AMERICA'S ANNUAL REPORT HEALTH RANKINGS®
UNITED HEALTH FOUNDATION

Washington

2015 EDITION

RANK: 9

Improved from 2014

2014 Rank: 13
Improved: 4

TOP FIVE HEALTHIEST STATES:
1. Hawaii
2. Vermont
3. Massachusetts
4. Minnesota
5. New Hampshire

Smoking

15.3%

of people in **Washington** smoke compared with 18.1% nationally

Healthy People 2020 Goal: 12.0% of adults

Drug Deaths

14.1

deaths per 100,000 people in **Washington** from drug overdose compared with 13.5 deaths per 100,000 nationally

Healthy People 2020 Goal: 11.3 deaths per 100,000

Physical Inactivity

18.1% or about

1 in 6

adults in **Washington** are physically inactive compared with 22.6% nationally

Infant Mortality

4.9

deaths per 1,000 live births in **Washington** compared with 6.0 deaths per 1,000 nationally

Healthy People 2020 Goal: 6.0 infant deaths per 1,000 live births

Obesity/Diabetes

27.3%

of adults in **Washington** are obese

8.9%

of adults in **Washington** have diabetes

Nationally, 29.6% of adults are obese, and 10.0% have diabetes.

Immunizations—Children

67.4%

of children in **Washington** received vaccinations compared with 71.6% nationally

Healthy People 2020 Goal: 80.0% of children