**Virginia**

**2016 Rank:** 19  
**Change from 2015:** +2

**Smoking**
- **16.5%**  
  OR ABOUT 1 IN 6 ADULTS IN VIRGINIA SMOKE COMPARED WITH 17.5% NATIONALLY.

**Obesity**
- **29.2%**  
  OR ABOUT 2 IN 7 ADULTS IN VIRGINIA ARE OBSESE COMPARED WITH 29.8% NATIONALLY.

**Lack of Health Insurance**
- **10.0%**  
  OR ABOUT 1 IN 10 PEOPLE IN VIRGINIA LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

**Drug Deaths**
- **10.1**  
  DRUG DEATHS PER 100,000 POPULATION IN VIRGINIA COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

**Cardiovascular Deaths**
- **239.0**  
  CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN VIRGINIA COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

**Premature Death**
- **6,508**  
  YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN VIRGINIA COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

**Healthiest States**
- **1.** Hawaii
- **2.** Massachusetts
- **3.** Connecticut
- **4.** Minnesota
- **5.** Vermont

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www.americashealthrankings.org