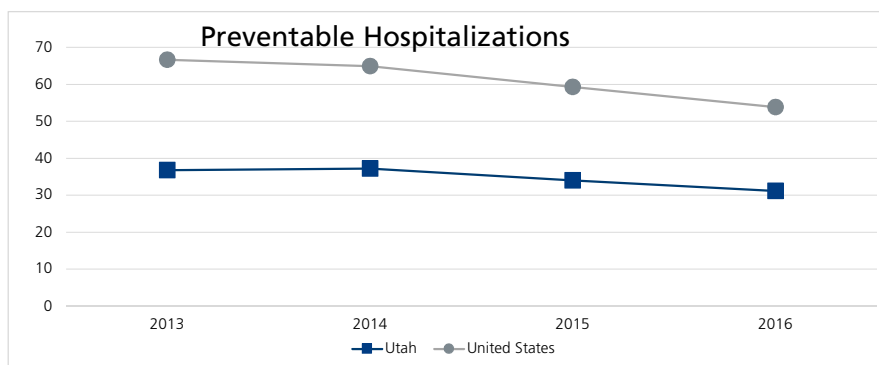
Percentage of adults aged 65 and older who report volunteering through or for an organization in the past 12 months



Preventable Hospitalizations

| | discharges per 1000 Medicare beneficiaries | |
|---------|---|------|
| Edition | UT | US |
| 2013 | 36.8 | 66.6 |
| 2014 | 37.2 | 64.9 |
| 2015 | 34.0 | 59.3 |
| 2016 | 31.1 | 53.8 |

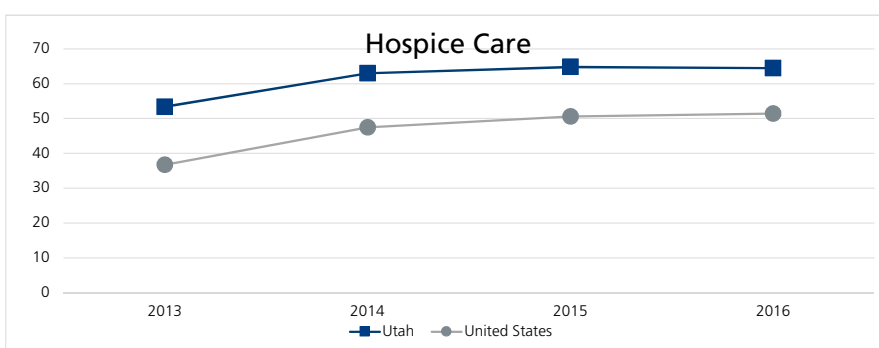
Number of discharges for ambulatory care-sensitive conditions per 1,000 Medicare beneficiaries



Hospice Care

| | % of adults 65+ | |
|---------|-----------------|------|
| Edition | UT | US |
| 2013 | 53.4 | 36.7 |
| 2014 | 63.0 | 47.5 |
| 2015 | 64.8 | 50.6 |
| 2016 | 64.5 | 51.4 |

Percentage of decedents aged 65 and older who were enrolled in hospice during the last 6 months of life after diagnosis of condition with high probability of death



Hospital Deaths

| | % of adults 65+ | |
|---------|-----------------|------|
| Edition | UT | US |
| 2013 | 19.2 | 30.1 |
| 2014 | 16.4 | 25.0 |
| 2015 | 15.1 | 22.8 |
| 2016 | 15.7 | 21.5 |

Percentage of decedents aged 65 and older who died in a hospital

