

Virginia

VIRGINIA

Overall Rank: 12



Women Rank: 17

Infant Rank: 17

Children Rank: 9

Strengths:

- Low prevalence of food insecurity
- High percentage of well-baby visits
- Low prevalence of adverse childhood experiences

Challenges:

- Low percentage of publicly-funded women's health services needs met
- Low percentage of births at baby-friendly facilities
- Low percentage of children with special health care needs with a medical home

Ranking:

Virginia ranks 12th for women and children's health. The state ranks 21st for general population health and 29th for senior health.

Highlights:

- Virginia ranks 9th in children's health but 17th in women's and infants' health.
- Virginia is doing well in the behaviors (7th) and community & environment (6th) categories, but has room for improvement in both infants' (35th) and women's policy (37th) measures.
- Virginia ranks 36th in women with a dedicated health care provider, 34th in unintended pregnancy, and 25th in uninsured women.
- Virginia ranks 10th in concentrated disadvantage, 24th and 29th in protective home environment (0-5, 6-17, respectively) and 27th in neighborhood amenities.
- Virginia ranks 7th in drug or alcohol dependence or abuse among children aged 12 to 17.

State Health Department Website:

www.vdh.state.va.us

Summary

	Star Rating	VA Rank	◆ State Score Least Healthy Score	❖ US Score	❖❖ State Score = US Score Most Healthy Score
Behaviors					
Women	★★★★	20❖◆.....		
Infants	★★★★★	10❖◆.....		
Children	★★★★★	6❖◆.....		
Total	★★★★★	7❖◆.....		
Community & Environment					
Women	★★★★★	3❖◆.....		
Infants	★★★★	12❖◆.....		
Children	★★★	22❖◆.....		
Total	★★★★★	6❖◆.....		
Policy					
Women	★★	37◆❖.....		
Infants	★★	35◆❖.....		
Children	★★★★★	10❖◆.....		
Total	★★★	30◆❖.....		
Clinical Care					
Women	★★★★	15❖◆.....		
Infants	★★★★	19❖◆.....		
Children	★★★	26❖◆.....		
Total	★★★★	18❖◆.....		
Outcomes					
Women	★★★★	19◆❖.....		
Infants	★★★	27❖◆.....		
Children	★★★★★	6❖◆.....		
Total	★★★★	18◆❖.....		
Overall					
Women	★★★★	17❖◆.....		
Infants	★★★★	17❖◆.....		
Children	★★★★★	9❖◆.....		
Total	★★★★	12◆❖.....		

Women

	Star Rating	VA Value	VA Rank	No 1 State
Behaviors				
Chlamydia (cases per 100,000 females aged 15–44)	★★★	1,445.7	22	842.7
Excessive Drinking (% of women aged 18–44)	★★★	17.2	22	10.7
Obesity (% of women aged 18–44)	★★★★	24.0	13	18.5
Physical Inactivity (% of women aged 18–44)	★★	22.3	31	14.0
Smoking (% of women aged 18–44)	★★★★	18.3	18	8.2
Community & Environment				
Concentrated Disadvantage (% of households)	★★★★★	7.2	10	2.6
Food Insecurity (% of households)	★★★★★	10.1	4	8.4
Intimate Partner Violence — Lifetime (% of women)	★★★★★	31.3	7	25.3
Intimate Partner Violence — Pregnancy (% of women with a recent live birth)	*	NA	*	1.3
Policy				
Postpartum Visit (% of women with a recent live birth)	*	NA	*	93.8
Publicly-Funded Women's Health Services (% of need met)	★	19	41	61
Uninsured Women (% of women aged 18–44)	★★★	15.4	25	3.6
Clinical Care				
Cervical Cancer Screening (% of women aged 18–44)	★★★★★	92.9	9	95.4
Dedicated Health Care Provider (% of women aged 18–44)	★★	69.7	36	86.9
Dental Visit (% of women aged 18–44)	★★★★	69.2	18	77.2
Flu Vaccine (% of women aged 18–44)	★★★★★	38.6	10	49.0
Well-Woman Visit (% of women aged 18–44)	★★★★	70.3	15	75.4
Outcomes				
Diabetes (% of women aged 18–44)	★★★	2.9	21	1.9
Drug Deaths (deaths per 100,000 females aged 15–44)	★★★★	10.6	13	4.2
Maternal Mortality (deaths per 100,000 births)	★★★★★	13.2	8	5.8
Postpartum Depression (% of women with a recent live birth)	*	NA	*	7.2
Unintended Pregnancy (% of all pregnancies)	★★	54	34	36

