2016 AMERICA'S HEALTH RANKINGS ANNUAL REPORT

Vermont

2016 RANK: 5
-3 CHANGE FROM 2015

DETERMINANTS RANK: 2
OUTCOMES RANK: 20

HEALTHIEST STATES

1. HAWAII
2. MASSACHUSETTS
3. CONNECTICUT
4. MINNESOTA
5. VERMONT

SMOKING

16.0%
OR ABOUT 1 IN 6 ADULTS IN VERMONT SMOKE COMPARED WITH 17.5% NATIONALLY.

OBESITY

25.1%
OR ABOUT 1 IN 4 ADULTS IN VERMONT ARE OBSESE COMPARED WITH 29.8% NATIONALLY.

LACK OF HEALTH INSURANCE

4.4%
OR ABOUT 1 IN 25 PEOPLE IN VERMONT LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

DRUG DEATHS

13.1
DRUG DEATHS PER 100,000 POPULATION IN VERMONT COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

CARDIOVASCULAR DEATHS

226.9
CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN VERMONT COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

PREMATURE DEATH

5,980
YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN VERMONT COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

MODEL OF HEALTH

Behaviors
Community & Environment
Policy
Clinical Care
Health Outcomes