Infants

	Star Rating	VA Value	VA Rank	No 1 State
Behaviors				
Alcohol During Pregnancy (% of pregnant women aged 18–44)	★★	10.6	31	2.2
Breastfed (% of infants exclusive at 6 months)	★★★★	22.9	12	29.6
Sleep Position (% of women who usually place infant on their back)	*	NA	*	88.8
Smoking During Pregnancy (% of pregnant women aged 18–44)	★★★★★	7.0	10	1.4
Community & Environment				
Household Smoke (% of households with children)	★★★★	23.4	15	12.4
Infant Child Care Cost (% of median income)	★★★★	10.7	16	6.9
Policy				
Baby-Friendly Facility (% of live births)	★★	0.5	38	36.0
Home Health Visit (% of children aged 0–3)	★★	11.4	33	30.6
mPINC (Maternity Practices in Infant and Nutrition Care survey score)	★★★	76	23	91
Clinical Care				
Low-Risk Cesarean Delivery (% of singleton, term, vertex, first births)	★★	25.9	34	17.0
Prenatal Care Before 3rd Trimester (% of live births)	*	NA	*	97.8
Well-Baby Check (% of infants)	★★★★★	96.8	1	96.8
Outcomes				
Infant Mortality (deaths in infants aged <1 year per 1,000 live births)	★★★	6.3	28	4.2
Low Birthweight (% of live births)	★★★	7.9	22	5.9
Neonatal Mortality (deaths in infants aged 0–27 days per 1,000 live births)	★★★	4.1	27	2.8
Preterm Birth (% of live births)	★★★★	9.2	20	7.7

Children

	Star Rating	VA Value	VA Rank	No 1 State
Behaviors				
Drug Dependence or Abuse (% of children aged 12–17)	★★★★★	4.7	7	4.1
High School Graduation (% of students)	★★★	85.3	23	90.5
Overweight or Obese (% of children aged 10–17)	★★★	29.8	23	22.1
Tobacco Use (% of children aged 12–17)	★★★★	7.7	18	5.0
Community & Environment				
Adverse Childhood Experiences (% of children aged 0–17 with 2+ experiences)	★★★★★	18.9	7	16.3
Neighborhood Amenities (% of children aged 0–17)	★★★	53.2	27	69.6
Protective Home Environment (Ages 0–5) (% of children aged 0–5)	★★★	41.6	24	62.7
Protective Home Environment (Ages 6–17) (% of children aged 6–17)	★★★	21.4	29	38.5
Supportive Neighborhoods (% of children aged 6–17)	★★★★	80.7	14	89.2
Policy				
Adequate Health Insurance (% of insured children aged 0–17)	★★★★	78.8	11	81.9
Children with Health Insurance (% of children aged 0–17)	★★★	94.7	30	99.0
Homeless Family Households (number per 10,000 households)	★★★★	4.3	12	2.1
Water Fluoridation (% of population served)	★★★★★	95.8	7	99.9
Clinical Care				
Adolescent Well-Visit (% of children aged 12–17)	★★★	81.5	26	93.3
Developmental Screening (% children aged 10 months–5 years)	★★★	29.1	28	58.0
Immunizations — Adolescents (combined average z score)	★★★	-0.1	22	1.3
• HPV Female (% of females aged 13–17)	★★	35.9	33	54.0
• HPV Male (% of males aged 13–17)	★★★	22.5	22	42.9
• MCV4 (% of children aged 13–17)	★★	72.5	34	95.2
• Tdap (% of children aged 13–17)	★★★★	91.2	13	94.8
Immunizations — Children (% of children aged 19–35 months)	★★★★	73.7	16	84.7
Medical Home for Special Care Child (% of children with special care needs)	★★	42.4	36	50.7
Outcomes				
Child Mortality (deaths per 100,000 children aged 1–18)	★★★★	19.9	12	13.9
Missed School Days (% of children aged 6–17 missing 11+ days)	★★★★★	4.4	3	3.6
Teen Births (births per 1,000 females aged 15–19 years)	★★★★	18.4	12	10.6
Teen Suicide (deaths per 100,000 adolescents aged 15–19)	★★★	9.0	22	5.0

* Measure not included in ranking calculation due to missing data in several states

NA = Data unavailable

Star Rating	
Stars	Rank
★★★★★	1–10
★★★★	11–20
★★★	21–30
★★	31–40
★	41–50